



By Santosh Jha

**

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The Universe should not have happened... The Earth should never have happened... At least, Humans should definitely not have happened on Earth... Worst, **Consciousness** must not have happened to Humans...! But; tragically, they all Happened. Then, there is nothing anyone could do; can do...

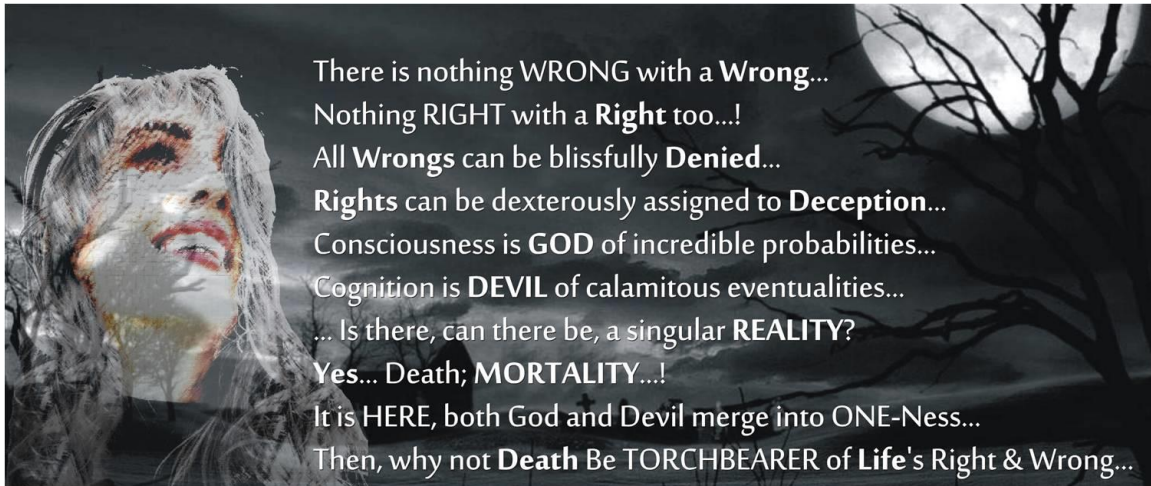
The Grief, Pain, Sufferings, Devastation shall keep growing and human **Denial** and **Deception** shall keep inventing Hypocritical Stupidities. The **Scam** shall keep magnifying. The Scam alone has the potential to EXTINCT the grief, pain, sufferings, devastation; along with all lives...

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Grief is the most potent energy of Creation. It is the primeval Causality of eternal Evolution. All Marvels of world are deep and embedded expressions of Grief and Pain. Sadly, only a handful can truly realize and internalize Grief to miraculous Revelation. Tragically; Marvels become tools to deny Grief itself. When Grief is denied, Compassion is eclipsed and Reality mystified. Humanity is genius in Enterprise of Denial and Deception of Reality. The Scam is thus immortalized...

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**O Creator, They Haven't And Won't Understand My Talks,
 Give Them *Other* Hearts, If Can't Give Me *Other* Language...**

-- *Mirza Ghalib*

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At The Very Outset...!

Inevitability is a huge element for enterprising a change. Optionlessness; its calamitous suffocation, has the energy that can usher in unimaginable transformations. It has, in the long history; though only occasionally, haphazardly. However, human **Consciousness** is a legendary **Con Artist**, as it can and it does adroitly construct ingenious *Denials* and *Deceptions* to make all inevitabilities and optionlessnesses of Reality disappear in thin air. Human civilization and culture is the amazing and powerful journey of humans on diverse roads to **Denials** and **Deceptions** – of Self and Others...

Thousand soldiers of *fear-empire*, heavily armed with weaponry of *denials*, stand constant guard at the **Portals** of **Reality**; blocking entry into the precarious yet powerfully potentialized cosmos of reality. Only a handful **Brave-Hearts**; few men and women of genius and resolve, who defeat the army to enter the ‘dreaded’ world of Reality, are rewarded with a treasure, 99.9 percent humans never have access to.

Reality, its expansive holism and suffocation of its inevitability-optionlessness is hugely unsettling for average human – the 99.9 percent. Most humans, with their un-evolved animalistic consciousnesses, cannot even perceive the Reality and its **Essence** of inevitability and optionlessness, in its entirety and holism. Knowledge and wisdom of Reality therefore has never been core competence and primary **Operating Prudence** for most people in the long history of humanity.

Denial and deception of Reality is so deeply and laterally embedded in vast domains of subconscious mind states that anyone with advocacy of Reality and its true knowledge becomes unforgivable **Enemy** of humanity. We all know; how humanity has been massively brutal with all ‘enemies’. Fear is *cannibalistic*; more powerful the animal, higher the intensity of instinctive urge to kill its own. Human is the worst

animal with long established history of killing its own species in millions. Those humans, who fear the most; especially their own death, kill the most; in vast numbers.

There is a hypothesis, which says, '*At any given time or stage of evolution, the total **quantum of stupidity** always remains constant as inevitable entropic probabilities require this critical mass and energy to journey towards finality of mortality*'. This seems true as long history of humanity corroborates it.

The contemporary world immaculately showcases this hypothesis in its optimality. In modern human world, many times more people lose their lives because of their own stupidity or that of others, than any single other cause of mortality, like disease or anything else. The world has just witnessed, how stupidities of few on top and that of the mass majority of average men and women, has killed many times more people than this **virus** could **otherwise** have. The denials and deceptions kill most. The world is witnessing this stark reality. This is nothing new. Human history is full of far more colossal stupidities and much more disastrous outcomes. Do we need to name them...!

A handful of depraved, dangerous and insane leadership of humanity – political, social or religious; can and they always do, devise and design calamitous enterprises, which have potentials for massive pain, sufferings and even death for people they lead. Yet, they could never have and still cannot be successful in their nefarious designs if they had no support from this **critical mass** of stupidity and hypocrisy of humanity. It is this constant quantum of critical mass, which blissfully invites and installs **those** to lead them, who otherwise and ideally should have been in either prisons or asylums. Consciousness is God and equally Devil...! **This Is Scam...**

Evolution works this way. Evolution always invests its best of resources to **ensure** the eternal energy of this critical mass (the 99.9 percent) of stupidity (ignorance). This has been the **Constant**, throughout in the long history of humanity and still is. Scams are human design and evolution ensures; the *critical mass* has the *cognition* to love it!

Then, it seems, stupidity and hypocrisy of humanity is essential and inevitable tools of Reality. If so, what purpose and utility does then the knowledge and wisdom of Reality has? If entropic probabilities are inevitably optionless, what can knowledge do?

Knowledge has utility and purpose...! Sure; it has; it always had, for those, who care – the 0.1 percent...!

Since thousands of years, some of our very worthy ancestors; who had the intelligence and courage to face the worst, life made them to, and internalize the **Grief** that ensued, have already unraveled Reality for us. The grief and pain was the *causality* that made them unravel the marvels of Reality. The **Compassion**, which emanates out of internalization of grief made them do it. What a contemporary compassionate person can do and does; is to present them in new set of words, with novelty of references and adding the evolving elements of knowledge, which modern science has come up with.

The only justification of ‘wording’ the Reality again is that the grief and pain are omnipotent, omnipresent and they keep prompting compassion in handful of people. It is this compassion, which ensures that all goodness and wellness ideas and words need be repeated and retold, to add to their all-pervasiveness. This in turn ensures; a handful of people, who care; who have the galvanized potential of consciousness, may save some time and energy in their personal journey to their own inevitability.

Writing for me is an enterprise in self-negation. I am in peaceful acceptance of the futility of words as carriers of intent and content. Still, I write, continuing with this 43rd eBook and if life allows, shall keep writing, negating my own deep sense of futility of the exercise. I write just for the sake of my compassion and humble self-belief that whatever I have internalized in life through a long and painful process of learning and especially unlearning; must be documented, so that if probability has it, someone; who cares; may save some precious time and energy in his or her own internalization process.

This probably is what one may accept as an inheritance worth half a dime.
Compassion is what I inherited and compassion is what I can leave as legacy. I
dedicate my writings to that someone, who shares my humility for acceptance of
compassion. Thanks....!

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*The world has 50 percent food surplus and yet one billion people are starved.
Rich countries have 300-400 percent supplies of the calorie needs of people
yet one billion people are critically undernourished. Average of 30 percent and
maximum of 40 percent food is wasted by humanity and yet, one billion
humans can't have enough food to eat. Still, humans proudly say,
God created us and made us, What We Are...!*

We Are A Scam; We Are A Species In Denial... Of REALITY

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PREFACE

Amazing, not it is, by any means that almost 3000 years back, some genius of the
early humans could decipher it and even document it. Anyone, with true knowledge
of *Reality*, can decode it, as this knowledge is something, which is already embedded
in cognitive states of mind consciousness. *Reality* and its true and *Holistic* knowledge
is not something someone creates; it is there since universe was created. That is why;
someone could decipher it thousands of years back; as it was there for everyone to

unravel it. A human is only a potential. This potential took billions of years to evolve. An individual human has only a lifetime to attain it! So tragic!

Most still cannot, despite its continued availability for the same. It *was*, *is* and *shall* always be available for revelation, as it is seeded in the consciousness. This complete, perfect and holistic *Knowledge of Reality* is a must for every human being. Still, only a handful feels the need of; in all expanse of time. Why?

This is the Scam...! This is the scam of the human design. This is the scam of the Consciousness, which vast majority of people have no idea about. This is the scam of the way *Reality* is unraveled to average human Cognition; making 99.9 percent people fall victim to the scam. And; the worst part of the scam is that the scammed victims in turn keep scamming others and this entire human world turns into a *Mega Theatre* of scammed *consciousnesses*, *cognitions* and *causalities*. This, the 99.9 percent people are happily unaware of and still in perfect bliss of ignorance. When scam becomes the mass majority reality, where is the need of *questioning* its futility; where is any **unease** about the scam?

All wisdoms say – humans are designed to live in state of ‘oblivion’, a state of instinctive semi-conscious continuity of nothingness, a state of blissful inertia, a *status quoist* comfort zone; a happy virtual world of perceived and imaginative actualities. To jolt oneself out of this, to eject out of this ‘nothingness’ to full and absolute ‘everythingness’, one must muster up the courage to challenge itself; something a handful of humanity has done since four million years. This is the doorway to common sense; evolution confirms it...

The wisdom, the holistic knowledge, has always been there and has only improved in its expressions; thanks to the geniuses of science. Yet, larger humanity, its so-called leadership and cultures have never felt the need to position *Knowledge of Reality* as the singular survival **eligibility** of humanity. Skepticism has been an enemy; it still is.

It is there, for even the most stupid person on Earth, to see and realize that most animals have same body parts like we humans and they work the same way for millions of species. It is probably the easiest acceptance that humans are only one of the millions of animal species, the Earth is populated with. Humans are essentially animals. The only difference is that humans have very evolved and complex brain mechanisms, engendering a consciousness, which is much complicated and therefore more aware, enabled in certain ways, yet, more entropic than most advanced animals. This consciousness is a huge **Scam** of **Evolution** and scientists have begun to unravel it in amazingly detailed ways. This scammed consciousness makes humans the most corrupted and potentially the most dangerous animal of the universe. The world we live in; confirms it beyond doubt!

Humanity still cannot accept this simple and stark reality. We humans are born like most animals and have the body-brain design of an animal. We can only grow and evolve as Human, provided, we empower our stupid and scammed consciousness to an evolved stage through **knowledge**. We humans are more calamitous than wildest of animals as we have consciousness, which is scammed. That is why for peace, stability, sanity and order, human world needs to **De-Scam** this consciousness through a knowledge training structure and that too for long years. This has never happened and shall never ever happen!

Humanity has not accepted that we are not born humans but probably can grow and evolve in time, if handed a well planned and executed knowledge imparting regime of long years. Human is only a potential and till it is not attained, a human is the most scandalous and catastrophic animal of the universe. The potential does not come with age and status. It is not an auto-attainment. It is attained only through a long and persevered mind training process, which a systematic and institutional knowledge mechanism can put in. Majority of humans however refuse to accept the true and real knowledge and blissfully waste 25 years of life, learning livelihood skills. What a waste! Even an animal wastes not a second in ensuring its livelihood!

This is another scam, which humanity has flourished since ages as most humans, even in 21st century age of science, stupidly believe, they are creations of *superior will*, born as something specially endowed and already in possession of all knowledge to happily live a life of joy and prosperity. And, what they need is only the skills to amass wealth and live in best of comfort and consumption.

That is why 99.9 percent of humans in all ages remain a variegated mix of animal and human. Only a handful has the true and right eligibility to qualify as humans. Naturally, human world in all times, including the contemporary age, has been worse than that of animals with ills and troubles, the animal world cannot even imagine in wildest of their dreams...

It is better to challenge ourselves. Ideal it is to own the questions. The un-quenching energy of incessant skepticism is embedded in our design. We only need to be aware enough to accept the inevitability and indispensability of questions and suitably change, to correct ourselves, as it feels disastrous, when others point out mistakes in us. Moreover, others may not have the perseverance to keep telling you that you need to change. And; the change is not a small one; rather a complete change which has the scary potential of unsettling people.

There is a saying which goes like, 'The questions you possess is half your destiny, the answers you accept remains the other half but, both halves of destinies are poorly linked by a narrow strip of pathway or a bridge called *innocence of consciousness*, across an ocean of dualism.' What is this bridge about and what this dualism stands for?

There always have been questions, which help us extend our domain of wisdom. Number of questions we accept, more we open ourselves to newer probabilities of realism. We however, usually, happily restrict ourselves to fewer questions as questions unsettle our comfort. It is natural that people with fewer questions shall have wherewithal of lesser answers. Some may have questions but not the *bridge*

between answers and their questions. Rather, most people burn their own bridges and isolate their consciousness from Reality.

Ignorance is bliss and knowledge surely opens floodgates of painful realities. Knowledge has the instinctive build up to unsettle us and that is why most of us run away from true knowledge of Reality and happily live the whole life in *perceived beliefs*. But then; bliss of ignorance and part knowledge come with five calamitous elements of – ***Fear, Anger, Attitude, Denial and Deception***. They are generic and embedded to bliss of ignorance. Even early humans 3000 years back could decipher this Reality. Modern humans in 21st century can't. These five elements keep vast majority of masses in *Scammed Consciousness*. They shall never accept a question, which threatens to unsettle their world of perceptual realities. Naturally, no answer of sanity can ever be a probability.

It is not tough to understand and accept that the *Scam* of mind *Consciousness* never allows Sanity, Poise and Peace. The scammed consciousness shall then infest and confront others with fear, anger, attitude, denial and deception. The cyclicity of it shall keep accentuating till it makes the whole world a theatre of mega scam, which it already is!

Most people restrict and even constrict knowledge by closing their minds to many questions and ideas, which they feel uncomfortable with. Our knowledge is the base material from which most of our lasting joys, poise, wellness and excellence are created. This happens because; only true knowledge can free us from the calamitous effects of fear, anger, attitude, denial and deception. This knowledge is a product of a magnanimous mind consciousness, which allows and lets even uncomfortable and unfriendly ideas and questions sink in. What sinks in; stays, and knowledge is a function of this memory of fruitfully processed experiences, which stays after deep sinking in.

Knowledge, like all realities, takes *dialectical* path. It starts with ignorance is bliss situation. Pour in first few streams of knowledge and the *antithesis* is created. The

antithesis breeds in unsettling emotions as it exposes a person to new realities, which he or she has not been used to. Most people drop out of the journey at this stage of antithesis. Those who are aware, they understand that antithesis is also ephemeral and continue their journey with more knowledge. This brings them to the stage of *synthesis*, where fear, insecurity, unease, anger, attitude begin to melt away. As the journey is continued and dialectical processes are repeated many times, one reaches to the stage where the real and true fruition of finality is attained.

At the very outset, when we are talking about the scam of consciousness and the magic knowledge does on not only de-scramming us but also arriving at the greatest experience of life-living, it is ideal that we understand it clearly with an example; probably the most powerful example for all of us.

Let us talk about it...

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The best and singular example is about **Death – Mortality**. Death is one single objective and inevitable Reality, which 99.9 percent people fear and stand in perpetual denial of, all throughout their lives. Most people are subconsciously trained into this denial of Reality of Death since childhood as this denial is the transcendental and primeval hypocrisy of humanity since millions of years. The denial and the resultant hypocritical deception of inevitability of the Reality of Death is not even a subconscious cultural training but very much an unconscious wired behavior now.

This is scam. This scam is probably the mother of all infinite scams, which humanity has engineered and managed well since millions of years.

We need to understand this scam – the *Death*, the *Fear* and the *Denial*...

Before we begin to talk further, we need to accept that *Fear* and consequential denial/deception is scammed cognition of any Reality. When we lack knowledge or when we do have only ‘part’ knowledge of a Reality, the subconscious mind promptly engenders the element of fear. It is somehow an auto-process of body-brain

mechanism. The subconscious design of **Fight** and **Flight** is embedded in our brain states this way for our survival optimization. It is the animal within us. But we are not only animals; we are part human too. Fear may optimize survival but then, it shall load consciousness with scammed cognitions; unleashing anger, attitude, denial and deception...

Let us elaborate it. We all know we are all going to die someday. Not only this; we all also know that death can come any moment and in any form. This inevitability and unpredictability installs fear in 99.9 percent of us. Fear is installed to deny it and stand in deception of the inevitability and ever-present probability of Death. It is the way humanity has *survived* since ages. The denial and deception is primary hypocrisy of humanity. Only a handful has the courage and will to go beyond denial and unravel full knowledge about Death and mortality. When we do it, a novel experience comes up; subsiding fear and deception. When we continue with the knowledge, fear almost vanishes and is replaced by a beautifully meaningful experience and feeling. Let us talk about it.

Sit in perfect peace and poise. Begin to think that you are now alive and know so much about so many things. You have your possessions and attainments. These two elements fill you up with feelings of importance, responsibility, pride, joy, et al. Think about how nothing of these was there before your birth. Not a day, month, year, decade, century, millennium but; more than 14 billion years happened and you experienced nothing about them. What you got to know about them after you were born and attained consciousness, is just a frame of picture accommodating key information about these 14 billion years. You do it and a myriad of emotions and feelings traverse through your mind consciousness. Fear, however is probably either missing, or is just a passing feeling. Why?

Now, next, in the same poised and peaceful mode, start thinking about how not a day, month, year, decade, century, millennium, 14 billion years but; infinite time shall come and you shall not witness and experience anything as **You Are Dead**. Try to

internalize this future **nothingness**, after your death, deep within your consciousness. Try this internalization with intensity that nothingness shall be not for days, months, years, decades, centuries, millenniums, few billion years; but for infinite time. Within minutes, fear, even uncontrolled panic shall engulf you and you shall stand up and flee away from the thought. If this does not happen; in most probability, you have not internalized this in right earnest and intensity. It is also human design. A **Scam**, which deceives internalization of reality!

Let us understand. There are two parts of the *nothingness* (absolute vacuum) associated with our existence and its consciousness. First *nothingness*; equally massive and beyond possible perception of our brains (consciousness plexus), is one, which precedes our birth. This nothingness usually does not instill fear in us. Or, may be the fear is there but either very manageable or mixed with amazement and other cognate emotions. It is only the second ***nothingness***, succeeding our **death**, which triggers off massive fear and flight/denial action. It is wired in our design and mechanism.

Now, the next step is continuation on the same path. Do the exercise again. Sincere and honest **internalization** of *nothingness* is very crucial. We shall elaborate it later. It may take a few times before you shall realize that the fear has begun to diminish and there is a slow but definitively growing emotion of **grief** replacing **fear**. This grief shall initially be mixed with fear and cognate elements but as you keep repeating the experiment with more and more peace and poise, the grief shall become pure and shall be so intense that it shall create a **Big Void** inside you.

This vacuum however shall not unsettle you. The grief must become pure and over-encompassing in your consciousness. The purity of grief must also be sincerely internalized. It is the first stage of initiation of *synthesis*. The antithesis is fear, which melts as synthesis arrives.

It has to be understood as why there is this insistence on **internalization** of the **nothingness**, vacuum or void. Internalization of nothingness is not a new reality,

which we are talking in 21st century. This idea was originated around 3000 years back and some genius of our early forefathers practiced it to perfection. This is also some reality, which is cross-cultural and therefore proves that it is very well a faculty and facility embedded in consciousness itself.

When we internalize nothingness, we actually do the primary step of unlearning the scam of our consciousness, which we have infested our sub-consciousness and unconsciousness with since childhood. This nothingness in its holism means a process of attaining perfect and complete freedom from the scams. Most arrived and truly empowered people have in past said that human life is always in a cage, chains or slavery, which every aware person must break free from. This nothingness or vacuum is primary process of actual and absolute freedom.

In ancient western philosophy, they say, '*Don't Be, You Shall Be*'. This actually is the innocent and simple exhortation to attain nothingness. It is in this infinitely endless process of 'Being', through which an average person enslaves himself or herself. That is why it is a call not to fall in trap of 'Being-ness'. Do not be and you shall automatically be what you have to be.

And, what you have to be?

Most people behave and act in a way, which at one point of time is available for decision to their minds, which is an autonomous and random mix of their *nature* and *nurture*. Science says, *causalities* create *cognitions* in us and not the vice versa. This means, we may think and feel that we are acting and behaving in a way, which we have decided for ourselves but actually, we do not choose stimuli (causality) from the milieus, rather the milieus decide them for us. This makes lots of difference in what we feel as '*I Do*' and what actually '*I Is Made To Do*'. This is scam.

This is what we have talked about as a person being a slave of the *causalities*; he or she thinks they have chosen but not. One needs well galvanized mind training to be largely independent of both these elements of nature and nurture, which actually enslave people. This empowerment then enables a person to have a facility where

neither instinct, nor the cultural elements decide his or her long-term conscious behavior and acts. ***Rather, in one's deep and evolved higher consciousness, the empowered self decides, what should ideally present the decision-matrix for his or her mind.*** This is what ancient Indian philosophy called the higher consciousness being in '**Witness-Mode**' to see, supervise and monitor the self itself...

The process is simple. The Being-ness is slave of causalities, which the milieus present. And suitably, how a person behaves or acts, is decided by the cognition, which one's nature and nurture shapes up in reaction to the causalities. All this happens in subconscious auto-process – the instinctive reactionary Being-ness. The internalization of nothingness and the vacuum liberates a person from this enslaved beingness. Then, the evolved higher consciousness, standing as a witness to everything, which either the milieu or others present, is at his or her objective and highly aware free will to choose and decide, what he or she can accept as the optimal decision-matrix of appropriate behavior...

... This Is What We Have To Be...

This enables the person to have infinite shades of personalities. This neutrality, objectivity and plasticity of the 'witness-mode' consciousness is a position of compassion, from where one becomes a catalyst for wellness to others, even while retaining his or her own true self deep inside. This can happen only when we internalize nothingness. And this internalization can happen only when death, mortality is accepted and nothingness is no more denied. If we want to be what we have to be, there is no choice but to accept mortality and internalize nothingness...

In Oriental traditions, especially in Yoga philosophy and Taoism, there is an insistence of breaking free of enslavement of elements, which in an auto-process shapes up and decides your reactionary and animalistic 'Being'. The *nothingness* is insisted in all ancient philosophies. In quantum physics and super string theory, the idea of non-local consciousness is also seems to be the same.

This nothingness has to be understood and internalized. Humans have unraveled it as early as 3000 years back that there is a huge trouble in human design and this trouble is our consciousness, this subjective and personal sense of 'I' or 'Me'. Therefore, there is no escape from grief, pain, turmoil, sufferings and ordeals. There are two routes to emancipation from the grief, pain, et al. First, we attain nothingness, attain full detachment and then remain in this state of **non-being-ness**. Secondly, we attain nothingness, live up this detachment in full and then, continue the life in the society and family but with objective and detached **being-ness**. But, the second option shall also be possible only when this nothingness is first internalized.

That is why it is so critical to patiently and perseveredly practice the art of attainment of **nothingness**. Keep up with the above-mentioned exercise and very soon, you shall arrive at a stage of evolved higher consciousness, where the **grief** shall transform into the most stabilizing and precious emotion of life-living – **Compassion**. Like grief, the compassion shall also initially come mixed with cognate impurities. However, continued journey into familiarity and knowledge of *nothingness* shall remove all impurities and finally; the pure and pious compassion shall shine and muffle your consciousness. The **pure compassion** shall become like gravity around a planet. This is human within us. *Compassion* is the halo around a human, which shines because of the homeostatic treasure within us.

There is no humanly coined and designed word in any language, which can describe what it feels like when pure compassion becomes your consciousness. It fills up all nothingness and there is not a particle of space left in consciousness to allow any other emotion and element – **Fear, Anger, Attitude, Denial, Deception... Nothing!**

This is the consciousness where all scams vanish. Reality and its holistic knowledge has only singular element of compassion. This higher consciousness with compassion shall unleash and infest others only with compassion. The **De-Scammed** consciousness is the seed of a human world full of compassion, affection, fraternity,

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