

# You're Awesome!



PAUL LLOYD HEMPHILL

# TIPS FOR TEENS

**BIG TIP:** To get additional free lessons on **video**, [click here](#).

Each page of this ebook will take less than 30 seconds to read, *with simple truths that are stated simply*.

You'll be way ahead of nearly every teen who doesn't read this ebook. Why? Because you will discover...

- \* who you are,
- \* what you're capable of,
- \* what you can achieve with what little you *believe* you have, and
- \* what you can do for your own personal growth starting today!

Most of your friends won't discover their abilities until years later, but you will learn many of them as soon as you start reading. Go to any page.

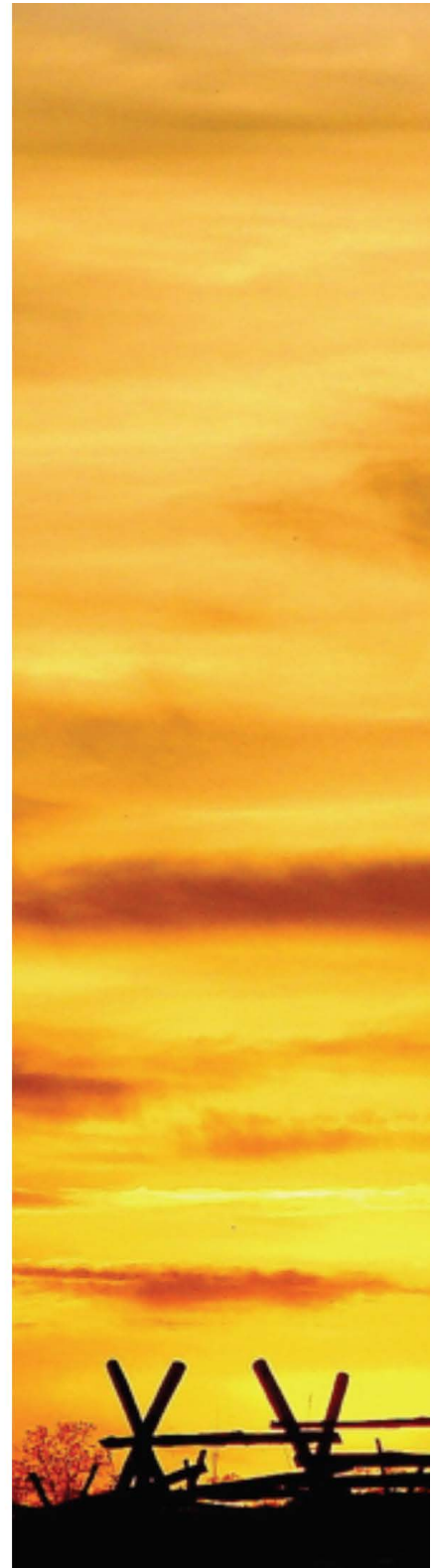
With practical lessons you can use, along with a little inspiration, this ebook offers real proof of just how awesome you are...right now!

Best of luck to you!

Paul Lloyd Hemphill

**ANOTHER BIG TIP:** Each of the lessons in this ebook comes from the paperback, ***Inspiration For Teens***, which has over *200 life lessons* that come with the 88 short stories that generate these lessons.

Grab your copy on Amazon by clicking on any of the lesson pages in this ebook.



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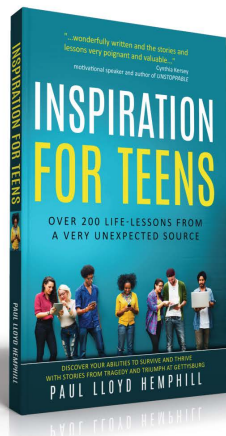
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**Open to any page as each page stands alone.**



Each lesson is found in the book, ***Inspiration For Teens***.

There are more than 200 lessons from 88 short stories in the book. To get your copy on Amazon, click on any page with a lesson.

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About the Author



CHARACTER  
INTENT VIRTUE  
TITILE ETHICS  
INTENTION

# What Is Character?

## Life Lesson #124

"When you live by your own convictions, you influence others to trust you, even if they disagree with you. Moreover, you distinguish yourself with integrity and the common good remains in your protective custody. Character always triumphs over a lack of standards or an absence of values. Character is a commitment and dedication to a set of values or standards that do not change, waver, or deteriorate over time. Which is why numbers or letters are referred to as 'characters' because they never change."

Excerpt from Paul Lloyd Hemphill's

***Inspiration for Teens***

From the true story of George Ward at Gettysburg in 1863



# Try.

## Life Lesson #137

"If you do not try at the first opportunity to do anything, you may never get another chance. Or, if you simply do not try, you will never know if you would have succeeded. Lack of experience usually holds people back from acting. Based on successes in your past, regardless of how few or how small, the first step in self-confidence is to accept and embrace your past achievements as real and indisputable."

From the true story of Francis Randall at Gettysburg in 1863  
in Paul Lloyd Hemphill's  
***Inspiration For Teens***







# How A Little Can Mean A Lot

## Life Lesson #102

Positive results, however you define them, can be achieved by a seemingly insignificant action of one person. It's often the result of a spontaneous gesture. You touched your mother's hair as you walked by. You sent a hand-written thank you note to a teacher. A friend overheard you say something wonderful about him. These are gestures that don't move mountains for short-lived recognition, but move hearts and minds toward memories that last a life-time.

From the true story of Orpheus Woodward at Gettysburg in 1863, in Paul Lloyd Hemphill's book,  
***Inspiration For Teens***





# Can You Be Courageous?

## Life Lesson #49

Courage is not a trait exclusive to adults, but an inherent human quality that reveals itself in stressful circumstances, regardless of age. It took courage for a 19-year-old to amputate his own leg during the famous Battle of Gettysburg. Or, a 15-year-old girl gave hope to wounded soldiers to stay alive while bullets were flying. Both acted in fear, and demonstrated what Oliver Wendell Holmes observed: "There can be no courage unless you're scared."

From the true story of Bayard Wilkeson at Gettysburg in 1863





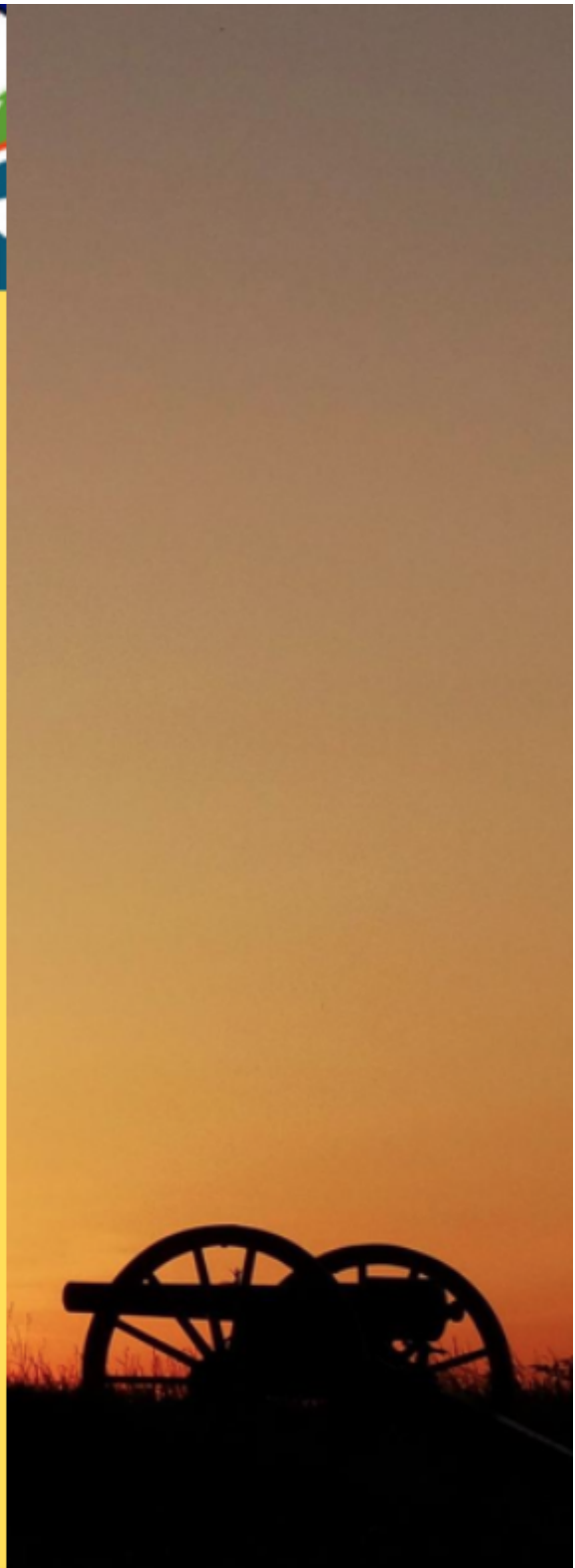


# What's Good About Stress?

## Life Lesson #59

When you view stress as a positive force, you've created the biology of courage. Parents are able to work with teens to promote personal growth and harmony in the home. Stress at work can propel you to improve your capabilities and enhance your worth to the company. Stress in applying to college trains you to be super organized. You can make stress the steroid for all of your achievements..

From the true story of Sarah Broadhead at Gettysburg in 1863, in Paul Lloyd Hemphill's  
*Inspiration For Teens*





# How To Test Your Character

## Life Lesson # 194

Your character is rock-solid when you can reject the temptation to allow a desired outcome to cancel out the risk of a negative result. Reinforcement of your values is a sure way to develop strength of character. A young man died at Gettysburg, his home town, by "fighting for the other side." The strength of his convictions decided how he would act on his home turf. The young man exhibited courage in the face of a negative outcome for a cause in which he fully believed. The strength of your character is determined by your commitment to a set of values that do not change under any circumstances.

From the true story of Wesley Culp at  
the Battle of Gettysburg in 1863, in  
Paul Lloyd Hemphill's  
***Inspiration For Teens***





A row of light bulbs is shown at the top of the page. One bulb in the center is illuminated, while the others are dark. The background of the entire page is a photograph of a statue of General George Washington in profile, wearing a military uniform and a bicorne hat, standing against a backdrop of trees with autumn foliage.

# Why Stand Out?

## Life Lesson #88

Positioning is creating an advantage. Successful companies position their products or services to satisfy the consumer's ultimate buying question:

**"What's in it for me?"**

Financial planners position a client's assets for greater growth; high school students position their attributes for a greater chance at college admission; job seekers position their abilities for a new job. Positioning is the strategy that allows you to provide something advantageous that competitors cannot or won't duplicate.

From the true story of  
G. Warren at Gettysburg,  
in Paul Lloyd Hemphill's  
***Inspiration For Teens***

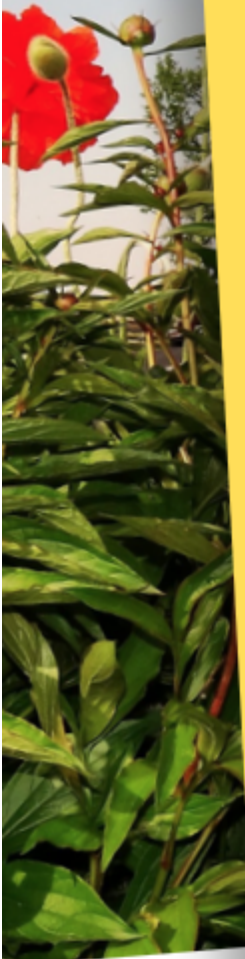


# Why It's Okay To Be Judgmental.

## Life Lesson #66

Clarifying and enforcing the difference between right and wrong is the moral code by which families and nations survive. Clarification demands that you be judgmental, that you make blunt, honest and unapologetic decisions. Courts of law cannot consider the hurt feelings of the guilty. Parents, by acting with a moral influence, are effective when they are judgmental with their children. As the arbiter of right and wrong, the American judicial system is built on being judgmental. Act with the same moral clarity, and you'll enjoy peace and harmony in your life.

From the true story of Winfield Scott Hancock at Gettysburg in 1863  
in Paul Loyd Hemphill's  
*Inspiration For Teens*







# You're Already A Leader.

## Life Lesson #115

You lead as soon as you influence someone or yourself to take action or no action. Defining a leader as someone who motivates a group to achieve a common goal is too restrictive since it ignores everyone's innate ability to influence. And it's powerful, whether you're commanding an army or caring for a 2-year-old. Because you always influence, either by action or word, you're already a leader. No business or military school degree is required to prove your leadership ability.

From the true story of John Bigelow at Gettysburg in 1863, in Paul Lloyd Hemphill's book,  
***Inspiration For Teens***





# Reach for the Stars

## Self-Improvement

### Life Lesson #12

The roots of character and resilience can be found in adversity. That's where you'll also find knowledge and humility. Living means struggling. You can do amazing things through sheer willpower. The subconscious mind can't tell the difference between dreams and reality. Which means your dreams can become real. You will learn most from defeat and discover what's needed to be successful. Welcome adversity as an opportunity for self-improvement.

From the true story of James  
Archer at Gettysburg in 1863





# Speak up.

## Life Lesson #41

When you are upset with anyone's behavior, don't be afraid to speak up. You may be amazed at the respect you gain from those who attempt to abuse you. If you don't speak up, the abuser doesn't go away, and your situation may get worse. Speaking up forcibly is an aggressive influence that leads wrongdoers to consider changing their behaviors.

From the true story of Franz Hubschmann, in the book,  
***Inspiration For Teens***





# Where Do You Find Satisfaction?

## Life Lesson #117

"Deriving satisfaction from what you achieve does not require the whole world to know about it. If you think the rest of the world does not notice what you accomplish, think again. Your good deeds may not be recognized with a trophy, a congratulatory memo, or a luncheon of tribute, but you will influence people who will copy the good that you do. Which provides values for others to imitate, and leaves behind a positive legacy that will live long after your time."

Excerpt from Paul Lloyd Hemphill's  
***Inspiration For Teens***

From the true story of George  
Greene at Gettysburg in 1863





# "Can You Help Me?"

## Life Lesson #17

Allowing someone to help you gives that person a sense of personal worth while giving you the results you desire. If you want to observe how successful you can be as a leader, ask this powerfully influential question: "Can you help me?" The question achieves two results: first, people are eager to feel good about themselves, and second, it is an invitation to express their own value. This is why a perfect stranger, when you ask for help, will nearly always give you directions when you are lost. One of America's most influential public speakers, the late Zig Ziegler, was fond of saying, "Help enough people get what they want, and they will help you get what you want."

From the true story of O.O. Howard  
at the Battle of Gettysburg in 1863,  
in Paul Lloyd Hemphill's  
***Inspiration For Teens***



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