

a Brief GUIDE

*"The first step in controlling the world,
is in knowing it."*

a **Brief** **GUIDE**

to

Understand Everything



by Max Mische

A Brief Guide Publishing

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Introduction

A Brief Guide™ to Understand Everything arose after years of study of multiple disciplines. Initially, I was driven to learn about religion, psychology, economics, strategy, politics, biology, chemistry, physics, and the like as individual subjects for my own personal growth and development. I knew that the more knowledge I acquired, the more I would be able to understand and therefore achieve success in this world.

After a few years of studying, I began to feel as if I was reading the same book, or story, over and over again with only the names of the characters and places differing. Each subject followed similar formulas and patterns that provided a general understanding of each area almost before I even started reading a new book. They all seemed to follow an overall system of laws that dictated each area's existence and survival. They no longer seemed like individual disciplines but instead an overall one.

This is not to say that I could ascertain the specific names of the various principles or things involved with each discipline. However, I could understand the concepts which drove each area. The immense amount of jargon or human coined terminology creates a large roadblock for anyone learning a discipline. Ultimately, all of these names are nothing more than representations of concepts that share similarities.

The basis for the perspective presented in this book was established by my psychological background including my personal study of the world's major religious texts. Most religions present ways of living that are aimed at attaining the good life. Also, most present holistic views of the world in order to provide explanations for its different aspects. As a result of these studies, this book has strong psychological and religious undertones. In many regards, the religious tone in some parts has practical purposes so as to convey the interconnectedness of all things in a simplified manner necessary to distill the world into its basic components.

Some readers will find problems with the book due to this reason. Scientists and researchers in particular will probably take issue with the book's lack of depth due to its holistic approach. Such complaints are reasonable since many of the examples presented could be expanded upon. However, the purpose of this book is to focus on the main principles that will provide a framework that enables one to understand everything without the details.

This book draws strongly upon the ancient Taoist text, the "*Tao Te Ching*," in which Lao Tzu presents a view of the world in 81 brief segments that can be read in less than an hour with no scientific evidence. Such brevity is absolutely necessary in order to allow the mind to use the principles included therein. Periphery things distract from the main point and have been excluded for the most part.

The ancient Taoist tradition has in recent years found a scientific counterpart in Chaos theory. The similarity between the two perspectives is indeed interesting and yields scientific evidence for the ancient tradition of Taoism. The idea of the world having a certain "Way" or being is now represented in equations and formulas.

However, such correlations are not discussed in depth in this book because of their unnecessary complexity in relation to the main principles discussed here. Let me say again, the purpose of this book is to provide a paradigm or framework through which to view the world and in which everything can be understood to at least some level.

This book has been marketed for business because business and money in many instances have the most direct practical influence upon an individual's life. An overall understanding of the world enables one to predict and control it thus improving one's life.

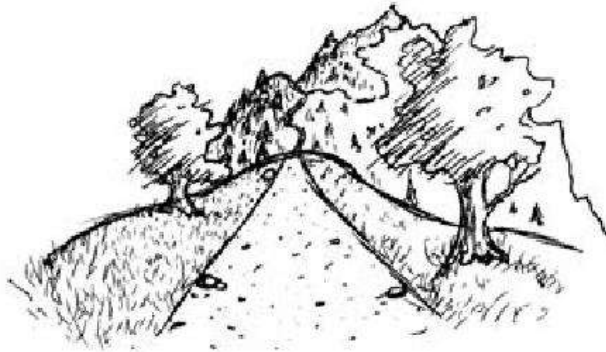
Further reading and study of all subject matters is encouraged in order to sharpen the principles contained in this book. One's path

to enlightenment never ends, as one's level of understanding of the world can always improve.

*Do I contradict myself,
Then I contradict myself,
I am large and contain multitudes.*
- Walt Whitman

o. A View to Everything...

Understanding everything is a perspective, not knowledge...



"A Way is a Guide, not a fixed path"

- Lao Tzu

WE ARE ALL DEITIES, in that we all have untold powers, even though very few ever become actualized. We are deities not in any religious sense, but rather because we have the ability to understand the world and to grow in power from that understanding. In the religious sense, a deity is often omnipotent or nearly so, but as human beings our powers are limited by our bodies, minds, and creations.

At any moment, it is believed the human brain is capable of focusing its attention on only one thing as will be explained later. The ability to understand everything, therefore, requires simplistic principles that the mind can utilize to maximize its capability of understanding.

Because we are looking at basic principles, in-depth knowledge is not a prerequisite to understanding everything. In fact, in-depth knowledge can sometimes hinder one's ability to understand everything, because knowledge can indirectly discourage one from looking at things differently, as one may believe they already understand something. The reality is more likely that he only has a small portion of knowledge. That being said, knowledge is almost always a desirable asset, for the more

knowledge one has, the better one is able to think, as one is drawing from a wider range of perspectives and experiences.

Since this book has such a large scope and a short length, it is necessary to introduce the principles of understanding everything, by first using them. The following brief first person narrative employs the principles that are addressed in this book by following a person down a street in London. In many ways, this street could be in any city. The foundation of understanding everything lies in the principles of the mind, divisions and classifications, systems, duality, and cycles.

A Perspective on Everything

As I walk down a residential side road towards Main Street, my awareness of the noise emitting from the upcoming street increases, as though I were approaching a great artery within a body. The corpuscles flow along the street in the form of people and cars moving here and there—each with a place to go, each with his or her own role to fulfill within the overall system.

As I turn onto Main Street, gas molecules, ever compressing and expanding, impinge on my ears like a symphony of noise, though they are invisible to my eyes. The street is littered with cars and the sidewalks with people. The individuals in the cars seem mysteriously similar to the cars they drive—each possessing internal organs, a means of locomotion, a need for fuel in order to operate, and a means to expel used fuel. The sky is overcast, and a nip can be felt in the air due to internal body heat dissipating into the colder environment as the atoms within the body excite the atoms in the air. The people echo the weather, their bodies contracted toward their heated innards with fewer smiles present than can be found in sunnier cities.

Many young women have a focused attention either on the sidewalk or directly ahead of them. This focused attention could be due to a variety of reasons such as from experience that eye contact might be perceived to mean sexual receptivity to a passing male, a result of centuries of oppression from cultural practices, or due to something internal such as the female sexual hormone of estrogen.

A correlation seems to exist between the speed with which a woman walks and her beauty as the most beautiful walk the fastest, possibly indicating a value placed upon beauty as a result of years of evolution selecting for the healthiest, most adapted, individuals. Additionally, cards inside some phone booth walls have pictures of nude women with phone numbers and come-ons such as “For a Good Time,” while corresponding cards of males are not present. The very fact that I’m even making these observations is probably because of me being a young male flooded with testosterone looking to pass on my genes.

Contrariwise, a larger portion of males look at the females and outwardly in general, driven by different motivations and internal mechanisms. As opposed to the more contained movements of the females, the males tend to be more outwardly directed in their walks, as if displaying power for others to view—like a peacock showing his feathers or a pigeon on the sidewalk bobbing his head and cooing, conveying power and sexual prowess and thereby instinctively attracting the females, who seek mates capable of producing and in the case of human beings, raising successful children.

Passing a couple, the male holds his female partner close to his side, protecting, showing his care for her, and at the same time staking out his claim upon her. Looking into their minds through knowledge of the ephemeral nature of all things, one sees the doubt, however small, surrounding the strength of their relationship, owing to their combined anxieties, particularly solitude and death. With a world that is ever shrinking in size through improved transportation, the availability, quantity, and quality of potential mates is increasing. This increase undoubtedly has a negative impact upon the strength of relationships.

The buildings that line the street are all made of brick, which indicates several things. The island of Britain must not lie on any fault lines—for if it did, the buildings are not likely to have stood for centuries, as bricks are likely to crack and would be inelastic in the event of an earthquake. Likewise, it appears that this is an island not created from volcanic activity like the Hawaiian Islands were, but rather one that had become

disconnected from its former continent as a result of rising oceans and shifts of the tectonic plates.

A mailbox painted red has the words “Royal Mail” written across the area above the drop slot. The color red has often been associated with royalty; and even more obviously, the words “Royal Mail” would indicate (if it was not known already) that this country is or once was based upon a monarchical system.

A beggar on the side of the street sits strategically next to an ATM machine repeating a mantra of words: “Spare any change? Cheers. Thanks, sir,” over and over again, as he lowers his head thereby yielding power to each passing pedestrian. A man in a business suit walks by, seemingly two inches taller than everyone else; he lets his suit inflate his mind as to who he actually is, though in reality he is naked, fragile, and subject to decay and eventual annihilation just like the beggar. A Mercedes-Benz passes an older Ford Orion on the road. The majority of cars are of average value, with some on both ends of the price spectrum. This area’s class system, then, reveals itself as somewhat mixed though tending towards the lower end.

Many signs are displayed in windows with the words “Internet here” or “Internet Café,” indicating a technologically developed nation wherein ordinary people are able to have access to such higher technology as of 2004. However, it could instead reveal that it is not as developed as other places in which Internet cafés are *not* to be found, due to most people having Internet capability in their own homes. Or perhaps it merely indicates a community filled with transient travelers. The numerous “international calling shops” are possible evidence for this assumption.

The streets are, indeed, filled with an international mix of people. Many of them are wearing clothing of their native lands, which indicates with a certain level of probability that they are recent immigrants to the country. Few people from the Orient are visible; possibly indicating that this land is far removed or relatively inaccessible from that part of the world or maybe it’s just not their part of the city. However, many Africans, Caribbeans, Arabs, and other Europeans are visible. On the whole, the area seems to be basically lower to middle- class,

which is typical for many multicultural areas where new immigrants are trying to make it in a new land.

Looking at the heads of everyone walking by, one imagines all of the electrochemical induced thoughts and sensations running through their minds. The electricity can almost be felt as neurons fire in their brains while they take in all of the different stimuli, their actions revealing their insides. The DNA within their cells is, like their past experiences, expressed by their exteriors with each wrinkle and curve a product. In the future, full body scans and software to decipher the scans may yield a digital copy of the genetic coding of the person. But until such technologically advanced times, each person is completely unaware of what everyone is thinking and experiencing. Everyone is alone in their own minds looking for others in which to relate to in order to establish connections outside of their minds.

A large number of pubs are prevalent along with some drunken older males, indicating moderate levels of cell death in the brains that pass by. Alcohol and drug use provides another, albeit mostly harmful, means that people can use to temporarily escape from their own thoughts or just to make social connections easier, thereby grounding people in the present rather than the past or future.

The light beam shining through a clearing in the clouds warms my face. This light, as we are told by scientists, exists as a duality, having properties of both particles and waves. The energy from the light warms my face by exciting my skin's atoms. The chlorophyll in the plants along the street solidifies this light energy into glucose for the plants' own fuel needs, in the process releasing oxygen and producing food for the animals of the planet.

One can almost picture the Earth among the other planets in the solar system, traveling around the Sun. The continent of Europe now has its face directed to the Sun, which provides energy in the form of heat and food to sustain the many cycles existing on this planet, such as the hydrological, reproductive, and energy cycles to name only a few.

The carbon atoms bonded in various molecular chains, with fourteen electrons in seven separate orbits, all become

increasingly energized due to the energy from the sun. The colors in the area lit by it become more vibrant as the cones in peoples' eyes are better able to receive information on account of the increased light, while the rods, which perceive lightness, become saturated.

As I think, I feel a pressurized sensation due to the use of my brain, as more blood flows to the brain due to increased energy needs from the fast firing neurons. It's a distinctly different feeling than the one a person gets from training his muscles, though both are due to increased blood flow to each area due to increased energy needs from increased usage.

The trees scattered along several side streets are barren, so it must be either winter or the beginning of spring. The sidewalk is littered with cigarette butts and pieces of chewing gum. Freud might suggest that all of these remnants are due to humans' inherent oral fixation, which all mammals have since birth. This oral fixation is spawned from the "suckling reflex" that infants have in order to acquire milk from their mothers. The use of the mouth is a source of comfort throughout the lifetime of a mammal—or, alternatively, a means of relieving stress and distracting the mind.

Large red double-decker buses pass by, showing off part of the city's transportation system, which also includes a rather intricate subway system. The buses appear to be in good condition and relatively new, indicating a wealthy society that can afford to pay for such luxuries as a good transportation system that can be cheap enough to be used by the lower classes.

Cars stopped at a light lurch forward when the light turns green, the tires being the first parts of the car to move while the body, possessing inertia, tries to remain at rest. Everything is constantly being pushed toward the ground because of the Earth's gravitational pull, created by the high velocity of the planet's rotational spin, which also gives us night and day.

A bridge for trains is overhead, with the label "Metropolitan 1914" on its side. Knowing European history allows one to draw the conclusion that this bridge, along with this extension to the rail system, was built during the buildup leading to World War I, in order to have a better system of transportation so that troops and supplies could be hustled to the

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