

My
Belief

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Joe Isaac Gauthier

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1. INTRODUCTION TO BELIEF

For thousands of years, man has sought to find the answer to the purpose of life—the how and why of all things. With the many religions and scientific dogmas, it is easy to see how people can become lost in what they believe, and have the very foundations of their faith shaken—where we come from, where we go, and how we will get there. Each religion claims to know these answers and claims that, if faith is sought correctly, an answer and spiritual revelation will be given to you.

All religions (including science) share this in common: the belief in God. Even the earliest fathers of science had a belief in God. I do not know what to call this writing; however, a belief is what it is. It is a belief in life, the facts of life, and the truth that I have discovered and found. That, my friend, is *My Belief*.

My Belief is not solely one view of any specific religion, but a compilation of all major religions (including science). When viewed from the point of neutrality, all these ways of life share a common ground. When science and logical reasoning are applied to the history and content of these religions, the unity and evolution of the word can be seen in the eventual evolution to modern science. Even science is simply a religion (an organized school of thought and belief, sharing a similar view of life and how it is governed) for the people of this time, and for people who need proof. For even the most modern of these scientists acknowledges that the mysteries of the universe are so great and abundant that only a fool would claim to know everything.

My Belief attempts to explain many religious and other phenomena that many people experience. *My Belief* offers scientific explanations for the stories recorded in the history of man in the Bible, Qur'an, and other

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historical documentation. This book will attempt to show how religious documents are as historical records, as well as attempt to prove that scientific logic must be used in understanding the relationship of the universe and the events that took place during historic times. Much like poetry, the explanation and description of our universe can be said in the most infinite of words and comparisons. For example, science is arguably accurate, and we have instruments to prove many of the theories and methods we have come to embrace. In fact the scientific world is even so noble as to acknowledge these discoveries and beliefs as “theory,” expecting perhaps a more rational governance or greater being in control.

Many people who embrace science have the inability to understand how we explained creation and scientific processes before these instruments and methods were available. And many people who embrace the writings of religions have the inability to view things from a scientific standpoint. The truth is much like Galileo said,

RELIGION TELLS US HOW TO GET TO THE HEAVENS,
AND SCIENCE TELLS US HOW THE HEAVENS WERE MADE.

GALILEO (1564–1642)

With this in mind, we can see the clear unity between science and religion, and how they complement each other in this beautiful dance we call life. This is the difference between words and numbers, yet both must be used in order to explain the supreme functions of the universe and the supreme being or energy which controls it. Words must describe and tell us what has happened, and numbers explain the order in which they work or occurred. But even numbers cannot describe history and events that have occurred, which is why we have the written word.

In the age of science and with the many different religions that surround us, it is no wonder that people are having the foundations of their faith tested and the belief of God challenged. Many people share similar beliefs and thought patterns, however most share this in common—a bias in view. When discovering the truth and secrets to life, it is important to look at the evidence through the eyes of a child, wide and open, absorbing what what a child sees. With this concept in mind we can see that the unity of man and the oneness that we are created from can be understood and embraced.

This book portrays the evolution of man and the beliefs we have embraced, beginning first with the first religions, and eventually moving on to modern science. The book demonstrates through all beliefs the unity and oneness of a supreme energy that we live in, are part of, and are created from. Keep in mind that this energy is what we and all things came from. Life is intelligent; therefore, we can conclude that the energy we are created from is intelligent as well.

With the discoveries and revelations in this book, compiled with historical and scientific truth, these questions hopefully will be answered for you. I hope you will find a renewed faith in people, science, and, yes, religion. It is important to read this book without bias, as all literature should be read; for if you read with doubt, you have already decided to shut your heart to the truth. Bias and prejudices are all part of being a person; however, recognizing these prejudices and identifying them will help guide you to the unbiased truth. What is truth? A series of logical thought patterns that describe and depict accurately a series of real life events and emotions.

THE ONLY TRUTH IS THE UNBIASED TRUTH.

So when you decide to “not listen” to something or someone, ask, “Is this a prejudice of mine?”

**TO BE ABLE TO JUDGE OTHERS IS FIRST TO BE ABLE TO
JUDGE YOURSELF.**

This is also another way of saying,

**JUDGE NOT, THAT YOU BE NOT JUDGED. FOR WITH WHAT JUDGMENT
YOU JUDGE, YOU WILL BE JUDGED; AND THE MEASURE YOU USE, IT WILL BE
MEASURED BACK TO YOU**

MATTHEW 7:1–3 (NKJV)

Once you understand this concept, then, and only then, will you be able to look at things through an unbiased lens. Unfortunately there are not many people who have this ability. People from all walks of life let EGO or bias influence and control what they perceive. This creates a false sense of what is real in the world and universe that surrounds us; it is important for those who have the ability to seek knowledge without bias to do so. This mindset provides a

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guideline to the path of enlightenment and helps establish the foundation to spirituality that can only be attained with a connection to the higher plane of existence that we live in and are part of.

Growing up, we face many challenges in everyday life; we find out how to learn, love, laugh, kiss, etc. But most importantly we learn the difference between right and wrong. Believe it or not these are the most fundamental skills and practices we learn. These lessons define who we are, who we will be, who we will become, and how we will react. These lessons will also be the beliefs, values, and morals we will hand down to future generations. These beliefs and values are the fundamental systems that govern our societies.

Since the evolution of the word and the law established by the first people, it is possible to see through the events in history how these lessons and laws are the very ones that have led humanity to its current destiny. We have evolved from and embraced these values and beliefs as the supreme laws and constitutions of our lands. These laws are evolved from religious scripture and have governed and dictated whether we war, love, or punish those we live with. It could be said that the laws we love and the freedoms we defend come from a greater sense of being or conscience. With that premise in mind we continue to delve toward the truth.

The experiences that life teaches us are the experiences and emotions we will relate to in our adult lives. Of course we change quite a bit from when we were children...or do we? A very special experience you had with a girlfriend or boyfriend for example will be carried on in future situations. Depending on how the experience went (good or bad) will affect how you respond to similar situations in the future. Action and reaction. Some people will gain confidence from a situation and some respond with anger; they will be the same situations, yet at the same time very different. They would be similar only in a sense.

**BECAUSE EVERYONE IS DIFFERENT, NO ONE EXPERIENCE
WILL EVER BE THE EXACT SAME, ONLY SIMILAR.**

The above situation strictly applies to living organisms; for example, although a snowflake may always be different (not proven, for it is impossible to collect all the snowflakes that have ever fallen), you cannot interact with it like a plant, dog, or baby. It will not grow, respond to stimuli, or procreate. The above situation is a similar event that almost all human beings will eventually be able to relate to. Although these experiences are similar, they can

never be identical. Even though rocks can be similar, they cannot experience emotions and take action to influence events. A rock cannot love, be angry, or feel pain; these emotions make the human and animal experience much more unique and complex than things in our surroundings. This means there are remarkably unique experiences for every individual being on earth.

A snowflake is like a rock made up of atoms and energy, but not of life. You can have living plants that are identically and genetically the same, growing in the same environment, and not have them grow or look the same way. Much like identical twins, they can be the exact same (essentially a clone), growing up in the same environment, and not end up with the same characteristics, personalities, and behavior traits. Each level of life represents a different piece of the light or subatomic energy spectrum. This is what in religious and spiritual contexts can be referred to as the HOLY SPIRIT or a SOUL.

Thought patterns and brain development (neuronets) are created through different life experiences and emotions, and will therefore create different degrees of consciousness and reality (as everyone's level of consciousness and reality differs), thus adding an individual perception of the reality that surrounds us. This process occurs with each individual life, creating billions of completely different possible realities or perceptions of reality that will affect dozens, thousands, millions, and/or billions of lives that are all interdependent (mankind).

Take a minute, sit back and think of your life...your childhood, adolescence, and if you're old enough, your adult life. Each time period, age/stage, and thought/moment creates a chemical response to make you feel the exact emotion you did when you were in that situation. This is a survival tool that enables us to react differently or in a way helps us respond to situations of a similar nature. Since no situation can be the exact same, just similar, we can never fully be prepared or know exactly what to expect in any situation. We simply work from past experiences and hope they do not lead to mistakes in the future.

If your reflection of the past brought up angry feelings, chances are the next person you meet will feel the negative energy coming from you. If the reflection was a positive experience, then the positive energy will be felt. The fact that memories of the past are still influencing the thoughts of today is amazing. Where is that energy or thought coming from? It is a proven fact that we absorb and reflect light, which is a form of energy.

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