



K.A. Perkins

iHOPE

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JESUS-MY INSPIRED HOPE!

K.A. Perkins

April 17, 2014

MESSAGE TO MY WIFE

In 1981, Jeff Silbar and Larry Henely wrote these famous words, "It might have appeared to go unnoticed but I got it all here in my heart. I want you to know that, I know the truth, of course I know it. I would be nothing without you....Hero." To my wife, friend, editor, muse, and breath, S.N. Perkins I owe it all to you - the late nights of forcing me to dig deeper and reach farther in order to explain my Pearls of Possibility; taking care of our family and allowing me to write. It is because your love for me and love of God and his vision for our lives, that you share me with the world. Not me, but we made this book possible. It is my Hope that this book will be the start of our family's journey to inspire the world. It is because of you that the world will understand why I exist.

TO MY FAMILY

To my daughter - You continually inspire me to be better. Your desire to change and impact the world is who you are. I hope that I inspire you to inspire others.

To my future children- Each and every one of you are the most precious of my Pearls of Possibility. For inside of you is everything that I am and hope to be. We are all designed to play our part in the world and I know that each and every one of you will.

To my parents- When I started this journey with hope, I felt hopeless. Thank you for your prayers and allowing me to endure the test and trials without JUDGING; instead, you allowed me to see the love of the Infinite in your face.

Table of Contents

DON'T PUT THIS BOOK DOWN	10
JOIN NOW AND BE CHANGED FOREVER.....	11
Pearl Activation and AwakeningAwakening #1	14
MY RESURRECTION.....	15
WHAT I HAVE LEARNED	18
DIFFERENCE BETWEEN FAITH AND HOPE.....	18
HOPE A CONDUIT OF EMPYREAN TRUTHS.....	20
FAITH AND HOPE REQUIRE PHYSICAL ACTION.....	22
Pearl Activation and Awakening #2.....	24
FDH: A STORY OF HOPE	25
Pearl Activation and Awakening #3	39
THIS IS MY COMMITMENT TO HOPE	40
MOTIVATION AND INSPIRATION	41
ARE NOT THE SAME!.....	41
Pearl Activation and Awakening Activities #4	44
HOPE: UNIVERSAL SOURCE OF EXISTENCE	45
Pearl Activation and Awakening Activities #5	47
HOPE: STRONG CORD	48
What Are You Bound Too: Desire?	51
Pearl Activation and Awakening Activities #6.....	53
HUMAN SPIRIT VS. HOLY SPIRIT	54

Pearl Activation and Awakening Activities #7.....	56
THE POLARITY OF HOPE.....	57
HOPE MUST BE BALANCED	57
Pearl Activation and Awakening Activities #8.....	59
FEAR-HOPE ENEMY #1	60
Pearl Activation and Awakening Activities #9	62
HOPE IS A CONDUIT OF EMPYREAN TRUTHS.	63
Hope Is Attached - Principal of Magnetism.....	63
Giving -Principle of Endowment	64
Hope Is Never Afraid Of Change:Principal of Evolution.....	64
Hope Multiplied - Principal of Synergistic Multiplication	65
Hope Is Steadfast - Principle of Maturation.....	66
Hope Always Make a Commitment: Principle of Antithesis.....	67
Reveal Your Hope: Principle of Orchestrated Revelation	67
Hope Requires Action:The Principle of Vivacity	69
HOPE Makes Us Whole-Principal of Autarchy	70
Pearl Activation and Awakening Activities #10.....	73
THIS ENDING IS A SIGNIFICANT BEGINNING-IHOPE.....	74
Next Steps	76
iHOPE Prayer.....	78
Bibliography	83

DON'T PUT THIS BOOK DOWN

“BE KIND *Kindness is contagious. It allows others to be inspired to follow your example to give HOPE Away. Learn how to be kind to all. It's what joins us together.”*

Don't put this book down. This book is your first step on the journey that will change your life. It is not a coincidence that you are reading this book; it is DESTINY. Yes, destiny! It doesn't matter how you got the book because the *how* was orchestrated by intelligent design. Either you were in need of Hope, and the Infinite led you to this book; or someone thought enough of you to share with you their Hope - this pearl of possibility. Either way, reading this book is the start of a profound and wonderful journey with Hope. From this moment forward, your life will never be the same. For in this very instant, the Infinite has orchestrated our paths to collide and create a combustible force of possibility. **WE**, together, will begin a quest into the universe of **INSPIRED HOPE (iHOPE)**. **INSPIRED HOPE** does not come from what is outside of a man, but it is the Hope that is encapsulated inside of a man. **INSPIRED Hope** is a force that causes us to dream, and to face our reality with optimism. **THIS IS NOT SIMPLY A BOOK, BUT IT IS AN INVITATION TO JOIN A REVOLUTION DESIGNED TO CHANGE YOUR LIFE AND THE LIVES OF THOSE AROUND YOU.**

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JOIN NOW AND BE CHANGED FOREVER

“BE CONSIDERATE – Being considerate is one of the best ways to inspire hope. Taking time to put someone’s needs first is a best way to share hope. Allow someone to go in front of you in the line. Show common courtesy like saying please and thank you. Hold the door for someone. Carry a bag for someone that is struggling.”

iHOPE is not about a quick fix to your life’s problems, but it is the science of activating your pearls of possibility. **INSPIRED HOPE (iHOPE)** requires action, reflection, and sharing. **ACTION** requires you to do something. **iHOPE** is not just thoughts, but it is thoughts put into action. **REFLECTION** is the act of monitoring your thoughts and ideas. This reflective practice enables you to learn from past mistakes and discover solutions for your future. **iHope** requires you to think about where you have been, and to actively pursue where you are going. **SHARING** is the personal connection. **iHOPE** requires us to share our **PEARLS OF POSSIBILITY**. The philosophy of **iHOPE** is very simple: when we share with others, we individually and collectively create the ability to do the **IMPOSSIBLE**. The power fist on the cover of this book is a symbolic representation of the power we collectively have when we share. **iHOPE** is a revolution which is rooted in the principle that we can effectively do more together, than we can ever do alone.

In this book, it is not my desire to simply define Hope, but to activate and awaken your **PEARLS OF POSSIBILITY**. The principles and revelation contained in this book will make your life better, if you are willing to commit to

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INSPIRED HOPE. Throughout this book you will have a series of activities designed to assist you in connecting with your **PEARLS OF POSSIBILITY** and to guide you along the journey with **iHOPE**.

To make this journey meaningful there are eight things that I encourage you to do while you read this book:

1. **DO** take time to reflect as you thumb through these pages.
2. **DO** spend time connecting to your **PEARLS OF POSSIBILITY**.
3. *This book written to stimulate your **PEARLS OF POSSIBILITY**; therefore, there will be times when you will experience certain feelings, thoughts, emotions, or moments of divine inspiration. This is the voice of the Infinite speaking to you the mysteries of **INSPIRED HOPE**. **DO** take the time to record these experiences in a journal.*
4. **DO** incorporate all of the **ACTION, REFLECTION, and SHARING** activities into your daily routine.
5. **DO** enjoy the book.
6. **DO** enjoy the journey.
7. **DO** share this book with five friends – your **Hope SQUAD**. Your Hope Squad should be comprised of individuals with whom you have a natural vital relationship. You and your **HOPE SQUAD** should be committed to supporting each other as you release your **PEARLS OF POSSIBILITY**.
8. **KEEP** an Open Mind!

ACT-Right Now!

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Right now send this book to your HOPE SQUAD. Share with them your intent to partner with them; holding each other accountable along this journey of exploring and activating each other's **PEARLS OF POSSIBILITY**.

Get Your Bags Packed

*If you are ready **GET YOUR BAGS PACKED! THE JOURNEY BEGINS NOW**. If you are ready for the journey of a life time, make sure you do the following:*

- 1. Get the book (DUH!)**
- 2. Get a journal**
- 3. Get a pen or pencil**
- 4. Select Your HOPE SQUAD**
- 5. Email HOPE SQUAD members the book**
 - a. www.weinspirehope.com**
- 6. Get ready to experience **INSPIRED HOPE (iHOPE)****

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Pearl Activation and Awakening #1

ACTION:

Complete *the GET YOUR BAGS PACKED* checklist.

REFLECTION (Intuitive Listening):

Throughout this book I will ask you to participate in an intuitive listening activity. This is a process by which you are able to communicate and to listen to your inward man. I suggest that you get very comfortable; find a place of solace and peace. Don't lay down, you might fall asleep. Take deep relaxing breaths until your mind empties itself from the mental chatter. Ask yourself the following question (remember to take time to listen for and journal the answer):

- 1. What would I like to truly achieve as you read this book?**

Sharing (Select 2-3 Activities):

There will be times, throughout this book, that I will ask you to share. The process of sharing starts by doing selfless acts of kindness. Once you have completed a series of acts of kindness, I want you to journal what you did, how it made you feel, and the response you received. Then I want you share those experiences with your members of your HOPE SQUAD.

Suggested Acts of Sharing

1. Donate money to a worthy cause.
2. Allow someone to go in front of you in line.
3. Buy someone lunch.
4. Post a link of this book on Facebook, Twitter or a blog.
5. Say good morning, afternoon, or evening to everyone you see during the day.
6. Give someone a benefit of the doubt when they offend you.
7. Take the time to forgive someone who may have hurt you.
8. Offer help to someone in need.

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MY RESURRECTION

“BE COMPLIMENTARY – When properly used, a compliment is a fantastic tool to make others grow and strengthen their self-image.”

Have you ever needed something; or been at a place in your life when you felt as if the entire world was crumbling underneath you? Well, I certainly have. In the fall of 2008, I found myself having to rebuild my entire life—my career was in shambles, I was going through a divorce, and had become a single father, in a matter of months. I kept wondering why bad things happened to good people. More specifically, I questioned why this all was happening to me; after all, I was a good person. I was questioning my faith in God and in myself. I felt that all Hope was lost. I was miserable, mad, and angry. I was looking for answers. I remember how someone on Facebook, trying to comfort me, posted that if I had faith, then God was going to see me through. This was the last thing that I wanted to hear. My anger was infused by the fact that I was experiencing one of the worst times in my life, and the only thing this individual could offer was a cliché. **I WANTED ANSWERS! I NEEDED ANSWERS!** I felt lost, abandoned and betrayed. I felt that God lead me down this particular road in my life only to embarrass and humiliate me. I was disgruntled and ashamed.

To top it all off, two days before Christmas, that same year, after spending the entire day cleaning my house and completely oblivious to the Ice Storm that had swept through the area, I walked to my car with the intention of driving to Indianapolis to spend time with my family; but instead, I slipped on a patch of ice. I didn't know that the

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fall had torn my rotator cuff; all I knew was that I was in really bad pain. As I look back now, I am not sure what hurt worst, my torn rotary cuff, or the fact that I was spending my first Christmas without my daughter. I was at my wits end. I was so upset all I could do was to go to bed. In the still quiet of the night, while I was lying in my bed, I heard audible voice saying, **“NOW FAITH IS THE SUBSTANCE OF THINGS HOPED FOR, THE EVIDENCE OF THINGS NOT SEEN”**. In my mind, I found myself arguing with that voice: I had faith and faith had let me down. In frustrated desperation, I yelled, “God I do have faith!” As this dialogue continued, the tone of the Infinite became more profound, “Faith is the substance of things Hoped for the evidence of things not seen”. Then at that moment, something happened to me. I experienced something that can only be described as an outer body experience in which I was taking back to various snapshots of my life. It was like a scene from Charles Dickens’ *The Christmas Carol*, in which the Ghost of Christmas Past took Ebenezer Scrooge through multiple past Christmases. I observed that during specific the times of my life, I did not operate in faith; instead I relied on my talents. I woke up with several questions: **WHAT HAPPENS WHEN TALENT IS NOT GOOD ENOUGH; OR WHEN LUCK RUNS OUT? WHAT HAPPENS WHEN WHAT YOU NEED IS BEYOND YOUR OWN ABILITY? WHAT HAPPENS WHEN WHAT YOU FEEL INSIDE, IS GREATER THAN YOUR CURRENT REALITY?**

I wish I could tell you that I immediately discovered the answers to my questions in a fantastic epiphany experience, but that was not the case. It took months of grueling soul searching that led me to discover what I had been lacking all these years: **INSPIRED HOPE**. After that

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discovery, I made a conscious decision to embark on a life long journey to unlock the mysteries and power of **iHOPE**.

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