

Going for...

# TAKE TWO

When life knocks you

**DOWN**

By Brian Otachi Nyakundi



Also Recommended  
for those young  
Adults who are start-  
ing out from Scratch

**6 Powerful ways to get you  
back on your feet with no room  
for mistakes**

## **Please Read This First**

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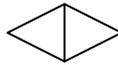
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## **ABOUT AUTHOR**

**BRIAN OTACHI NYAKUNDI** is an **Entrepreneur, Online Marketer, Blogger, Author & Motivational speaker**. He is a Mechanical Engineer by profession and has been working with the young people for over 8 years now under the umbrella letsshineafrika and has dedicated his life to seeing more and more young people empowered and living life without limits no matter their positions in life using what they have to bring a difference.

Having interacted with so many young people both online and offline, He has come to know that most of the young people’s problems are almost alike and their solution lies in equipping them with Knowledge and information which is power and will empower them to awake the genius within them to be the solution and change bringers in the entire world.

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## INTRODUCTION

Destiny is a choice in your hands? You are the craftsman of your own destiny. You are responsible for your future. It is true that anything you dream of and believe in, you can achieve it. If you tried and failed, or want to do it for the first time, there are secrets in this book that high achievers and the happiest people on earth are using each day; as you learn them too, your life will never be the same again. You will be able to create the future that you dream of, make the money you want, meet the love of your dreams, leave in your dream house and help as many people as possible.

I grew up in the beautiful highlands of Kenya in Nyanza region; a place where farming is the main activity and the main source of livelihood. Whether animal rearing or crop

farming, they both taught me daily; what have become very valuable and applicable lessons that am going to share with you in this book. Very few farmers go to college to learn how to farm yet this people feed so many people. It means that you don't need the knowledge of rocket science to achieve your desired dream.

**“  
...if you try to walk on water,  
Whether you are good or bad you will sink”**

A farmer knows how to get the best; he knows **you won't harvest if you don't plant**, he knows the right seasons, he knows the best seed, the best breed, and the best practices. He knows the best time to tend, water, weed and harvest. These powerful yet simple practices have been applied in life and brought tremendous outcomes. It is about the simple principles being learnt, repeated, applied and shared that will let you live a more fulfilled life and achieve your dreams the way you want them.

Farming is governed by principles, and so is life. A cruel farmer who follows the right practices and principles of farming will outdo a generous farmer who ignores all the

principles and does things the wrong way. Being a good person is a good thing but it doesn't mean that you don't do things right.

Life is governed by principles. Just like the law of gravity works on everyone whether they are good or bad, so does all other principles. Just because you are good you won't be able to defy these laws and vice versa i.e. if you try to walk on water, whether you are good or bad you will sink. In other words if you do something the wrong way and yet you are good person, you will be surprised that your outcome won't be better than that of a bad person who did things right.

In any system, there's **the input, the process of working and then the output**. If the input is wrong or not good enough, no matter how hard you work or how excellent you work, your production (output) won't be good enough; in fact it will be against your expectation. **Your input will determine the output. However, the phrase ‘against our expectations’** is not an ideal truth, because somewhere it was either good input then bad process or vice versa that must have caused the unexpected outcome. If you make a bad choice you get bad results and vice versa.

In this life **there’s always a process going on.** There’s a season taking place each moment in life; the **planting season**, the **growing season** and the **reaping season**. If then everything works out in this formula, then you can agree with me that **without sowing you can’t reap.** Therefore, if you don’t want to reap then don’t go sowing and am not sure you want to live that way. What if you sow but you don’t want to go through the process of growing (which is the season of waiting), then you will end up disappointed and start thinking of how unfortunate you are, and how much your family has always been a failure, you then start coming up with excuses of why it’ll never work or why it never worked.

**God has given us power to choose and live the life we want.** I’ve also realized one important thing, that besides the steps of the production of anything we want being three i.e. input, growing then output, we have been given an easy work of only **sowing, waiting & then reaping.**

That means that one step in the system has been eliminated by a higher power who also gave us the right to choose the kind of life we want. It means that if he eliminated this step, it doesn’t mean that it’s no longer there; it means

that it's him who is now taking care of the larger part of the 2<sup>nd</sup> step. He took over the complex part of knowing how it's going to work and he left us with a small task in the 2<sup>nd</sup> step of production –**just cultivate**.

So if we have the power over the 1<sup>st</sup> step then it means that if you don't like the life you're living now, then it's your **fault**. Since **today is the fruit of what you planted yesterday**. To most of us it happened by default that's why you are saying, could I have chosen to live like this today? The answer is YES! If you have the power to choose your production tomorrow then you should now choose the seed to plant. **'You shall reap what you sow'** is a principle whether you are good or evil if you plant maize you'll reap maize.

The most important thing here is to know what to sow then sow it and don't worry a lot of how it will grow. You are asking, 'what do you mean that I shouldn't really worry on how it's going to happen.' Let me share an example here, when a farmer wants profit he decides on what exactly will give him the profit he requires and that to which will do well in his field. He then makes the arrangements, and all the necessary preparations to sow the seed i.e. to give the seed a

good start. He ploughs and now the field is ready for the seed. He then sows it i.e. he puts the seed under the soil.

The farmer does not go home thinking about how the seed is going to grow. He comfortably knows that he has played his part well now it is for the seed itself to see how it will germinate. This is exactly saying that there's another supreme power that is beyond the farmer that should figure out how the seed will germinate. The farmer then checks the field to see whether the seed has germinated each day. Another thing the farmer doesn't do is to open up the ground to see how or whether the seed is germinating because this will kill the seed.

As the seedling grows the farmer makes sure that no weed comes near it. He protects it from herbivores and passersby who may step on it by setting boundaries. **He doesn't pull or stretch the crop to grow; only God can do it.** If he had to mix the water and nutrients in proportion and then feed the plant every day & night, then he will be doing the toughest job ever.

Someone else does it for him. Someone who is more powerful and his name is God. God is the creator of all things

and he takes care of the ‘process of growing’ and all the farmer has to do is to be there for the crop and manage its growth and eventually when it’s ripe he’ll harvest it and if he managed it wisely, he will make a very good profit out of it after selling. **The harvest yielded a profit because it is always more than the seed.**

In this book I shall talk about **you, your part to play and your role in transforming your life and those of others around you.** You might have fallen or chosen the wrong path before, but that doesn’t mean you are finished. *For you to see the change you want in the world you must first become that change.*

The difference between the rich & the poor is that the rich know what the poor don’t. Their difference is in terms of information and by the end of this book you will clearly know YOU, embrace YOU & use YOU. Since God has given us everything we need for this life and if we are not happy of whom we are then there’s something standing on your way, and that is you.

This is for everyone who feels that they are big inside and that there’s something for them to do, a life for them to

live & a life for them to change; someone with a big dream and no resources, someone who is almost giving up and someone who still believes that there is a way out and finally for someone who has tried everything and it is not working out.

Knowing that you have such a power within, knowing how to harness it and turn it into great fortunes for you and the ones around you will all be in vain if you stop there at knowing. The secret that will change your life in a short while is choosing to make a decision to change for the better. Desire to learn how but most importantly, make a choice to become wealthy and put into action what you will learn.

Welcome and May your life never be the same again!

## *Chapter 1*

### **WHO AM I?**

If I asked you to write one or two sentences describing yourself, what would you write? Would you describe yourself by your name, how you look like and to which tribe, family or clan you belong to? Would you tell me how far and wide you have studied?

If given a machine that is so precious and very expensive yet you don't know how much it is worth, or what it's meant for, what will you do with it? Some might trash it, some will think of an alternative way to put it into use. If it looks like a seat they'll turn it into one or if it has some space that can store something, they'll use it for storage. What then

happens? You fail to make good use of this priceless machine and hence it will never accomplish the manufacturer’s purpose for it.

Unfortunately, this is what we are doing with our lives. We don’t know who we are, how much we are worth, yet this is the beginning of every great manifestation, accomplishments and happiness. This is the first step to take if you want to live your full potential and reach for anything you want to achieve in life. Many people are no longer happy because they have learnt to define their lives or rather a good life by other people’s standards. They fail to realize that we are just like different fields in different areas just like some crops can do well in the highlands and can’t do well in the lowlands and when they try to make it work that way, they end up disappointed & unhappy when it doesn’t work out the way it worked for somebody else. If you find yourself unhappy about a situation right now, why don’t you first stop comparing it to the way somebody else did it, only then will you enjoy what you do. I don’t mean that we shouldn’t look at what others have done and shouldn’t compare, instead let us, by seeing what they have done, challenge ourselves to know that we can still do better or there are better ways to do it.

Only don't try to make what they have done to be your governing idea that it's the way it should be done or that those are the standards that govern your decisions. This will make you miserable and unhappy.

You are like a field or farm. You were created in a unique way and for a purpose. You are the one with the potential and your ability is different from that of others. Some fields have soils that can do well in Tea farming yet others can do well with cashew nuts or sisal.

Everyone is unique. This shows clearly that each person should have a different way of doing something. **If we can do all we can do and not compare ourselves to other people's “all they can do” we'll realize that we will be doing our best.** We'll be the best in our area. Being different then don't do it like someone else does it, **you can do what they are doing but you shouldn't do it how they do it.** If you do it the way someone else is doing it, your success will depend on their success; if they fail, you'll definitely fail. Again you won't move at your pace because you are not using your potential but their. It's only when you are doing it with your own creativity, your own way that you receive the grace to do even better. You will tap your potential only when you

are doing things your way. **Create your own standards and let them be the definition of your success.**

You were not created to be somebody else’s photocopy. You were created for a far better reason than to imitate. **Choose to live your life the best way you can, to use all the resources God put inside of you.** You are a unique being, never to be compared to anyone else. We all have great deposits in us but many a times we don’t exploit them till we go to the grave with them. Refuse to be dormant and tap into your potential.

Before you were created, your creator had this great plan for you, a great purpose for you. I even believe that he wants us to do something never done before. Did you know the wealthiest people on earth and the people highly profiled and remembered are those who did something that no one else has done before and if someone has already done it, they did it differently.

You are a spirit. A spiritual being sent by the source to come here on earth for a specific purpose. You are on earth for a short while and one day you shall go back to the creator. His main purpose is that we may all live our purpose, to create a

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