

DOUGHNUTS OF INSPIRATION

Published in 2012 [Being Positive in a Negative World: Doughnuts of inspiration by Sy Tshabalala] Email: sytshabalala@gmail.com, sy@webmail.co.za Website: www.beingpositiveinanegativeworld.blogspot.com. Doughnuts of inspiration: **Being Positive in a Negative World** by Sy Tshabalala. All rights reserved. No part of this publication may be reproduced, stored in a retrievable system or transmitted, in any form by any means, electronic, mechanical, photocopying, recording and/or otherwise without the prior permission of the publisher. This book may not be lent, resold, hired out or otherwise disposed of by way of trade in any form, binding or cover other than that in which it is published, without prior consent of the publisher. ISBN: **978-0-9921736-1-6**

Acknowledgements

- ❖ To my Heavenly Father, the source of my being and the script writer of my life story, thank you for the daily downloads of inspiration from your heavenly website.
- ❖ To my lovely wife, Prudence and our adorable kids, Atang and Destiny, thank you for allowing me to sacrifice family time to pen this book.
- ❖ To my friends and fans, here are the inspiration desserts you have been waiting for.
- ❖ To my face-book family, you guys rocks.

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Introduction

We were all created and endowed with the ability to take off from the airstrip of failure, limitations and nightmares and to fly to the airport of success, dreams, fulfillment and greatness. But sadly, many of us continue to circle around for ages in a runway of regrets, victim mentality, wrong choices, nightmares, excuses and depression.

And what we really need is a spark of inspiration that will enable us to start the engine of creativity by learning to position ourselves to take off. It is for this reason that I have decided to present you with these inspiration doughnuts, which I believe will serve as a traffic controller in your life. A traffic controller that will encourage, challenge and inspire the pilot within you (mind) to increase the speed and take off. There is no better way to start the flight than with the following words: Permission granted:

The day you were born, you were given permission to succeed, permission to dream about where you want to be, permission to rise against all odds, permission to walk in hope in a road marked hopelessness, permission to live in abundance when everybody is battling scarcity, permission to love when everybody around you is sounding hateful, permission to keep trying even when you have hit brick walls.

Permission to be creative when everybody is embracing routine, permission to stand out when everybody is fitting in, permission to visualize the future when everybody is caught up in the past, permission to blossom when everybody around is withering, permission to live when everybody is existing, permission to live by faith when everybody is struggling through fear and facts.

Permission to grow up when everybody is aging, permission to be optimistic when everybody is drowning in pessimism, permission to start all over again when everybody is quitting, permission

to learn when everybody is complaining, permission to love yourself unconditionally when everybody around is despising you, permission to be constructive when everybody is destructive, permission to seek your purpose when everybody is living in confusion.

Permission to pursue your own dream when everybody is contributing to another man's dream, permission to be decisive when everybody around you is undecided, permission to become a leader when others prefer to be followers, permission to be original when everybody prefers to be a photo copy, permission to take off when everybody is grounded in fear and familiarity.

Permission to be part of the solution when everybody is complaining and contributing to the problem, permission to live positively in a world dominated by negativity, permission to make positive headlines when others prefer to read them and permission to be celebrated when others are contend with being tolerated.

NB: As you feast on the book, take note that these are not poems but inspiration doughnuts filled with a poetic cream.

You are a masterpiece

You are one of a kind, an expensive original, an endangered species, an incredible creation, a well sought after brand, a scarce product. You are a masterpiece.

You are a treasure chest of creativity, a gold mine with unlimited deposits, a VIP on the earth's auditorium, a celebrity in waiting. You are a masterpiece.

You are more valuable than any of the world's precious stones, you are incredible than anything ever created, you are expensive than any of the world's rich oil fields, you are more powerful than any computer ever built. You are a masterpiece.

You were created for success and not failure. You were designed as a brand and not a no-name product. You were conceived as part of the solution and not as an ingredient to some of the world's problems. You are a masterpiece.

You were born to bloom and not to wilt. You were wired for victory and not failure. You were endowed with the ability to produce and not to remain barren. You were meant to be the bill board of inspiration and not a brochure of depression. You are a masterpiece.

You were equipped for greatness and not obscurity. You were programmed to make headlines and not to read them. You are a masterpiece.

As long as you can breathe

As long as you can breathe, you can dream. As long as you can breathe, you can walk in hope. As long as you can breathe, you can believe God for your impossible looking breakthrough.

As long as you can breathe, you can pursue your career. As long as you can breathe, you can turn your life around. As long as you can breathe, you can change for the better. As long as you can breathe, you can learn from your mistakes. As long as you can breathe you can fall in love again.

As long as you can breathe, you can build your desired future from the rubbles of your painful past. As long as you can breathe, you can see what you have been wishing for turning into reality.

As long as you can breathe, you can visualize your healing and restoration. As long as you can breathe, you can move from your struggles to your desires.

As long as you can breathe, you can walk expecting good things to come your way. As long as you can breathe, you can bury your painful past and give birth to a new and exciting future.

As long as you can breathe, you can fulfill your dreams, discover your purpose and realise your destiny. As long as you can breathe, you can become what you want to be, what you ought to be and what you were meant to be. As long as you can breathe you can live your life to the fullest.

As long as you can breathe, you can soar high like an eagle, bud like a rose and shine like an early morning star. As long as you can breathe, you can breathe possibilities, hope and love.

The womb

Life is a journey, a journey that is sometimes hard to fathom. Because along the way there are incidents, situations and experiences that will challenge your faith, derail your destiny, abort your dreams and swallow up your positive energy and enthusiasm. This is the womb stage of life, a stage where everything looks dark and hopeless.

A stage dominated by the overwhelming depressing thoughts of hardships, scars of abuse, headache of unanswered questions and flooding tears of betrayal.

All these encounters even though painful are not meant to destroy but to propel you forward. You can learn amongst others from a womb of debts, broken relationships, hardships, retrenchment, lack, rejection and failure.

And although you may sometimes feel like a dying hospitalized patient suffering from an incurable disease, just hang in there, because what doesn't kill you will surely empower you.

What doesn't kill you will surely propel you to your destiny. What doesn't kill you will surely lead you to people who are carrying the missing pieces of your jigsaw puzzle. What doesn't kill you will surely propel you from being bitter to being better.

What doesn't kill you will usher you to your dreams and desires. Remember you are in a womb, a temporary place of development, a place of acquiring wisdom, knowledge, character, purpose and direction.

Choose

Life is about choices; therefore learn to make positive choices in the midst of depressing circumstances. Choose to be positive when everything around you is negative. Choose to walk in hope when everything around you is screaming hopelessness.

Choose to love where hatred seems to be the obvious best option. Choose to forgive when unforgiveness is screaming loudly in your head. Choose to believe God when everything looks doubtful. Choose to visualize your dreams when depression wants to drown you. Choose to celebrate yourself when everybody is rejecting you. Choose to be a victor even though you may have scars of a victim. Choose to walk away from the past even though the future may look uncertain.

Choose to soldier on even when the odds are stacked against you. Choose to get better from a

situation that was supposed to breed bitterness within you. Choose to learn and not to complain in spite of your painful experiences. Choose to learn and not to regret your life's journey. Choose to stand up no matter how many times you have been knocked down by life. Choose to cheer yourself up no matter how many times you have been disappointed.

Choose to wipe your tears and smile again no matter how many times you have been hurt. Choose to be a winner when defeat seems to be the obvious end result. Choose to succeed when everybody is gunning for your demise. Choose whatever you want to be because you are a builder of your dreams and not the resident of your struggles.

Choose to keep trying no matter how many times you have failed. Choose to keep knocking no matter how many doors have been slammed in your face. Choose to choose because life is about choices.

The sun rises up in spite of

The sun rises up every morning whether it's dark, cloudy and windy. The sun rises up whether we like it or not. The sun rises up because it was programmed to do so. The sun rises up because nature needs it.

The sun rises up because it has the ability to do so. Just like the sun, you need to rise up from the dark clouds of hardships. You need to rise up from the background of negativity. You need to rise up from your painful experiences.

You need to rise up from your wounds. You need to rise up from unforgiveness. You need to rise up from your abusive childhood. You need to rise up from your fears. You need to rise up from your failures.

You need to rise up from depression. You need to rise up from betrayal. You need to rise up from the cemetery of your yesterday. You need to rise up from your excuses. You need to rise up from other people's opinions.

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