

Love's Break up

Explosive Tips For Getting Your Love Back



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Table of Content

Introduction... Note From Author

Section #1 - Just Answer Me This... What Do You Want?

The Male Hunter – What Men Desires
The Emotional Female – What Women Craves
The Secret to Understanding You
Should You Break Up?

Section #2 - So You Want Your Love Back... Let's Get Started!

10 Mistakes... Are You Making These?
The 'Get Your Love Back' Plan

Section #3 – The Secret to Attracting True Love

Attracting Mr or Mrs Right

Conclusion... Where to from here?

Extra Resources

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Introduction



Special Note From Author:

Have you just had your heart broken? Does your partner act like he or she doesn't love you anymore? Do you feel like you're the only one trying? Are you and your partner constantly at war with one another?

Is there any love left to salvage?

If you've picked up this book then either you fear your relationship is about to end or one of you has already called it quits. Despite which circumstance it may be, you are in the midst of a relationship transition.

One of two things needs to happen... either you can get your love back or... accept you're just not meant to be together at this time.

I'm the first to admit that not every relationship end because of incompatibility. Sometimes there's still plenty of love between two people but the timing is just not right. Often it's because the people involved assume love is enough when things such as the ability to communicate efficiently or willingness to compromise are what is killing the relationship.

Whether you want to admit it or not you're at a crossroad and you will soon need to decide which path you're headed towards.

Sometimes it's necessarily to at least know you've tried all you could before you can

get the closure you need to start moving on. I'm going to give you all the help and resources you need to gain control of your life again.

This book is split into 3 primary sections:

Section #1 -

Just Answer Me This... What Do You Want?

In this section I cover what men desires, what women craves and what YOU truly want and need in your life. It's important to know what you want, not only from the viewpoint of a brokenhearted lover, but what you truly require from relationships in general. This is also the place to do some soul-searching and find out what went wrong in your current or past relationship.

Section #2 -

So You Want Your Love Back... Let's Get Started!

You might very well decide you want your lover back. Sometimes we just know who we want to be with. In this section I'll provide you with a simple plan you can follow that will help you re-capture your lover's heart again.

Section #3 -

The Secret to Attracting True Love

In this section I'll be diving into some key tips about attracting men or women. You can use this section to attract Mr or Mrs Right or as a way of wooing your lover back. It can be used in conjunction with Section #2.

Conclusion – Where to from here?

A summary of what I want you to take away from this book and how you can start

changing your life right now.

Extra Resources

More helpful links on break ups and re-attracting love.

... Alright, now that you have a brief overview, let's get started!

#1. Just Answer Me This... What Do You Want?

The Male Hunter – What Men Desires



Although men and women aren't much different in the sense that we all want to be loved and appreciated by our partners, conflict is most evident in the way men and women choose to communicate with one another in a relationship.

The truth is the male brain is actually extremely different to the female brain, and the more you understand how men think, the more success you will have with communicating with them.

In the prehistoric times men assumed the role of hunter. As a result they developed a brain better suited for assessing situation, calculating speed, tracking and mapping... in other words the logical side of the brain. This can definitely explain why modern men take better to video games, sports, golf and other more technical activities such as using computers.

Of course this doesn't mean to say all men are into these things but as a general rule, these are the things their brains are more wired to do.

It's also why most men need to feel like the masculine heroine in the relationship. They want to feel needed and admired. They want to be the protector in the relationship. At the same time women also buy into this stereotype that their man SHOULD be the provider.

Too often the ideal male image can poison a relationship. When women find their partner not quite living up to their ideal, they only end up blaming, nagging, judging and nitpicking at everything the man is doing WRONG. This will only make the man feel resentful, bitter and undervalued.

Once they feel they're lower than the role they believe they should play in a relationship, they will leave that relationship for someone who WILL appreciate and admire them.

Men also need their space and 'quiet' time. Unlike women, men like to chill out and in a sense, go into meditative-mode after a hard day's work. This is why men, after coming home from work, would rather relax in front of the tv, read the news or browse the internet. Women on the other hand, would much rather talk about their day as a way to unwind.

Women also tend to think their man should just 'know' what is on their mind. These women will be coy, indirect or drop hints in the hopes their man will just 'get it'. Then when their man doesn't get it, the woman becomes grumpy and upset instead. If you find yourself doing this, do yourself and your man a favour and be direct and open about what it is on your mind instead.

Being too needy, available and dependent on your man will only make him feel trapped. If a man feels trapped, he will build a feeling of resentment for the woman. Trivial issues get blown out of proportion and eventually the man will be criticising the woman's every move as being too controlling.

A man isn't attracted to a woman because she doesn't have a life outside of him, he's attracted to a woman who is independent, self-respected and has the ability to speak her mind.

Understanding men is key to getting what you want out of them. If you have lost the ability to communicate efficiently with your man, keep in mind the things they most desire from the relationship and work on bringing that out in you.

The Emotional Female – What Women Craves



In contrast to men, women are naturally more in-tune with their emotions and feelings. They're better at spotting detail and reading body language. Women, as the nurturer, tend to want to take care of things. Women feel men are like children, who need a woman to take care of them.

It's because women are usually the ones to look after and care for their man, they can start to feel under-appreciated when their efforts are not acknowledged. While men are busy trying to be the 'man' of the relationship, they fail to appreciate or notice the little things women do for them.

Once a woman feels she isn't loved or appreciated anymore, she'll soon start to look elsewhere. In the same respect, if she feels the man isn't providing enough for her (support, security, love etc), she'll also feel inclined to look for those things elsewhere.

Men might want to say women are confusing and because their actions doesn't always make sense, some may even call women evil.

Women are much more emotion-driven than men. This can certainly make their reasoning and actions seem rather spontaneous and difficult. Women also have a wild

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