

How To Flirt

WITH SOMEONE YOU LOVE

-Randy Ross





I think the eyes flirt most. There are so many ways to use them.

Anna Held

The amount of women in London who flirt with their own husbands is perfectly scandalous. It looks so bad. It is simply washing one's clean linen in public.

Oscar Wilde

One kind of flirtation is to boast we never flirt.

François de la Rochefoucauld

There are few young women in existence who have not the power of fascinating, if they choose to exert it.

Benjamin Disraeli, 1st Earl of Beaconsfield

And I highly recommend for all the women in the world, even if they're 71, you can never take for granted that he loves you. It's always good to flirt with him. It's a great sport.

Salma Hayek



Your Relationship

If your relationship is in a rut I can guarantee that one of the key ingredients missing is “playfulness.” When you first met, you were always flirting, consciously or unconsciously, in order to create intellectual tension as well as sexual tension. The combination of these two tensions ignited the flames of interest, passion and dialogue. The flow of body language, eye contact and voice intonation sent powerful signals to your partner that she was absolutely the most important and interesting person on the face of the earth for you. You stayed up all night waiting for the sunrise, intensely listening and conversing on a multitude of subjects.

Oops. What went wrong? Over time, the initial infatuation wears off and the stresses of work, parenting and life pound us back into submission. We take each other for granted and complacency becomes the norm. This book is about how to trigger and reignite the spark with that special someone in your life.

Distance (Proxemics)

One of the easiest ways to flirt is to slightly change your body distance. This distance varies dramatically with each culture, but for Americans it is approximately four feet. For some European and Latin cultures the distance is two feet. We unconsciously do a dance to keep this distance. If someone unwanted is too close, it feels uncomfortable. If someone of interest to you closes this gap, a plethora of different types of responses are evoked. Edward Hall researched the phenomena across cultures and created the study of proxemics.

While setting up a trade show, I observed a man and a woman working in an adjacent booth. They were well dressed and totally professional. After looking at this couple for less than five seconds I told my colleagues that these two were lovers. Everyone told me I was wrong. At about 11 AM the couple disappeared leaving the booth unattended and came back at 2PM looking happy and flushed. My fellow workers asked me how I could have possibly known. The answer was easy. The distance between each of them was too close. The first lesson of flirting is to move in a bit closer for conversation.



What is Flirting?

Wikipedia says that “flirting is an interaction between two people, which suggests that there is a sexual or romantic interest that may or may not be reciprocated.” While flirting may take many forms, “playfulness” is almost always the common ingredient. In order to flirt you must let go and have some fun.

At some point in time, whether we care to admit it or not, we have all flirted with somebody in our lives once or perhaps on several occasions. Ironically, no one wants to admit they are a flirt. It has a bad social connotation. Flirting can be done just for fun or to win the heart of someone we love.

On the positive side, flirting is a powerful tool that can help reignite your relationship. The ability to flirt is inherent. The skill is still there. It has just become overshadowed by the inevitable deterioration of the “what was once there spark.”



The Text Flirt

There are many creative ways you can flirt using text on your phone. Pick up your phone now and get started. It may take a few tries to get your partner interested and the flow going. Once it starts, it will be nothing but fun. Text flirting is a great way to break-up the monotony of boring meetings and classes.

Note: Make sure you have unlimited text service on your phone. Some carriers charge 60 cents a text if you do not have text service enabled. Most carriers charge about \$10 a month for unlimited text.



Short Words

Send only 1 to 4 words that will remind your partner of a good memory that you have shared. For example you may write “Cabo San Lucas” and he will answer “walk beach.” You reply “margaritas for two.” He answers “only with you.” Try to keep it just words rather than sentences. Let your partner fill in the memories.

Photos

Most phones easily send photos. Send a photo of your arm or your feet and a short message of “I am thinking about you.”

Visuals

Send text messages that create a romantic visual such as “Wine and brie with you at the top of the Eiffel tower”, “warm fire - raining outside”, “sitting on a beach - fog horn blowing”, “holding hands at the opera”, “huddled together for warmth in the London fog”, “espresso for two at the sidewalk café”, “talking for hours waiting for the sunset”, “floating in the ocean waiting for the sunrise”, “a long walk in the forest”, “Sunday brunch listening to the seagulls” or “rainbows dancing off the Baccarat crystal in the penthouse suite.”

Word Games

Play word games that stimulate thought. I would like to kiss your ___ S (three letters) and your ___ ___ s (four letters) and your _____ (5 letters) and your _____ s (six letters). The answers your partner sends back will likely reveal some interesting desires.

Romance Novel

Create your own romance novel. You send a few lines of a story and she adds to it. Note: Guys, the idea of most romance novels is to be romantic and sensual. If all of your comments are graphic and lewd, this romance novel may not get very far. Instead add in a character who is a protector, handsome, who can save the day, who is masculine but can cause women to swoon with the recitation of poetry. Try describing a man who can have long intelligent conversations and even longer nights.



Word Scrambles

Send word scrambles.

Eetm em at xis ightton ta Paneros
(Meet me at six tonight at Paneros)

Compliments

Send short compliments such as “I noticed the perfume you were wearing this morning” or “Wow! That new Italian suit you bought gets my attention.”

Decryption Phrases

If you like shopping at Victoria’s Secret together then send one word - “Victoria” - and let your partner figure out the total meaning.

The possibilities for text flirting are endless. Send me your new and innovative text flirting games and clever texts to ross@globalspeakerforce.com. I will include them in my next eBook update.



Fun Ways to Flirt With Your Lover

Below are many examples of how to flirt. Be jovial and playful. Notice that all the examples are not explicit. You always want to leave as much as possible to the imagination.



Eye Flirting

If all else fails, eye flirting won't let you down. It is a myth that flirting has to be only physical. Let your eyes do the trick. Eyes are the most powerful tool that you can use to catch the object of your attention. Look at him straight and imagine yourself winking when in reality you are not. Allow some time for him to capture that gesture for himself. Italian men and women are famous for displaying no inhibition in artfully appreciating each other with their eyes.

Distance Flirting

Think of a circle around your partner of about 4 feet. Outside of this circle is the social space for casual conversation and interaction with colleagues. Inside the circle is the intimate space. You can either step into this area or lean into it. You can also temporarily enter the intimate circle, make a light touch or whisper something provocative or sweet, and the move back out into the social area.



The Cooking Gloves Flirt

The next time you cook dinner put on a pair of long black gloves or lace gloves while you do the preparation. I suspect you will get his attention. Brush the gloves across his face as you are serving.



The Garbage Can Flirt

People spend years in therapy trying to resolve the age old dilemma of who takes out the garbage. But the problem can be solved in 60 seconds. Tell him to take out the garbage, that there is a special note on top of the can, and that you will be waiting for him to come back.

The G String Flirt – Reach your hands around to the back of your pants. Tell him you are wearing a red G string but you can't remember whether or not it has a bow on the top of it. Then leave and go shopping.

The Raincoat Flirt – A girlfriend once called me at 11 PM and said she was coming to my house wearing nothing but a raincoat. She then hung up the phone. She kept me waiting for two hours – a long two hours.

The Cologne Flirt

Call her and say that you have just purchased three different types of colognes. Each of them has been sprayed on a different part of your body.

The Note Flirt

The possibilities for flirting with notes are unlimited. Write a short note and put it on the mirror, the dash of her car or the back of her ATM card.



The Whisper Flirt

Lean in close to her in a public space and whisper something. Whispers will focus her attention. Think of something to say that will spark her imagination.

The Silly Flirt

Be silly, tickle her. Chase each other around the park like children on a playground. Go ahead and splash in the waves. Roll down a big hill holding each other. Be playful. Laugh so hard with each other that your stomach hurts.





The Padlock Flirt

In the city of Kiev, Ukraine, there is a bridge for lovers which is covered in hundreds and hundreds of padlocks. Each padlock is inscribed with a wedding date or a promise of endless love and then attached to the railing of the bridge. Give her a padlock covered in hearts and your names. Find someplace together to lock in your love forever.

The Screaming Flirt

I believe, as some psychologists do, that a special bond is deeply formed between a couple that experiences together the exhilaration of intense excitement and or fear, i.e., something that evokes our primal adrenalin response. Hold hands, look deeply into each other's eyes and scream as loud as you can as the roller coaster plummets, the hang glider floats or the bungee cord allows you to plummet several hundred feet together.

The Poetry Flirt

Read her a few short phrases of romantic poetry as she goes out the door for work. Better yet, read her something you wrote.

The Singing Flirt

Call her up and sing her a few phrases of a song that you both enjoy. Don't worry about being a perfect singer – it is the thought that counts. I like to sing "Ain't No Sunshine When She's Gone" or "I Can't Live If Living is Without You."

The YouTube Flirt

The possibilities here are incredible. Send her the video to a romantic song like "Slow Like Honey" or an exotic travel spot. There are thousands of trailers of romantic moments from famous movies.

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