# No Man Has The Right

**By Ross Jackson** 



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## By the author

Taiho Jutsu - Beginner to Black Belt No Man Has The Right Confrontation Management

#### About the author

# **ROSS JACKSON**

Born	1948
Taiho Jutsu	4th Dan Black belt
Judo	3rd Dan Black belt (BJA BJC AJA)
Aikido	2nd Dan Black belt
Kuatsu	Fellowship (Oriental healing)
Chief Instructor	British Salf Defence Coverning Rod

Chief Instructor British Self Defence Governing Body Director British Self defence Governing Body

Government Physical Training Instructor	1981 - 1996
Government Self Defence Instructor / Examiner	1981 - 1996
Police Physical Training Instructor	1984 - 1987
Police Self Defence Instructor	1984 - 1996
Chief Instructor Police Taiho Jutsu club	1984 - 1990
Police Officer	1971 - 1996
Chief Instructor Taiho Jutsu club (Civilian)	1991 -
Female Self Defence Instructor	1971 -
Handicapped Self Defence Instructor	1984 -
Author	

#### **FOREWORD**

This book is written for the millions of women throughout the world who deserve the right to go anywhere, at any time, without fear or favour.

**NO MAN HAS THE RIGHT**, to touch any woman (Unless she so desires). That is a statement of fact, and unfortunately in this world today it is a shame that it should have to be said. It is because of the fear women in the world have felt that it is justified this book be written

The information given in this book is just that, information. None of the techniques described require practice to achieve the ultimate in self defence, - to make safe.

#### WHAT MAKES THIS BOOK DIFFERENT?

All previous books on self defence, including those that specialise in female self defence, depend on continuous instruction, coupled closely with a repetition of movements to attain a high standard of expertise. In other words - 'training'. The techniques shown had to be practised by repetition before they became affective.

What those books say is not wrong, in fact, the best way to attain any standard of proficiency is to train. However, the majority of people throughout the world want to be 'instant' black belts without any practical work.

There is also the fact that there are so many techniques displayed in the other books that the normal person reading is unable to assimilate the information. They have no wish to train, to be an expert. They just want it to work.

You may think that the only way to beat a black belt at his or her own game, is to become a black belt yourself. This book shows what can be achieved without practice, but with a little knowledge.

All you need do is read on...

#### THE AIM

#### - To achieve safety -

The ability to successfully defend is within the scope of any woman, regardless of age, size or shape. You do not have to be physically fit, in the prime of health, although if you are, it helps. It is the application that achieves the aim, for these methods require no repetition training.

Throughout this book the term 'make safe' will appear. In plain language, this means to get away, to be in a position where there is no likelihood of such a danger recurring.

This book is dealing only with the physical aspects of female self defence. Other books deal more adequately with the preventative and mental aspects of self defence, such as: -

Not going out alone.

Always letting someone know where you are going.

Walking along the centre of the pavement, away from building lines and parked vehicles.

Walk where it is light.

Be aware of the surrounding environment.

Do not go where there is possible danger.

Obviously there are times, when due to circumstances, the above guidelines may not be adhered to.

When you have done everything you can to avoid a physical confrontation, then the contents of this book are for you.

#### **ASSAULTS**

There are two methods of assault only. The first is where the recipient is aware of what is about to happen, the second is a surprise attack. However, all assaults revert to the first category after the initial attack has progressed.

### Your rights

Let me first give a layman's explanation with regard to the law on assault and self defence.

#### **Assault**

A person does not have to physically touch to commit assault, but be in the position to carry out the assault if it was the intention to commit that assault.

#### **Self Defence**

The law with regard to self defence is somewhat more obscure for reasons that I hope to reveal.

A reaction may equal an action.

This means, if someone attempts to strike you and you then defend yourself by striking once, then that may be acceptable. But if you continue to strike again and again, it is no longer self defence, but now becomes an actual assault. You are the attacker.

I know that you can quote many instances where someone has defended and then attacked to a greater degree, and it has been held as self defence. However, there are probably more incidents, not publicised, that have not been found to be self defence.

However, if you can justify that you did everything possible to avoid being assaulted and that if you had not taken the action, an

assault would have happened there and then. Then you can say that you had to defend by pre-empting the attack.

To successfully defend against an assault then the defensive action must be able to negate the assault.

It is not the intention of this book to deal with defences against multiple attackers, or defences against weapons, nor to use personal female items as weapons. The ability to attain a degree of success at that level depends solely on the application of specialised skills in techniques which require a standard of expertise that only a trained person could achieve.

To gain knowledge, only practice at clubs that specialise in forms of combat that can give the required skill. There are many which are acceptable: - Aikido, which specialises in the application of locking and applying pressure to joints; Judo, which is purely a sport, but is effective in development of body and character; Jujitsu, from which all other martial arts are derived; Karate, for punching and kicking; Kungfu, another derivative from Jujitsu; Taekwondo which specialises in kicking, are a few that come to mind. All are done quite successfully by women. There is also boxing to consider, although not very ladylike.

If, when you have read this book and would like to continue, then seek out a club as would suit your preference, and join. You can only improve. Experts are not born with their skills, they all had to learn.

Local martial arts clubs are always looking for new members and are in most areas. If they are not of the type that you require, then they at least may know of another club that would suit. Instruction will be given at all levels and is always under continual guidance of the chief Instructor of the club. There is no need to fear about being 'thrown' or 'picked on', remember, they want you back, it is not in their interests to harm you. You would not return and they would lose revenue.

Many of these clubs advertise in local newspapers or have their adverts in shop windows so are easy to contact. But remember, they will expect you to train so that you could attain a good standard, so unless you are prepared for such a commitment do not waste your and their time.

A word of warning though. For purely self defence training, always make sure that the instructor is qualified in self defence. Instructors who teach martial arts will be registered with their own governing body.

The contents of this book provide information that may save a person against a serious assault.

"I told my daughter what to do if she was attacked. I spoke to her on the telephone and explained. She rang me some weeks later to thank me. She had been attacked and defended using what I had said. It worked. She's safe" .....Jones (Leicester)

"My schoolboy son was followed by someone who attempted to take his telephone. I had shown him what to do, in fact I had practiced with him. He said "It was so easy. They were so surprised, they ran away." ... McCoy (Birkenhead)

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