



# "PEACE ON HIS WAY"

EXTENDED VERSION

2012

iGod can free you  
from emotional pain  
and destructive emotions!

TERESA LOPEZ MUÑOZ

## **To God be my greater thankfulness**

**First for giving me salvation, free me and save me from dying raped**

**And choked while pregnant**

**To save the child in my womb and for allowing me to come into your life as an**

**instrument of Him who loves you and wants you to know**

**a new life full of inner peace.**

**TERESA LÓPEZ**



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**Thanks too...**

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## CONTENT

.PREFACE	5
.INTRODUCTION	9
.HOW TO USE THIS MATERIAL	13
.HOW DID 'PEACE IN HIS WAY' COME OUT?	
.TESTIMONY OF TERESA LOPEZ	14
PART I: TRAINING	
1. THE MINISTRY AND COUNSELOR	33
2. THE PERSON TO RESTORE	42
3 HOW DOES GOD WORK IN RESTORATION	55
4. THE MINISTERING TO GROUPS	62
5. NECESSARY STEPS IN THE RESTORATION PROCESS	72
6. HELPFUL TOOLS	84
PART II: SEQUENTIAL MEETINGS OR INDIVIDUAL STUDY	
1. THE PERSON AND THE NEED FOR GOD	86

2. SIN, CONSEQUENCES AND FORMS	
AVOIDANCE AND CONTROL	121
3. STEPS IN THE RESTORATION PROCESS	192
4. ACTIVE PARTICIPATION AND	
USE OF SPIRITUAL WEAPONS	160
5 BREAKING THE CHAINS OF INNER OPPRESSION	174
6 GETTING STARTED IN THE RELEASE OF	
EMOTIONAL PAIN AND ACCEPTANCE	221
7 ASSUMING AN ATTITUDE OF FORGIVENESS	247
8 LIVE TODAY WITH NEW PLANS AND ARGUMENTS	272
PART III: DIALOGUES AND READINGS OF SUPPORT	
1. LECTURE: FAITH	297
2. TALK: SOLITUDE AND SILENCE	301
3 TALK: WORSHIP AND POSITIVE PRAYER	306
4. LECTURE: PATIENCE	313
5 TALK: CONFIDENCE IN THE POWER OF GOD	319
6. LECTURE: THE WORK OF SATAN	326

## **PREFACE**

Peace in His way is a Biblical Guide to restoration, which is complemented by a CD with the final messages (in the Spanish version), so that it can be used personally or in talks to church groups or independent.

It was in September of 2002 which this guide was inserted on the internet at [www.lapazdedios.netfirms.com](http://www.lapazdedios.netfirms.com) Ministry, (not currently on the website) sent as an Acrobat Reader document, in Spanish and 140 pages to be printed in a lower cost that each person could assume in its place of residence in any part of the world and across the network. This site is no longer online, but given websites that doubled due to the need for people to heal their past.

Other Web sites also incorporated the Guide, first version, so people from anywhere in the world, could download it and print it.

The small Ministry The Peace of God, integrated by Evangelical and Catholic brothers in Costa Rica with a Christocentric vision, began to send it via e-mail with the message "Send this file".

After ten years, through countless testimonials we have witnessed how the Lord is approaching release the captives to release them of their own prisons. The author has expanded it in this version entitled: "Peace in His Way" (Extended Version). The purpose of this version is to extend the teachings, especially in the first part. This enlarged Guide has as a complementary CD (Compact Disc to MP3, in the Spanish Version) with the prayer of forgiveness, the renewal of the mind and other meditations, to be used once the person is ready to make this decision. The CD is not included in the purchase of this e-book, must be purchased as separate item.

No matter the Christian denomination, social class or race, this guide serves as a humble instrument of God to confront people with the lies built in their past to live the only truth that is the Word of God: the Bible.

This guide is based on specific biblical truths to each issue of the soul and directed to overcome spiritual negative and emotional ties.

Many have been released and have given testimony from different parts of the world who have found the true inner peace through this, during a study of the Word of God, prayer, counseling and release of negative emotions.

Likewise any religion, Christian and Catholic leaders have a base to understand and guide a process of inner healing and deliverance to people who come to churches, ministries, or support groups for spiritual and emotional help, because they cannot overcome destroyed self-esteem, depression and anxiety which cause many diseases. In which are all tied up and at the same time it affects your whole life with destructive habits. And above all, they may not feel God as a Protective Father but that they see Him as a severe judge.

As well as medicine uses specific forms to heal the human body, psychology makes attempts to free the man and the Church for healing the spirit, we wish to emphasize that it should be done in a all-inclusive manner because people are not divisible, but that they work as a whole and any damaged area affect other areas.

Therefore for the inner healing process it is necessary to know and apply a shape appropriate integral which God will operate with power and avoid mistakes that may worsen the condition of people suffering.

Some Christian leaders in advance assume that the biblical inner healing is a fashion of the 'new age' to turn away people from the true Christian doctrine. Therefore if you are one of them so I invite you to know that this instrument is especially Evangelistic and healing by the power of perfect God's love through the power and appropriation of His word, where the person must make efforts to achieve peace of mind because you must be confronted by God to your own sin and others about your life.

The Christian, by his party leader, should extend the Bible verses, using exegesis, since the Word of God presented in this guide is only guiding, not extensive in sermons, but that its purpose is to be the “double-edged sword, that penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.” (Hebrews 4: 12).

'Peace in His way' has been expanded in its first part concerning the training and added other messages born of the experience of the first guide. The testimony of its author, Teresa López, has also been extended in order to motivate further in the fight and not give up many people who God is calling to this Ministry, because God is still doing the so-

called today, especially to people with extensive experience in the pit of grief which is the material that God needs to make the new vessel for this Ministry. Because “God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong” (1 Corinthians 1: 27).

This guide was born of God's dealings with the author over a period of seven years (see testimony).





## INTRODUCTION

These talks, Christian meditations as well as topics for training in inner healing which is the health of the mind and heart as it puts the Bible, intended to be a guiding basis for persons who have not resolved their painful past or don't know how to deal with emotional crises in its present can leave behind the past and its negative consequences in the present life. It is also a guiding instrument for the cristocentric leading of restoration groups.

The purpose is that they can be used as row guide to provide individual or group guidance to people who need peace, liberation and inner healing. The topics consider theological aspects to heal the destructive emotions and are written in a way that people can understand their internal conflicts that keep them tied inside and prevent them from enjoying peace of mind gradually. Each conflict and liberating and restorer biblical truths are presented in a particular.

It is written so that every person who needs restoration can use it individually for work and personal study. In the first part are considered aspects of the training of the people who will help or will work in groups of restoration.

It is not intended to reach a denomination or church in particular but the souls, which are based on the idea that the Church, denominations and ministries must unite to face an enormous world, but is not so great to win before the power of God and His desire to restore to that followed by choice. And it is through servants and instruments such as the Internet, the local church and written instruments based on the power of God which is His Word, the Bible, that we can help a world that is consumed in sorrow, depression, hatred

and anxiety, and that that world is thrown in every mind and diseased heart.

God can restore and heal the emotions as it is written in the Bible:

“Whatever is has already been, and what will be has been before; and God will call the past to account” (Ecclesiastes 3: 15)

Today we are living in this verse, it is therefore necessary to have oil to heal the mind and heart of people:

“Why should you be beaten anymore? Why do you persist in rebellion? Your whole head is injured, your whole heart afflicted. From the sole of your foot to the top of your head there is no soundness—only wounds and welts and open sores, not cleansed or bandaged or soothed with olive oil!” (Isaiah 1: 5, 6)

The cause is the Sin and its consequences in the life of the person making it slave to thoughts, feelings and destructive actions that prevent you from enjoying peace of mind.

Speaking of sin alone is not considered itself but the sin of others since we are born; own sin to God and Sin towards ourselves.

The leaders of the Church and of the independent restoration Christian ministries must be prepared then, to heal, bandaging and soften shocks, welts and recent wounds of those who are looking for their restoration in the Lord. Must have count on this special oil and know to apply it in a gradual and comprehensive process which it regards as part of a whole soul of man which is formed by the head (mind) and heart (emotions, feelings, goals, dreams) and which work integrally with the body and the spirit. Because we cannot forget that if an area is negatively affected, it will negatively affect other areas and vice versa.

Should be clear that the restoration should be comprehensive; every area of man independently should not be seen.

The restoration should also be gradual because it is a process of liberation and inner healing of each person according to their experiences and consequences of sin. This process is expressed in the following verse:

"The path of the righteous is like the morning sun, shining ever brighter till the full light of day" (Proverbs 4:18)

As the head is sick (mind) and the faint heart (emotions, feelings, etc.) not only restoration leader should consider spiritual aspects, but it must also consider the psychological aspects of the person which in turn have implications for physical health.

In order to restore in an instantly way to people many mistakes have been committed in this Ministry which has led many times leaders to blame any behavior or malignant symptom as a manifestation of demonic oppression, so the ministering, counseling, and any attempt to restore do not give the expected results, and make the person feel abandoned or undeserved of the blessing of God by which worsens their condition.

Unprepared for this Ministry, leaders have ignored that the manifestations of disease, destructive emotions, depression and other adverse events can have other causes such as the physical and psychological.

Therefore, there should be no more tricks of the error in the Christian restoration process, but rather it should be seen as a comprehensive process that takes time, knowledge of the basic emotional needs of the human being as acceptance, purpose for life, sense of belonging, approval, and acceptance and above all unconditional love.

The leader of restoration must then be prepared in this basic knowledge and be able to express the appropriate Word of God to overcome adverse arguments and be ideal instrument for the work of Christ as the liberator of the captive and healing of emotional wounds (Isaiah 61: 1-3)

The leader may also express the truth that makes them free (John 8: 36) and instrument of the work of the Holy Spirit in his Ministry's revelation of the truth and consolation. In this process of restoration it is essential positive prayer and willingness and perseverance of the person to work on his restoration.

“Until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. <sup>15</sup> Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ” (Ephesians 4: 13-15).

Grow in all aspects is to grow in the spiritual life, it is to grow to leave behind the traumas of sin and advance to emotional level; it is to grow in physical health when it is released from the oppression of feelings and negative emotions causing disease; it is growing under the proper guidance of leaders prepared in the Ministry of Christian restoration.

⌘ Meditations are original from the author of this guide

⌘ The Bible used for this work in its Spanish version is the "Bible of the Americas". The English version will use the New International Version (NIV).

## **HOW TO USE THIS MATERIAL**

If you are leading and want to use the material, I suggest you first to print the first part and study it for training.

The second part will be used in the weekly meetings giving a photocopy to each person to restore according to the subject to follow.

During the dialogues, the following structure is recommended:

Opening prayer

Time for tasks and experiences of the previous dialogue comments.

Development of the subject by the leader.

Explanation and assigning tasks to develop at home.

Prayer requests and delivery of afflictions to God.

And if you want to make this single study personally, taking the necessary time and allowing time for God's work in your life a Christian counselor prepared in this area is recommended for a right follow-up process. Some themes recur in the first and second part since there may be the option to study the second part directly.

This guide features a compact disc as a tool to help with the final messages (for the Spanish version).

## **HOW DID "PEACE IN HIS WAY" COME OUT? Teresa Lopez' testimony**

Once we grew up we begin to feel that first love. That needs to be in the presence of the Lord every moment because we are living a unique experience. The God of creation has set His eyes on our lives. It is rather the time that we realized that He always has been with us, but we had not wanted to open the doors of our heart.

Then we wish to serve Him and run to tell our story. But... we're not ready!

Every servant of God must first pass through the desert to get to the land of Canaan; you must climb to Mount Sinai and being alone with God and you must overcome temptations, internal struggles and other voices, to be able to discern what the true voice of God is and what he has called you for.

And to understand His purpose, you must not be anxious for that Ministry but you must learn that it is necessary to enter the celestial classrooms, the school of God.

You will need to learn what to teach others through their own experience. You will have to overcome yourself, let go of your dreams built in the worldly life and overcome the terrors and chains of oppression that bound you in your past. This will not only make, but it will get you through a daily journey with the Lord and His Holy Spirit's work.

You will learn in the way that there is a time for everything and who carries the pointer, the direction and purpose is God Himself. And above all you will experience that this process is very painful and lonely.

This is the way of the servants of God who are truly committed to His call.

## **MY EXPERIENCE:**

The service was going to end, and then the pastor asked the Congregation to move forward to make an offering to the altar for a Ministry that began. And I went forward, but I carried no money, I wrote a letter to God where I asked to Him to make me a servant of the injured sheep.

And the Lord heard my prayer. This would be the beginning of a call to serve Him in the restoration of the damaged emotions of the others. But I didn't know that He had to write that letters in my mind and heart, so that I could then take that message through my own experience.

It was the year of 1995; I had returned to the ways of God. I had accepted Him in 1971 but youth blinded me and I took off His path. I thought that I would have success and happiness ahead. I didn't know that with blindfolded eyes and slave of me, I only was going to reach the cliff. But I was rescued years later; He was faithful and did not forget when I had accepted Him. But to that date my life was already full of thorns and dry branches which cutting process was going to be hurtful.

Like the majority of human beings who do not understand "for good", I went back to the way when I felt very ill because I suffered from anxiety, tachycardia and other symptoms very similar to those who suffer the psychiatric patients.

Then I knew that I was suffering from hyperthyroidism, imbalance in the thyroid gland that causes adverse physical and emotional symptoms. And so in these conditions, I went desperate to Church to find the Lord.

I needed healing, I needed to find his peace, but I was prey to my ignorance and that of others, because they pointed out my symptoms only to spiritual oppression.

So my visits to Church always ended with siblings that rebuking my demons. And I still struggle with anxiety and tachycardia, so arriving at home the tachycardia was more severe.

I attended church one time and another. I was always in the first rows in order to be comforted and the situation continued. I, then, wondered inside me, that would be as disastrous that God doesn't listen to me, why He does not forgive me my sins.

And I came to obsess me to rebuke the devil every time that I felt bad. I was ill in Church, I went almost neurotic because I thought that I always had to be with the "sword of the spirit" because if I released it would be easy prey for Satan. I could not rest on the prayer of peace and confidence in Him who is "is in me than the one that is in the world". I was a warrior without weapons, weak and traumatized and now tied to the fear of straying from God but did not find inner peace, because I knew nothing of His Word.

So I was always believing everything that I was told by the abundant relief Ministers. It was strange that never found abundant healing and consolation Ministers, Ministers who visit sick or other ministries! And we must recognize that many brothers feel His call to the Ministry of liberation, perhaps as a way to exercise control and power, but do not know that to do this they must be first prepared in Heavenly classrooms.

And I wondered... where is the peace which surpasses all comprehension?

So I started to visit different churches in search of peace. I thought that I would find peace within the walls of a church and didn't know that you reached it within your mind and heart.



It caught my attention and at the same time I scared that all the brothers of different congregations were always saying the same thing: you will have a Ministry of liberation.

And that for me was something that frightened me, I am so small, weak and ill, facing the spiritual enemy... Oh no, Lord!

I wanted better be in praise because I loved to sing, thing that I did for a long time while in bohemia and worldly life.

And that fear for the spiritual enemy was very deep in my being because it was born of childhood trauma since so you obeyed, a maid always frightened me with "the devil going to carry you". The devil appearing in parades: large horns, red and long tail. Perhaps give laughter to the reader, but should not underestimate the trauma of children because remain recorded images within your mind that will affect you in adulthood, as it was my case.

Of course that I knew long time later, when the spirit of God took the blindfold and made me explore the traumas of my childhood.

And so I was still within the Church, sick of hyperthyroidism and traumas from childhood. I was going to worship but left there with anxiety and fear so I decided to serve the Lord... maybe this could reach the peace that surpasses all understanding and He would answer my prayers. In other words, was tied to the way to earn conditional love: do something to gain something. And I thought that was the way with God so that I should serve; I had to then do something very big... Still I could not understand the character of God.

Because this fear was not only of the devil, but also God himself. The God that I also learned in my childhood! A God who you should follow and obey if not you were punished... And it is important to recognize this because if God is love, then... why so many people don't accept Him? It is that they are afraid of an inadequate image of God, or have been too distressed in love?

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