

**Guaranteed:**

**How To Get  
Women**

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# Introduction

Getting women to fall head over heels for you is an option that you have. Many men are self conscious, inexperienced or simply aren't sure what the first step is in attracting women. Women don't make this easy as they are very difficult to understand, rarely able to be predicted and they require time and energy.

In this book, we will reveal several key strategies to improving your chances with a woman. No matter what background you are coming from or what your goals in attracting women are, this book will reveal the methods to making it happen.

Take the time to thoroughly read through it and learn what benefits you can have in your life with these simple to follow tips and strategies. For most men, it's simply a matter of changing the way that you think about women and the way that you approach them.

You can find success in dating women with the strategies we'll present here. Get started at changing your own life and do it today.

# **Chapter 1: Men Don't Get Women:**

## **The Real Problem Lies Here**

No matter what your goal is in meeting women, if you don't understand them, or try to, you are unlikely to actually meet them. While you will never truly get inside the head of every woman that you meet, you should understand some real fundamentals about the way that they think and the way that you need to interact with those thoughts.

When talking to women, it is evident that there are many different ways that they do think.

- A woman is likely to think about the future as soon as she meets a man. "Is this someone I can spend my life with?"
- A woman looks at a man and determines if he fits her idea of the perfect man. This usually comes into play with the way that you look, act, talk with and interact with her.
- Most women want to be treated as a person that deserves full attention from you. A man that makes sure to give her this attention will be more attractive.
- Most women don't think about money that a man has per se. Instead, they consider if a man can support

himself, and that he's not going to rely on her to do that.

- Most women first think of a man in terms of if he meets her needs. He has to impress her, rather than her impress him.

To attract women, you simply must understand how to present yourself in such a manner that will play against her needs, her desires and the type of man that she wants to be with. Throughout the next chapters, we will define what you need to do to make these feelings come from deep inside you to attract the women you are interested in.

The female mind is confusing and difficult to predict. Yet, with a few simple tips and suggestions, you will be well on your way to defining who you want to date and get to know rather than who will date you.

## ***What You Have To Learn***

There are several key areas that men must be experts at in order to attract women. These areas are what will define success with women or not.

Rate yourself on a scale of 1 to 10 on how well you perform at these things:

- Are you confident in your approach and dating?

- Are you able to flirt? If so, do you get results when you flirt?
- Are you humorous? Do you make women smile and laugh?
- Can you hold a conversation with a woman? Are you comfortable in doing so?
- Are you comfortable with your masculinity and being a positive, attractive male?

There are some things that you will not learn here because they simply do not work with great success. For example, there are no hidden tricks to dating women. The use of pick up lines simply doesn't work for most men (even when it does, its something that must be done on a per person basis.) Finally, manipulative or sleazy strategies are not used here either. When you learn to treat women for their value, you will get them far more attracted in you than any of these strategies could ever provide.

You will find many different scenarios for meeting women offered throughout the web. Yet, the goal of this book is to provide you with ample ammunition to actually attract women based on positive methods that work that also address the real problem you face.

You could be sent out into the world to meet women with a pre scripted set of lines. You may meet someone.

Or, you could learn how to identify the real problem you are facing, such as those aspects that we teach here, and never have to worry about remembering lines. You can be yourself and attract women.

Getting to the root of the problem can define success. If you think back to the last experience that you had with a woman, what do you remember as the problem? Perhaps you were unable to say something to her to show your interest. Perhaps you were too shy to even approach her. You could have been lacking in confidence to ask her for her phone number.

The challenge that you face is a lack of confidence, a lack of skill and the experience that brings it all together. In the real world, you must know how to approach a woman and then how to react to the individual situation. When you do these things, it is likely that you'll improve your chances as well as improve your self esteem.

Meeting and attracting women is a process, one that takes time and patience. Get started by learning the methods that work and then implement them into your everyday life. You will learn how to interact with women for real success.

## **Chapter 2: A Lack Of Confidence Got You Down?**

For 80 percent of men, the largest problem they face in meeting women is not the way that they look, the money that they have or the lack of a cheesy pick up line. It is a lack of confidence. Confidence gives you the ability to make that first move. It also exudes from you which mean that a woman is attracted to it.

Confidence alone is one of the most desirable methods for attracting women. A confident man is likely to meet many more women. Are you confident, then?

A confident man is realized in the way that he interacts with people, in the way that he presents himself as well as in his ability to portray himself as a masculine but genuine man.

How can you be a confident man? There are several key things that you should attempt to learn and fold into the process.

- Determine what your fear is.
- Fear is a powerful emotion that's limiting you.
- Overcome your fear by forcing yourself to do whatever it is.

- By overcoming your fear, you actually gain confidence that is irreplaceable.

To take this simply designed plan into account, you will gain confidence through conquering a fear. It does not have to be the fear of talking to a woman, either. Start out by determining a fear that is easier for you to conquer.

No matter what fear you tackle, the goal is simple. Give yourself a foundation of confidence, even a weak one at first. By conquering some fear that you have, you can build upon this small amount of confidence and later tackle a larger fear.

Once you have overcome some small fear, next, test the waters by conquering your fear of talking to women. The first time you head out to do this, give yourself some rehearsal. Plan what you will say, even rehearse the lines beforehand if it offers a bit of help to you.

Next, approach a girl, but pick one that you are more comfortable with rather than the one girl that you really want to talk to. Approach her and simply say, "Hi, I'm Adam. How are you?" This simple approach will give you a huge boost in the confidence department. Even if she doesn't talk to you, you got the words out. Try to work up to a level where you are really talking to someone and the conversation is going well.

Once you get the conversation to a good, positive point, excuse yourself. Leave on a high note. If you aren't attracted to her, there's no need to worry about asking for a phone number.

Since you left on a high note, you are now more prepared than ever to talk with the girl that you've been too worried to talk to. You have more confidence and feel better about it simply because you have overcome this fear. You forced yourself to talk to a girl and now you feel amazingly confident and can make your next move.

You may be thinking to yourself, "I just can't do it." The fact is that most men go through this. They feel like they can't take that first step. Yet, you have to make a decision here. Do you want to spend the rest of your life alone or will you get over your fear and simply walk up and start talking to her?

If you do it, if you say, "Forget this, I'm doing it" you'll overcome your fear, gain confidence and all of the anxiety that goes with the fear will be gone, just like that.

When you push yourself to that moment when you are very close to turning around and saying forget it, you gain benefits ultimately. You gain the benefit of confidence.

Once you get through your first fear conquering step, take a step back and ask yourself a few questions. For example, do you feel that you were successful in talking to her? What could you have done differently? Perhaps you did all that you need to and now you feel good about the whole situation?

Step back, analyze and make changes as necessary. Then, approach another girl and start the process over. Don't wait too long between talking to one girl and talking to the next, as this lowers your confidence level again. Just like after a big game that's one, the team is better prepared to win the following game when momentum is high. Take advantage of this.

### ***Do You Have Enough Confidence?***

Remember that we revealed that men not only need confidence for themselves, but also because they need to attract women to them with confidence. A woman is attracted to a man that is confident. You have to ask yourself if you feel that you are confident enough to exude it and therefore attract women.

One way to know how confident you are is by listening to what the women you meet say about you. A confident man is someone that is alluring, but with a cunning charm. For example, a man that has a woman guessing what he will do

next is one that is attracting her. Has a woman ever said to you that they “aren’t sure what you will do next?” This is a great sign that you are confident in your actions.

How else can you be confident with women? Here are a few more tips to keep in mind:

- Confidence is defined by the way that you interact with women. Do you approach them directly, without coming from behind or approaching them shyly?
- Do you speak them in strong, positive words in a clear voice? Does your voice shake when you speak? Do you feel confident when you are speaking to them?
- Do you make eye contact while you are speaking to her? Looking at your glass or looking at everything around you is not only a distraction to you, but it shows her that you aren’t interested in her. Eye contact is very attractive and often appealing to a woman.

In later sections, we will reveal ways that you can learn to say and do the right things in an effort to actually exude confidence.

## ***Strategies For Confidence***

Being confident allows you to have the courage to talk to women. Being confident attracts women to you. Therefore, you must incorporate this into your skill and your approach if you are to improve.

To help you, we have broken down several key aspects that you can do today to improve your level of confidence and therefore get the girl.

### **Practice Your Skill**

Although it is hard to get your foot in the door and get started with asking girls out and even just talking to them, it's the best way for you to actually improve your skill. Practice makes perfect which also means that the first few times that you talk to a girl, you are likely to fall flat on your face. That's a learning experience and each time will get easier.

You should talk to several women, not the same one over and over again. If you wanted to learn how to ski, you would have to get out there on the slopes several times. The same methodology is effective here. Practice!

### **Realize You Are Worth It**

Far too many men don't realize that they are a good choice for a woman. Give yourself credit, you are worth dating! If you are someone that's too hard on them, you're letting yourself down in the end. Instead, what you need is to be positive and motivated.

If you aren't sure what makes you a good mate, its time to define that. List all of your good points. Keep in mind how important it is for you to realize that women should be flocking to you. In fact, once you learn why you are so valuable to women, they will be even more attracted to you because of this increased confidence. A man that is confident in what they can offer to a woman is one that will attract them.

### **Look Under Her Skin**

Are you a man that gets a little shaky when he sees a beautiful woman? You think to yourself that she's too good for you. No way will a woman like that be with you. This is one of the largest mistakes a man can make. A 10 on the attractive scale is only skin deep. The fact is that you really don't know what her flaws are.

As a man, you need to realize that even the most beautiful of women have flaws and other drawbacks that may even keep you away from them.

Therefore, don't put so much pressure on yourself. She has flaws, too. Allow yourself to rest assured that she's not perfect as you are not. You do deserve to talk with this woman just like any other. That's your goal: treat them no different than the average looking woman.

### **Date Multiple Women**

Once you get married or find that great girl that you really enjoy spending time with, that's when you can begin to worry about dating just one girl at a time.

While that may shock some of you, the reason for this is simple. A man gains confidence when he realizes that he has more than one girl to be with.

Here's the situation. If you meet Jane and think she's okay, what happens when you no longer find her interesting? You may even stay with her because you would rather not be alone.

One the other hand, if you meet Jane, Annie, and Jessica, if you get to the point of being bored with Jane, you are more likely to let her go because you still have Annie and Jessica to call. What's more, you are also gaining quite a bit of confidence knowing that there's someone else out there that's interested in you, too.

## **Keep It Going**

Let's say that you find a bit of confidence and start talking to several women. You are just approaching them and asking if they would like a drink. It's worked for you as you have talked to several girls and gotten their phone numbers.

When something starts to work for you, whatever that is keeps it going. Make sure to keep up the good things that are you doing. Perhaps it is just the location that's working for you. Maybe you are meeting people at a new club because of the unique atmosphere. Keep it up.

What's working for you is worth keeping up as long as it doesn't become tired and boring for you.

In the process, you will also gain confidence because you are seeing results. The most important consideration here is the fact that you are gaining confidence in such a way that it is allowing you to try new things, too.

Keep up what you are doing and add in something new to test the waters as you go.

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