

# Modern Buddhism

## Also by Geshe Kelsang Gyatso

Meaningful to Behold  
Clear Light of Bliss  
Heart of Wisdom  
Universal Compassion  
Joyful Path of Good Fortune  
Guide to Dakini Land  
The Bodhisattva Vow  
Heart Jewel  
Great Treasury of Merit  
Introduction to Buddhism  
Understanding the Mind  
Tantric Grounds and Paths  
Ocean of Nectar  
Essence of Vajrayana  
Living Meaningfully, Dying Joyfully  
Eight Steps to Happiness  
Transform Your Life  
The New Meditation Handbook  
How to Solve Our Human Problems  
Mahamudra Tantra

This digital edition has been offered freely by the author for the benefit of the people of this modern world. Profits received from the sale of this book in other formats are designated to the

**NKT-IKBU International Temples Project Fund**

according to the guidelines in *A Money Handbook*

[Reg. Charity number 1015054 (England)]

*A Buddhist Charity, Building for World Peace*

[www.kadampatemple.org](http://www.kadampatemple.org)

GESHE KELSANG GYATSO

# Modern Buddhism

THE PATH OF COMPASSION  
AND WISDOM

VOLUME 2 OF 3  
TANTRA



THARPA PUBLICATIONS  
UK • US • CANADA  
AUSTRALIA • HONG KONG

First published in 2011  
This digital edition published 2011

The right of Geshe Kelsang Gyatso  
to be identified as author of this work  
has been asserted by him in accordance with  
the Copyright, Designs, and Patents Act 1988.

This PDF version of *Modern Buddhism – Volume 2: Tantra* by Geshe Kelsang Gyatso is licensed under a Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License.



Some Rights Reserved.

You are free to share – copy, distribute and transmit the work –  
under the following conditions:

Attribution – You must credit Geshe Kelsang Gyatso as  
the author of the work.

Noncommercial – You may not sell this work or use it  
for commercial purposes.

No Derivative Works – You may not alter, transform,  
or build upon this work.

Permissions beyond the scope of this license are administered by the New  
Kadampa Tradition – International Kadampa Buddhist Union.

Tharpa Publications UK Office  
Conishead Priory  
Ulverston, Cumbria  
LA12 9QQ, UK

Tharpa Publications US Office  
47 Sweeney Road  
Glen Spey  
NY 12737, USA

Tharpa Publications has offices around the world.  
Tharpa books are published in most major languages.  
See *Modern Buddhism – Volume 3: Prayers for Daily Practice*  
or visit [www.tharpa.com](http://www.tharpa.com) for details

© New Kadampa Tradition – International Kadampa Buddhist Union 2010

ISBN 978-1-906665-90-6 – Adobe Portable Document Format (.pdf)

An edition of all 3 volumes can be found in these printed forms:

ISBN 978-1-906665-08-1 – hardback

ISBN 978-1-906665-07-4 – paperback

# Contents

Illustrations	151
<i>The Preciousness of Tantra</i>	155
<i>The Tantra of Generation Stage</i>	163
<i>The Tantra of Completion Stage</i>	
The Central Channel	169
An Explanation of Channels	171
The Indestructible Drop	176
The Indestructible Wind and Mind	177
An Explanation of Inner Winds	179
How to Meditate on the Central Channel	186
How to Meditate on the Indestructible Drop	187
How to Meditate on the Indestructible Wind and Mind	188
<i>The Completion Stage of Mahamudra</i>	199
Great Bliss	202
<i>The Practice of Heruka Body Mandala</i>	
The Lineage of these Instructions	215
What is the Heruka Body Mandala?	222
The Preliminary Practices	226

Training in the Generation Stage of Heruka	
Body Mandala	244
Training in Completion Stage	255
<i>The Instructions of Vajrayogini</i>	
The Yogas of Sleeping, Rising and Experiencing	
Nectar	257
The Remaining Eight Yogas	264
Dedication	269

# Illustrations

Wisdom Dharma Protector	154
Twelve-armed Heruka	162
Ghantapa	198
Guru Sumati Buddha Heruka	214
Buddha Vajradhara	238
Buddha Vajradharma	246
Venerable Vajrayogini	258
Mandala of Vajrayogini	266



VOLUME 2 OF 3

# Tantra





*Wisdom Dharma Protector*

## Thank You for previewing this eBook

You can read the full version of this eBook in different formats:

- HTML (Free /Available to everyone)
- PDF / TXT (Available to V.I.P. members. Free Standard members can access up to 5 PDF/TXT eBooks per month each month)
- Epub & Mobipocket (Exclusive to V.I.P. members)

To download this full book, simply select the format you desire below

