

**Andreas Boskugel**

**You can do it!**



**Guide to fulfilling your dreams now**

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Boskugel

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## 1. Foreword

I, Andreas Boskugel, was at one time a poor sod.

I was an alcoholic and a chain smoker living off social welfare. My girlfriend was fat, ugly, aggressive, dumb and mean. She cheated on me and talked very negatively about me behind my back. My life was a living hell.

Then about 25 years ago a book about the law of attraction fell into my hands. I'm still very grateful that I understood this book so quickly.

I then devoured every book I could find about this law. I began to truly love the law of attraction but noticed that there were frequent contradictions, which many – also very famous authors – often repeated. Since then I have been working on a concept which doesn't merely reiterate the different statements and representations of the law of attraction, also known as the law of resonance. Instead I began to truly think things through logically and to document these ideas.

The power of this program is that it is completely unimpeded by traditional moral thinking and qualified opinions. When you look at the world you will notice that there are people who lead “amoral” lives who are nonetheless happy, healthy and wealthy, and others

who are considered to be “moral” but are nevertheless sick, poor and unhappy. So, following particular morals, traditions or a religion is not the real way to achieve success in your life.

I am convinced that these teachings, which have resulted from my research, have the potential to fundamentally transform your life.

I've taken this path myself! I've done exactly as I describe it here! Today I'm as fit as a fiddle, very rich, truly happy and free of every addiction! I live the life of my dreams – every day!

Boskugel

## 2. Introduction

Watch your thoughts, they become words; watch your words, they become actions; watch your actions, they become habits; watch your habits, they form your character, watch your character, it becomes your fate.

Every person I know would openly agree with this sentence as it makes real sense and at the same time bypasses various ideologies. Almost every person with at least some common sense simply has to agree with this sentence, no matter what religious or political persuasion. Everyone understands that without any words, thoughts cannot be formed, that without thoughts, actions cannot be taken, no matter how small they may be. You can't even go to the bathroom without consciously or unconsciously thinking about it beforehand.

It's therefore all the more surprising that hardly anyone understands the full consequences of this statement, for this statement can be shortened by leaving out the middle, then you are left with:

Watch your thoughts, they become your fate!

Far fewer would agree with this statement; they would tell you about how others are to blame and how difficult they have had it and that they can't do

anything about the turn of events in their life, it's only that they ended up with the wrong partner, and took up the wrong profession, etc.

What happened? Everyone agrees with the first sentence, but hardly anyone with the second one, even though they are basically the same sentence, the second is simply abbreviated. Due to its length, the full statement basically softens the real meaning:

Watch your thoughts, they become your fate...tells us in seven words a truth that feels like a resounding slap in the face of our life:

I alone am responsible for what happens in my life!

Most of us are brought up with “worldly” ideas. Hardly anyone has been lucky enough to be confronted with profound truths when growing up. So almost every one of us is brought up on beliefs about how difficult life is, how unfair the world is, that you can't have everything because coincidence, luck and misfortune decide whether you lead a happy life or one which you wouldn't even bestow on your worst enemy. And most of all, we learn that others are to blame for everything that happens to us!

If someone has led a rather modest life, with some ups and downs, then this person usually has a whole slew of excuses ready about why they have not led the life of their dreams. Of course, others are to blame: the

parents, the spouse, the boss, politicians, the difficult times, coincidence, luck and misfortune. It is only ever others or invisible all-powerful responsible parties who are to blame, or banal leftist ideology is used to detract from their own failure.

It's exactly this attitude which people then pass on to their children, who as a result only have a small chance of developing better, more independent and responsible thoughts. A child is a blank slate who has nonsense written on it by their parents and this influences them so much in their childhood – because it is more or less the foundation of the mind – that only a few have the strength to overcome this influence.

You have this strength and that's why, no matter where you are in life:

You are a winner! Because you are here now!

I've often been criticized for my views, criticized by so-called “moral people”, who have replaced their common sense with leftist ideology. The criticism that I have received opened my eyes to the fact that many people still have a great deal to learn when it comes to understanding how the world operates.

Many just can't detach themselves from the medieval paradigm which dictates that matter exists and you have to somehow deal with it. That is, however, an



extremely shallow approach that claims that I only believe in what I see. This is not only a very shallow, but also a very facile, view.

Everyone believes in a number of things that are invisible whether it's radio waves or gamma rays. People turn on their televisions as a matter of course and make phone calls without thinking about the invisible rays which are in use. It's normal and fits in with their world view. But the love of a person can also not be seen, nor the energy of a thought which you produce on a daily basis. This energy is nevertheless there, and – in accordance with its quality – affects your life. It's simply a scientific truth, which continues to be deliberately ignored because acknowledging the law of attraction is not possible without a paradigm shift in your life.

Of course, you can't acknowledge the law of resonance and then continue to claim that others are responsible for your life. So moral people and mainstream physicists will continue to pretend that quantum physics doesn't exist as it just doesn't conform to their world view. But it isn't until a person has accepted the truth that they themselves have created – through the content of their subconscious, that they will gain the freedom to be, have and do everything that they want to be, have and do.

As long as others and coincidences or an ill-fated life or an evil-minded God are made to blame for what happens in their lives, people will not be able to open up to their God-given gifts.

So they will continue to judge, denounce, prejudice, envy, hate, deny, etc. But in the process they will become ever greater victims who feel inferior. And this is exactly what will cause greater hate and resentment.

My critics formulated their objections something like this: This is a cold inhumane ideology that completely disregards cooperation and compassion.

This opinion is based on my insistence that every person has created EVERYTHING that occurs in their lives because it is merely the universe's response to what THEY THEMSELVES have radiated! This means that a sick person has also created their own illness, just as a victim of violence has created these course of events themselves, otherwise they would not have entered their life, in fact, COULD never have entered their life, according to the law of attraction.

And now many people who don't understand this law believe that it is beneficial if I pity the victim and condemn the alleged perpetrator. By doing so, however, I am strengthening the victim's opinion that

they are helpless and as a result they will create even more of these undesirable situations.

At this point I would like to stress that of course it is right to help a person in an emergency situation and to show your compassion if they need it. But there's a difference between, on the one hand, pitying someone by singing in the chorus of those condemning the alleged crime and, on the other, helping the person by comforting them and revealing the true cause of the events as being the power of their thoughts.

Not until people recognize their own responsibility and are blessed with the knowledge that every event in their life was self-created will they be capable of leading the life they long for. If everyone internalized the law of attraction, they would no longer be able to create envy, hate, jealousy and other highly destructive emotions. Why should you feel hate or envy when you know that every event in your life is something you attracted or created yourself? Imagine a world free of envy, hate, jealousy – in this sort of world neither criminals nor war would exist.

Weapons do not kill by themselves, it is a person's hate that does this and a belief in scarcity, a belief in limits that leads to this crime.

Many of my colleagues will tell you that you should change your thoughts in order to change your life, but

I say that's not possible. No one can leave the house in the morning thinking completely differently than they did the day before. That's because your thoughts are essentially influenced by your subconscious. So, someone with a poverty mindset will have completely different thoughts when, for example, they see a beggar, than someone who has a positive attitude towards money. You have to change the content of your subconscious to even be able to think different thoughts!

It has been scientifically proven that the subconscious radiates 50 times stronger than the brain, so it is your job to change its content.

Clear step-by-step instructions on how to do this is what you'll find in this booklet.

### **3. The law of attraction**

What exactly is this ominous law of attraction?

This law is based on the scientific findings that a thought is a physical measurable occurrence which must cause an event.

In quantum physics it has clearly been shown that consciousness is required to create matter. If consciousness is not present then only a “flood of offers” is recorded. Not until consciousness is present do these offers change into matter.

It is essential at this point to understand that the whole universe is made up of vibrations. Everything is vibrating. There is nothing in the universe which doesn't vibrate. This book is also vibrating, every color, sound, smell, as well as every event and every piece of matter vibrates. Your thoughts are also vibrations, are measurable energy. The law of attraction forms occurrences and matter from the vibrations of your thoughts, it allows other people with similar vibrations to enter your life and people with other vibrations to exit it (“birds of a feather flock together”). Since really every thought must have some sort of effect, there is no such thing as a trivial thought.

It's important to note that you do not vibrate according to your present thoughts, but to the content of your subconscious! Your subconscious stores every single thought, every single feeling over the course of your whole life! This is a huge amount of information. It is your “being”, it is who you are: you emit these vibrations out into the universe which responds to them on a one-to-one basis. The first law of thermodynamics says that energy can be neither created nor destroyed, it merely changes its form. Every thought is quantifiable energy, which obviously cannot simply “disappear”, but is changed into a corresponding occurrence.

Actually the term “law of attraction” is not appropriate because it does not attract: that would mean that it is taken from somewhere else. The “law of creation” would be a more fitting term. How can you attract illness? That would mean that the cancer or gout is pulled to you, it implies that it comes from somewhere and is now no longer in that other place, such that another can no longer have it. But also in this case there is enough for everyone because you have created this illness! Just as you have created love and thereby situations which are loving and very pleasant to you. These are situations you create; if you were to attract these, others would receive less love because you already have most of it. This is of course not possible. If this were the case, then it would also

have to apply to all areas, including wealth and poverty. Wealth and poverty, health and disease, love and hate: those are all just vibrations that you alone create with your daily thoughts!

The thoughts you create produce a feeling with certain vibrations. Your thoughts and your feelings are an inseparable unit, which then create an occurrence and your world is then created that matches your thoughts.

It's no different with wealth: you don't attract it, instead you produce it with your "being". Your thoughts about wealth create wealth in the external world. If this wealth had been attracted, it would have to be pulled away from elsewhere. Many people might not understand this since they believe in limits. But surely we must agree that today in Western civilization more people live in greater wealth than they did 300 years ago and far fewer in desperate poverty than at that time. Even though people on the political left deny it, the times of real poverty as was the case 200 or 300 years ago when people were starving or dying from a lack of medical attention, have long since disappeared. No one in the industrial countries is that poor anymore.

Even Africa is on the way to experiencing more wealth; travel to Mombasa, and you will see many people with mobile phones and their own cars. In Asia

the rise in the standard of living is even more noticeable.

In the dark past people would have called today's Western lifestyle paradise! This paradise, which they could only have dreamed of at that time, has existed for a while now. Food in great abundance would have been paradise on earth for peoples of the past. So, great wealth has simply been created! It was created by people using their thoughts. And this is exactly the way you produce your wealth as well, which means no one else has to become poorer.

If someone became poorer just because someone else had just become richer, then someone would have to become ill just because someone else had become healthy. We create every single situation in our life ourselves. And even if everyone thought about wealth, it would never be used up. In our universe, energy is endlessly available and is turned into matter by means of our thoughts. Albert Einstein has given us a wonderful formula:  $E=mc^2$ , which says that not only can matter be converted into energy, but also energy into matter. As it has been proven that an endless amount of energy exists, this also means that there is an endless amount of material goods available at any time. These goods are produced by the vibrations your subconscious emits.



Sometimes when I watch other people and see everything they are fighting against, I ask myself why. You never have to fight! Fighting itself already implies a lack of belief that you will get what you wish for.

The only fight that you should fight is the one against yourself. And that's not a fight either, at least not when you concentrate solely on improving the content of your subconscious. That is the only activity with a legitimate guarantee for success! Things will gradually change and everything you have ever longed for will effortlessly flow into your life!

What is wealth? Do you think that Bill Gates has 700 million 100 dollar bills in his cellar? His wealth is electronic numbers in an electronic account.

If Bill Gates would now start to think constantly about poverty and at the same time experience a great fear of loss, then the value of the Microsoft shares would drastically drop. He could lose billions within a few weeks. Others who own a lot of Microsoft shares but who don't think of poverty would have already – out of an impulse – dropped these shares. This could be seen in the case of the German millionaire Maschmeyer who sold his AWD (one of the largest financial companies in Europe) shares – based on an impulse – directly before the financial crises began. If you don't think of poverty, then you can't experience

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