

# How To Make Your Relationship Strong



*Watch this how-to video to learn the secret 'Desire' text message that men are powerless to resist*

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## **NEW RESEARCH SHOWS**

**74% of Men**

Are More Attracted  
To This *One* Thing

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# *Introduction*

Anyone who has been in a relationship knows how hard it is to keep things afloat. It takes a lot more than feelings of affection and attraction to keep the flame alive.

If there is one thing you and your partner can count on, it is the fact that there will be many relationship problems along the way. With so many colossal disasters befalling couples everywhere, it's not a bad idea to seek out different ways to make your relationship stronger.

Think of these as relationship tips that will ensure you last long beyond the honeymoon phase. Of course, every couple has their own way of navigating down the route to a healthy relationship. But with these in your

arsenal, you should be able to keep your relationship strong.

## **Ways To Make Your Relationship Strong**

### **1. Don't be afraid to disagree**

As long as your disagreements are constructive, they will make your relationship strong. Disagreeing is one way to get to know each other better. Make sure you **don't aim for the jugular so the argument** won't become a long term problem.

### **2. Never stop dating**

It's easy to stop seeing your spouse as a conquest, but that will hurt your relationship. Don't forget how wonderful your love felt when you first met each other; make sure you hold onto those feelings.

### **3. Appreciate the little things**

A vital part of every relationship is doing cute things that make your love life more pleasurable. Things like holding hands, taking walks, stealing kisses in public, or simply showing appreciation for little favors you do for each other's help.

### **4. Share details about your day**

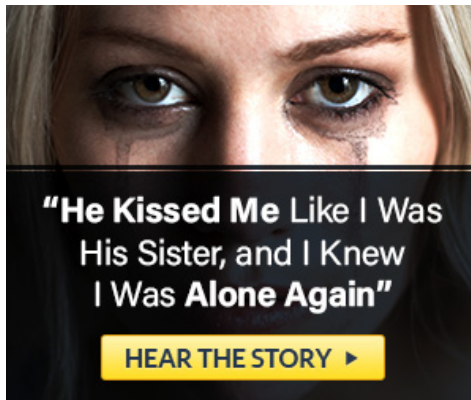
It may seem like small talk, but sharing the details of your day is a great way to maintain the connection you share. It also shows a level of commitment; if you can still discuss little things with your significant other, you'll maintain a strong relationship.

### **5. Don't be too dependent**

Yes, you need to be able to depend on each other; emotionally, financially, physically, and spiritually. Altogether, relationships bear long term consequences when the parties involved cannot function on their own.

## **6. Don't put your partner on a pedestal**

If you want to know how to make your relationship strong, see your partner for who he is. It's easy to be blinded by all the romance, but it's vital to focus on who he is.



**"He Kissed Me Like I Was  
His Sister, and I Knew  
I Was Alone Again"**

**HEAR THE STORY ▶**

## **7. Be silly together**

Sometimes you need to let your hair down and play like a child every once in a while. It does the soul worlds of good for couples to show their silly side when the occasion calls for it.

## **8. Show appreciation**

A lot of resentment is built when you cannot show appreciation for the things

your partner does for you. Sure, you do not have to say something about every little effort, but if you want to make your relationship work saying 'thank you' will suffice.

## **9. Date night should be a ritual**

Going out on dates every now and then is a wonderful way to focus on your partner. With the hustle and bustle of life, it's hard to stay on the **same wavelength** all the time. Going on dates will give you the opportunity to connect with each other.

## **10. Don't hold grudges**

Grudges are like cankerworms. They can dig deep into the foundation of your relationship and unravel everything. Open communication is a must if you want to keep your cool. Don't let things fester and grow out of control, because grudges don't make a relationship strong.

## **11. Have other interests**

When you finally find 'the one', don't be under the impression that he's meant to



be your everything. Make an effort not to constantly do things as a couple. Focus on yourself sometimes.

## **12. Make communication a must**



If you don't talk to each other, then you're never going to know what's going on with your partner. Don't assume that you know what's going on with him, only open communication can assure that.

## **13. Listen**

Both you and your partner need to be willing to listen to each other if you are going to keep your connection alive. Many times, people get lost in what's being said and they don't take the time to listen.

## **14. Apologize when necessary**

The thing about apologizing is that it's easier said than done, especially when emotions are running high. Relationships thrive when each partner cares enough to apologize to the other when the need arises.

## **15. Respect each other's boundaries**

The fact that you are in a relationship does not mean that instantly meld into one single person. Don't encroach every time your partner pulls away, sometimes people need space.

## **16. Be honest with your partner**

A couple that tells each other the truth is sure to lead to a long and fruitful relationship. Being honest is one of the best ways to be supportive, nevertheless, be sure to have a good bedside manner, especially if it's about a sensitive matter.

## **17. Be a solid support system**

Everybody wants that ride or die that stands by them through thick or thin. Be that partner that supports his dreams, gives him pep talks, cheers him on, etc.

### **18. Don't forget to be his friend**

If you aren't friends, then it goes without saying that you won't have a very good relationship. Couples need to find ways to build a good friendship outside all the mushy stuff.

### **19. Agree to disagree**

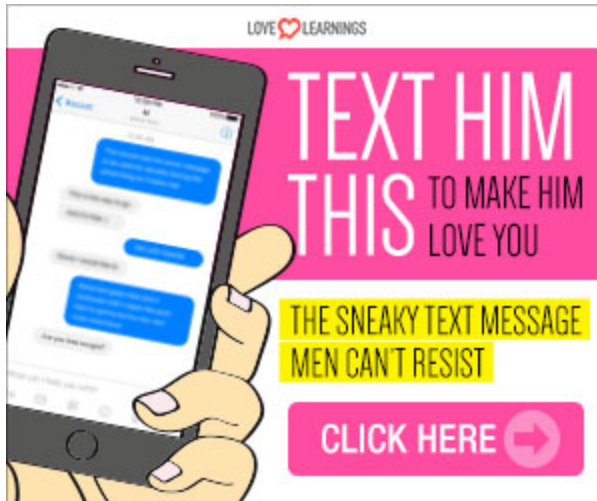
In relationships, it's often misconstrued that the couple needs to be on the same page before things work out. Nevertheless, you often have to agree to have different opinions so you can focus on building a solid relationship.

### **20. Try new things together**

Think of being in a relationship as an **adventure** that you get to embark on with your partner. Don't stop trying new things together, it'll keep you young and happy.

## 21. Look for hobbies you share

You don't have to share everything in common, but relationships often thrive when the parties involved have hobbies in common. Couples who can find one or two things they can enjoy together are bound to stay together.



## 22. Don't assume

Assumptions can eventually land your relationship in a hole you can't dig yourself out of. If the aim is to keep the love and **affection** alive, don't assume

you know what's on your partner's mind.

### **23. Listen to what they don't say**

Everyone has non-verbal cues and the truth is that your partner probably won't vocalize every single issue they have with you. It's important to look a little closer once in a while because that's how relationships thrive.

### **24. Keep things alive in the bedroom**

Relationships are not all about sex, but if you leave that aspect out, it'll undoubtedly crumble. Learn what he enjoys and likewise teach him what you enjoy. This is your partner, you should not have to pretend with each other.

### **25. Don't try to win all the time**

In relationships, you win some, you lose some, there's truly no other way for couples to navigate. Sometimes you need to let things go because the argument is in no way worth the peace within your relationship. That doesn't

mean you should suppress your voice, just learn to let some arguments slide.

## **26. Be forgiving**

If you don't forgive your partner, then you'll end up with enough resentment to wreck your relationship altogether. To move forward after a disagreement, it's important to develop a forgiving spirit because you're going to need it.

## **27. Be empathetic**

If you can't put yourself in your partner's shoes, you won't be able to put a finger on what makes them tick. You don't have to completely comprehend what's going on in their heads, but at least you'd be able to relate.

## **28. Make your partner a priority**

Of course, you have other aspects of your life to concentrate on, but you need to make time for your partner. Show them that they are an integral part of your life.

## **29. Buy him gifts**

Only recently has it become normal for women to spoil their men with gifts. But some people are still trying it on for size. Don't wait for your partner to ask for things, take the initiative, and buy him something nice every now and then.

### **30. Learn new skills together**

Your relationship shouldn't simply be about bumping uglies and merging accounts, you should be able to acquire new skills with your partner. You can take a cooking class, join a book club, or learn how to play golf.

### **31. Openly show that you care**

If you cannot openly show that you care about your partner, then why are you in a relationship? Even if you aren't a big fan of PDA, you can still seek out ways to show that you wouldn't trade his company for anything.

### **32. Know when to take a break**

Spending every waking hour together can become too much. If you truly want the relationship to work out give each other space when you can. It's healthy and will even make you miss your partner.

### **33. Tell him why you love him**

In every relationship, it is essential to constantly reassure one another. Sure, your man knows that you love him, but he needs to hear it.

### **34. Ditch the screens**

Yes, it's the 21st century and there are screens everywhere, nevertheless, every relationship needs a breather from technology. Take a day out to enjoy your man's company without a screen in sight.

### **35. Don't pretend**

A relationship riddled with pretense is already doomed from the start. He does not have to know every single detail



about you, but there are some issues you should never pretend about.

### **36. Don't push other people away**

It's easy to lose yourself in your relationship, especially when it's still relatively new. Try your best not to push everyone else away just because you have a man. Your partner should be your friend but he can't be your only friend.

### **37. Think of yourselves as a 'we'**

As much as you're both individuals, it's crucial to act like you're a team. In fact, don't just act like it, simply know that he's part of your team. It's not a 'you against the world' situation, but if you're going to be together, you have to learn to exist together.

### **38. Be positive**

Negativity can drain your relationship of all its allure, so try to adopt a positive outlook on life, it'll make it easier to live together.

### **39. Admit when you're wrong**

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