

References

[Survive the End Days](#) - Nathan Shepard is a bible scholar with a background in theology and archeology. He has spent more than 17 years studying the ancient scriptures and how the words of the prophets became historical fact over time.

[Manifestation Miracle](#) – Stronger than the Law of attraction

[Thought Elevators](#) – Elevating thoughts & life.

[Ancient Secrets of Kings](#) - 3 Ancient Keys To Wealth Timeless Secrets For Building Your Fortune.

[Language of Desire](#) – The secret to the wealth, fame, health & luxury.

[Obsession Phrases](#) – Secret Words Which Make Him Fall In Love...



Terms and Conditions

LEGAL NOTICE

The Publisher has strived to be as accurate and complete as possible in the creation of this report, notwithstanding the fact that he does not warrant or represent at any time that the contents within are accurate due to the rapidly changing nature of the Internet.

While all attempts have been made to verify information provided in this publication, the Publisher assumes no responsibility for errors, omissions, or contrary interpretation of the subject matter herein. Any perceived slights of specific persons, peoples, or organizations are unintentional.

In practical advice books, like anything else in life, there are no guarantees of income made. Readers are cautioned to rely on their own judgment about their individual circumstances to act accordingly.

This book is not intended for use as a source of legal, business, accounting or financial advice. All readers are advised to seek services of competent professionals in legal, business, accounting and finance fields.

You are encouraged to print this book for easy reading.

Foreword

Chapter 1:
Exploring the Source of Happiness

Chapter 2:
Find Your Unique Strengths, Gifts
and Talents

Chapter 3:
Power Methods to Write and Use
Affirmations

Chapter 4:
Create the Life That You Desire

Chapter 5:
Attitude is the Most Important
Thing

Chapter 6:
Stepping Out of Your Comfort Zone

Chapter 7:
Create a Time Frame

Chapter 8:
The Art of Affirmations and
Manifestation

Wrapping Up

Foreword

Every thought you think every word you say is an affirmation all of our self-talk or inner dialogue is a stream of affirmations. We are continually affirming subconsciously with our words and thoughts and this flow of affirmations is creating our life experience in every moment.

Our beliefs are just learned thought patterns that we have developed since childhood, many of these work well for us, but others may now be working against us, they are dysfunctional and may be sabotaging us from achieving what we believe we want.

Every affirmation we think or say is a reflection of our inner truth or beliefs. It is important to realize that many of these "inner truths" may not actually be true for us now or may be based on invalid or inappropriate impressions we constructed as children, which if examined as an adult can be exposed as inappropriate.

Our subconscious uses the behavior patterns we have learned to automatically respond and react to many everyday events in our life.

This is essential to our survival, we need to be able to respond quickly to events around us which would be impossible if we had to re-examine every aspect of things every time something simple happens.

Our learned responses and thought patterns enable us to automatically respond to circumstances quickly and easily. Problems

arise however, if at an early stage some of the foundation beliefs on which many of the others are built were formed from a skewed perspective, maybe the strategy was appropriate for a perceived difficult circumstance, however often such beliefs are totally inappropriate for succeeding in the real world as adults.



Advanced Affirmation And Attraction

How To Use Affirmations Correctly And Attract The Right Things In Life

Chapter 1:

Exploring the Source of Happiness

Synopsis

Each individual on this planet is striving to be happy. This is the state of being that we all know from the time of our birth. It's a state of being that we recognize as our true self -who we deeply are.

Now, for most of us, this happiness does not last. It gets replaced by a striving force to survive, which feels more like the opposite of being happy. The reason we're doing this is

Surprisingly simple - because we're told to do so.

- Our heritage tells us what to believe and feel
- Our government tells us what to believe and feel
- Our society tells us what to believe and feel



Source of Happiness

This world-view instructs us that we humans operate similarly to a mechanical clock. This view instructs that everything is ruled by cause

and effect, and almost everything can be replaced when it is damaged. Additionally, we're taught the concept of the survival of the fittest.

Collectively, these two ideas condition us to accept that individuals, like animals, must function in a state of mechanical perfection or be replaced by more perfectly functioning components in the system.

These old concepts have led to a society that is completely self-centered, ego-driven, irresponsible and environmentally destructive. They've led us to a cult of happiness seekers who get their adrenaline rush by buying more useless stuff on a day-to-day basis - all in a subconscious attempt to keep the illusion of flawlessness.

We have been conditioned to consume the world in an effort to attain this illusory perfection, and it shows in our daily lives. Plainly put, we work at places we do not like in order to buy stuff we do not need. We have forgotten that the source of happiness lies within the center of our spiritual being, and we have replaced it by seeking it in the material world. We have things backwards.

Where does it initially come from: Desire? Wanting something? Bettering ourselves? Take a good look at your life right now. Where do you live? What does your furniture look like? What sort of car do you drive? How much money is in your bank account? Look in the mirror - how do you look? Everything has been manifested one way or the other, by you. You may not be aware of how far-reaching your ability to manifest truly is in all its aspects. Are all my thoughts responsible for this? Yes! Whatever you see in the physical universe has been created in one way or the other by your thoughts. Your thoughts are the drafts of what later becomes physical form.

Everything starts with a thought, which is a thought. That's why it's crucial to pay attention to your thoughts. If you worry about getting all those bills paid you'll create more of the same thing, simply because you've entertained it.

Your thoughts are nothing more than frequencies or vibrations that resonate with similar vibrations already existing. Fascinating, isn't it? You would like to be able to control your views, given that they create your reality. If you are able to control your thoughts, you are able to control what you would like to create and manifest in your life.

If you cannot control your thoughts, things will manifest that seem random and unconnected to you - and they are - they're actually manifested from others. Your consciousness is like a radio station.

You can send signals and programs and you can receive signals and programs. Sometimes you may want to receive and sometimes you may want to send.

To know when to send and when to receive is one of the greatest success factors in life. It's the balance of knowing when to create and when to experience. You cannot constantly create for you would miss out on the other part of the experience. On the other hand, if you only experience things, you'll never get to manifest anything.

Another way of putting it would be responsive responsibility - the ability to consciously respond. In every moment, you have a choice about what you want to do, and what you want to decide. If you don't exercise this power, nothing happens in your life - at least not what you want. This brings us to the next topic.

Happiness is the state of being of our true self, which we have deeply recognized from birth. We lose sight of the source of our happiness through a variety of cultural, social, educational, environmental and relational conditioning. When we respond to life from our true selves rather than from our conditioned selves, we are able to manifest what we want.



Chapter 2:

Find Your Unique Strengths, Gifts, and Talents

Synopsis

Discovering your strengths and talents is like first building the basement for your house. It's your foundation. It's like the soil from which a strong and beautiful tree can grow. It provides you with your unique potential. It's a unique gift that came with you when you were born. You are being asked here to nourish it until it's strong enough to guide you in your life.



Talents

Do not waste your time chasing somebody else's dream or goal or anything that is not given to you that you can't claim first as your own. Use the talents you came in with or the ones you developed along the way.

You may become very good at something but you'll never find true, lasting happiness with it if you cannot own it completely. You'll always have to compensate with something else so as not to feel the void in your life - a void that is only filled by your own inherent strengths and talents.

If you do not know your talents and strengths, make getting to know them your major project in life. Use any tools you feel comfortable with. Try to find a way to dig deeper into yourself. This is your life - and you are worth it!

Recognize your unique blend of talents and gifts is the first step in discovering who you truly are. Think of your childhood dreams for clues about your early conditioning. Ask your friends to help you identify your gifts. Keep a journal of questions and answers and refer to it often as a way of focusing on the specific characteristics of yourself and the dreams you hold dear. Learn to use any tool that helps you find a way to dig deeper into yourself.

Finding The Courage to Step Out of Normality

If you've found your talents and strengths, you know you're unique. It gives you confidence and a sense of stability. That does not mean that you go around telling individuals how different you are. It's just a

recognition of what you brought into this lifetime. Make a commitment to follow these gifts and talents; let them guide you. Do not let anyone tell you what you should do. Do not let anyone tell you that you're not good enough to fulfill your dreams. Identify as much as possible with your dreams, as they're the surest guides in your life. They'll show you where to go. There's no guarantee at all that everything will be fine and easy when you follow your dreams. It could be the opposite.

You may find yourself alone in the world with the feeling that everybody else is doing the right thing but you. Your gifts, talents and strengths are your ultimate potential, but they can also be your pitfalls. You'll need to cultivate them over time. In the beginning, they are also your weaknesses and you'll be tested by them. The more you withstand them, the stronger they grow inside you, until they become your life force.

Discovering your own unique blend of dreams and personal talents helps break loose layers of conditioning and initiates deep changes in your life. Realize that all change, whether positive or negative, is necessary and will in the end support you in ways that sustains your growth. Inner understanding is infinitely more significant than external accumulation. Be nonjudgmental - don't impose artificial standards on yourself or on others.

Attention - The Infinite Source of Your Potential

Attention is probably the most crucial gift you possess. It's the act of taking possession by the mind, in clear and vivid form, of one of several simultaneously possible objects or trains of thought. It implies withdrawal from some things in order to deal effectively with other

people. Our very perception of reality is tied closely to where we focus our attention. Only what we pay attention to seems real to us, where as whatever we ignore - no matter how important it may be - seems to fade into insignificance.

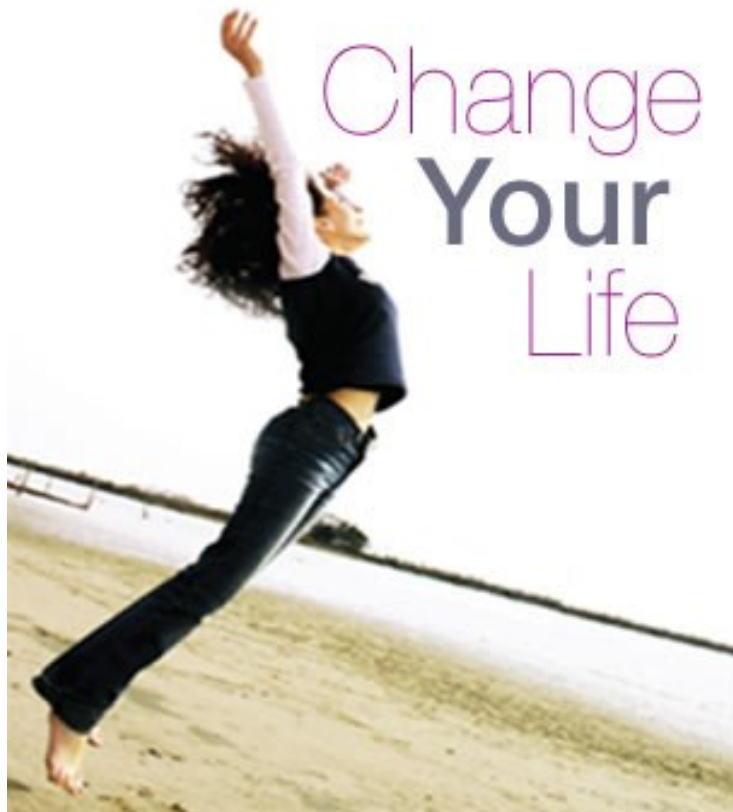
Each of us chooses, by our way of attending to things, the universe we inhabit and the people we encounter. But for most of us, this “choice” is unconscious, so it is not really a choice at all. When we think about who we are, we cannot possibly remember all the things we have experienced, all the behaviors and qualities we have exhibited. What comes to mind when we ask, “Who am I?” Those things consist of what we have been paying attention to over the years. The same goes for our impressions of others. The reality that appears to us is not so much what’s out there; as it's those aspects of the world we have focused on.

What we look at may not be what we attend to. It's possible to look in one direction but actually notice changes in another direction. Overt attention is the act of directing our eyes or ears towards a stimulus source. Covert attention is the act of mentally focusing on a particular stimulus. Basically, you are able to direct your attention towards the outside world or towards the world within. You are able to observe - attend to - your thoughts!

Mastering and controlling your attention gives you the freedom to choose what happens in your life. There are numerous things happening at the same time all over the world, however, as long as your attention isn't directed to any of it - nothing really happens for you.

This is very important to understand. The more you are able to control your attention the more you attract only the things in your life that you really want. If you don't pay attention to the crime scene on your television, it doesn't create this reality for you. If you do not pay attention to negative things in your life, it won't create that reality.

This does not mean you should ignore the parts of the world that don't produce peace and happiness for you; it merely means not to give them too much attention. Do not get absorbed in them – decide when enough is enough and move on to something you want your attention to be focused on, for instance, the important goals and dreams of your life. Life isn't what you see on TV nor what you hear and read in the news!



Chapter 3:

Power Methods to Write and Use Affirmations

Synopsis

Use active verbs in your affirmations. Getting, doing, having, learning, loving, and earning are all words that immediately show an image of action to your inner self. The more clearly you are able to see the action in your mind the more powerful the impact of the affirmation will be.

Affirm the positive not the negative. There's an old song that says, - Accentuate the positive, eliminate the negative, and do not mess with Mr. In-between. Always choose words to reflect the positive results you desire.

For example: "each day I happily choose food that supports my healthy body" is much more powerful than-"I am losing weight".



Thank You for previewing this eBook

You can read the full version of this eBook in different formats:

- HTML (Free /Available to everyone)
- PDF / TXT (Available to V.I.P. members. Free Standard members can access up to 5 PDF/TXT eBooks per month each month)
- Epub & Mobipocket (Exclusive to V.I.P. members)

To download this full book, simply select the format you desire below

