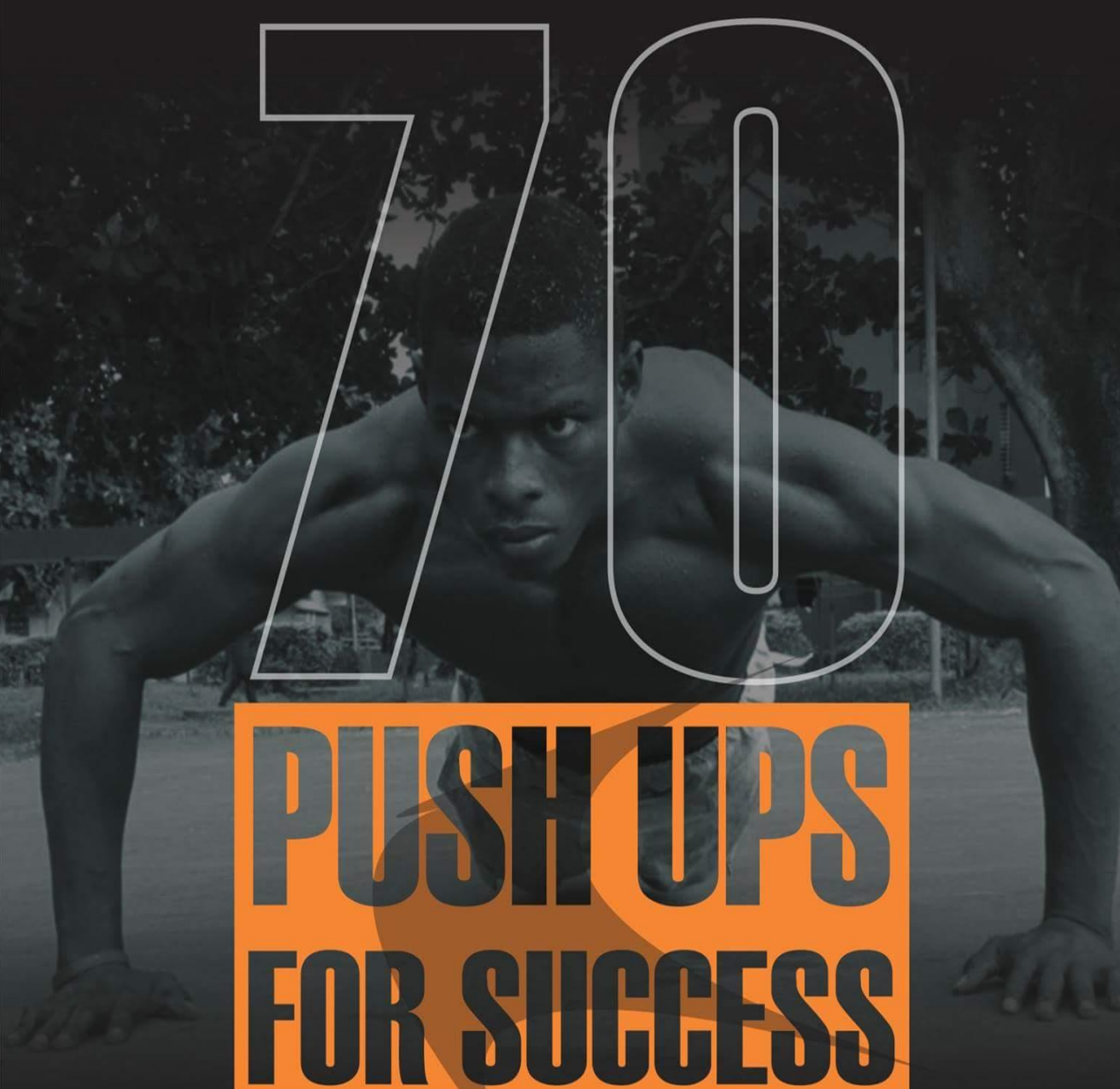


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**PUSH UPS
FOR SUCCESS**

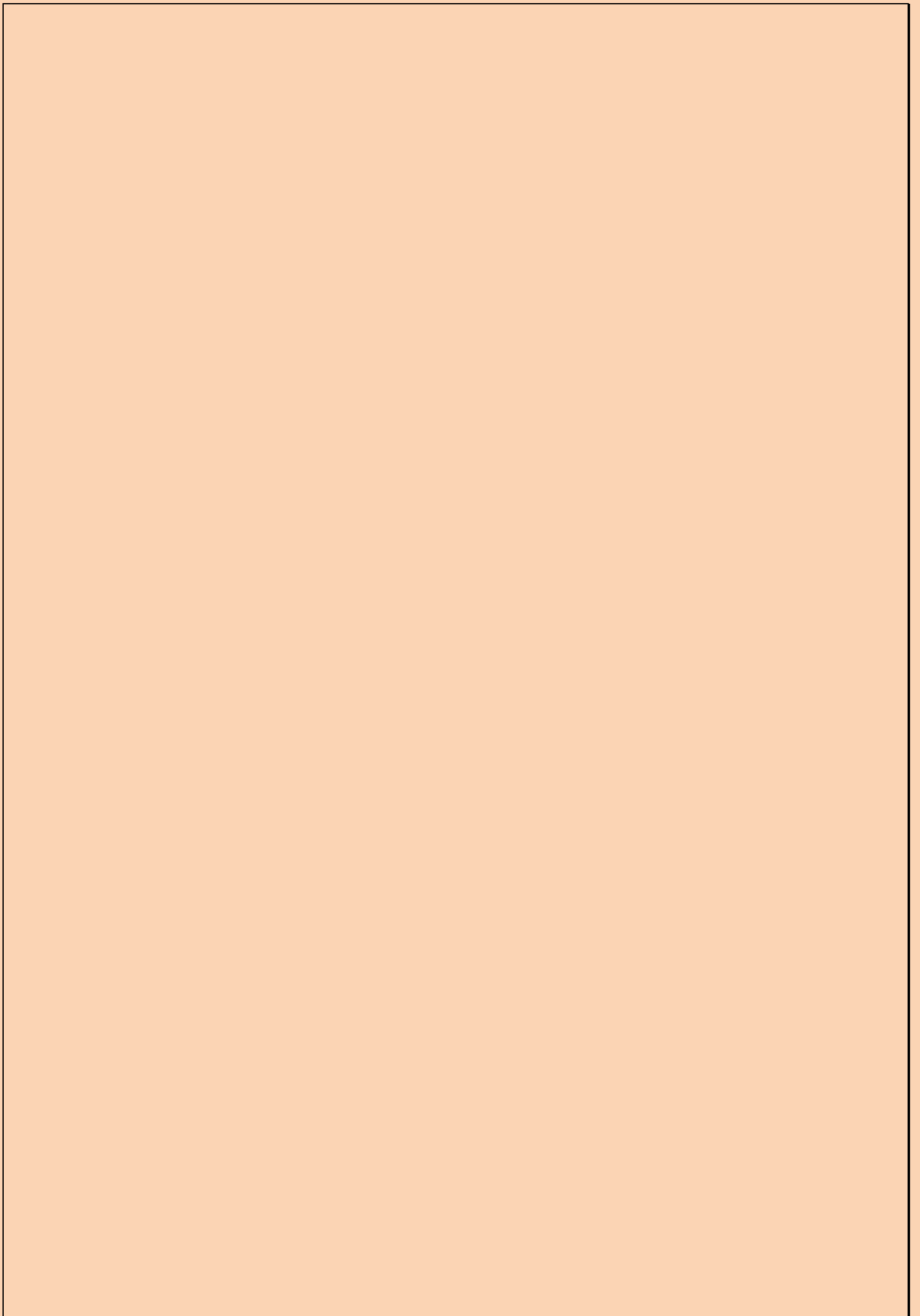
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SUCCESS

in life is directly proportional to your

SMARTWORK

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PUSH UPS FOR SUCCESS

*Your **SUCCESS** in life is directly proportional to
your **SMART WORK***

Livingstone Imonitie

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Published in Nigeria by

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World)

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ACKNOWLEDGMENTS

This e-book on your hands was not done by me alone. Even though I am the writer, I had help from my friends. I want to appreciate the effort of my very good friend, a friend who became a brother, Joshua Navi who advised and helped me on certain issues concerning this work.

I want to also thank Collins Luke for editing this work.

A very big Thank You to Michael Oritseweyinmi Otomewo for accepting to take shot and to Harmony Orakpoyovwuru for your connections

Special thanks to Chukwutem Dickson Ossai, thank you for the wonderful cover page. I wouldn't have been able to complete this work without you guys.

Thank you all and you know I haven't stopped loving you.

DEDICATION

This book is dedicated to every young boy and girl who wants to know the secrets of success and is ready to work towards achieving it.

ABOUT THE BOOK

This is a collection of inspiring words revealing to us some of the secrets of success. There are secrets on academics, business and life in general. I have applied these principles, I have seen people apply these principles and their lives have not remained the same.

This book was written to help young and old people, changing lives, motivating, inspiring and teaching people around the world.

The most interesting thing is that this e-book is totally free of charge. All I want from you is to download it and read it. Don't just keep it in your laptop, tablet or phones. Read it every day, you must succeed.

Thank you for downloading this book. I love you.

70 PUSH-UPS FOR SUCCESS

1. LEARN FROM EVERY BAD SITUATION

Most persons feel bad when they are rejected, sacked or lost something. I know how it feels but try to learn from what life has to teach you because there is always a lesson in every situation.

If you don't learn from the past mistakes, there is a high possibility that you will repeat the same mistake. Life is a wonderful teacher; learn from her so you can be a better person.

Always see the bright side of every bad situation and at the end, you will be glad you pass through it.

2. WHAT WILL YOU BE REMEMBERED FOR?

Don't just pass through this life without impacting into someone. Be the reason behind the smile on that boy's or girl's face. Don't think about what you will be but think about what you will do.

Please don't leave this planet without impacting lives, someone's destiny is attached to you, look for that person and change his life forever.

Don't wait till tomorrow before you start, start now and do something worth remembering.

What will you be remembered for?

3. THE YOU THAT WINS

It is the you in you that wins. It is the unseen you that make the 'seen you' worth while and makes you do things that have commercial value, which makes you do things that the world is waiting to have done.

He lives inside of you and he has been trying to fight his way out. Please do not stop him.

Let the unseen you come out and rule your world.

4. YESTERDAY'S SUCCESS

Do not linger too long at the table of yesterday's SUCCESS because it will hinder tomorrow's BREAKTHROUGH – Smith Bam.

Most of us no longer try to do anything again because we have achieved something in life, forgetting that it was because you tried at first that brought you to where you are today. The only person you should be better than is who you were yesterday.

Everyday whatsapp keeps bringing new features, making it better than the previous one. Facebook does the same too. They do all these to be better.

What if Dangote closes down all his enterprises and say to himself, 'I'm ok now, I don't need more money. I can feed up till my 7th generation'. Think about it.

Don't stop trying to be better than what you were yesterday and please don't live in yesterday's success. Fight for today's own.

5. DON'T LISTEN TO THEM.

Hello guys, in life when you are trying to do something different, there are persons who will discourage you. Who will tell you 'you can't do it, others tried and failed. You are in this part of the country, no one will encourage you.'

I just want to tell you that not all advice is needed. They said you can't do it. That's their view about you but that's not the reality.

Keep doing what you are good at. Be diligent and at the end you will succeed. Don't let their talks stop you. I believe in you.

6. OUR COUNTRY NIGERIA

For some time now I have been thinking about our country Nigeria and where we are going to. With the present situation of our country, what's the way forward?

Some persons say this is the 'end time'. Well to me, I think this is the time we need to wake up and do something or think of a way out. Complaining and pointing of fingers won't solve anything.

I urge us all, both young and old, let's work together to make this country a better place. Prayer is something we can start with and ideas.

We should not focus on the money but the ideas. Let's start thinking and stop complaining. Together, we can make it happen.

7. MISTAKES

“Would you like me to give you the formula for success? It’s quite simple, really: double your rate of failure. You are thinking of failure as the enemy of success. But it isn’t at all. You can be discouraged by failure or you can learn from it, so go ahead and make mistakes. Make all you can. Because remember, that’s where you will find success” – Thomas J. Watson

Albert Einstein said, ‘if you haven’t made mistakes before, then you haven’t tried anything new.’

Don’t feel discouraged anytime you make a mistake. Use that mistake as a stepping stone to climb higher.

8. TWO KINDS OF PEOPLE

“There are two kinds of people who will tell you that you cannot make a difference in this world: those who are afraid to try and those who are afraid you will succeed” – Ray Goforth

Now, they telling you isn't the issue, but you letting what you have been told determine your destiny, your next move is. I tell people that not all laws are meant to be obeyed, the same way not all advice are meant to be followed. Sometimes you just have to do the opposite of what you've been told. Please don't get me wrong here.

Believe in yourself, God believes in you. Go out there and be MAD – Make A Difference. If you succeed, beautiful and if you don't, learn from your failure and do it AGAIN AND AGAIN.

9. DREAMS VS PLANS

A clear vision, backed by definite plans gives you a tremendous feeling of confidence and personal power. It's not enough to have visions or dreams, if you don't plan or work towards achieving it, it will forever remain just a dream.

Never forget that a man is not old until regrets take the place of dreams.

What are you doing? Still dreaming or planning?

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