

W h e r e I s M y P e a c e ?



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W h e r e I s M y P e a c e ?

John Murphy



Nothing happens unless you make it happen.

Contents

Introduction.....	10
Decisions.....	12
Preparation.....	13
Where do I begin?.....	17
Life: A journey.....	19
What limits us?.....	20
Stop digging.....	21
Live your own life.....	22
Am I lost?.....	24
A change for the better.....	25
Tomorrow is another day.....	26
What can I do for now?.....	28
Decisions, timing and patience.....	30
Ten steps.....	31
Taking care of yourself.....	32
A new challenge.....	33
A habit or a problem.....	34
Alcohol and drugs.....	36
Am I good enough?.....	37
Desperation.....	38
Fear.....	40
Knowing when to take action.....	41
Changing the direction of your life.....	42
Making a difference.....	43
Will I or will I not?.....	44
Being dependent.....	45
Independent and decisive.....	45
What can I be good at?.....	47

Easy or impossible.....	49
How long will it take?	52
What if I fail?.....	53
When I have peace in my life; how will it affect the people around me?.....	54
Making a decision to do something	55
What happens when I do not want to do anything?.....	55
Do I need to talk all the time?.....	55
Sometimes I have nothing to say	56
I am tired of everything	57
I have tried everything	58
Stopping the noise	59
A difference of opinion.....	60
Another day	61
The road ahead	62
What's next?	63

Introduction

It is easy to wonder if there is any peace in life when you are in trouble and are unable to see a way forward. While there are many ways in which people find some level of peace in their life, it does not mean that their approach is going to work for you.

To compare your life to another individual, is certainly not a good place to begin, as the issues in their life, are unique to them. Therefore, it is best, to begin with yourself, then continue from there.

Making the decision to alter your life in a manner that is best suited to you, is often a difficult task, as it depends on your present circumstances and how they came to be.

Having peace in life, is not closing yourself off from people around you or running away from the issues that are creating upset in your life. Instead, it is the result of change within you, the person, taking the time to better understand the world around you and to alter your life, so that the peace that is available becomes achievable.

Peace comes from flexibility, patience, effort and understanding. There is no point in saying that it is an easy task; however, it is not impossible either.

This is your life; your future, a place to be enjoyed.

Where to begin

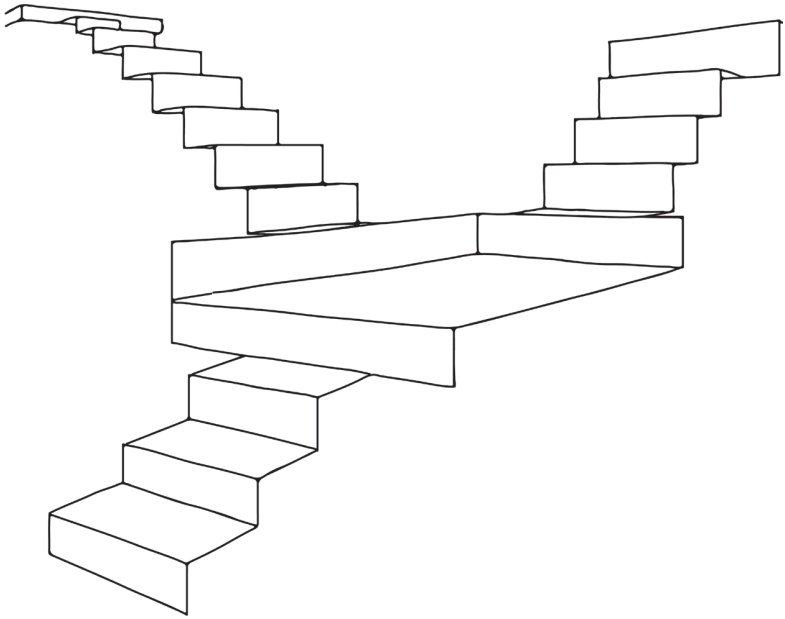
Decisions

Decisions form a very important part of our life. We sometimes overlook their importance and the effect that they have on our life; the lives of people around us and the impact that they will have on the future. Making poor decisions at the wrong time is not the best approach and neither is making good decisions at the wrong time, as they will not work out as good as they should have done.

Life itself is a learning experience and will continue for the duration of our lives, provided we are willing to continue learning. The moment we say that we know everything, is the time we have stopped learning.

Preparation

Being prepared, to change the direction of your life, is an important step, as it allows for more options to be available to you. This preparation, may require you to take a variety of steps over a period of time and will be of benefit to you at a later stage. It is important to resolve your past or current difficulties, so that they are not an obstacle to you in the future. This may take several months and in certain cases, it may take a few years to complete. Being prepared will greatly improve your options to succeed and will also become part of the learning experience itself - the journey towards peace in your life.



Making the decision to find peace in your life

Preparation

Taking the first steps

Getting accustomed to change in your life

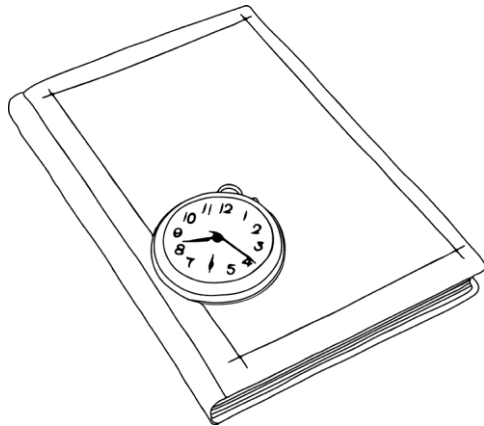
Applying effort where and when it is needed

Having the patience to wait until you are ready to
proceed to the next step

Making further decisions on the choices that are presented to you

Expanding your knowledge of yourself and the world we all share

Learning to accept the person that you have become and the person
that continues to develop



Example:

It is possible that you might need a qualification in a particular area, so that you can apply for the job, that interests you most. It will take time to get that qualification and the very thought of study may be an obstacle. However; once you have selected a particular work area, then you must be prepared to make the effort to obtain the necessary qualifications, that are required. Therefore; making the necessary decisions on time, will greatly improve your success in obtaining the job you are looking for.

Where do I begin?



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