

# GABBYGP



# MOVE

THE PHILOSOPHY OF PROGRESS

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**MOVE -The Philosophy of progress™ \_ Gabriel A. Phiri**

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### *DEDICATION*

This book is dedicated to every person that is tired of a stagnant life and desires to make impactful progress. To everyone that desires to stand out from the crowd, to achieve greatness and be a history maker in their journey through life. Whether you're seven or seventy-seven, you can start with what you have, right where you are and you can start right NOW! MOVE

### *FOREWORD*

Every so often, a gem of divine thought can shed light upon mankind for centuries to come. Such is the case with principles that are written in this power tool (book) for transformation.

Profound as these principles may be, they are never meant to serve as a museum piece in the history of ideas. The intention of the principles contained in this book is that it might become a source of instruction in life in the pursuit of your destiny and significance and impact in your generation till the end of time.

And it is pursuant to this larger purpose that the book you hold in your hand was written. Ever since I sat down to read the manuscript to this book, I have admired the author's total commitment to excellence in the way the book has been written and how God's word has been handled. As a student of God's word, Gabriel aka GabbyGP has the ability of pulling large clusters of text together in the service of

disseminating a single truth. In this way he makes the word of God come alive for contemporary people (teens, young adults, and old people) in the common walk of life.

I remember GabbyGP in 1996 giving his life to the lord and over the level of development that God has brought him to. He is such a young man with a passion to serve his generation. Jesus has always been the center of his writings even in College and life. In an age of instability, confusion among young people, GabbyGP has always stayed on the course with a commitment to writing and ministering on issues that affect the young people of our time. Like a lion relentlessly pursuing its target animal, he goes after God's passion of his life with all the energy of the chase.

The pages of the book breathe with life principles about true Philosophy that will revolutionize your life. Not the artificial life of human wisdom, but that which flows from God. This book is a good tool for our young people in the Churches or even outside of Church to help them develop a Philosophy of life that will be the foundation for their impactful leadership role in the area of their calling or gifting.

COACH MAURICE MVULA  
*Author's Mentor & Life Coach*

## *PREFACE*

This book seeks to dissolve and obliterate the leaven of mediocrity, to demolish the mental and psychological fortresses of ignorance in the life of the reader and detox minds that have been brainwashed or intoxicated by the wisdom, ideologies and philosophies of this world. So many people in this world are searching for a higher power and seeking something that will fill up the void in their hearts, fire up their passion and rejuvenate their zapped energies. So many people are stuck in frustration, stagnation and self-pity. It is sad that most have settled for less than what life has to offer them owed to the gruesome challenges that life often comes with. Then there are those that seem to have made it yet they still struggle with disappointment and depression because they have not found satisfaction and fulfilment for their yearning souls even after achieving what the world sees as high levels of success. This book offers a starting point for insights that will unlock keys to making progress in almost any area of one's endeavor. What is important is not so much the literal part of this book but the divine revelation and insight flowing out of this text to provide wisdom and guidance into life changing decisions that will impact your life and those around you forever. The contents of this book challenge the status quo mentality and catapult you into the eagle mentality that will propel you to rise above the standards and norms of this world.

Unless otherwise stated, all Bible quotes are taken from the King James Version (KJV) and are *italicized* in **bold** font.

### **INTRODUCTION**

The foundation of true leadership is philosophy. The quality of the leadership is determined by the Philosophy of the leader, not by his skills or educational qualifications. Leadership here is used not to mean having a particular position in an organization, but is made in reference to the area of your calling and gifting in life. Philosophy is the foundation of belief and thought. It determines the motives and convictions which regulate our actions and behavior. It does not matter how skilled you are or the books you have read, if your philosophy is contaminated, you are defective. **Proverbs 23:7a** *“For as he thinketh in his heart, so is he...”* The way one thinks controls one’s actions. Therefore the quality of one’s leadership is a direct reflection of one’s beliefs, from which he bases or his values. Philosophy is a combination of two Greek words: ‘philo’ which means love and ‘sophy’ which means to know or think. Philosophy therefore means to be in love with your thoughts or what you know. A philosopher is somebody who has become consumed with their thoughts or their thoughts have consumed them and they live from that basis of thinking. Therefore everybody is a philosopher. God forbid that the Church should turn philosophy into a bad word, when everybody in this life has a philosophy of life.

Philosophy being a way of thinking has to do with the ideas that create your thoughts, produce your ideology and eventually determine your behavior.



# PHASE ONE: MINDSET

## CHAPTER ONE

### MOVE-The Philosophy of Progress

*“Human progress is neither automatic nor inevitable... Every step toward the goal of justice requires sacrifice, suffering, and struggle; the tireless exertions and passionate concern of dedicated individuals. “*

**Martin Luther King Jr**

Prior to my getting into College, I had been accepted into the University of Zambia countless times, but I could neither get sponsorship to pay my way through nor get myself on the government bursary scheme. For a school leaver with excellent high school results, that can be a very frustrating experience. When dad got a hold of some money it was only enough to get me into college for a limited period.

In 2003 I left college with a not-so-complete Diploma in Business Administration because I could not afford to pay for my tuition for the full Diploma. So I did what most young people do these days, to try and find a job then pay my way through college. I roamed the streets of Lusaka with my papers looking for employment. I would walk extremely long distances just to meet people in hopes that perhaps they could connect me and maybe I could get a breakthrough of some sort.

I stayed without finding a proper job for close to two years. It felt like I was having an early exposure to what Psychologist Elliott Jaques called 'A mid-life crisis' characterized by feelings of dissatisfaction due to unrealized goals. It was in that moment of stagnation that the 'MOVE' philosophy was born. I realized that no one was going to make things happen for me but myself. I had a choice to make, I could wake up daily to throw pity parties and complain about how life was being unfair to me or I could do something about it.

Thanks to mentors and teachers like Dr. Myles Munroe and Dr. Mensa Otabil I realized I needed a complete overhaul of my mind-set if I was going to make any progress with my life. I began thinking of wealth creation as opposed to just looking for a white-collar job. I began to understand that real wealth is not made from a regular day-job alone. I needed to humble myself and do something to better my life or stay in the pits of stagnation longer than necessary. I decided to take life by the horns and go hard in whichever way possible so long it was legal. It was during this period that I started aggressively trying out so many things with an attitude of a conqueror. I was on TV participating in talent contests, I was by the corner in the hood selling popcorns, I was writing material for books and songs, nothing was going to stop me. Regardless of what was going on around me I was determined that nothing was going to stand in the way of my progress. MOVE,

was the motto. It eventually developed into my personal philosophy of progress.

I cannot boast of having achieved so many things in this life as I'm still in the great pursuit to leave a lasting legacy, but anything significant I have achieved thus far has been because I have approached life with the mind-set of a conqueror. As **Paul says** *"...in all these things we are more than conquerors through him who loved us."* **Romans 8:37** And he goes on to tell me *"I can do all things through Christ which strengtheneth me"*. **Philippians 4:13**. If God almighty, my heavenly father thinks so highly of me, who am I to see myself otherwise?

"MOVE" is now the philosophy of my life. MOVE is the philosophy of progress governed by the principle that no matter the circumstances, to bring about change or achieve anything in life the key thing is to MOVE. Even when you're stuck dead in your tracks your mind should never come to a standstill, if it does, MOVE it into a different environment, EXPOSE it to new ideas, and new concepts. Even when you're waiting on God and being patient, your faith must be active and on the MOVE. You can BE STILL and still keep your prayer life in motion. Take baby steps, crawl, roll over but for heaven's sake just make sure you MOVE! Learn something new, MOVE. Start something new, MOVE. Make new connections, MOVE. Read a new book, MOVE. There's power in MOVEMENT. A SHIFT in mindset results in a SHIFT in behavioral patterns and consequentially a shift in lifestyle.

MOVEment commands change, MOVEment increases momentum. Ironically, this principle is in conformity to Newton's 1st law of motion which states; "Every object in a state of rest or uniform motion tends to remain in that state unless an external force is applied to it." Don't just wish for change, CAUSE the change, be the force that brings about positive change. MOVE

## CHAPTER TWO

REVERSE INVENTORY TECHNIQUE™: Where was I five years ago?

*“It’s easier to know where you’re going if you know where you’re coming from.” Anonymous*

One of the most common questions often asked by would-be employers or personal development experts is 'Where do you see yourself in five to ten years' time?' This is done in order to draw out a candidate's sense of vision and personal ambition. I'm all for that and I have done it a number of times. The first time I seriously put together a personal development plan was when I was working with my very first career mentor, the current Chief Executive of the international charity called Restless Development, Nik Hartley. He guided me into writing down where I wanted to see myself in the next 5 years.

I must confess that much of what I put down that day was really not very reflective of where I exactly wanted to be. I did however walk away from that meeting with that life-long lesson 'the importance of planning and setting goals.' In 2010 I decided to do it again this time I was very certain of what I wanted to put down and I knew exactly where I wanted to be in 5 years and so I did that.

Well here's the interesting part, five years passed and I decided to do a review of my 5 year plan before I could set any further goals. I did an inventory of the goals I set and guess what? Believe it or not, I had achieved nearly 95% of what I had put down on paper and I was exactly where I had planned to be. The Reverse Inventory Technique is what I called it, working 5 years backwards to see where you're coming from and what exactly you did to get there. You will be surprised at how much you will learn from yourself and what you actually did right or did wrong. That process will give you great incentive for your 5-10 plan. I noticed a pattern of discipline and consistency in some very specific areas where I scored well.

A good way to determine where you're going is to understand where you're coming from and learning what you did right and what you did wrong. Arm yourself with the valuable lessons of your personal history and then soldier on into your future with a determination to do something better and different.  
MOVE

## CHAPTER THREE

MOVE WITH THE TIMES; The unchangeable law of change

*'The people that this world cannot change, are the people that will change the world'*. Ron Luce

Life was meant to be progressive, that means changing from one stage and state to another.

As we go through life we go through a series of changes. This world keeps on changing from day to day. Technologies, economies, fashion and lifestyles are bowing to the law of change. The church has also been forced to move with the changes of the world and congregations that have sought to remain traditional or old fashioned are slowly losing their flock.

The message of the Gospel is a message of change. The Messiah's first sermon was *'Repent or change your minds and ways for the Kingdom of heaven is at hand. Matthew 4:17*

We can all agree that generally the world right now is in a mess and things seem to be going from bad to worse. We have been called to be world changers. That is to influence our environment with the culture of God's Kingdom. We are to ride on the waves of change to effect positive change without being swept away by the tides of compromise. To change your life,



you need to change the way you think and if you can change the way you think, you can change the world. It takes wisdom to tread along with the changes of this world. We are agents of change, susceptible to change, living in a changing world with the mission to change the world.

I don't know a lot of things but I know a few things, but what makes me better than some is that the few things I know, I put to use. It's that which I put to use that brings about change.

Change begins when you become dissatisfied with your present circumstances and decide to do something about it. Someone said you cannot change what you don't confront. When Dr. Mensa Otabil visited Zambia over 10 years ago, he preached his classic sermon 'Buy the future' which talks about how that there are 'Jacob' and 'Esau' nations and individuals. Until the 'Esau' nations and individuals become restless and detest their current conditions chances are they will continue in mediocrity and poverty while they complain about and envy the success of 'Jacob' individuals and nations.

Each one of us has been given a specific area of operation in which we have to work to our level best and bring about the desired change. Martin Luther King Jr. desired and worked to change the idealism of racism and his work through the Civil Rights Movement brought about a great change not only in his time, because the results of his efforts are still

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