

Spiritual Empowerment

LEARN HOW TO BE IN TUNE WITH EVERY SPIRITUAL ASPECT
IN LIFE NO MATTER WHAT BELIEF, RELIGION OR DOCTRINE
AND ACHIEVE TOTAL FINANCIAL PROSPERITY



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Introduction

What is spiritual empowerment? What does it entail?

There are just too many questions relating to spiritual empowerment, which could well be one of the greatest enhancers of our life.

The most famous people of the world have attained various degrees of spiritual empowerment. The people whom the world follows today had spirituality of the highest order.

This eBook is a humble attempt at taking you there.

Chapter 1:

What Is Spiritual Empowerment?

Summary

Understanding the true meaning of spiritual empowerment.

What Is Spiritual Empowerment?

A sense of freedom is something that we all want to achieve. Being independent in whatever aspect it may be definitely boosts our confidence and makes us do better in life. We must all be equipped with this certain type of positive energy within us in order to have a major shift in the way we live.

Spiritual Empowerment

Spirituality may be associated with religious things and ceremonies but in this case, it does not necessarily mean that we should be hooked to a religion. Experiencing this state would mean that one's consciousness is awakened. This enables the person to see the person one really is and become aware of the capabilities and limitations attached to it. This makes the person become happy and

contented with the person that he is. Thus, he is able to take care of and understand himself more than he used to. Being spiritually empowered makes a person aware of what makes him happy and makes him more sensitive to what would make other people happy.

Why Is It Important

Our society today has embedded in us stereotypes and perfect models as to how a person should be. This makes most of us disgruntled and embarrassed about our own selves. Some people have even gone to worse conditions, sulked, get into depression, and later on, even get suicidal tendencies.

However, when a person becomes spiritually empowered, he sees himself for who he is and who is not. He becomes aware of his capabilities and thus he knows

what actions are to be done. Empowered people know their roles in society and they know what they can do to bring about change in their selves, in others, and in the environment.

If we were just able to empower ourselves spiritually, then freedom, in whatever aspect of life, would just be within our reach.

Chapter 2:

Enriching the Spirit – 5 Tips

Summary

Here are five interesting tips on how to enrich the spirit.



Enriching the Spirit – 5 Tips

How does one make sure that he gets in the right path in becoming spiritually empowered? Here are some ways:-

1) Knowing Oneself

The first step to being able to empower one's self and, later on, achieve freedom and independence is to know one's self. It is very important that a person know his capabilities and limitations so that he knows what his role is in the community.

2) Understanding the World Around

Once the person has some idea on the things he may be able to do to the things around him, he would start understanding what is

truly surrounding him. It is important that a person knows how the things he could do to his surroundings could also affect them.

3) Prioritizing Things

When a person is able to determine these things in his life early on, it is easier to be able to put priorities in life. For example, self is the foremost thing that needs to be taken care of, without it a person is not able to reach out to his surroundings and could not reach the freedom and independence he would want to achieve.

4) Sharing with Others

A person may be able to gain independence and freedom of his own but if he does not share what he knows to other people, this effort is deemed useless and it would not really make such a big impact. If a person shares what he learns, he is able to get a step closer in making the world better.

5) Continuing to Learn

A person who wants to enrich his spirit is one that does not give up easily, no matter the circumstances and no matter the aspect of life is involved. An empowered person would seek to learn more to make the world an even better place for his self and his surroundings.

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