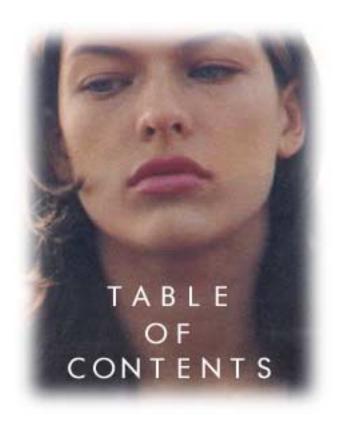




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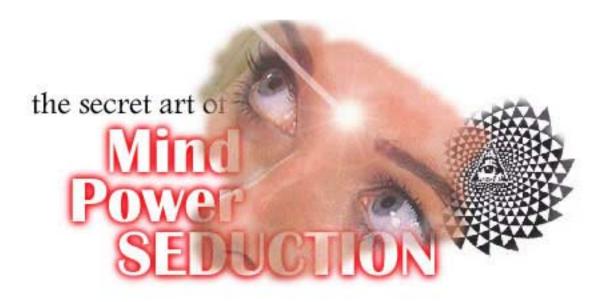
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## Introduction



The techniques and instructions that you are about to learn in this book will change your life forever! The idea that you have the power within you to change your reality is not a far fetched concept. People have be doing it for eons. Some non mainstream religions preach this, and even some species of animals are able to manipulate their reality (but that is a whole other story). So why haven't you learned or heard about these techniques before? Well, there are a whole slew of possible reasons why this type of knowledge has slipped from your hands (and you could probably come up with some of your own).

Some reasons might involve "conspiracy" type suppression (i.e. government, educational institutions), money sucking courses & lectures, techniques shrouded in advanced eastern religions, not the right books in the library/bookstores, info offered in obscure occult publications, or any other possibilities. Much of the mind power information out there is not that effective, in my opinion. My job is to filter all the different forms of mind power usage into one totally effective, totally easy-to-understand book of knowledge that will be your key to unlocking YOUR hidden magical potential. My "suppressed knowledge coffee pot" has been brewing all my life ... I've had to change the filter frequently, but now the best of all the mind power 'beans' are in one great pot for you to consume! Just like coffee, my beverage of wisdom will open your eyes and get your blood pumping. (Well your pumping blood will be your reward once you implement these techniques.)

Just what is "mind power"? Your mind is what you use to think; power is a form of strength. What you will be able to do after you read this book is to strengthen your ability to think. Getting your thinking stronger is accomplished by one main skill ... becoming conscious. You must be

fully aware of your true self, your true situation, your true surroundings and your true life. This book will teach you this 'becoming conscious' concept and its importance for mental seduction.

An important idea that should remain in your awareness is that there is much more to what you think that exists around you. Let me give you an example. As you live your life, you carry within your belief system that there are certain things that you cannot see with your eyes. You don't (or rarely) think about these things. You can smell odors but you cannot generally see the odor smell as it travels in the air. You can watch television, but you cannot see the frequency waves coming into your television antenna. You know your food is getting cooked in the microwave, but you can't see the little microwaves moving around if you look through the glass door. You can hear music sounds from a speaker but you can't generally see those sound vibrations with your eyes. You cannot see these things with your physical eyes in everyday living but a part of you is conscious of these seemingly invisible things. What I mean by "a part of you is conscious of these invisible things" is that it is within your reality to believe that the things you can't see really do exist. Your reality can believe it or can comprehend it without understanding the detailed workings of it. Even though you cannot see these things, you know that they are going on; it is thus within your belief system. If you were holding a cellular phone and someone told you "hey, what really is happening is that your phone is receiving and transmitting frequencies or vibrations that you cannot see with your eyes" ... you would not think this to be a bizarre idea. It is within your reality and belief system. You are conscious of this on some level if you try to use your cellular phone in a remote location. You know that the airwaves can't reach you and you might get static. You are acknowledging that the invisible aspect of the cellular phone's frequency wave (or lack of) is having an effect on your what you are needing to do. You are acknowledging the invisible aspect of things when you put your antenna up in your car in order for the radio to catch the waves better ... or when you put on the lead apron before getting an xray at the hospital.

It is interesting that you are not able to see many things around you yet you are conscious or aware of the fact that they do exist. These invisible things are not a bizarre concept to you even though you might not fully understand the science behind them. You accept it within your beliefs and it becomes a part of the reality you live in. When it becomes your reality, you usual don't give it conscious thought. I mentioned before that there is much more to the things and world around you than you know. If you cannot see the TV waves coming to your TV antenna, yet your awareness knows (without thinking) that they do exist ... why is it difficult for most people to believe that your mind can emit vibrations and frequencies that cannot be seen?

With all the electrical invisible frequencies that pass through us from all electrical sources, why do we overlook or have a difficult time understanding that there is human invisible "noise" that passes through us? The knowledge that your mind has the ability to affect the events and world around you still seems a bit bizarre to most people. This has a difficult time becoming the reality and awareness of most people even though invisible x-rays or television waves can be accepted. To put it simply ... to the average person, it just doesn't seem believable that your mind can emit frequencies and effect the environment in the same was that, say, cell phones emit frequencies and effect the environment.

You are going to learn about the unseen things around you. You are going to become aware of what you normally can't see. This non-visible world around you will become your reality as you

begin to practice these techniques. Unlike random invisible particles zooming around your bag of popcorn in your microwave without your control, the invisible mind power realms around you can be harnessed and taken control of. This book won't show you how to actually see these invisible realms with your own eyes, but it will show you how to grasp and mold these unseen forces to do your bidding. As you begin to do this, this new awareness will become your reality and common experience, and then 'frequencies coming from your brain to the brain of others' will not seem so far fetched.

## Chapter One

## **Your Thoughts Have The Power**



The events in your life and the experiences around you are the result of what you have chosen to allow into your life. Many people do not want to believe this because it would mean that any negative thing that ever happened to them was asked for and wanted. You might not have specifically asked to be mugged but there is something within you that allowed it to happen. Sometimes people can really see how the power of their mind can affect their daily lives.

Some of them use this awareness to guide their lives in a better direction. And then of course there is the majority who cannot even conceive of such an concept. The reason why so many people cannot accept this "you get what you ask for" idea is that it is very difficult to pinpoint life events stemming from your thoughts when you are not consciously making it happen. When you get good at consciously molding your life from your thoughts, you will see it happen and see just how it happens. If you were to think the thought that you now have a bag of apples in your refrigerator, you won't instantly find a bag if you went to your fridge and looked. Your mind will give you what you want but it works through the events and energies around you. Someone might bring you a bag, or you might visit a friend and then out of the blue they will have an extra bag of apples left over from the boy scout picnic. Your goals WILL manifest, but you will have to know what to look for and just how to be patient. I will teach you all of this so don't worry.

As you take more control over your power to influence the world around you, you can then change the way that things are molded (as opposed to just waiting for it to come to you). You've probably known someone who constantly complains about their health, and no matter what they do ... they are always sick. This is a result of subtle mind power influence. Some people are the types who always look for the bad in others. Their events and experiences will tend to confirm this negativeness over and over. People will always mistreat them because their mind is so devoted to proving that "people are terrible". I once knew someone who was always stressed out on how much household cleaning they had to do. They always said with such emotion just how burned out they were and how the cleaning is endless. If they knew a little more about the power that their mind has on their surroundings, then they might not be so eager to jump into a fit about constant cleaning. For their own powers of their mind was ensuring that there was always a mess or situations to create the constant work.

This doesn't mean that if stray thoughts of your car going into the gutter while driving is going to make it happen. Your mind really just makes things happen when you believe and feel it to be true. Besides, most stray negative thoughts just get mixed with all the rest and loose their power quickly. If you've ever gotten mad at someone and wished them dead, you will notice that they didn't drop dead. There is a difference between wishing, hoping, craving and how the mind actually brings you your goals. Your mind is terribly obedient. Your mind will do what you ask (like a genie) if you ask it the correct way!

I guess when people criticize these types of concepts, the big picture that they have to deal with is just how the mind can reach out and manipulate events, people, surroundings, etc. This is a mindboggling thing to think about. Kind of like trying to understand where we all came from and how the universe was created and whom or how was it created. It is important for you to realize that if you want to be successful in harnessing your mind for seducing and arousing others, there is a portion of knowledge that you need not to worry about. That portion is the actual scientific workings of how mental energies effect physical surroundings. If scientists have a difficult time trying to prove this, it would be a waste of time trying to explain how it completely works (especially when there are so many different theories out there). I don't want to waste too much of your time with unnecessary information. You can pursue the physics behind thought power on your own.

What you need to know it that it does work; and you need to know the techniques. You could compare it to driving a car. You do not need to know fully how the car runs and how the engine works in order to use the car. If you know that it does work and the techniques to get it going, then it will serve your needs. The more you know about the engine, the more power to you; but it's not necessary to know the details in order to actually use the car for running errands or something. I will give you the general gist on how the mind influences events, but I'll leave the Ph.D. studies in this field for you to follow-up on. My specialty is the techniques and APPLICATION. I won't scrimp you on techniques and you will have a powerful assortment of techniques once you get done with this book.

If you have ever studied the art of lucid dreaming you can find a similar (car related) example here. Lucid dreaming occurs when you become 'awake' or aware in your night-time dreams, yet you are still sleeping. You simply become conscious in your dream and you realize that you are in a dream. Perhaps you have experienced this, with the usual response of waking up immediately from your sleep once your mind realizes it is dreaming. When you learn to take control with certain techniques, you can become fully conscious and aware while you are in a dream state. This dream world can supply you with unlimitless adventures of your choosing. You simply will them to happen. You make it happen with your mind. Without going off on this topic, the point I am trying to make is this: When you are lucid in your dreams and you find that you are about to loose control or wake up, a simple technique that you can do is tell or make your dream-self to spin around really fast like a spinning toy top. This technique usually puts you in another dream but you still have your conscious control and awareness; you still know that you are in a dream and have full control over what happens to you. This spin technique works. I have little idea of how it works and why it works but it does work. The mechanics of it is not important. It's the use of the technique that is important. I could do research to find out how this little technique works but I would rather just know it does and get down to enjoying the experience of lucid dreaming.

When you learn the techniques that I am teaching you, you might not fully understand how they work. I'll do my best to teach you, but some techniques are like driving a car ... who cares how the car works, just drive the damn thing. Do you fret before-hand trying to prove to yourself that this machine with four wheels can actually move, and/or how the heck is this possible? No ... you know it works and use the machine. Well, some people would rather fret over whether there is such a thing as mind power influence. They might say 'prove it'. Don't be like that ... believe and trust that it works and get this machine of your mind to work for you. The reason that I

mention this is to remind you that there are forces much more powerful than yourself and they cannot be explained so easily. I will try to cover some of these higher concepts throughout this book, just to help expand your mind to new levels of understanding.

Discovering the fact that your mind can effect your surroundings can best be seen when you apply the techniques. This world around you is what most people refer to as the 3rd dimensional world. A drawing on a piece of paper would be considered 2 dimensional (for simplicity). The 4th dimensional world is something different though. Some people refer to this as the world you are in when you are dreaming. Others say that you enter a higher dimension when you use drugs. Still others think that this is where you go when you die. Whatever your belief, your thoughts are more easily manifested on this higher dimension than on the 3rd dimension, as this is the dimension of thought. When you are lucid in a dream you could say to yourself, "I want a peach pie to be in front of me" and you will have one instantly. Your dream body can eat it too! If you were to do this in this 3rd dimensional world, you would probably have to go to the store and get one or else wait for your mind to get you one through the events in your life. Everybody wishes a million dollars but few get it. The reason that your mind affects higher dimensional levels easier is that your brainwaves or thought waves are on a much more equal or harmonic scale with that level. Thoughts and higher dimensions go hand-in-hand. This idea is very important and is one of my unique understandings that you need to know.

You might find techniques that can be applied to this world around you but techniques that involve higher dimensions or higher levels of awareness will have a quicker and more powerful effect than 3 dimensional techniques. If you want to make a map of a city, you could walk down every street and take note of the roads and buildings. There are probably lots of ways to do this on the ground (car, skateboard, bus, etc). If you want quicker results, you could go up above the city in a plane or helicopter thus getting a better, quicker and easier view. Your map would be finished sooner this way than the prior. The same too with mind power techniques ... if you do it from a higher level, then you will have quicker results. Before we can do this, you must learn the basics about dimensions. We will get to this in the next chapter.

One of the keys to using your thoughts to manipulate your life and your life's events is to see it within you using your inner vision. Yes, it's that concept of visualizing and I will cover this in a way like you've never read before in any book. When you see your goal in your mind as if it was actually happening, you are in effect tricking your subconscious or your unaware mind. Your mind's eye is the like the molding place. This is where it starts. Your mind's eye (imagination or inner sight) gets the ball rolling and then the part of your mind that can manipulate events kicks in. Much has been written about visualizing; most of it hooky and most of it not completely detailed. This book is not just about visualizing but it's about how to specifically train your mind so you can apply it to seducing and arousing others. Holding an image in your mind is a necessary step at manifesting your wants and desires. You already see this around you in literally millions of ways. Let me show you what I mean and then you will understand that it's not so far fetched.

Everything around you once began as someone's thoughts. Let's avoid the big "God" picture right now. If you notice a house, it is obvious that it is real. You can touch it and you can feel it. You could smell it and even taste the front door and you would find that the house is a real 3 dimensional physical object. It's there, it's manifested. If you trace back to how it was made, you

will see that it came eventually from someone's thought. THIS IS VERY IMPORTANT FOR YOU TO NOTICE THIS. Someone had to first think up the general design for the house in their mind. It manifested into the 3rd dimensional world by putting those initial thoughts down on paper as a blueprint. After this comes the manufacturing and construction, all aspects of both began as someone's thoughts. Everything around you started this way. Just look at the things in your life that you have created.

If you are an artist, your artwork first starts in your mind and your heart and then materializes with the help of tools such as paint or clay. The way you have the furniture positioned around you began first in your thoughts. You had to decide and use your mind to place your furniture so it looks just right to you. You then use your muscle power to move or rearrange the furniture to your mind's picture. While we are on furniture, you must become conscious of the fact that the furniture design once began in the mind of a furniture maker. Now this all might sound very obvious and I'm not trying to belittle your intelligence ... but when you look all around you, how bizarre is it really that people's thoughts create their reality around them? It's not such a strange concept now when you are reminded that almost everything around you once first began in the mind and thoughts of someone.

Therefore, materialization of thought is something that you are already fully experienced in and hence your mind should easily believe that you can get anything you want in life. You just need to become conscious and aware that thoughts can be materialized easily. If you think that materialization of thoughts is a mystical concept, then the whole world is a magical place and magic happens everywhere from the making of a burger at a fast food restaurant, to landscaping a house, to the invention of a lightbulb. Thought started it all. Most people don't look at life in this way and that's why your new "eyes" will separate you and give you a powerful advantage over others. Some of you might think that this is not magic. Thought, to blueprint, to manufacturing, to house is not the same. Wrong. It is only not the same in the fact that with mind power seduction, following your mental image ... the universe will be making the blueprint, manufacturing and final manifestation of your intended goal. Understanding that thought to manifestation is all around you breaks down the mental barrier that mind power influence in not possible.

When you are using your mind power to seduce others, there are a few factors that you need to know. When you are fully involved in all the techniques, your clarity is very important. What you see in your mind and the way you do it must be as clear as you can get it. Less attention towards the person you are wanting to seduce and a more clearer thought in your mind is how it should work. You need your mind to develop a rapport with the person (I will teach you this) but once this rapport is made, your main umph should be on the clearest manipulation of your thoughts. You'll see how this all works soon. I'm just trying to give you a foundation to develop from. You won't get everything at once, but when you are finished reading this book, you should go back and note down or highlight these little pointers.

If you are using your mind for arousal of another person, you are doing a form of telepathic communication. You are using your mind and thoughts to try to communicate something to another person. There is a heck of a lot written about telepathy so I won't tell you what you can find elsewhere. You want the rare and repressed stuff don't you? There are 3 modes in a human being where telepathic abilities seem to function.

One way is called *instinctual* telepathy. This is the type that results when the energy of one etheric body hits the etheric body of another. The etheric body is a word coined to refer to the subtle, non-physical body or shell that surrounds you. Everybody has an etheric body and I shall get into this concept later. The telepathic "message" is carried with this etheric substance and best reaches a person in the solar plexus area of the body. This point is a direct link to another subtle, invisible body that is part of your make up. This has be often called the astral body but is usually referred to as the emotional or feeling body (again, I'll get to this later). Prana is the name given to a powerful life-giving energy that is everywhere. It has many names: Orgone energy, Chi, Life-Force, Serpent Power, Light Spiral and tons more. I'm not trying to give you a heap of eastern concepts here, just a quick understanding; it will all be useful when using mind power seduction.

Your spleen is near that solar plexus center where this prana stuff gets into you normally. Have you ever heard the expression, "I have a gut feeling that ..." and other phrases? These are a result of etheric energies or ideas hitting the solar plexus area and then into the consciousness of the person. Back in Atlantis and in Lumerian times, the solar plexus was the area where the people received telepathic impressions (which mainly took the place of verbal speech). The telepathic thoughts were set through the entire area of the diaphragm. This is mainly lost in modern day industrialized civilizations. When a mother senses danger towards her child or that something is taking place with their child, this etheric instinctual telepathy is taking place. When you get involved in a close relationship with someone other than your blood family, you might experience when both of you start to say something and it turns out to be the same thing. My partner and I do this all the time. We sometimes even crave the same foods at the same time. This is a form in instintual etheric based telepathic communication. This type is a little more specific in the fact that not only is there a link in the solar plexus area but also an etheric connection in the throat area. This later type of instintual telepathy is also known as mental telepathy.

The next mode of telepathy is referred to as *mental* telepathy. Mental telepathy stems usually from the throat area and a little from the heart ... and a tad from the solar plexus area. When you are practicing your seduction techniques, the throat area is where your thoughts mainly travel out from. At first, those thoughts will mainly hit the person in the solar plexus area. As you become more skilled at your mind power work, they will hit the person in the throat area. When you are using the techniques, you will not be really needing to know where the thoughts hit. If you want to use this little bit of info with your techniques, then great. But it's not necessary because it happens automatically. Besides, I don't want to clutter up your techniques. I spent years developing an easy method so you can skip things such as advanced yoga or tofu diet life-styles. I will however clutter you up with a little foundation knowledge though. This is because when you understand what is going on with mind power techniques, you will have more confidence, find it easier to allow into your reality of things and most importantly ... to give you a good foundation so that you yourself can advance far beyond the scope of this book. Not only will you have a great foundation for seducing others with your mind (and how to stay on top), but you will be able to apply this knowledge for literally **anything** you desire.

When you become a very advanced human being, your telepathic mode will become that of *intuitional* telepathy. This is when you are receptive and able to communicate with higher things and for higher purposes. This style of mind work causes your nonphysical communications to be

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