



Cyclical^{ity} Of Causality



Book Of Life-Utility Ideas

By Santosh Jha

**

*Copyright 2016 Santosh Jha
Smashwords Edition*

**

A Big Thanks... You have already enjoyed 27 of my eBooks. They all, be it fiction or non-fiction, have been my humble endeavour to empower your consciousness for life-living wellness and personal excellence. This 28th eBook is also aimed at continuing to write on the core issues of *3Cs – Consciousness, Cognition and Causality*, as I stick to my humble belief that holistic, integrative and assimilative knowledge of the 3Cs alone can open the doors of wellness and excellence in a world of chaos, conflict and confusion, we live in. There is nothing better than living a self-aware life with poise of purpose...

**



License Notes

Thank you for downloading this free ebook. Although this is a free book, it remains the copyrighted property of the author, and may not be reproduced, copied and distributed for commercial or non-commercial purposes. Thanks for your support.

**

Preface:

There are larger questions in our lives. Why are we born? Why and for what we live? What is the ultimate aim and end of life – money, status, power and prestige...or for that matter attaining spiritualism and *moksha* (liberation)? Then there are many derivative questions...

Since thousands of years, the questions have remained with humanity and also the struggle to find the right answers. Still we cannot say we know the true answers. But, surely, we now have realized something that makes us comfortable with the questions and this is because of the new wisdom has made us understand the question as well as the questioner better.

Well and good if we humans find the ultimate end of life – the final destination of all of us and most important is that we should all agree to that. However, if we see the larger picture and accept facts objectively; with whatever knowledge humanity has evolved so far and

understood; we shall have to accept that all life on earth, including humans and its evolution is one huge random and *Multi-Dimensional Event-Cyclicity*. On the other hand, what we humans make out of it and charter our own ways for survival, purpose and excellence is another *Multi-Dimensional Cyclicity*.

Both forces, though inter-dependent only at the core and having some patterns, which can be replicable; they remain highly and intricately randomized. The element of unpredictability, inadvertence, accidentality and asymmetricality in both largely sovereign forces of the cosmos only ensures that humanity can never ever remain in perpetuity of singular purpose, peace and order. Especially in contemporary situation, when humanity long before evolved and acquired the criticality of conscious intelligence, which is bound to lead it to ever-growing entropy (degrading randomization) and ultimate extinction in the long run.

Finding a purpose and purity of singular pattern or model of culture and virtuosity for global community is out of question. The mechanism of cosmic realism never ever allows it. It is more impossible now. The wise can only understand that and find its own *Subjective Peace*. Moreover, it is almost impossible for an individual to get to solve all his problems as cosmic randomization is too colossal to allow fruition of any individual or collective planned enterprise. Shaping one's peace and poise is however possible and it is the only enterprise possible and worthy for individual human enterprise.

This peace and poise however is conditional to the attitude we accept. Once we accept the utility and fruition of love and compassion, the doors of domain of peace and poise open up. When true love and absolute compassion completely absorbed our consciousness, reaching a destination is not important. Important is that we all – you, they, all our closed ones, travel the path with love and compassion and together, so far as possible.

If we all travel with love and compassion all throughout our journeys, wherever we will reach will be the desirable destination. Moreover, even if we do not reach anywhere, our path itself is so beautiful and satisfying that there is no need for a destination. This is so because poise and peace stays with us all throughout. Love does not look for ends of life. It believes in the simple fact that life is one endless drive and on the way look for no signposts to reach anywhere... the joy and satisfaction of journey is more important than the nobility and utility of destination. There is no need to reach.

Be on an endless journey and make it your destination where you tire. But always remember to travel with love and compassion in heart and why I say this? Because, when love and compassion are with you, the path and the journey becomes the theatre of infinite song and dance. When song and dance is with you, journeys are full of incessant joy and satisfaction. If you reach the stage; if ever there happens to be one, you will automatically lose the question of destination. The question of meaning of life and its purpose will be lost.

Love and compassion makes us understand the futility and redundancy of the intellectual concerns of life's larger purpose and the material desire of life's acquisitions. Love and compassion makes us understand that the true wisdom is not in reaching but in travelling well – with peace and poise.

The simple and innocent realism is – There is no destination and reaching. There is only journey. Intelligence cannot accept this realism, only innocence can. Love and compassion and its accompanying *Innocence Is The Greatest Intellectualism*, it is the best acquisition, if one defines life's purpose in terms of acquisition and possessions.

This book has words soaked with innocence, not intelligence. The core issues of life and living have been dealt with the above-mentioned perspective. It is a humble appeal to accept the utility and fruition of the words in this book with the same innocence of love and compassion. Thanks.

**

At The Very Outset

Way back, someone augured for future of humanity saying – ‘All future conflicts shall emerge out of conflicts of cultures and religion’.

It was also predicted that such conflicts can shape up into major wars.

Add to it the scientists' warning – ‘Humanity has become too intelligent and all races become extinct when they become too intelligent’.

If we apply our lateral thinking and attempt to align the above hypotheses into a singular linearity, what emerges is –

“Humanity’s intelligence is best/worst expressed in its cultural/religious domains and naturally, as most intelligence are highly subjective, conflicts become critically calamitous.”

Let us understand the basic and core elements of this realism. If we could see and accept the genesis of humanity’s greatest conflicts, we shall probably find solution to our worst troubles. For that, we also have to understand the mechanism of ‘Intelligence’ –

Intelligence is an irreversible process towards complexities and designing ways to deal with the complexities and its fallouts.

Means, as humans have way back exceeded the optimum threshold of population pressure on Earth and as this overwhelmingly high over-population with desires for ‘better’ lives has created mega-complex life-living experiences, it is we who have engineered most of our troubles by applying our intelligence...!

Simply speaking – For any individual human being, just beginning to get hold of his life and his/her perceptions about life-living, the first thing that comes to his/her mind is alienation, expressed in many shades of uneasy emotions. He/she sees more than too many people – even his/her family, friends and relatives; killingly competing for the pettiest of things. His/her life-living milieus are highly complex, taking heavy toll on his skills for daily survival. The world seems to him/her decisively too complex and too huge to handle. In such a big bad world, he/she feels alienated, uprooted and disoriented. He/she needs roots, an anchor for the ship of his/her life. It is tough to relate and identify with people as competitiveness has emaciated the trust levels and time is scarce.

In such life situations, local culture, local milieu and localized religious identity extend him/her the identity anchor. He/she finds a collective identity to feel ‘belonging’ and ‘identified’ in the ocean of brutal humanity and killing complexities of milieus.

Therefore, all identities, especially cultural/religious identities are now very aggressive and very assertive, to the point of ‘desire’ to eliminate others for survival.

Nobody – neither the parents, nor the family, nor the society, nor the educational institutions is helping individuals with any solution and solace. Everywhere, people are trained for work

but not for life and living. It is an individual battle with subjective perception of taxing realism all around.

What every individual has to see and accept that all solutions are within you and no solution can ever be outside you. Intelligence never has the lasting solution as intelligence, like evolution only patches up a trouble in the short run. Therefore, an individual has to make his/her choice –

Align with your own individualistic Innocence, never the Intelligence. Rather, if possible, use all your intelligence to empower and enhance your own Innocence.

Human intelligence is a sure process towards complexities. Don't align your life energies with complexities. To align all your energies with peace-harmony and self-poise, we all have to align with our personal and internal Innocence. We all have to accept – Only that Intelligence is true and right, which empowers and aligns us to Innocence.

Once you accept innocence and humility, your cognition shall change and this same world shall look simple and easy to you. You shall forget about your 'Identity' concerns and alienation fears as Innocence aligns and identifies you brilliantly with your own 'self-worth' and 'self-poise'. Once you are with your poise and peace, love and compassion shall come to you easily and naturally.

Your changed cognition and consciousness shall be able to shed the bitterness of competitiveness with people and this shall mean – love and compassion shall be more amenable to you. This in turn shall enhance your peace and poise. This cyclicity shall keep you in a constant journey, which is what the wise since ages have accepted as the true life...

If humanity's intelligence is the killer, let us not be identified and aligned with killer attitudes and insinuations. Within us, there is a world, which is good enough and big enough for we all to be happy and live in poise. Our own identification and alignment should only be with our own internalized being – the Higher Consciousness of 'Self-Poise'. This gives us the golden self-worth, which discounts any need to align with anything external to our 'self'.

Let us all be intelligent enough to use its energy to be Innocent...

**

Table Of Contents

[Happiness](#)

[Solutions](#)

[Intelligence](#)

[Love](#)

[Dreams](#)

[Loneliness](#)

[Consciousness](#)

[Realism](#)

[Neuroplasticity](#)

[Life-Living Choices](#)

[Poise](#)

[Success And Self-Worth](#)

[Excellence](#)

[Meditation](#)

[Wisdom](#)

[Objectivity](#)

[Life-Management](#)

[Deciphering Destiny](#)

[Gender Divide](#)

[Accept My Gratitude](#)

[About The Author](#)

[Other Titles By Author](#)

**

Happiness

- *A Self-Supervised Cognitive Artistry And Not A Life-Living Situation*

What Is Happiness...?

Before answering the question, let us ask – ‘Who is asking...?’

Means, is the question generic or specific – objective or subjective...?

Means, at whose end the question stands – the asker or no-assembler...?

Let us understand this – a section of philosophy says –

“A pig eating shit is as happy as a poet writing poetry”.

In general, we all see and accept that most intangible issues like happiness, loneliness, wellness, satisfaction, etc have as many shades of interpretation as there are people. Science says – ‘You are as happy or sad as you think you are’... To each, his or her own...!

So, can we say – *Happiness is a state of acceptance of utility and worth of something, which is at a particular stage of time and space, aligned and attuned to a particularly favourable shade of consciousness of a person....!*

Hmmm...! Sounds too complicated! Let us simplify it – the idea is, I can feel happy about something because I feel; this *something* is good for me. But, this same *something* later becomes a big drag for me and I wish to get rid of it... It happens, often.

I say it with whatever I have internalized in my life that –

Humility is a ‘success’, which accrues as deep consciousness to a person, who is vertically and laterally very self-confident about the utility and fruition of ‘self-worth’...

This means – Humility and Happiness two sides of the same coin, made of ‘self-worth’...

However, humility, happiness, success, victories, good, righteousness, (even the reverse) et al are all *intangible* utilities. This means, “They are what you accept them as”.

Science says – ‘You are in your perspectives and your perspectives are in you’. This sums as – *All utilities and worth are intangibles and can be defined only subjectively*. A billionaire can be the saddest person on earth and may think of himself as a big failure and vice-versa.

The great Leo Tolstoy, who won global acclaim and Nobel prize for his books, disowned them when on death bed and talked of ‘love and compassion’ as the sole worth and utility of mankind.

This long talk is just to arrive at the point that everything starts with ‘you’ and ends with ‘you’. All things come later, ‘YOU’ come first. Therefore, the best happy thing to do in life is to – *Know About Yourself*.

We can say with definitive assertion – *Happiness Is All About Knowing The Self and the internalized utilities this Self can accept and even create!*

This means – Those learning tools, which make you knowledgeable about the 3Cs (in scientific, singularly logical way)–

- Consciousness – Who am I and why am I what I am...
 - Cognition – How and why I see and accept what I see and accept...
 - Causality – Why, how and what ‘cause-effect’ cyclicity are built by the above two...
- are real and true utility and worth for you.

Therefore, why waste time asking questions about happiness, wellness and success, which have no answers outside, as all questions emanate out of you – your *Consciousness* and your *Cognition*. As the ancient Indian philosophy said – ‘*Nothing external to your consciousness/cognition has any meaning and utility for you*’. Modern science confirms the fruition and finality of the same life-hypothesis...

Let us all ask the singular core question – ‘*Who Am I and Why and How Am I What I Am...?*’
Let us focus our energies on core ideas about consciousness and cognitions, and the causalities that the two create for us, which we all consider as truth but they are only subjective realisms.

Modern science has a lot to offer in terms of singular objective knowledge about the 3Cs – Consciousness, Cognition & Causality. Let us all have scientific state of mind, unlearning the

vestiges of all our age-old cultured learning. Only the core question about the 3Cs can help us formulate the right questions, leading us to the door and journey of true happiness...

There surely cannot be a singular definition of happiness. Happiness is not an objective, tangible, measurable entity. We cannot have an index system for that. However, after so much knowledge about our body-mind mechanism, we now a lot about what factors are associated with this very wide range of emotions called happiness. We surely know so much about consciousness, homeostasis and brain mechanism. This knowledge makes us stand in good stead in designing our happiness package.

The artistry of happiness is in acceptance – acceptance of hardcore and objective realism and truth about life and living – about objective body-mind mechanism and its subjective playfulness.

We all wish to be happy. We all are designed to be happy. But, happiness is not a static entity. There is a systematic cyclicity of consciousness, cognition and causality, which never allows happiness (even grief) to remain static and fixed.

Our body-mind mechanism is designed in such a way and the external milieus too work in a way that happiness for us stands as a synthetic realism – this means, it is always evolving and changing in *thesis-antithesis-synthesis* cyclicity. That means, happiness is a dynamic, evolving entity and we have to be much endowed and prepared to be in control of most of the factors and elements, which synthesize happiness in time and space dimensions.

This itself presupposes that we must be in acceptance mode, in happy reception of the truths, objective realism and ephemeral nature of most realism about life and ourselves.

Evolution needs to be accepted as it facilitates a very crucial learning for our wellness. Evolution science accepts that DNA is the foundation of all lives, including humans. This DNA mutates naturally in its course of replication, which is essential for survival and continuation of life. The mutations are option-less as changes in external milieus need suitable changes in DNA and therefore, mutations are a function of adjustment to outer or external milieus.

This realism is the most beautiful and most primary metaphor of how life and its overall wellness are all about adjustments. We have talked above about happiness and wellness being

a synthetic realism. This means, life and its wellness is not static but dynamic and necessitates masterly *adjustments* (allostatis) for lasting wellness and happiness.

Moreover, evolution also offers a great metaphor of how self-control is the critical attainment in life. Science accepts that mutations are not only natural and option-less but also randomized. The mutations are not aimed at excellence but bare survival. This extends to us a metaphor of self-control.

We surely cannot afford to be as random as evolution's mechanism of DNA mutations. We need great self-control to ensure that *mutations* in our lives may be an adjustment to changes in external milieus but these changes we accept in our lives has to be optimally controlled, if not perfectly controlled; and never loosely randomized. Our life-living choices cannot be controlled exclusively by external elements in milieus.

As scientists say, we are past the stage of stupid engineering of evolution. We are now very endowed and empowered. All future mutations, in human lives or in the world we live shall be controlled well by us. Self-control defines the modern humanity, not randomized and erratic causality. We shall do all the best possible masterly adjustments with empowered self-control.

Let us ask ourselves – What is the thrill and ultimate joy of life-living experiences? Different people may describe it differently. Most however may not, as there is little conscious awareness in most things we all do in our action-reaction auto-mode behaviour. Still, many may admit that the biggest thrill and ecstasy in life is this very intangible emotion of being in perfect control of things; primarily the *Self*.

A best-paid soccer star once said about one of his favourite goals. He said he enjoyed it more than sex with his girlfriend. How can we explain that? Can kicking a stupid ball in a wide net be a joy more intense and satisfying than sex, that too with your beloved?

It definitely looks so. Most of us have seen how the goal-makers in intense soccer matches throw themselves into wild exhilaration and boisterous celebrations after a goal! Surely, not many get such a huge kick in sex to behave uprooted like that!

The simple fact is, soccer is a tough game and things are always so uncontrollably on the move and drift. Like life, a soccer game has so many randomized potentials, which may land either way, in quick turn of time and space. Landing a goal is very tough as it needs so many

elements in combination getting right. Still, the ultimate and most crucial punch is the very critically timed and most controlled execution of the push or slide by the goal-maker.

The goal-maker knows it deep within his subconscious mind that a goal is usually the outcome of a very self-controlled execution in last seconds of a long build-up. The mad celebration is of the ecstasy and thrill of the self-control – the self-control of not only the individual goal-maker but also the entire team members, who build up a possibility with skilled conscious self control, constantly being aware of the external elements in the milieu.

Life is also very tough like a highly intense game of soccer. The chances of success in life are as tough and rare as a goal in soccer. The potentials are also quite randomized. The real happiness, thrill and celebration in life is also about successes. Success, like landing a goal, is very tough as it needs so many elements in combination getting right, at one point of time and space. We also know it very well that like a goal, success is usually the outcome of a very self-controlled, high precision execution of some very personalized elements, after of a long and tiring build-up. In celebrating successes, we all actually celebrate the intangible element of meticulous control and precision of personal or group actions and behaviours.

Therefore, the simple fact is – when we derive so much thrill and ecstasy in being in control of so many external factors, how happy we shall feel, when we are in perfect control of our own inner self and consciousness. If control over external factors and elements of milieus can be called success, isn't it that the same control over internal and intangible elements should be considered larger and better success! This sure is the true happiness...

Therefore, happiness is a mechanism of knowing the consciousness, cognition and then how the causalities emerging out of the interaction of the two create life-living situations for us, which present themselves to us for acceptance as good or bad, happy or sad. Happiness as a second step is then in being in such self-control, to craft in such adjustments in our own consciousness, which could make 'self' the *conscious decider* of what causality we can accept as good and happy for celebration and what we can accept as bad and sad for improved learning in future.

Happiness is an artistry of 'self', never a situation for self, where it finds itself in. Happiness is a self-supervised cognitive artistry and not a life-living situation, where the self is in but not in any control. Let us all be this happy...

**

Solutions

- *It Is About Knowing The Mystical Marvel Of Our Magical Brain*

There is this beautiful commonality in ancient wisdom as well as modern science. Both emphasize on understanding of *self*, the looking within, in the layers of consciousness, to understand everything else outside.

Albert Einstein said –

‘No problem can be solved from the same level of consciousness that created it’.

What Einstein talks about consciousness and what ancient wisdom also did; are the same. Modern scientists have made such a body of discoveries about facts, which have enabled us to understand the *Consciousness* – the self that we are, in a way very empowering way.

This leads us to one mechanism of our bodies, which is the central warehouse of the 3Cs. This is some trillionaire we not only have to understand but also have to be in perfect control of for life-living wellness as well as personal excellence. Ancient wisdom looked for understanding this trillionaire but they only had a partial and confused understanding as they could not know the facts about the working of this mystical genius. Only modern scientists could be successful in unravelling the myth about this *Tumultuous Trillionaire*.

Yes, we are talking about the mystical marvels of our magical brains. This we know as the Tumultuous Trillionaire. First time in the history of humanity, we are in a position to see things from a *Level of Consciousness*, which was unavailable since thousands of years of our journeys, battling with so many crucial questions of life. As Einstein said, we have had so many questions about ourselves and the world we lived but answers were either not coming or they were just a manipulation of human ingenuity to fill in gaps with something smart.

Lewis Thomas said, ‘Only two centuries ago, we could explain everything about everything, out of pure reason, and now most of that elaborate and harmonious structure has come apart before our eyes. We are dumb..... We have discovered how to ask important questions, and

now we really do need, as an urgent matter, some answers. We now know that we cannot do this any longer by searching our minds, for there is not enough there to search, nor can we find the truth by guessing at it or by making up stories for ourselves. We cannot stop where we are, stuck with today's level of understanding, nor can we go back. I do not see that we have any real choice in this, for I can see only the one way ahead. We need science, more and better science, not for its technology, not for leisure, not even for health and longevity, but for the hope of wisdom which our kind of culture must acquire for its survival.'

Now that modern science has made us know so much about how our brains work, humanity has landed on such a Level of Consciousness, which is surely much higher and qualitatively different from what we had in the past. This new consciousness level, which we have managed because of our scientific understanding of our brains, has almost all answers and they are the true ones. As we understand the brain mechanism and its functional mystery, we are looking at answers of age-old problems with new knowledge of the 3Cs – Consciousness, Cognition and Causality. The knowledge of brain has engendered the new wisdom of consciousness, cognition and causality, which has many true answers and right perspectives of possible true answers.

Why we call this brain a tumultuous trillionaire?

Knowing in detail about our brains makes this nomenclature justified. The brain is the most complex organ in the human body. It produces our every thought, action, memory, feeling and experience of the world. This jelly-like mass of tissue, weighing in at around 1.4 kilograms, contains a staggering one hundred billion nerve cells, or neurons. Add to it the huge numbers of connections each neuron makes and this brain stands out as the mystically marvellous Trillionaire.

The complexity of the connectivity between the nerve cells is mind-boggling. Each neuron can make contact with thousands or even tens of thousands of others, via tiny structures called synapses. Our brains form a million new connections for every second of our lives. It is in these changing connections that memories are stored, habits learned and personalities shaped, by reinforcing certain patterns of brain activity, and losing others.

Usually, when we talk about brain, we speak of the grey matter. The brain however also contains white matter. The grey matter is the cell bodies of the neurons, while the white

matter is the branching network of thread-like tendrils - called dendrites and axons - that spread out from the cell bodies to connect to other neurons.

Interestingly, men have seven times more grey matter compared to women whereas; women have nine times more white matter compared to men. This suggests, women make more meaningful connects with their milieus and have their wellness dependent more on how their white matter works. We always believed women are mysteries but as we know about the brain and how its structures and functions create the different dimensions of the 3Cs – consciousness, cognition and causality; nothing remains mysterious. We know them and now we have not the smart answers but the right answers.

Brain structure is shaped partly by genes, but largely by experience. That means, for most of us, our ambient milieus, from where we learn most of things, which we imbibe as culture, make us what we are. That is why we say, consciousness is localized. Much of our cognitions too depend on our experiences, which our localized consciousness engenders.

Now, it is also important to know, why we call this trillionaire a tumultuous one. Do we know from our experiences that most billionaires of our times are tumultuous! Anyway, we cannot say about others but we for sure know this is true about our trillionaire.

Though we have discovered an enormous amount about the brain, huge and crucial mysteries remain. One of the most important is how does the brain produces our conscious experiences? However, things are on the right path. The vast majority of the brain's activity is subconscious. But our conscious thoughts, sensations and perceptions - what define us as humans - cannot yet be explained in terms of brain activity.

The first thing to realize about the brain is that, unlike an organ such as the heart or liver, it is not a single organ with a single function. It is instead an organ of many thousands of interlocking functions. These micro-functions developed during the millions years of evolution along the same game plan as the body itself. If features were not successful, they were discarded. As features were found to enhance survival, they became permanent residents. The human body is a giant cooperative consisting of billions of cooperating cells. The human nervous system, likewise, is constructed of many thousands of cooperating functions.

The human brain, then, is a cooperative composed of perhaps thousands of individual reactive decision mechanisms, each with its own memory, interconnection with all others,

and judgment. The voting of these mechanisms is so fast and so in harmony that we perceive the entire system as being the thought of one mechanism, which, in effect, the overall system becomes.

As we use our minds, it is obvious to us that we are one. There is no hint that we are actually many, in fact a great many, and that our consciousness is the summation of these entities in the closest possible cooperation. Our self, our consciousness is composed of two thinking mechanisms, so totally interconnected that it appears to us to be one. Indeed, it functions as one.

This notion of our brains as a Tumultuous Trillionaire, is a very powerful metaphor for we all to accept. The two words are indicative of how our brain is one hugely complex mechanism and that is a major reason as why things can never be easy for us on this earth as we live our lives. This brain is the source of all our joys as well as another 3Cs – Chaos, conflicts and confusion. However, when we understand the mechanism of our brain and how it affects our consciousness, cognition and causalities, we surely are well off understanding our troubles and finding right solutions.

The tumult associated with brain emanates out of its long evolution. Brain not being a singular organ, its complex electrochemical functioning and so many of its weird ways, which evolution's stupid engineering created, makes it factory of manufactured troubles. When we see so many attitude crises, personality troubles, relationship issues, mind-body control crises, we all know, there are things related with our brains. However, knowing them stands us in good stead.

As Einstein said, not knowing about certain realism creates a layer of consciousness, which manufactures troubles and problems for most of us. Knowing the same realism and its multidimensional mechanism empowers us and lands us on a higher platform of consciousness, which can then design and devise solutions.

Understanding about this tumultuous trillionaire is the consciousness level, which Einstein talked of, where solutions are engendered. It has to be embraced with learned and practiced humility of compassionate acceptance that in most moments of our life, we are mostly a function of our subconscious selves – a state or layer of consciousness, where most actions and behaviours are auto-mode processing. It is an action-reaction mechanism our brain is designed for. However, the same brain has also evolved to accept higher values and

conscious choices, often overriding the auto-mode instinctive life-living choices. This conscious layer is our solution providing genius. The subconscious mind is just responding and therefore leaving loads of fragmented thoughts. This splits us and lands us in chaos and conflicts. The higher consciousness is a mind positioning, which rises above drift and flux choices and streamlines all thoughts in a fruitful linearity.

This symmetrical thought processing is a layer of consciousness Einstein speaks of as solution provider. We all have to attain it. This is true success for us. And this success comes when we *tame* The Tumultuous Trillionaire.

That is why it has been my humble insistence that humanity in 21st century must discard all other partial and lopsided perspectives and ideas about we, our lives and connect we had with the outside world. We must unlearn the old and obsolete notions of consciousness, cognition and causality and accept the new, holistic and singularly objective wisdom, which modern scientific knowledge makes available for us.

Everything starts and ends with our brains, our mind consciousness. This Tumultuous Trillionaire, we have within all of us, is one huge facilitator of wisdom and lasting joys and peace. However, by design and evolution, it is oriented for tumult and chaos. From ancient people, 3000 years back to modern scientists, all wise people have been warning us to know this Tumultuous Trillionaire well and then use the energy of our higher consciousness to have perfect control of this mystically marvellous Tumultuous Trillionaire.

Scientists have been warning us that all intelligent races finally become extinct and we as a race have attained this critical intelligence. This suggests, we have evolved a brain, which has engendered such a consciousness, which is too smart, too ingenious and too arbitrary to let us live settled and smooth lives. See the collective troubles of humanity and anyone can see how our collective intelligence has pushed us to the brink of self-destruction and complete annihilation. This Tumultuous Trillionaire is out and at its capriciously randomized worst, auguring disaster for humanity. Personal lives too are being made a poor slave of this Tumultuous Trillionaire.

Understanding mind, a notional conscious and rational entity of brain reveals how we live in a world contrary to our age-old beliefs and ideas. We buoy up and down in the vast ocean of sub-consciousness, only occasionally surfacing above onto the atmosphere of consciousness. Most of our personal troubles are created in our subconscious self. We know little about

Thank You for previewing this eBook

You can read the full version of this eBook in different formats:

- HTML (Free /Available to everyone)
- PDF / TXT (Available to V.I.P. members. Free Standard members can access up to 5 PDF/TXT eBooks per month each month)
- Epub & Mobipocket (Exclusive to V.I.P. members)

To download this full book, simply select the format you desire below

