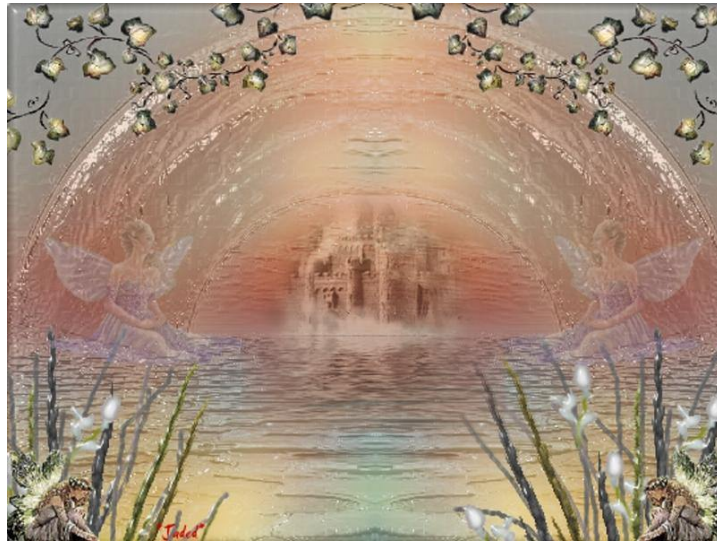


Above All Healing



A BOOK OF INFINITE POSSIBILITIES

Melody Bass
Transformational Life Coach
Healer/Teacher

A BOOK OF INFINITE POSSIBILITIES



**A book of suggestions
on improving all aspects of your life.**

with love and gratitude always,

Melody

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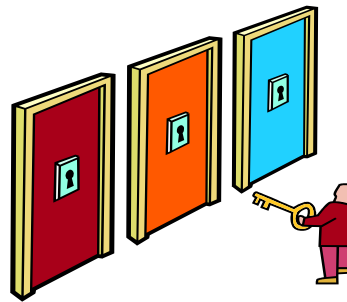
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If you KNOW

You have CHOICE,

What will you CHOOSE?



THREE STEPS OF CREATION

The process to ask, surrender and receive.



1. Be creative, and make a 'choice list' of what you would choose in your life, & tick what it is possible that you **COULD** have, what you **WOULD** have and **WHEN** you expect to have it. Gift this 'choice list' to the universe without any conditions or limitations. Ask the question: What are the infinite possibilities of having in my life? Asking the question opens us to surrendering.'
2. Allow yourself to surrender and be in the question, rather than being stuck in having to have the answer or the solution. Being in the question, allows for infinite possibilities. When we live in the question, we surrender, let go, and then we are honouring the universe. Know that the universe will honour your question and honour you in

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return. Each time we are in the question, we hand the possibilities over to the universe, asking to adjust all aspects of our lives accordingly.

3. Experience the transaction, embrace, receive & welcome it with gratitude into your life, the full vision, sound, smell taste, touch and more. Keep integrating this wholly into every aspect of your life.

Creating Your Choice List

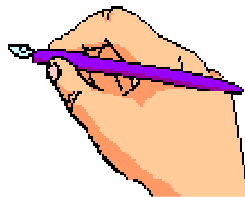
Write down on paper in order of their importance, the things you choose to have in your life.

Do not be afraid of asking for too much. Go for it!

Change your list daily, adding to or taking from it.

Do not be discouraged on account of making changes, as this is part of your growth. There will always be changes and additions and accomplishments and increasing awareness of your infinite power.

Remember - you can choose to change your choices.



The Art of Living in the Question



***Live life in the question and the Universe
will start to re-arrange itself to make it happen for you.***

By living the question, we are asking the universe, and honouring the universe to supplying your request. You are surrendering to the Universe, becoming total trust.

The opposite of living the question: For example: Is having to have the answer, the solution to everything. When we assert our point of view, we are really saying that we don't trust any other possibilities.

Or have you ever noticed how some people bombard you with questions? Have you ever noticed how drained you feel and wish they would just leave you alone or go home?

Often such behaviour is the opposite of trust and an attempt to

prove the other person wrong. Underneath this tactic is fear.

By living life in the questions and handing them over to the universe, we are relinquishing all fear and doubt and trusting the process of life. Living in the question requires trust. Often we cannot acquire trust at the start. Some of your requests, from all practical reasoning, may seem positively unattainable; nevertheless, write them down on your list in their proper place of importance to you. The infinite power within you is total trust.

There is no need to analyse the question or to sort out how this infinite power within you is going to answer your question. Such a procedure is as unnecessary, as trying to figure out how a seed can be planted in the soil and before you know it has transformed into a beautiful flower, often containing hundreds of seeds, each capable of doing what the one seed did. This transformation can be beyond our reasoning.

If you follow the three simple steps, the journey of accomplishment will unfold as mysteriously as the seed of the plant, and in most cases, much sooner than you expect.

How to Create your Choice List:

Put down on your 'choice list' such material things as money, home, cars, or whatever it may be. Be precise with what kind, style, price, colour and all the other details including when you would like it, write it down.

If you would like a home, plan the structure, grounds and furnishings. Choose a location and cost.

If you require money, write down the amount. If you choose to create a business, often it is natural to experience scepticism, doubts, distrust and questionings, but when these thoughts arise get out your list.

Read your list repeatedly, visualize your list, making sure that you are in the picture until the doubts that interfere with your progress are gone. Remember, nothing can prevent you creating that which you earnestly choose. You are an infinite being!



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