

*“REUNION”*

*Of*

*“LIGHT”*

*JOSÉ CRUZ*



## SYNOPSIS

*Through this mission, I will guide each you on several trips to Your deepest self in order to get back with you to identify yourselves, as they were in children, when you get there I'll be there waiting for you, just a few steps ahead of you. To show the way you return safely to the Society.*

*During this journey learn to take care of yourself in Light, coming to again self-esteem, self confidence and to use intuition as a guide to everything in life.*

*Each of you will feel more awake and conscious talking you back to Experience the reality of everything in Cosmos.*

*You feel all situations and problems differently and innovatively to Meet them and solve them wither social, physical, mental or Spiritual, this at no cost without leaving the inside of each one of You, try and feel the difference in your lives.*

*Grateful*



## AUTOBIOGRAPHY

*Dear friends / and the others.*

*I was born on February 15, 1963, within a humble family and as such I was raised poor. By my late maternal grandmother and my late mother's maternal, grandfather who was a combatant in the First World War in France, it was dedicated to agriculture and several years separated from my grandmother. This grandfather of whom I liked a lot and I still have some memories of our shared experience to date of his death;*

*I had about five years old. About my father knows though sporadically throughout my life have spoken with him only half a dozen times, I keep a few memories of the person who just give me the name, I would if I were to live with him and another woman who was not my mother, and taking her only lover, she disagreed.*

*That there was growing discord between my grandmothers, I cherished and protected me while being already of advanced age, and my mother who gave blow.*

*He said that by not having a father that I had to be the man of the house, and still had to learn things adult children. The great washes the brain.*

*There I was surviving on my grandmother, that dear Spirit as after his disappearance from Earth, continued to be my Spiritual guide for years. Humble person who was not handled very well by her daughter, my mother.*

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*At the height of my eleven years, my grandmother passed away. At that time I felt abandoned and sad in the World.*

*Both the loss of first person, I had the feeling of love and be loved unconditionally.*

*Having no family any more except my mother, very rigid person. This always taught me good manners, education, honesty and work. That soon heard her say, as well worker was the scooter, and in other words, how the money was as I earned so was the food he ate. I never missed anything, but I started to work early, a small business that she had to scrap, right from the moment I entered the primary. In which I took the 4th Class with the help of chickens, rabbits and eggs as an offering of my mother teachers.*

*Because my Spirit does not give these basic things that Society demands to live in it. But there had to be.*

*This person as I have chosen to give me the physical form before birth.*

*I would like to continue studying, but I did not accede to his will because she is very ill. I promised him then that after learning a profession and make my life go back to school.*

*After the time had learned the carpenter's first profession was followed by the restoration, consultant among many others that followed throughout my life-story. And I began to behave like human beings and not as a Spiritual being. Lacking the physical presence of my grandmother who helped me in everything I needed. Mainly for my Spiritual life and give my further development and Ascension.*

*As an example I will describe: After my birth when asleep, which was rare, instinctively put my hands are always on call position of Catholic prayer.*

*As I was growing up that fact disappearing as he had of other beings of light. And just to anticipate events before they happen. Other times to be with elderly patients who felt they attracted the pain better or simply disappeared.*

*And then I felt growing inside.*

*Other times I had the feeling of having been in certain places and never have been there in this life-story.*

*As feelings of already having done things that I do not even recall at the time of that experience still short.*

*Other times the dreams or nightmares, as we know are nothing more than bad copies in black and white, the thoughts we have when awake.*

*Which are transferred through to the unconscious mind, which appear during sleep?*

*A variety of other situations happened to me, due to energy circulation in the Universe. As by Nature or certain places and people.*

*But who could explain what I just described!*

*My mother did not even think, call me crazy or not of this World and had no reason to be.*

*Who was my confidant, was my grandmother because she was explaining to me the wisdom that came with your deepest self. That happened to me and especially why it is that happened to me. She always described it very well designed, with great humility love compassion and total Spiritual surrender.*

*This happened that after his physical death, his Spirit has always guided me until adulthood. But today I feel that stopped evolving spiritually since then until a few years ago.*

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*In retrospect as he created my professional independence and material, but never stop studying the mysteries that encompass the terms Gnostics, but begin live in the mind or intellect, physical and material, whit the age of fourteen years to open a Bank account, against the wishes of my mother. I worked, and put on, wore me buy my food, and things necessary to my survival remaining deposited in the Bank.*

*In personal relations he had few friends as well as today because very few people who have a very empathic sensitivity, but increasingly more and still be well in favor of Humanity, by this point besides work and study on their own as described earlier.*

*I bought a bike already old, was one of my (dream) in height. But I gave way to go to work, I started rowing and later Weightlifting. However I saw an ad on television Corps paratroopers.*

*With the slogan: If you have the Spirit of adventure and want to belong to the family Parachute jump with us.*

*As a family was what my mind told me that was missing. After making the sixteen years I enlisted up for this, I called and verified.*

*In September 1981, I had been in the place of Tancos, to the future military, but when the some friends known told me that there was just crazy. I confirm and after two years decided to leave dissatisfied then I found that most were not crazy and with respect to all the others were stupid. I was then nineteen years and two of which troop met.*

*For those times then met his first girlfriend, with whom I fell in love that after a few years later to marry.*

*Then immigrated to Switzerland but returned after some time to get divorced at my request, because we do not understand how married life.*

*For a while I tried with the mind and intelligence that it comes from another partner, for relationship ever in order to remarry, and come to a family.*



*Until one day I met one who, after a few months of dating married again. But the Catholic Church which at the time of my birth had received the blessing of baptism.*

*From this marriage were born two children. To which they named Anna and the past four years of Martha. `*

*I was very happy with both births. (I thought) that I was my life the way I longed for.*

*I worked on his own as well as today, there was a wedding to respect, to guide the two daughters grow up, a woman who always loved and respected, who erected the house with me today still dwell.*

*But through as who so-called (destination), are we that we do moment to moment, often unconsciously.*

*After about eleven years of marriage I decided to return to divorce, which came to pass.*

*I was once again feeling the bitter taste of losing trust in someone. And only because the children have been away from me, the only family I have, for my biological mothers have since passed away a few years ago.*

*To help the party, at that time, I was bedridden due to various health problems which had to ignore the years without knowing it. For example, weighed about 100 kg to 1.70 tall, I had been diagnosed degenerative problems, hips and spine, to which I was invited to be operated, and I always refused because there are no guarantees of getting good by the medical teams.*

*However for personal company got a depression.*

*It came all at the same time, help me a few neighbors and friends in these circumstances, I can move to the treatments since I was in Condition to be able to move, just as snakes.*

*What was the desire of some people who (thought) I was that my family until then, they are direct family members of children, to the point that I wish my death?*

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*Then I found myself struggling with these whole situation shares, divorce, courts, parental authority, bureaucracies, no cars to work, any money and health. I was then for the 1st time in the lives of sick leaving. They wanted me to retire on disability, I declined because I had a feeling and believed that this would still not be my end, had 39 years of age.*

*Do not know how but I felt I had to do something against what until then (Thought) and that everything had been in the background created by my mind.*

THE BEGINNING OF CHANGE

*At first the (mind) that lay accounts that happened to me was due to others. Later I came to realize that this was precisely the same (mind) that I betrayed led to this situation deplorable and unworthy for any human being.*

*One day I came home with the feeling that there was something I missed home, but somehow there was something that attracted me. I felt that this was attracted by the fact that I myself have built almost entirely with my own hands wisely love and affection.*

*And I looking for that would be!*

*I found myself through it all I felt impelled by a strange force that led me to do so, it was as if we walk with your eyes closed knowing the way that feeling. Then I came to discover certain gifts and artifacts, hidden that were completely unknown to me, but which made me shiver.*

*Later I learned the meaning of them and what they intended. They had intended to bury myself in her lifetime.*

*Then I grabbed them carefully always with courage and carefully without fear. Some could just throw them out, and every time I did I felt better.*

*Other belongings were to stop burning fireplace, including a photograph of me that there was to be treated, even though it all burned up but the photo so that threw into the fire that jumped out immediately to stop the fire coming with me.*

*Then from there my whole life began to unravel as I do.*

*I felt that to have the courage to look for something that did not know what it was and where he could be without ever (thought) how much it would change my life forever.*

*1st was a person who was very medical zed, as its dependence due to health problems so far.*

*In beautiful night I came to feel that strange force in me not knowing where it came with a little light, when i closed my eyes and blinked in the darkness of night.*

*Today I feel why, but at the time I was perplexed to give me lighting. I did a fire outside the house and all that was burning drug, as well as natural products. Well then capsules looked Laotians shots while the maximum milligrams were reduced to dust.*

*I watched it and felt a part of my pain disappeared with them.*

*To this date have spent about ten years, without ever taking whatever it was drugs, for whatever.*

*Until now I did a little of my presentation to the people I know, only sporadic depicting some passages of my life.*

*From now on I'll start transcribing this book, In which I will explain how the strength of mind was nearly killing me physically and morally, and how I come out on top of it.*

*I write this first book by several factors, the main thing is intuition. Maybe twenty years ago, I began to feel something inside me, no voice but a feeling that one day he would write a book, but not knowing about what and why, just felt.*

*Sometimes I wrote a few lines or blocks simply describing my state of mind, both in Portuguese and English.*

*I just wrote what was in the Soul. What gave me pleasure, but however the relentless pursuit of the most suitable for a restoration of my health in all aspects through Nature.*

*I began to feel that this could only be affected through a Reunion with the Light that shone within me that I still felt as a child.*

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But I heard a radio station talk about Reek its foundation and which itself. Very good, then bought a book started reading it and to the extent that he read was practicing the teachings which it came. I felt attracted to do it.

Always alone still reach several degrees on the scale of Reek, However my health continued to improve day after day.

As I had gained more knowledge about the various ways to treatments or cures, the test always come after me first. I began to feel that I was coming back as a small gift as a child.

The treating sick people know that today is the energy that flows through the Universe, Then as I was focusing more on my being and Mother Nature, to see their Auras meanings and feel these feelings.

Then I became attracted to human Auras, as their views through the 3rd Vision, colors and meanings.

About these studies, my female intuition told me it was time to start writing. Let me explain for those who do not know that. Every human being has a female and one male.

Whether you are male or female, the energy emanating to the feminine side of each being,

The Spiritual Energy is the same one that connects us to the Cosmos and thus to our Spiritual side.

The male energy is that which connects us to the earth and material things existing in it.



WRITE

*I started to write a paper about the Human Auras and asked my conscience. But always for therapeutic or curative for this field is that I feel my entire evolutionary pathway and the obligation to disclose to others, and then wake up to see the same journey as me.*

*And then come to those who need help just having to pay more loving light power, which is increasingly one that circulates in the Universe.*

*As I would write everything I had learned and experienced, about the seven colors of the Rainbow that make up as well as the last color that was added in the last Century.*

*The indigo blue, which is the color of human evolution, in consequence of this task, which is not edited and do not know if I will edit, because I felt that during this task was to initiate a process of Spiritual maturation.*

*It is completed when I left that job to have the need to look for people to see their Human Auras.*

*Simply got to feel them, both deceased persons, living or yet unborn. So since I can remember that I am rarely slept, this only happened sporadically half dozen hours per quarter at most.*

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*And I practiced meditation for a few years active, passive and dynamic. Meditated an average of 4 to 5 hours for day, was experiencing physical sensations, mental and Spiritual, as a complement to physical and Spiritual practiced Hath Yoga and its asana, currently no longer need to apply these techniques, due to be and remain in a State of Grace.*

*Occupation as a small business will have approximately 25 years of which I was founder of the fun of the area, which I derive some income for the maintenance of my life.*

*About more than represent the Light of the Universe, which will read reflects who I am.*

*Very well!*

*I am going from now slightly raise the veil, as I turned around my life in every aspect of 360 degrees.*

*And for that I will get some points as reference has written so far. In order to become items of lighting for those who need them, whether for therapies or cures. Help for a Spiritual awakening, or simply for self development.*

*Thank you.*



## CHAPTER 1

### SPIRITUAL BIRTH

*As is well known and proved by Spiritual scientists, when the fetus in the womb is his biological spirit descends through spiritual light, the place where Komati remained since its last Incarnation and from there by the power of light had the privilege of choose their biological parents.*

*That way he can afford to incorporate within the biological mother. He made that choice because they are beings that will directly or indirectly help plan your next life.*

*After physical birth, some are born with eyes wide open, due to the increasing capability of circulating energy on Earth that influences this aspect.*

*Parents will be their guardian Angels, lest anything bad happen to you and at the same time to give him the necessary material benefits, to its future development, either mental physical and Spiritual. What sometimes is not easy and eventually forget the last.*

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