



Original front cover 1988 artwork by

**Paul Shewan – Artist**

All illustrations are samples of Paul's work.

*I am honoured to be able show this as an early work he did for me, actually more as a favour as twenty years ago he didn't charge me. His talent and skill in airbrushing modern high quality, high resolution work are a far call from the illustration of the cover, yet it speaks volumes in its concept of nerves all coming from the brain, which encompass the whole of the conscious being.*

***Thanks Paul***

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# **Read Between The Lines.**

## **2<sup>nd</sup> Edition**

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## ***Chapter One***

### ***A letter of introduction***

Dear Friend,

When I re-discovered by chance, that a book I wrote over nineteen years ago was listed at Amazon.com – it fired up all sorts of memories and dreams from my past that resulted from my authorship of *Read Between the Lines*. I stated in the book naively. Your success was assured – since the very process meant that you believed in your goals 100% from the beginning.

Well, 20 years on and 20 years wiser, I know that that the statement “Your success is assured” is not accurate. It is easy for me as the author to write it – and for it to be fuelled by writing it again and again, but where present, the statement.

Your success is assured - which I agree is a key component to the whole concept of Dynamic Id Perception

([http://en.wikipedia.org/wiki/The\\_Ego\\_and\\_the\\_Id](http://en.wikipedia.org/wiki/The_Ego_and_the_Id))

Has to come least some “Health and Safety” advice.

Simply because it is not fair to “drive” you to the sort of motivation I have driven myself to in both the production of the original and this edition.

I could say - In my opinion – that your success is assured; I can even say Health and Safety Warning! To believe that your success is assured may include health risks, because it can get you so worked up, to work towards your goal, that when you aren’t doing anything about it - it can make one feel guilty. I talk in a later chapter about guilt and how to make it work for you but by far the better way of dealing with “assuring you of your success, has to come from the effort that you as an individual follow after reading this book.

It is necessary to “believe that your success is assured, but in the same breath, not to the detriment of your health. Like most reasonable things, it is a matter of finding the right balance. I cannot give you, my reader the guarantee of success. I can’t even give it to myself, I might get run over by a bus tomorrow, and could I classify that as a success? Well, ok there are some

that may state that it is, since I will be making acquaintances with my creator. For the main, I am writing this book for the living. I may have a great following of interested entities that look over me, for all I know but I wouldn't know how to market to those guys.

So, I have decided to make a modified statement from the previous edition. Providing it is humanly possible, and a realistic goal, then success is yours. Unless you suffer with guilt in which case – take a step back and go and do something else. Let's face it; we are aiming at improving our life – not make it worse.

When I came across the book on Amazon, something else stemmed from the original idea however, that as a process of improving one's "lot," this process will definitely benefit some people. How much it helps you – requires that you "read between my lines" learn from my experiences and understand that the process is in all likelihood if used religiously at morning and at night will change your life.

Incidentally the term Dynamic Id Perception sounds like a title that a professional would dream up to try and make it sound more exiting than the reality is. DIP is a simple process, whilst it is a real thing. In spite that it is changing the attitude of your own belief system.

I am not clinically trained nor am I a professional in any matter relating to the belief system. It is healthy to be aware of this and hearing it or reading at the beginning of the book seems far healthier to me, than reading about it later and wondering if you have been hypnotized or programmed in any way.

Yes, I believe that this is a process of self hypnosis to some degree and as author, in the 1<sup>st</sup> edition I wrestled with the idea of how some people may be as driven as I was when I came across it myself.

But in reality, I can now say that - at least for the first one thousand readers, - That no one came to any harm or appeared to get "over" motivated by anything that I had written. I was really worried that some people would get into the frenzy that I allowed myself to get into after reading my book.

In fact I was so motivated that I phoned the local MP to tell him I had discovered a process that would put an end to unemployment. Hmmm, I bet



he thought I was a “nutter.” To some extent I was as I hadn’t learned how to apply the brakes to Dynamic Id Perception.

Well that was twenty years ago and now I know to mention this at the beginning and not at the end. If you use this book to develop self motivation in particular, make sure you also use it to relax as well.

At least heed the advice as using it when you absolutely cannot do anything towards your goal and you are still highly motivated to do something towards it.

You will develop your own techniques as time goes on and you reshuffle different affirmations to accommodate your well being as well as your own requirements.

Whilst I openly offer you the choice to be sceptic as to the 100% assurance claim, I ask you to trust me that this process really works, that this process is healthy and helpful. If practised routinely, over time produces the desired results.

It also fired up an old dream that I had about how positive thinking and a process I called at the time Dynamic ID Perception could make me some money. Since I had sold out of the original print run, maybe I could “re-ignite” it with the Amazon distribution and then “My success surely would be assured” because then I would only need to advertise my product in front of as many people as possible. I toyed with the idea of re writing it and started to cut and paste from the 1<sup>st</sup> edition to the 2<sup>nd</sup> – After a week I had jived a copy together for -minimal work- and I was ready to start thinking about the money coming in again.

However, I couldn’t rest easy with myself and decided to halt everything and analyse what I had started up again. I had begun to feel guilty if I wasn’t doing anything towards my goal of writing the book or doing something towards it. It was good for my motivation at the time, but it was also relentless, in that there was little pay back until the whole thing had been written, edited, published etc.

I had written the original from the perspective of learn as you do, so obviously, by writing a book and gearing all my affirmations towards writing a book – I succeeded. I ended up with a book as a product that I had created



myself, from scratch, with nothing more than a pen in my hand and paper on which to write.

It was no good, I was going to have to rewrite from zero point - from a perceptiveness of here and now – 20 years later on a lot of things have changed. First of all, I don't need a book to tell me how to think positively, I can look up any number of such "How to" - get ideas – for example, on the internet.

There are many things in life that I do not "need" but that make life more pleasant for me. For my own pursuit, self affirmations in later chapters are now rewritten to side step the more materialistic gains like visualising a Red Jaguar, with a gleaming chrome fixtures and black tinted windows for example.

In this 2<sup>nd</sup> edition I try to steer away from the materialistic gains that this process benefits, since my goals now are different to twenty years ago. Now I don't need the money. Twenty years ago I was willing to try anything within my limits to legally gain money.

So I am coming at it from a totally different perspective and with hindsight of the 1<sup>st</sup> edition behind me. As the reader of just this edition, you have my assurance that the main concept of the original is maintained within this edition, but as you might imagine with twenty years more experience under my belt, my style as much as my content has changed. I have arranged the pages so that if you should want to print it out it will start a fresh chapter on the right hand side. This leads to some blank pages. I decided to leave them in so you can use to make notes or jot down ideas etc.

And so my friend, this letter ends and the book begins.



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