

I Am A Woman And Not Stupidly Touchy About It

By Santosh Jha

**

Copyright 2017 Santosh Jha

Smashwords Edition

**

A Big Thanks... You have already enjoyed 30 of my eBooks. They all, be it fiction or non-fiction, have been my humble endeavor to empower your consciousness for life-living wellness and personal excellence. This 31st eBook is also aimed at continuing to write on the core issues of 3Cs – *Consciousness, Cognition and Causality*, as I stick to my belief that holistic, integrative

and assimilative knowledge of the 3Cs alone can open the doors of wellness and excellence in a world of chaos, conflict and confusion, we live in. There is nothing better than living a self-aware life with poise of purpose...

**



License Notes

Thank you for downloading this free eBook. Although this is a free eBook, it remains the copyrighted property of the author, and may not be reproduced, copied and distributed for commercial or non-commercial purposes. Thanks for your support.

**

Preface:

Is it appropriate, even necessary to speak out...?

... Deep within, in the primary substructure of the conscious self, this question always lurks around the innocent and compassionate emotion, which definitively wants to be sure of the utility and fruition of any words spelt out.

This emotion has sure and certain righteousness and precision. The uncertainties and embedded troubles of the navigation of communication apart, the primary question is – when reception of expression and meaningfulness of communication rest with listener and not speaker, how can words be allowed to journey ahead without a sense of onus and organization. Even the most compassionate and innocently affectionate words may happen to be instinctive and presupposed culprit of aggression. It has been, in the history of humanity...!

... When even silence often stands guilty of the offence of entrenched antagonism and sado-masochism, words naturally tend to appear as prima facie offenders of hostility.

This shall always happen, as it is our mechanism. Our brain, which handles all expressions and every reception, engenders this innate trouble for humanity. Consciousness has no words and no compassionate connection with linguistic excellence of communication. Unfortunately, more intelligent we become, greater is the probability of our communication and expression becoming dualistic and hence exposed to becoming more antagonistic for easy reception.

Brains work on imageries and it expresses and communicates in neuro-chemical and neuro-electrical language. This physical entity of expression then has to ride on the intangible entity of humanly designed linguistic expressions. The intangible is no match with the tangible in communication system. It is natural that a dualism is engendered the moment we allow tangible entity to enter the virtual skin and flesh of intangible facility. For example, the word 'joy' is somehow very differently expressed by our brain in its neuro-chemical language. The probabilities of shades of joy offer multiplicities of meanings, often subjectively competitive and objectively relative.

The trouble does not end here. What brain accepts as expression is then filtered through the mind channels. Brain is the physical pathway, mind is the functional one. Mind has influences of popular culture as well as individual experiences. Therefore, what brain accepts as 'joy', the mind interprets it in its own milieu and then, the mind picks up a humanly designed word to ride on, for navigation of communication. This complex and dualistic mechanism of our expressions ensures loads of chaos, conflict and confusion in what we speak and how we accept the spoken or written words.

There is only one way out to avoid this trap and trouble of human communication mechanism. This however, is also not fully protected and exempted from the above-mentioned trouble of dualism. Still, it needs to be said that the only possible way out is innocence. If an expression of words is accepted with primary and uncultured innocence, every word spelt or written automatically gets coated with a smooth and brilliantly navigable gel of compassion. Compassion shields every word from the possibility of even the intangibility of violence and conflict.

This helps even conflicts and confusion of a word become far more affectionately acceptable. All communication needs the navigation of innocence to journey the road to utility and fruition, even when they are loaded with multiplicity of probabilistic shades of expressions. Innocence of compassion is the primeval and cardinal utility. All sub-utilities of expressions automatically fall in this wider utility, if this primary utility is there to hold them tight in their parental embrace.

Why I am saying all this? Is it appropriate, even necessary to speak out all these?

Yes, you are right. I am here to say so many words. As these words are going to be about an idea, which has always been tough to talk about, I humbly, innocently and very compassionately appeal to you to accept this hypothesis and be with me in complete innocence of compassion to receive what I wish to express with the help of humanly designed words...

... Kindly accept the primary utility of innocence of compassion and then do accept the sub-utility of a completely different interpretation of the idea of true womanhood and its right empowerment.

I accept, even this call for innocence may spark off the suspicion of narcissism in my part. However, I again wish to exhort to you that even when all words instinctively stand as culprit of a possible antagonism, this apprehension is won over by the magic of innocence of compassion. My primary appeal is – even if innocence remains a doubtful presupposition in the part of the sayer (me as writer), I simply cannot have any doubt over ubiquitous innocence of compassion in the part of receiver (you as reader) because; this shall defeat the very purpose and utility of the enterprise of saying. I cannot imagine of futility at the very start of an enterprise to create a higher utility.

I am also very much in possession of the deep sense of immensity, this enterprise involves as what I am attempting is a journey of words beyond the archetypal dualism of communication. The domain of human consciousness and cognition is the classical example of the dualism, which our body-mind mechanism engenders, when it comes to the reception of realisms of the world we live in and the cosmos.

Therefore, it is pertinent here to discuss in outlines only as to what 'Fact' is and what is 'Fiction' in life's realism? It seems; realism – as a subjective self accepts – is brain's choice (mostly randomized) of elements from the ambient milieu. Therefore, both 'Fact & Fiction' are equally entitled to being Realism. There are both tangible and intangible elements in any milieu. Consciousness (subjective self) as the navigation mapping mechanism, facilitated by the brain, accepts both elements with equal ease.

Interestingly, all tangibles acquire form and content from the intangibles of life and all intangibles attain utility and suitability from tangibles. Therefore, it seems, realism is an eclectic mix of Fact & Fiction. However, it depends on early childhood milieu and initial experiences of a person, whether this mix has more fact or more fiction.

It seems, in contemporary milieu of most popular cultures, both men and women are growingly having a subjective consciousness with more fiction and less fact inclinations. Absolutely no insinuation at the possibility of the superiority of consciousnesses either with more elements of Fiction or Fact. This small talk is meant just to arrive at all shades of possible interpretations, which facilitate the navigation of the enterprise at hand – discussion over womanhood and empowerment.

The idea and idealism of womanhood and empowerment are matters of human consciousness and cognition, which happens to be a domain, where multidimensionality and plurality are in rainbowish colors. That is why it is a rather tough task to get people to be in reception of a shade of colors, which somehow stands beyond the seven colors of popular and contemporary spectrum. Being in complete reception of the enormity of the enterprise, I muster up all humility, innocence and compassion in my part to take the first step. However, I shall also humbly request you to be in complete reception mode of consciousness, which innocently rises above the boundaries of Cognition and Causality of the populist cultural Consciousness.

It is almost impossible for anyone to receive and accept an idea or realism, which is alien to existing popular and contemporary cultural mindset. An idea or realism beyond popular cultural benchmarking and matrices of mind consciousness is a tough enterprise. There is a cardinal rule to the success of every enterprise of life. At the start, every enterprise looks huge and tough. Human mind is not good at seeing far ahead. Therefore, it is always advised to take small steps towards achievement of part of the enterprise and set aim for smaller goals.

Your innocence and honesty is your best preparations to attain your goals. The simple idea is; it is your imagination, which makes you a winner, when you have to make any important decision in life. This imagination puts you above and aloof from the immediate milieus, culture and body-mind instincts, which often either blur your judgment or keep you in a flux. Worse, it makes you drift with it, beyond your conscious control.

You have to use your power of conscious imagination to accept your being and self as someone, not only your body, not only your mind, not only your milieus and not even the interaction between them. You have to accept it as some super consciousness, which observes each of your thought-action-behavior matrices from a position above and aloof from all the dimensions of your consciousness and being. This enables you to hold every emotion, instinct and ideas back for a while, sit over them with an objective and independent super consciousness.

As this super consciousness is a receptive mode facility, you shall be endowed with a power to observe and control all your instinctive and culturally induced thought-action-behavior of action-reaction mode. This is the stage where, you become the conscious decider of what should ideally present yourself with your decision-matrix at any point of time in your life. This is a sure facility for personalizing your own wellness and making them independent of milieus, culture and instincts.

I humbly appeal to you to be in this super consciousness mode, when we deal with new insights in the domain of womanhood and empowerment, as this shall facilitate a reception essential for the utility and fruition of the enterprise. Thanks.

**

Let This Sink In...

The primeval question of '*Who I Am*' has always been there but never ever as tumultuously tempestuous as it is now in contemporary competitive milieu. This institution of 'Identity' is definitively in the storm of 3Cs – Confusion, Conflict and Chaos as modern social-cultural-economic-political milieus have sort of installed this urge of associations and dissociations deep in populist psyche of people. For women, especially the modern liberated women, who are buoying up and down in ocean of 'unsettled' consciousnesses and cognition, the 'Identity' issue; the critical '*Who I Am*' question comes with precariously poised package of 3Ms – Mystic, Magic and Marvel...

Decades back, scientists had warned that future battles shall not be fought in open but within minds of people, over multitude of identities and ethnicity. They insisted to beware of the possibility that as the world would become more complex and multitudinal, people's perceptions about realism shall become more abstract. That would complicate life and living, resulting in more conflicts and battles within individuals, societies, cultures and outside.

At the very outset, this primary question of 'Identity' or 'Who I Am' must always be assigned primary and proportionate attention as in modern milieus, the identity issue has been dominating most perceptions and shaping major realism. As abstractions rule the roost in contemporaneous cultures; clear, unemotionally objective and singularly logical understanding and acceptance of the identity-issue is of core importance. For modern women, somehow, it is a challenge, though gender-neutral but more pernicious on their side of the wall...

As a rule, psychology should facilitate clarity and definitiveness, but often, the populist and un-academic psychologies often complicate and confuse things. This core and critical issue of 'Identity' meets with the same destiny in the hands of contemporary psychology. Somehow, populist psychology does the reverse – instead of making an understanding unemotionally objective, it itself adds loads of emotionalism and subjective stupidities to an issue or idea at hand. Identity issue is worst hit.

Here, along with the issue of 'Identity', there is another core idea and idealism of 'Personality', which modern women must deal with unemotional and neutral consciousness and cognition. The populist psychologies may not wish it to be like this but somehow, there is this huge burden on every woman as well as man to assign high discretion for distinction between 'Identity' and 'Personality'. Let us talk about it...

As against the entity of 'Identity', which engenders the critical question of 'Who I Am', the core idea and idealism of 'Personality' shapes up the more important and beneficial question of 'How I Am'. Often, we hate to accept it but the reality is that this 'I' itself is the biggest mystery of humanity and from birth to death, this 'I' stands as primary culprit of all stupidities of life and living. And as if, this was not enough, we have loads of stupidly emotional identities, from our birth to death, which either we are born with or align with. Therefore, this 'Who I Am' comes with many identities, which this 'I' seldom decides, often subconsciously wears and then gets unconsciously shaped up.

So, years before the 'Self' acquires consciousness and personality of any sort, the person born, gets loaded with multitude of identities, the burden of which he or she carries till death. Like, a child is born an American, a girl, a white, a Californian, a certain baseball team supporter as her dad is, a Christian, etc. Much later, maybe 12-15 years from the birth, this girl shall evolve to have the beginning of her own personality making initiatives, which shall design the idea of 'How She Is'; but already, the idea of 'Who She Is' has shaped her subconscious and unconscious mind, as she is born with a certain package of identities.

Almost always, this question of 'How I Am' is more important and more related to our overall wellness and personal excellence than this question of 'Who I Am'. The personality issue is more crucial and critical for wellness than identity. This we all need to see, understand and accept. Who cares if I am an American or African, if I am white or black? However, it is concern for all and also primarily for self if I am good, right, amiable and compassionate. Yes, being a white or black or brown may have different social meaning and even benefits or loss for me but then, it surely is not 'mine' as I have definitely not done anything to deserve it or not deserve it...!

Very interestingly, as against the populist notion, the idea and idealism of 'Empowerment' is about 'Unlearning' the stupidities of 'Identities', which get sedimented in our subconscious and unconscious mind layers, since we are born with them or get associated with them, following or rather aping the populist perceptions and trends. Empowerment is about 'I' and this 'I' is what I decide, that too very consciously and never subconsciously and unconsciously. Often, personality is personal enterprise and its gains, however, identities usually are sort of gratuitous accruals; some sort of freebies...

If I am a woman, it is always 'I', which shall decide for me 'How I Am A Woman' and not the stupid identities shall decide me. Womanhood may well be a generic identity but what 'I' accept 'womanhood' and 'empowerment' as, is definitively a conscious and judicious enterprise of the 'power' or energy, which 'I' acquire through personal initiatives.

That is why, a modern empowered woman shall always insist on the question of 'How I Am' – the conscious personality positioning. The modern empowered woman shall definitively 'Unlearn' the unwanted elements in her generic identity, which unnecessarily colors the question of 'Who I Am'. No doubt, this identity of 'Being A Woman' is a blessing in itself but then, 'How I Am A Woman' is the question, which only the conscious mind of a personality-driven woman shall decide.

Interestingly, this very question of 'Who I Am' may always have multitude of mutually competing and conflicting answers, bordering abstractions. However, this core question of 'How I Am' always has singular and unemotionally objective and logical answer. I may be a man or woman, American or African, White or Black, Rich or Poor, Christian or Buddhist; but I am always a good, right, amicable, honest, sincere and compassionate person, transcending all my generic identities. This shall never change for 'I' – my singular constant personality; even if 'Who I Am' may get stupidly associated with multitude of battle-inducing identities...

**

...For Finality Of Fruition

It is not that people await good times, the good times also await good people to come and hoist the potential seeded in the soil of future. Good words also wish for good readers, to be in reception of and be in linearity of the innocent intent, which ride on the shoulders of the words, for the finality of their fruition...

**

... On Navigation And Expression Of Intent

There has to be a humble admittance – Any word, however well meant and well spelt, is a possible suspect of misinterpretation. There is a simple reason. People are in different consciousnesses and culturally as well as personally inclined to a specific value-summation of utilities. As a writer, it is a huge temptation to take liberties, with not only imaginations but also with the words, as against their common and popular use. Do kindly accept my latitude with language and personal coinages of words, as I understand, many times, they may not conform to popular usages. I share with you whatever is part of my consciousness. All wisdoms say, what stays with you is what sinks in. Wisdom is what we internalize. I share with you whatever I have internalized in my life. This may not be mainstream stuff; but may have utility in some meaningful way. I believe, as a reader, you shall enjoy this novelty and pleasant awkwardness of the writing.

**

Thanks For Your Magnanimity, The First Chapter Begins...

CHAPTER 1

Human perception is innately and instinctively oriented towards emotional perception of realism and this in turn leads many of us to believe and accept ‘abstractions’ of realism, which is not purely truth but a precarious mix of Truth and Illusions – *Trullusions*...!

As we talked earlier, human cognition is equally at ease with both facts as well as fictions in the milieu and if someone’s consciousness is not aware, it can easily align to acceptance of Trullusions. As this is something wired in our mechanism, we can accept, it is primary human stupidity and all aware person need to unlearn it fast. We are talking as why this is more an emergent task at hand for modern empowered women.

This trullusion-living must end... we are not living in ancient archaic world of illusions! We live in 21st century of a new millennium, which is marked by a new empowerment, initiated and installed by singularly logical factualism of objective science and neutral technology – bereft of the cumbersome baggage of emotional and subjective ‘perceptions’. Naturally, the singular call for the young men and women living in the new millennium is to ‘unlearn’ fast, the ‘Trullusions’, which still lingers as vestiges of archaic subconscious and collective unconscious mind domains of the brain states.

Somehow, most stupidities of human life-living essentially emanate out of our body-mind mechanism and as it is broadly and majorly common for men and women, most stupidities are universal – beyond any reasonable shade of gender conflict. Therefore, what needs to be done to unlearn these stupidities, which form the core of self-actualization process, holding the critical element for new millennium empowerment, are gender-neutral – common for men and women!

This new millennium ‘empowerment’ about life-living realism, based on ‘facts’ and not ‘trullusions’, must be our singular benchmark of all acceptances. This is a must for all, especially women. If all social utilities and cultural righteousness are tangible and intangible expressions of ‘Yes’ and ‘No’ of women in individuality as well as collectivity, then new millennium women must objectively and unemotionally know and accept what actually is empowerment, which alone can lead to the doorway of true happiness and success.

... Women may hold half the heaven but they definitively do shape and symmetrize almost everything on earth...!

No doubt, if the wise of the world are saying that this world is becoming a better space for life and living; we must accept that this is because, many of us are evolving as objective and holistic personalities; rising above our viscerally emotional stupidities of abstractive perception-based realism-acceptance...!

Globally, the primary focus, when we talk about women empowerment, is the violence against women. This includes not only crimes against women but all forms of aggressions and violence – physical as well as mental, which stand as biggest impediments in women's acceptability as equal in social and economic domains. This problem remains in developed as well as developing societies with varying shades and degrees.

Essentially, the bare basic in any idea of empowerment is a neutralized milieu, where there is fearlessness of movement and reasonably minimal neutral restriction for free-fearless movement. Globally, most milieus are considered 'restrictive' for women, especially because of fear-factor of impending violence and crimes against women. Therefore, any talk of womanhood and empowerment must first address the issue of this element of violence against women in all milieus in modern world.

Now, when we talk about objectivity and holism, we mean – If we have a problem, we need to do two things –

1. Not accept what the media, masses and social voices tell about the problem but be inquisitive enough to individually 'dissect' the problem into smallest possible details and drain down the 'slices of truths' and 'subjective perceptions' about it, so that actual objective face of trouble is percolated and understood...
2. Based on objective, logical and holistic 'truth' of the problem, settle for non-emotional and grassroots elements, which could go in a definitive way towards the solution of the problem...

Now, apply this formula to the problem of crime and violence against women.

When we see and accept the global trends in Crime And Violence Against Women in different nations, developed and underdeveloped, in differently cultured societies, then only we can have 'true picture' of the problem and then only we can understand the true reasons for this problem.

Once this happens, we shall see and accept how media and populist 'trullusions' about the problem of Crime And Violence Against Women is being 'sliced up' for abstract and emotionally defocused populist acceptance of the problem. Naturally, this sways individual judgment, especially the perception and judgments of young women. Surely, the solutions too become sliced up and evade holism...!

The primary singular objectively logical intelligence in assessment of any problem, including this problem of crime and violence against women is –

- Humans are definitively NOT born intelligent but absolutely instinctive, guided primarily by their visceral drives like hunger, sex, selfish survival, joy maximizations, etc. In that sense, humans, in their innate visceral '*avtaar*' are very similar to their close cousins, the gorilla, with whom, we humans share 99% of our genes. A human is human, better than ape and gorilla, only when he or she evolves through objective education and learning, to override his or her innate instincts. *This is primary empowerment – qualifying to be a human, bettering our animalistic viscerality.* However, given the state of poverty, intellectual misery, poor availability of right education and general socio-cultural chaos; a vast majority of humans are truly still apes and gorilla. The human mechanism of decision-making on his or her action and behavior is primarily instinctive, seldom 'intellectual'. Only a handful humans have the empowered and evolved consciousness to act and behave on the basis of 'thoughtful & righteous' decision-making, overriding instinctive drives of hunger, sex, survival selfishness and joy maximizations. That is why, stupidity, reactionary visceral priorities, hypocrisy, selfishness, self-indulgence, base consumptive joys, etc come natural and over-encompassingly to most humans. And, this is gender-neutral – makes no difference between man and woman. However, since men are having a world, where they have larger muscle and more maneuvering space, men's visceral stupidities are far greater and more entrenched than that of women. And, that is why, in contemporary times too, men remain the largest perpetrators of atrocities and violence against women...

Somehow, acceptance of objectivity comes from acceptance of our own mechanism. In the new millennium, we now know a hell lot about how human brain works and how our stupid brain, a scary organ of human evolution, which itself is established as 'stupid engineering', makes us close to apes and gorillas.

The objective singularity of the problem of crime and violence against women having been accepted, the singular objective solution is simple –

- We humans are different from apes and gorillas only because we have evolved language and we live in somehow complex yet organized societies and arrayed cultures. To be human, we all need strong, logically objective and intellectually aligned education for mind training. This education is not about how one cracks certain college or competitive exams and becomes engineer, doctor, scientist, administrator, etc, but is about how a person can learn to 'unlearn' his or her visceral drives and act/ behave responsibly in structured societies and cultures. This education is about how a person's all live-living decision-making rises above drives and instincts to a state of consciousness, where his or her decision-making is solely guided by higher social intelligence...

Tragically, no government, no culture, in any country has been successful in evolving such an education. This is simply because; this education is not a government's burden. It is the duty and responsibility of families and societies. The primary onus is on father and mother. Apes and gorillas can only produce apes and gorillas. Only human parents can think of having a human son and daughter...!

The holism of all solutions is – acceptance of visceral human stupidity as a species and then the learning process to weed out those instincts and drives, which keep him or her in the league of animals...!

The very critical issue of crime and violence against women needs to be accepted intellectually and objectively; never emotionally as the media, social voices and celebrities present it. The young women have to see and accept that average human, constituting bulk of population in most milieus, are as unpredictably unsafe as they are only true to their drives and instincts, which are animal like. Also, every human being may look the same but humans have different, at least seven competing shades or memes of consciousnesses. Therefore, everyone, irrespective of

gender, should accept this ‘unpredictability’ of human actions and behaviors. This is gender-neutral stupidity and threat to all – women and men. Naturally, one needs to be mentally and physically ready to deal with such unpredictability of human nature. This is maturity and empowerment...

Secondly, factual data from all parts of the global societies have established the fact that crime and violence against women is more likely in a certain social milieu. Majority of crime and violence against women are perpetuated by those men and women, who are known to them and may well be their relatives, friends and mates. Globally, even in well educated, culturally advanced, economically developed and well governed nations, Intimate Partner Violence (IPV) and domestic violence against women are very high. Even in India, more than 90% of crimes against women are perpetuated by ‘known people’. That is why, there is this saying – ‘*The Most Unsafe Place For A Woman Is Home...!*’

Often, there is a perception about a realism, which makes a problem look far more good or bad in popular knowledge. That is why, it is important that modern women must unlearn such populist notions and look at the realism with objectivity and equanimity of consciousness and cognition.

For example, in the animal world of natural instinctive behavior, it is accepted that herbivores can consume only ten percent of available plants of the world for their energy needs. Similarly, even the carnivores can predate only ten percent of herbivores for their energy needs. This means, a major part of 90 percent of herbivores are lucky enough not to be predated. But, what we popularly perceive is that poor herbivores have the toughest of life as they are always predated and carnivores are the kings of jungle as they can kill anyone. The reality is – the chances of lions and tigers being killed in territorial rivalries or otherwise; are higher than their own chances of predated others. Similarly, herbivores have more chances of dying in other incidents than being predated. However, popular perceptions are far away from this reality.

Therefore, true empowerment for not only women but anyone is to see, understand and accept objective facts and realities of life on earth, human nature, social fabric and cultural realism. We have a huge case of non-emotional and intellectually inclined acceptance of the situation that crime and violence against women is not a ‘gender issue’, not a ‘symptom or syndrome’ of social and cultural malaise. Rather, it is simply and stupidly a natural expression of how human poorly

body-mind has been designed by evolution. It is about how, we as humans have failed in accepting ourselves as big stupid and never ever feeling the need for objective-logical mind training since childhood to instill ‘some sense and sanity’...

Brutally offensive and very unpleasant it may sound but this is a human reality in our world that – *‘Whatever is up there with some utility and worth, it is up for predation and pilferage...!’* This is some realism, about which nobody should be touchy about. Human selfishness, sense of ‘I & Me’ is visceral and we all are wired for such behavior – men or women. Human empowerment is about singular objective, logical and unemotional acceptance of realism, as it is.

Out of nearly half million murders in world every year, 90% victims are men; women are only 10 percent victims. This hints at non-emotional acceptance that crime should ideally be not seen and accepted as ‘gender-specific’ but must be objectively accepted as ‘mechanism-problem’ of human body-mind make-up. We need to accept that ‘predation’ has a pattern, which is gender-neutral. Predatory issues are unemotionally and realistically about this singular objective hypothesis that – *Whatever is up there with some utility and worth, it is up for predation and pilferage.* This predation and pilferage pattern may vary. Like, which carnivore predated which herbivore and how much, varies in different geographical territories. However, common, essential and over-encompassing pattern is that whatever is being predated is a ‘worth’ for life-living. The only difference is – in human world, this predation may not always be ‘survival-essential’ but for many other perceived reasons. However, none of these reasons is unpredictable and therefore all such reasons have decipherable pattern. Empowerment is to see and accept that.

At present, only 10 percent women are victims of global murder incidents. However, as social and cultural changes are taking place, may be few decades from now, this figure may go up to 30-40 percent. Few decades back, it was rare to even think of a male rape victim. However, in contemporary times, there are millions of male rape victims in USA. Over 90,000 men are victims of rape in a year in USA with around half of rape perpetrators are females.

The simple and very unemotionally singular realism is – it is visceral for humans to have predatory instincts. Most of us have it. Everything with any utility and worth is up for possible threat of predation. Yes, what is predated and who is the predator is essentially time-space specific but reality is, it is human stupidity – truly and singularly gender-neutral...

We humans are wired and constructed this way. Predatory threats are always there. Survival however has always been unemotional objective skill and realistic-pragmatic artistry; never an idealistic-emotional virtualism...

This objectivity and unemotional acceptance needs to be inculcated since childhood. We all see and know that young kids, even 6-8 years of age explicitly show up this 'predatory-instinct', which is essentially a wired behavior in humans; a vestige of past, the 'tribal-viscerality'. These kids would gang-up and pick up someone from their own group for 'predation'. This solitary victim shall be subjected to jeers and mockery, even occasional violence to submit to the might of the gang. The gang enjoys it and feels great about their 'enterprise'. It is like lion cubs playing the games of jostling up with siblings, as preparation for their predatory life ahead.

Humans too are wired for predatory behavior. Scientists have confirmed that racialism is also a wired behavior, a visceral one, owing its genesis in old, archaic and now obsolete 'tribal-living'. Thousands of years back, when humans lived in tribes, they were often attacked by other tribes and predated for 'worth' in their possession. For security reasons, members of a tribe would dress and look similar, to identify any intruder rival, who would be from other tribe and would look different. Therefore, human brain is wired to look at suspicion and with upfront violence at anyone, who is not similar looking to them. A bearded non-white man in USA automatically elicits 'suspicion' in the minds of many white Americans. We are wired for not only this stupidity of racialism but thousands of similar and more calamitous stupidities. Empowerment is to attain freedom from these visceral stupidities...

Therefore, without carrying any emotional baggage, young women need to see and accept the problem of crime and violence against women very objectively and holistically, sans emotionalism. Crime and violence has a pattern and genesis, which is deeply embedded in human body-mind make-up. This is objective realism. Therefore, this should be accepted logically, objectively and unemotionally. This empowerment then can easily work out logical and singularly objective solutions.

The solutions may be as listed below –

- This world may have majority of average humans with little intellectual self-control, still, there always are good and righteous people in any milieu. Young women need to develop

Thank You for previewing this eBook

You can read the full version of this eBook in different formats:

- HTML (Free /Available to everyone)
- PDF / TXT (Available to V.I.P. members. Free Standard members can access up to 5 PDF/TXT eBooks per month each month)
- Epub & Mobipocket (Exclusive to V.I.P. members)

To download this full book, simply select the format you desire below

