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DEDICATION	
This book is dedicated to my husband Pastor Chidi Okorie and my baby who has brougl out God's fullest potentials in me.	ıt

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### **The Proverbs 31 Wife**



Hmmm so what do single sisters do when the firework goes off on New Year's Eve? Pray! That's what! A lot of single sisters get anxious this time of the year, for a variety of reasons. Apart from the fact that the year was filled with headline news the most frequent responses I got were those pertaining to relationships can you imagine! Yes it's the season of good cheer sisters even if you are single.

This is the time of year when everyone wants to meet and get even closer to that special someone. The media doesn't seem to make it any easier. They do a great job in promoting must haves and must sees that are couple oriented. Even Mother Nature seems to be a bit provocative, have you noticed how much cooler it gets round about December something? You know the kind of weather that makes you ask God how long before you bless me Lord, as you occasionally stare at the clock, for the slightest resemblance of day breaking and peeking through the curtains.

Ladies there is hope, wait on the Lord, wait on the Lord! When it comes to getting married, let God choose He won't go wrong. And while you are waiting prepare yourself for the role of a wife, pray that God will prepare your heart and grant you wisdom that you will not be a destroyer, you will make kings and not destroy them. You are the one that will make that house that you will share with your future husband into a home, a home that will be happy and comfortable for you both. Your role is bigger than you think.

Your job is to enter into the marriage as an asset, not a nightmare, that man's mother is already praying for him to get a good wife. The Bible describes her in Proverbs 31 she is priceless and very rare, like a diamond, she shines bright. She is hard working and industrious. She will use her skills coupled with her wisdom and help her husband to provide for their home. She is not lazy her husband will come home and find her preparing dinner, cleaning the house, washing the dishes or working on the family business or the ministry helping to push things forward, not in bed all day watching soap operas, or tearing another sister down on the phone and running up the phone bill.

Really now, we all want to get married but are we good wives or husbands as a matter of fact. Will that man be better off with you in his life? That is a focus question we need to ask ourselves, marriage is a serious and expensive thing that should not be entered into with serious thinking and God's divine intervention.

Take notes one of my greatest wishes is to see good deserving single peoples meet each other, and get the love, respect and attention deserved in marriage as marriage is a course all by itself, you have to study real hard to pass it and when you do you have to work even harder to maintain an A+ average. Homework should be done while you are waiting and continued education after the wedding bells ring and the honeymoon is over.

Most single sister especially those over thirty tend to, give up hope in ever getting married and tend to focus on their career. Quite a few tend to reflected on the past and find it very hard to remain social, as most of their friends have already moved on to getting married and having children. Some have just given up hope on God answering that prayer request for a husband.

So what is the solution to the sister who is still waiting? Keep on waiting my sister, it's better to wait than find yourself in a world of hurt. I knew of a sister who was encouraged to wait but went along with the marriage anyway, after a few months she had to run for her life, the young man she got married to was having several relationships with other people, the result was a disaster.

So how do you wait, you may be asking. Most single sisters keep themselves busy by getting involved with the work of God, this will allow you to get rid of unnecessary emotions such as emptiness or loneliness which often try to convince you that you are not good enough. I strongly believe that one has to work on making themselves complete, in order to have a successful relationship. The proverbs 31 sister prepares herself for the days to come during this preparation period examine some of the content of your life and see what needs to be excluded, in order to make my your future marriage a success and trust me it's quite a few if you are honest with yourself.

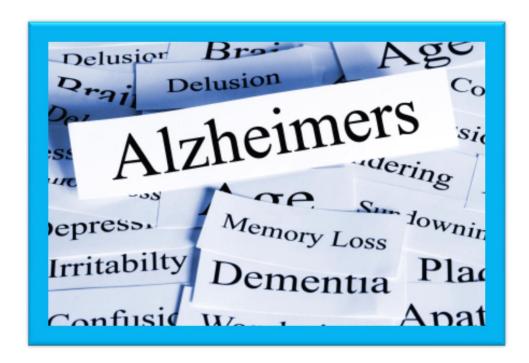
Work on little habits or tendencies you might have been nudged about by a friend, only a friend will caution you on your bad faults. Like the other day a friend of mind made me look long and hard on a fault I had over looked for a very long time, I am currently working on it. Change your routine, there are many destinations, choose the ones that continuously make you into a better person. Get out call up a girlfriend go shopping, see a movie have a girls day out. Or if no one

wants to go with you, go alone, get a new hairdo, get your nails done or at least keep them well groomed have a nice drive out to the country, go to the beach but do something. Do what girls do when we are bored, we shop the store owners will love me for this. Make a budget for your own personal needs and call it the Me Budget and just have a me day. Trust that God will send you the right deserving husband and when He does be yourself and take very good care of him, don't let him regret marrying you.

Love and appreciate him and love and appreciate yourself, who you are as a person, you don't need anyone to define you and mold you into his definition of perfection, knowing who you are and what you want out of life, this is one of the most attractive assets a woman can have and an important task you need to accomplish before getting married. However remember completion entails not only taking care of your outward appearance, the packaging is great but what about the content? Completion includes working on the inner being, the person behind the brain, the heart that no one can see, the mind filled with hidden thoughts, the very core that defines who you are when no one is looking. Forgive hurts from pass relationships, in order not to take heavy baggage's filled with insecurities, bitterness and lies just to name a few, fix these issues and you will be fine look forward to finding Mr. Right and when you do cherish each other. Marriage can be a beautiful if you allow God in the centre of it.

The Proverbs 31 Wife Melanie Okorie www.sendme.eventpages.org 21.05.07 SendMe Lord

# How to Win the Big Fight with Alzheimer's



Just before Kinko Biloba was the last resort to Grandma's Alzheimer's crisis, I made a promise to take care of her. That came with many sacrifices, believe me! Like a much quieter life style and all the props that came with it. This was a huge undertaking for an adolescent.

No more hanging with my girls, no more hot dates and as for school and that career I had planned, they took a back seat, over my now full time, twenty four hour job. Mind you Grandma was on her best behavior, when friends came over and this made it seem as if I had it really easy. You often find that the elderly love to have there own way, which is not always possible. You have to do a lot of compromising, in order to make peace flow. In most cases if they are not having there own way, they get really stubborn and irrational, then just sink in a deep depression. So just let a few things slide, as long as it's not going to cause harm to neither you nor them.

That was the transformation period in my life. That's when I started looking much deeper, than surface level. I became less of a shallow person and a bit more insightful about life. I started thinking more of her and less of myself. It didn't seem so important, to be noticed on the social seen. Life now had new meaning.

I watched her fight to remember where the bathroom was and which end of the telephone to speak through, until nothing mattered anymore and Alzheimer started winning the fight. As soon as I administer a dose of affection and attention, Alzheimer's and I were battling for the knock out punch.

She was the one changing my diaper, giving me a bath and spoiling me silly, since I was eleven months old. Being the youngest in the family and the last to leave home, the responsibility of taking care of my Grandmother became mine. A nursing home was never an option.

Caring for your elderly loved one is advisable. In this way they get that personal attention that might just add a few additional years to their existence. Now the tables have turned and I am now giving her a bath, changing her diaper and seizing my privacy to a ninety two year old starker. How the tables have turned. Now my days consist of keeping her happy and wiping pee off the floor every ten minutes. What more can a girl ask for? Through it all, it has been one of the most rewarding experiences in my life. I assure you there are many blessings in taking care of an elderly family member. It's definitely not an easy job however. There isn't much honor from society and it certainly won't earn you a degree from Harvard but what really counts is what God thinks. And I guarantee you that He, who sees everything, will not make your efforts go unnoticed.

If you are caring for an elderly person or family member, now would be a good time to learn one of the most important virtues you are going to need, which is patience. The saying once a man twice a child is so true. They are like children all over again. Research has shown that effective care and support can improve quality of life for individuals and their caregivers, over the course of the disease from diagnosis to the end of life. They require affection and lots of attention. Those are the only weapons that can fight the disease that comes to rob and destroy ones dignity.

Alzheimer's pronounced (*AHLZ-high-merz*) is a disease with progressive brain disorder. It gradually destroys an individual's memory and their capabilities to carry out normal functions and daily activities, such as learning, reasoning, making judgments and communicating. As the disease progresses, the individuals and others around them may experience changes in their personality and behavior, such as anxiety, suspiciousness or agitation, as well as delusions or hallucinations.

There is currently no cure for Alzheimer's. New treatments however are on the horizon because of accelerating insight into the biology of the disease. Alzheimer's is the most

common form of Dementia, which is another brain cell killer. It deteriorates mental functions and is mostly found in the elderly. Early recognition of the disease is important. It is also important to ensure that persons living with this condition have someone caring for them.

A person suffering from Alzheimer's gets stimulation from their own surroundings and persons who are patient enough to devote quality time and attention to them. If they were interested in activities such as gardening before the disease, encourage them to get back in the garden during the summer, when it is much warmer. Water the flowers pick up trash from the lawn. You could read stories, play music they once enjoyed, take them for an occasional drive out in the country and get them involved in devotional activities. You would be amazed how stimulating those activities could be and it's also a good method of exercising both physically and mentally.

Grandparents are considered the jewels of any family. In order to preserve them the proper care and nutrition has to be taken into consideration. You will receive many blessings and learn a world of wisdom if they are entrusted to you to be their caregivers.

How to Win the Big Fight with Alzheimer's Written by: Melanie Okorie www.sendme.eventpages.org
January 22, 2006
SendMe Lord

#### **God is Good**

The universe was created for His pleasure

He is the author of all the best sellers

He is the creator of perfection

He positions everything on the earth

He takes people from different parts of the world and put them together

For His purpose

He is the I am

#### God is Good

He sent you to affect our lives

You never once cared whether or not we appreciated your cause

Your obligation was to Him who sent you

You are a blessing

Your desire was to please Him with everything He entrusted in your care

He knew where on the earth you would originate

Yet He sent you to a small island thousands of miles away from your family and friends

To lead those who were lost to Him back to Him

#### God is Good

He knew the languages He would have blessed you with

He knew the capabilities that were necessary to equip you

In order for you to carry out His mission

You took the challenge without murmuring

He has blessed you with His gifts

Knowing He could trust you not to be selfish with them

He has given you His love

And you gave it to all you came in contact with

He has given you His wisdom

And you used it to correct those who went astray

#### God is Good

Reproach those who refused to listen

Rebuke the ones God loves

He has given you His joy

And you encouraged others along their path no matter how difficult their situation was

He gave you His faith and you used it to lead others to victory in Him

And with His peace because you were coming to Jamaica you needed it

#### God is Good

Melanie Okorie <u>www.sendme.eventpages.org</u> 21.05.07 **SendMe Lord** 

## **God Use Ordinary People to do Extra Ordinary Things**



You know my concept of Faith is stretching yourself to the point that it hurts, hmmm what do I mean by that? Well surprise yourself, try and see how far God will allow you to reach. God created us beautifully and wonderfully, with great minds that are capable of doing great exploits but how often do we stretch ourselves, to actually find out what we are made of and capable of doing. A lot of people told David that he was just a skinny kid he should go and sit down, that he was no match for the heavy weight lifter Goliath. In the end that mountain Goliath came tumbling down and David was crowned hero 1 Samuel 17.

The condition of your mind determines how far you will reach in life's journey, with every twenty four hours of each passing day time slips pass and our time on earth shortens with every tick of the clock out life span shortens, what will you be remembered for?

You know when you stretch yourself you will be surprised of the things you are capable of doing and achieving. Some of the greatest inventions began with just a taught. A batch mate of mine once told me that when she was doing her first degree she was pregnant with her third child, she would sit in lectures and when she felt ill she would run to the restroom to calm herself and then return as if nothing happened. She eventually graduated with honors before the birth of her child. Hmm I wonder how many people would be bold enough to do that and claim their destiny in the face of great adversities amidst the many voices telling you that you can't make it, it's too difficult, I think you need to rest, what if?

There is this cartoon I love to watch with my son, it's about this frog that was trapped in a deep hole with another frog. The rain started falling and all the other frogs that were looking down on him and telling him that he can't make it, the hole is too deep, he should wait until the rain fell long enough to fill the hole up with water and then he would be able to get out. The frog just kept on leaping, each time he leaped a bit higher and higher until he got out of the puddle and left the other frog that was in there with him waiting for the hole to full up with water before he would make an effort to get out.

When he got out he told the other frogs that were looking down on him thank you for encouraging me. They were shocked and wondered why is he telling us thanks and we were persuading him not to jump but to wait until the rain water filled the hole before he could get out. It was after they realized he was deaf, so he was unable to here there discouragement. Look that challenge in the eye and tell it devil by fire or by force I can do all things through Christ who strengthens me <a href="Philippians 4:13">Philippians 4:13</a>, you'll never know how strong you are until you take a leap of faith and stretch yourself. Be determined to make it, I guess some would say oh I am too weak, or don't you see my condition I can't do anything so do it for me but God uses ordinary people like you and me to do extraordinary things for His glory to be seen. Don't disappoint God, He is waiting on you to jump out of the hole and shock the enemies of your destiny.

- God use Joseph the dream interpreter who was hated of his bothers and sold him into slavery to become the pharaoh's right hand man to save Egypt from famine. (today we call it recession)
- God used Moses a Sheppard to lead His people to the promise land.
- God use Gideon to deliver Israel from Midian he was a farmer.
- God used Jephthah the son of a prostitute to deliver Israel from the Ammonites.
- How is God using Ordinary People to do Extraordinary things today.
- Israel
- The 100<sup>th</sup> smallest country in the world it rose from a sand dune but still it has:
- The most secure airport Ben Gurion and airline El Al in the world.
- The most advanced army IDF and air force in the world.
- The best fighter tank in the world the Merkava.
- The highest ratio of university degrees per capita in the world.
- The largest number of bio tech start ups in the world.
- Highest percentage of home computers in the world.
- Is second place in patent application in the world next to Europe.
- Highest output of new books per citizen in the world.
- Has the most business trading on Wall Street after the United States of America.
- One of the 8 countries in the world that is able to build and launch a satellite into space.
- Israel has the most expensive city in the Middle East Tel Aviv.

- The first messenger (MSN) was built in 1996 by 4 Israelis.
- Israel has the first and the biggest Intel development center out of the USA in Kiryat Gat.
- Life expectancy in Israel is one of the highest in the world and their birth rate is the highest in the western countries.
- Israel are the 17<sup>th</sup> in the world in standard of living for their citizens.
- Israel is the only democracy in the Middle East.
- Israel is the makers of the USB storage device (memory stick) it sells 1 every 10 seconds.
- Weizman Institute of Science in Israel is ranked number 1 in the world.
- Israel company NICE System produces 25% of the world's call centers with hardware and software the next time you hear "this call is being recorded for quality and training" remember the technology was created in Israel.
- Israelis company GIVEN produced the world's smallest camera used by doctors in digestive tract operations to save lives the camera fits inside a pill.
- Israel is the first makers of the high resolution camera that fits on a single electronic chip for use in mobile cellular phones.
- Israel are the makers of voicemail SMS and other mobile phone services.
- Israel is the developers of AOL (America Online).
- Both Windows NT and XP was developed by Microsoft Israel.
- Both the Pentium 4 Microprocessor and Centrion Processor was produced in Israel.

God Use Ordinary People to do Extra Ordinary Things Melanie Okorie March 10, 2013 www.sendme.eventpages.org SendMe Lord





Have you really stopped to examine what is taking place around you, or have you allowed the cares of life to converted you and let you grow cold along the way. I once watched this movie, where this man was living in a community where his every movement was controlled, as if he was in prison and there was no human emotion between him and the rest of persons, he was living amongst. Everyone was trapped in his own world and only cared about themselves, but isn't that what's happening now? As you are sitting in the bus everyone is busy reading the newspaper, talking on their phone, or busy chatting on online no human contact.

When I was a little girl my grandmother use to send me with bags upon bags to deliver to our neighbours, each bag was a packages that contained food item's or if we got something from relatives abroad and it was in surplus she would include the best, she would pick fruits from the trees in our yard to give away and on my way back the neighbor would also pack a bag for me to take back home for the family, there was always an exchange of love going on. That's what it was back then and we would talk at the fence to the neighbours for hours, how much life has changed with I touch my face book.

Isn't it troubling people don't communicate with each other anymore and if they do it's about how much bigger my car is than yours, wow scary expecially when you stop to thing that when I have a problem the car can't encourage me and no matter how pretty it is it has an expiry date one blown fuse and that's it, hope we haven't ended up like that movie. Is everyone is just lacked away in their home either too afraid to come out because of violence or too busy looking about their own to care about the neighbor or even know who the neighbor is.

Take a look around you and ask yourself this question, is what I am seeing around me normal? Did you know that as we speak there are futurist and researchers are busy designing concepts and perceptions for the next few years, that will influence how you think and view life and your attitudes towards it do a search for yourself. Don't get caught up stretch yourself and dare to be different lead life, don't allow life to lead you talk to people get to know them a bit better, people are your greatest asset. For some strange reason large companies seem to know this better than the average man.

Practically every successful company sets aside at least a tenth of their profits, towards charity every year and they can claim it back in taxes check it for yourself. One of the things I am sure of is that humans were created to communicate with each other. If this wasn't the case God would have gave us each our own planet to live on, let's face facts the universe is big enough. Are we living in 2 Timothy 3? Where people take pride in hating and keeping malice wow amazing. When you compare this life in accordance to the word of God does is look right, a vail is being thrown over our eyes and we are just being led but by who? Open your eyes and ask yourself those questions.

Matthew 24:4-14 Jesus was having a discussion with His disciples telling them of the things to come. What do you see happening today around you war is brewing, we are being deceived and our right to freedom being slowly taken away <a href="http://youtu.be/\_3jmNCwEgd4">http://youtu.be/\_3jmNCwEgd4</a>, many have come and stated they are the messiah <a href="http://au.tv.yahoo.com/sunrise/factsheets/article/-/9446474/religious-leader-claims-to-be-jesus-video-pics/">http://au.tv.yahoo.com/sunrise/factsheets/article/-//9446474/religious-leader-claims-to-be-jesus-video-pics/</a>. Promiscuity is no longer ridiculed but protected with discriminatory laws that if questioned can put you away long enough to silence your opinions for ever. Everywhere you look these days you are being bombarded with messages. However to find the message of the God we serve you have to look very hard, to find the true undiluted messages that are come from the Heart of God. Brethren it is time to get very serious with God don't allow this life to let your fire, as a servant of the Most High God grow cold.

We can judge the world but before we do that take a look in the mirror and see if you see any flaws you would like to fix. Get up and do something for Him to let the Gospel go forward, unite with your brother and your sister and do something, there is no need for competition and fighting but unity, prayers and peace as it were in the upper room, you might be wondering, what can I do, 1 Corinthians 12:12 we are one body with different duties, skills, level of education and experiences there is no need for competition. The work is great and if everyone honestly works together we can achieve great things.

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