

Book 7

Website:

[www.outskirtspress.com/apoetsheart](http://www.outskirtspress.com/apoetsheart)

“The Heavenly Light”

By

Donna M. Solitario

“The Heavenly Light”

Is soaring through the midnight sky  
Gracing the world with solace and might  
Dancing around the twinkling stars  
Brightening Angel Wings singing to God  
Sprinkling stardust upon hearts  
Healing wounded souls  
Reaching out to the defiant and bold

The Heavenly Light

Is an eternal treasure to behold  
All the Darkness disappears  
Drying anguished tears  
The Heavenly light gives refuge to the lonely and lost  
Peace to the ones who carry a heavy cross  
Embracing souls with faith, hope and love

If You Want Love

Give Unconditionally

If you want truth be honest

If you want justice be fair

If you want empathy

Show compassion

If you want equality

Accept others as they are

If you want good morals

Be a good role model

If you want to be happy

Be grateful

If you want happy children

Shelter them with love

If you want romance

Be loyal and romantic

If you want good friends

Be a good listener

Be there for them in the depths of winter

If you want a family

Be a part of it

If you want to make a change

Let it begin with you

If you want success

Give it your all

If you want peace

Surrender to Gods will

By Holy Grace

When the sun comes out and it's safe to play

I'll tip my hat when you pass my way

I will cherish you more than ever

For by the grace of God we will once more be together

## “Gratitude”

When I awoke this morning  
I thought of Gods many blessings  
Even though I have crosses to bear  
Like so many others I too share  
Disappointments and challenging life lessons  
It never prevents me from paying attention  
To the gratitude I have in my heart  
All by the grace of God

## God Bless the Addict

Addiction it does little good to ask why, but so much good to ask how?  
Recovery can begin when the addict reaches out  
One could pretty much be addicted to anything at all  
A sure thing is that the addict and their loved one's suffered  
Let us pray that one day at a time they choose to recover  
For addicts are sadly affected by mental, physical, emotional and spiritual pain  
Toxic guilt, remorse, sickness and shame  
It does little good to blame  
From a disease that is overtaking them  
With the loss of their dignity and self-esteem  
Affecting lost souls and heartache for the entire family  
Hoping to achieve some peace and serenity  
Friends and co-workers are affected too  
They need support to be renewed  
Its important when the addict is ready for support to follow through  
The addict needs a spiritual connection  
For this powerful disease can lead to death and destruction  
We need to come together to foster a new beginning  
While they address their addictions  
We need to show them all love  
The greatest power of all

## Sometimes

Sometimes we all need to cry

When loved ones are taken away from us and we don't know why

Sometimes life can break our hearts

We try our best to carry on and do our best part

Sometimes we feel like the sun will no longer

Shine

We hold our heads up high and try not to whine

Sometimes the debts are high and the funds are low

We keep our faith and try to be grateful

Sometimes we need a friend who will listen to our woes

No judgements but rather to guide us in letting go

Sometimes we just need a walk in the park

Where we can see in nature the very essence of God



## Dignity and Grace

Here I stand a woman with dignity and grace  
For when I said yes, I do, it was then that God washed the tears away

There was a time

When alcohol and relationships consumed my addicted mind

When I dropped the word blame

Surrendered to Jesus all the guilt and shame

I forgave myself and others by his holy grace

Every family goes through heartache and pain

Give unconditional love to them all and pray

Gods love will always remain the same

His love heals our hearts and souls

Let us forever surrender and let go

Thy will not mine be done

Jesus waits with open arms for everyone

Thank you, Jesus, for a blessed life

For my family who make my life cherished and bright  
My students through the years  
The magic between us that I hold so dear  
Thank you too for cherished friends  
The ones who say yes, I do again and again  
For each time we say yes, we're saying yes to love  
Sent from heavenly blessings up above  
father thank you for each blessing  
Thanks so much for everyone  
Your gifts mean so much to me  
Life hasn't been easy  
So many losses and pain  
Through your love I have been born again  
Father as I pray for the world during this horrific pandemic  
The violence, losses, and everything else that goes with it  
Please, I beg you, have mercy on your Land and heal it  
I pray to always say I do  
For dear God I am nothing without you

Dear God in Heaven

Please forgive me my character defects and sins

When I am in denial and refuse to look within

The times that I have been selfish and thought of only me

Please guide me

When false pride tells me foolish lies

When I let ego

Take the place of false pride

Dear Father in Heaven

Please forgive me when

I refuse to follow your will

Wont you keep my mind still?

Bestow upon my heart a conscience to do what's right

To continue the good fight

Dear father in heaven

Please forgive me when

I'm lost and the dark has taken away the light  
I beg you for mercy and to once more open my eyes

Dear God in heaven

Please forgive me when

I turn towards the world to fill my soul

When deep down I know

It is only you father who can make me whole

Please forgive me when

I blindly forget that you're my blessed, friend

## Reflection

May we all be blessed  
For nothing in this world is perfect  
Jesus Is the only one  
He is the most high the son  
Of God who is our holy father  
I need to focus on Jesus and me  
For I'm powerless over everyone and everything  
I can change my relationship with God  
By nourishing it  
Or choose to do my will and ignore it  
How can I build the most important relationship of all?  
By turning over my will  
My life over to the care of God  
Give him my soul and heart  
Work on character defects/sins

Being selfless forgiving and loving

I choose to focus on the one perfect thing in my life

By following my loving father Jesus Christ

What is the most important thing in your life?

We need to silence the noise in the world that brings strife

I will never be perfect its true

Lord help me to remember that I can pick up the cross to be renewed

## The Search

What are we looking for?

Do we allow our hearts to open doors?

How have we filled our souls?

How do we treat people?

Do I turn to a Higher Power/God for answers?

Or do I assume I'm in control of whatever?

Searching for life's answers takes courage to begin or master

Even then it's not always an easy task

Some may believe that all they need to do is ask

Other's search for solace and peace

Living in harmony

Having faith in God and choosing to believe

Let us search till eternity

For this search just may set us free

## The Invisible Monster

An invisible monster pounded upon my heart  
I wept and begged it to stop  
I gripped at the thought of facing my demise  
The air in my lungs drowned then there was no life  
My spirit watched others being taken out by this monster too  
I witnessed spirits spin endlessly around the moon  
Decency was threatened upon the globe  
People wailed and the monster took hold  
Painful feelings of great despair  
Floated endlessly in mid air  
Suddenly the monster danced with great flare  
I woke up from my dream and prayed for the world  
I begged God for mercy upon his people  
So that justice, healing and peace could unfold



Listen

Have I brought others closer to God?

Do I listen to broken hearts?

Am I a loving Christian or not?

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