

# **The helmet of Salvation**

***And the whole armor of God***

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**AND TAKE THE HELMET OF SALVATION, AND THE SWORD OF THE SPIRIT, AND WATCHING THEREUNTO WITH ALL PERSEVERANCE AND SUPPLICATION FOR ALL SAINTS. Ephesians, Chapter 6, Verse 17.**

**FOR THE WORD OF GOD IS SHARPER THAN A TWO-EDGED SWORD. Hebrews, Chapter 4, Verse 12.**

**AND HE HAD IN HIS RIGHT HAND SEVEN STARS AND OUT OF HIS MOUTH WENT A TWO-EDGED SWORD. Revelation, Chapter 1, Verse 16.**

## INTRODUCTION

Many of the principles in this book are taken from a book I wrote several years ago called “SPIRITUAL WARFARE AND THE CRAFT OF DECEPTION.” The theme of this book however, focuses mostly on the Helmet of Salvation than on the other armor we have in our spiritual arsenal.

The Helmet of Salvation is the most important virtue in our spiritual arsenal. Without the Helmet of Salvation the rest of the armor of God is useless. Unless Christians know how to use the weapons God has placed at their disposal to fight their spiritual enemies with they will continue to remain entrenched in their cognitive carnal thoughts. It is imperative that each Christian learn how to cast down the thoughts and imaginations that exalt themselves against the knowledge of God.

Carnal mindedness has kept the people of God from experiencing all that Jesus paid for them on the cross with His precious Blood. Understanding the enemy Satan is lying in wait to defeat each Christian and how to recognize his tactics is the beginning of experiencing victory over the enemy of our souls. We must never forget that the enemy will continue to test our faith and resolve whenever and wherever he detects an opportunity to kill, steal, and/or destroy.

When we put on the Helmet of Salvation we will understand the strategies of the enemy and how we can defeat him on the battlefield of our minds. Putting on the Helmet of Salvation will also give us spiritual insight into how we can dwell in peace and harmony with ourselves and others around us. When we understand that our greatest

enemy is SELF, we will be on the right tract to freeing ourselves form carnal mindedness by and through the power of the Holy Spirit. When we see Christ our Savior and Redeemer as our only hope of salvation and the only hope of true peace in our lives, we will be on our way toward total victory over Satan and our spiritual enemies.

Many Christians languish in fear, doubt, and unbelief because they do not have the knowledge they need to defeat the enemies of their soul. Knowing we have been given power over ALL the works of Satan is the beginning of finding true freedom in Christ. Knowledge and understanding are powerful weapons in our quest to overcoming and defeating the enemy who is waging war on the battlefield of the mind.

# CHAPTER 1

## SALVATION

The word “salvation” in the Hebrew is derived from the Hebrew word “yshuwah.” It is a word which is related to the Hebrew word “Yeshuwa” or Joshua which is the Hebrew name for Jesus. Jesus means “Savior.” The Bible tells us that Jesus is the “Captain of our Salvation.” Hebrews 2:10. The Old Testament is filled with many types and shadows. In the Old Testament the word “salvation” usually referred to God “delivering” or “saving” the people of Israel from evil, danger, and/or their natural enemies.

In the New Testament the word “salvation” is derived from the Greek word “soteria,” which basically means the same as the Hebrew word “yshuwah.” Soteria is derived from the root word “sotor” which means “Savior.” Jesus (Savior) like the song says, saves us from many “dangers, toils, and snares.”

Soteria is an all encompassing word regarding deliverance. As Christians Jesus delivers us from sin, guilt, sickness, trauma, spiritual death, as well as “carnal mindedness.” Deliverance from carnal mindedness or the “old man” is one of the most important aspects of salvation.

If we can be delivered from self-will and self-determination, we will be on our way to finding divine purpose in our lives. Through the blessing of “salvation” we are delivered from sin, sickness, disease, and oppression, as well as ALL the works of the enemy. Through the blessing of this “great salvation,” we are saved from the punishment which was and is awaiting the Devil

and his angels. See Hebrews 2:1-3.

## **DELIVERANCE FROM CARNALITY**

When we put on the “Helmet of Salvation,” Jesus, who is our salvation delivers us from the carnal thoughts that war against our souls. The will, as well as all carnal desires, motives, and attitudes are hindrances to our complete deliverance from self. Being delivered or saved from ourselves will lead us into greater spiritual freedom as well as many opportunities to receive the blessings of God.

Carnal thoughts and ideas will always hinder our walk with the Lord and will continue to plague the hearts and minds of those who have not been delivered from the “works of the flesh.” The Bible tells us that to be carnally minded is death, and that the “carnal mind” is the enemy of God. Read Romans 8:7. The Bible also tells us that to be spiritually minded is life and peace.

We cannot be at peace with ourselves or with God if we are carnally minded. The carnal mind is devoid of truth. Without truth the mind cannot be transformed into the mind of Christ because Christ is the Truth. It is the truth that makes us free and transforms us into the Image of Christ.

If we are going to be delivered from carnal thoughts, we must change the way we think as well as the things which we continually think about. Carnal mindsets can only lead to carnal emotions, attitudes, and desires. Carnal mindsets will always reject the truth and take into captivity the thoughts that exalt themselves against the knowledge of God.

When men reject the truth and lean upon their own understanding they cannot and will not possess faith. They

will reject the “instructions in righteousness” which can only come from being spiritually minded. They cannot receive the life Jesus offers to all who will repent of their sins and find the salvation which is freely offered to them.

## **THE SOURCE OF SALVATION**

**SALVATION IS FOUND IN NO ONE ELSE, FOR THERE IS NO OTHER NAME UNDER HEAVEN GIVEN BY WHICH WE CAN BE SAVED.** Acts 4:12 NIV.

Jesus is the only WAY to salvation. He is the Truth, the Life, and the Way. Jesus is the only way by which mankind can enter into the gates of Heaven. The Name of Jesus is the only Name that can open the gates of Heaven for a lost and dying world. Christ is the source of eternal life, and without Christ no one can find forgiveness of their sins and the salvation of their souls.

The Bible tells us that “all have sinned and come short of the glory of God.” Romans 10:23. Without Christ we cannot reach the pinnacle of God’s saving grace and glory. Without the source of God’s grace and glory, mankind is doomed to an eternity in the Lake of Fire.

When people find the source of “eternal salvation,” they will find Christ as their Redeemer and Lord. Acknowledging the truth, which is found only in Christ, opens the gateway, not only to Heaven above, but also to Heaven on earth. The promises of God are found only in acknowledging the promise giver who is Christ from whom all heavenly blessings originate. We cannot and will not receive the promises of God without first having faith in the

source of the promises--Christ.

The source of all heavenly blessings and promises are received by and through faith in Christ. Without Christ there is no hope of receiving any of the divine promises and blessings He secured for us at Calvary. The Bible tells us “without faith it is impossible to please God” and that He rewards those who diligently seek Him. Hebrews 11:6.

## **OUR INVISIBLE SOURCE**

**“THE KINGDOM OF GOD DOES NOT COME WITH YOUR CAREFUL OBSERVATION, NOR WILL PEOPLE SAY, ‘HERE IT IS,’ OR ‘THERE IT IS’ BECAUSE THE KINGDOM OF GOD IS WITHIN YOU.”** Luke 17:20-21.

Jesus said the Kingdom of God cannot be seen with the natural eyes. On the earth the Kingdom of God is an invisible kingdom which cannot be seen or felt by our natural senses.

As Christians we must understand that the Kingdom of God nor any of the virtues of the kingdom come through observation. We can see the results of some of the benefits of the Kingdom of God here on earth through the blessings and promises of God we receive at times. The greatest blessings we can receive on earth are those that are invisible to the natural eye. They are the virtues that come with being “one” with Christ. They are

The source of all spiritual blessings can only be found in the invisible Christ and the Kingdom of God that dwells within us. It is the invisible Spirit of Christ that dwells within our hearts (spirits) who is the administrator

and benefactor of the promise of salvation, as well as the spiritual virtues which dwell within us.

Christ in us IS our hope of glory. Christ in us is also our hope of salvation and redemption. Christ in our hearts is the gift that keeps on giving when all other natural gifts fail and/or cease to exist or comfort us. Christ alone is the only one who can quench the spiritual thirst that parches the dry soul. His Spirit is the River that waters a spiritually dry and thirsty ground. Only Christ can feed those who are spiritually hungry with manna from Heaven.

The Bible tells us that “Christ is the image of the invisible God,” and that all things which were created both visible and invisible in Heaven and on earth were created through Him. Colossians 1:15. Christ created an invisible kingdom in our hearts through the power of His Blood. He came to dwell within our hearts to free us from sin, fear, depression, oppression, and spiritual death.

Christ came to dwell richly within our hearts and give us power over all the works of the enemy. He came to give us hope for a more peaceful day, as well as a better, more glorious and prosperous tomorrow. However, the greatest hindrance to receiving all the blessings and promises of God is the carnal mind that opposes truth, righteousness, and faith. God gave us the power to become free from all things that hinder us from experiencing His best when He gave us the mind of Christ.

Knowing and understanding the principles of spiritual warfare can and will free us from carnal mindedness, and establish the Kingdom of God within our hearts AND our minds.

One day I was meditating on the whole armor of God and the weapons our warfare. As I was meditating I saw a vision in my mind of Paul receiving his revelation of

our spiritual “armor and weapons” as he was observing the armor of a Roman soldier. Paul shared those revelations in his epistles to the churches.

Understanding and utilizing the principles of spiritual warfare is of utmost importance to every believer. We have an enemy that is trying to deceive us and destroy our relationship with Christ.

## CHAPTER 2

### THE HELMET OF SALVATION

**PUT ON THE WHOLE ARMOR OF GOD THAT YOU MAY BE ABLE TO STAND AGAINST THE WILES OF THE DEVIL. FOR WE WRESTLE NOT AGAINST FLESH AND BLOOD, BUT AGAINST PRINCIPALITIES, AGAINST POWERS, AGAINST THE RULERS OF THE DARKNESS, AGAINST SPIRITUAL WICKEDNESS IN HIGH PLACES.**  
Ephesians 6:11-12.

The Bible tells us to “put on” the whole armor of God because we are at war with unseen forces which inhabit the Kingdom of Darkness in this present world. There are many good books that have been written on the subject of “spiritual warfare” and deception. However, we must never forget that the power in the armor and weaponry the Lord has given us only comes from being “clothed” in Christ. As our roots grow deeper in Christ and our foundations in Him become more secure, we will gain more and more power over the Forces of Darkness.

In our journey through this life on earth we can be assured that the wiles and schemes of the enemy will have no affect on us when we are clothed with the “whole armor of God.” Being crowned with the Helmet of Salvation is the key to obtaining freedom from all the works of the flesh, and gives us the ability to utilize the other spiritual virtues and weapons we have in our spiritual armory.

The war to obtain spiritual maturity and victory over the Forces of Darkness begins on the “Battlefield of the

Mind.” The “Helmet of Salvation” is the most important part of our “spiritual armor” because it gives us insight into understanding and utilizing all the other armor and weapons God has provided us with. I believe that the Helmet of Salvation is the foundation which all the other armor and weapons God gave us is established and rests upon. Putting on the Helmet of Salvation is the beginning of a life of freedom from sin and oppression.

Our salvation is the foundation on which the weapons of our warfare rest. The biblical definition for the word “salvation” means to “preserve from destruction, danger, or great calamity.” Being clothed in Christ as our Savior and Redeemer is a pre-requisite for obtaining and putting on the “whole” armor of God

## **BEING CLOTHED IN CHRIST**

**THE LORD IS MY ROCK, AND MY FORTRESS,  
AND MY DELIVERER; MY GOD MY STRENGTH  
IN WHOM I WILL TRUST; MY BUCKLER, AND  
THE HORN OF MY SALVATION, AND MY HIGH  
TOWER.** Psalm 18:2.

The Bible tells us that the Lord is everything we need as we wage war against the enemy who is trying to destroy our souls. We are told to “clothe ourselves with Christ.” Read Colossians 3:10-12. NIV. When we put on Christ we are putting on the “whole armor of God.” When we put on Christ we are clothed in the Armor of God, and our enemies have no weapon they can form against us that can or will prosper.

The whole armor of God has the power and ability

to guard and keep our hearts safe from all the wiles and schemes of the Devil when he comes to steal, kill, and destroy. The Devil cannot penetrate the whole armor of God when it has been applied to our hearts and minds effectively and correctly.

Without the whole armor of God, we cannot and will not be able to face and defeat the spiritual giants that come to “defy” the armies of God that lack discernment and spiritual fortitude. Without understanding what we have been given through the sacrifice of Christ on the cross and His resurrection, our spiritual battles can and will be lost. That is why the Helmet of Salvation is so important to believers. Being renewed in the spirit of our minds assures us we have the power and ability to defeat all the spiritual enemies of our souls. Ephesians 4:23.

## **THE MIND OF CHRIST**

When we put on Christ we are being renewed in the “spirit of our minds.” When we are putting on the Helmet of Salvation, we are putting on the mind of Christ. The mind of Christ speaks of the desires, motives, and attitudes of Christ. It is Christ IN us that is the hope of our salvation and the hope of glory for us. Without being renewed in the spirit of our minds with the attitudes, motives, and desires of Christ, we will lack the power and understanding it takes to detect and stand against the wiles and schemes of the enemy. Defeating the enemy on the battlefield of our minds assures us we will defeat the enemy in every area of our lives.

Without the attitudes, motives, and desires of Christ, we are just like most Christians who are unknowingly waiting for a catastrophe to happen that they

cannot handle. Without the Helmet of Salvation, Christians will not recognize the schemes of the enemy which are designed to steal, kill, and destroy. Unless our desires, motives, and attitudes are pure, the enemy will find a way to defeat us, first on the battlefield of the mind as well as in many other areas of our lives.

## **KNOWLEDGE, WISDOM, AND UNDERSTANDING**

When we are putting on the Helmet of Salvation, we are putting on the knowledge, wisdom, and understanding of Christ which enables us to drive out the ungodly inhabitants (habits and thoughts) of the mind that war against the soul. We cannot and will not be able to defeat the enemy without godly knowledge, wisdom, and understanding.

The Bible tells us that godly wisdom is the principle or the most important virtue we can possess. Proverbs 4:7. With the Helmet of Salvation comes the wisdom we need to fight the “good fight of faith,” and devise winning strategies against our spiritual enemies. Without godly wisdom we will not be able to recognize the enemy when he secretly and stealthfully comes to steal, kill, and destroy. Jesus tells us to be wise as a serpent, but gentle as a dove. Matthew 10:16. Like Eve in the Garden of Eden, if we are not as wise as the Serpent, we will be unable to detect the enemy’s evil devices and schemes.

Without the knowledge of “how” to defeat our spiritual enemies, we cannot and will not succeed in battle on the front lines of our minds. Learning the strategies and principles of spiritual warfare is important if we are going

to defeat the enemy who is waging war against our souls. However, knowledge without understanding of how our enemy wages war is useless. Knowledge without understanding is fruitless and incapable of devising effective defensive and offensive strategies in the battle over our souls. Many well meaning Christians have lost battles they could have won if they had known and understood the principles of spiritual warfare the Bible teaches.

## **LIVING IN THE PAST**

**THEREFORE, IF ANY MAN BE IN CHRIST, HE IS A NEW CREATURE: OLD THINGS ARE PASSED AWAY; AND BEHOLD, ALL THINGS ARE BECOME NEW.** 2 Corinthians 5:17.

In Christ old things have passed away and all things have become new “In Him.” When we become born again, the Spirit of Christ comes to live within our hearts (spirits). Unfortunately, many Christians do not understand that they must be “renewed in the spirit of their minds” in order for them to become completely free from themselves as well as the old man which rises from the dead whenever he desires. When “old man” philosophies, imaginations, and thoughts dominate the minds and hearts of Christians, they are left without spiritual understanding and/or insight. They can be easily blindsided by the wiles and schemes of the enemy.

Many Christians do not know how to free themselves from the ungodly thoughts, beliefs, and ideologies that still plague them. They are spiritually and

emotionally chained to the failures and sins of the past. They will continue to be bound by carnal mindsets until they learn how to free themselves of the ungodly thoughts, imaginations, and sins that so easily besets them. They will also continue to experience defeat until they understand how the enemy uses adverse circumstances and other people to defeat them.

As long as Christians live in the past “harboring” carnal desires and emotions, their sins and the enemy will continue to have power and control over them. Many Christians deceive themselves into thinking they are “walking in the Spirit” because the Spirit of Christ dwells within them. However, this is not the case. If we are walking in the Spirit, we will not be subservient to the flesh. If we are walking in the Spirit, vain imaginations and sin will not have dominion over us.

The “renewing of the mind” is of utmost importance for Christians if they are truly going to be free from the sins and evil imaginations they procured when they walked in the same darkness which continues to permeate this present world. If they were truly walking in the Spirit, sin would no longer have dominion over them, thus their cognitive thoughts would be pure and holy instead of unholy and impure.

Putting on and keeping on the Helmet of Salvation will ensure Christians they will be victorious on the Battlefield of the Mind. When Christians do not understand or even acknowledge they are at war with the Forces of Darkness, they have already been defeated. The good news is there is always hope for those who desire to stand against the onslaught of the enemy as they put on the Helmet of Salvation, pick up their cross, and follow Christ.

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