Handling Life's Difficult Experiences

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Summary: Life is a mixture of experiences - some sweet and some bitter. The Bible abounds in examples and stories of people, and it tells us that without faith we can never please God. We must learn how to trust Him, and trust is developed in private, but it's always shown up in difficult experiences we have in life. So difficulties are an opportunity for us to grow because they reveal our heart condition.



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How many thought, as a Christian, you thought that things would all work out easy, and go well for you aye? [Laughs] How many found it didn't work out like that at all? Quite disappointing at times, so let's have a read, and I want us to read in Exodus, Chapter 15 in Verse 22: so Moses brought Israel from the Red Sea, and they went out to the Wilderness of Shur, and they had three days in the desert without any water. That's pretty tough isn't it aye?

The Bible abounds in examples and stories of people, and it tells us that without faith we can never please God. We must learn how to trust Him; and trust is developed in private, but it's always shown up in difficult experiences we have in life. He says: they came to the waters of Marah, in other words they found some water, but they could not drink the waters of Marah, for they were bitter. That's why they called the name of it Marah, which means bitter. And the people complained against Moses, saying: what do we drink? And he cried out to the Lord, and the Lord showed him a tree. When He cast it into the waters, the waters were made sweet; and there He made a statute and an ordinance, and there He tested them. So this was a test. This was something God was using to grow and develop them.

He said: if you diligently head to the voice of the Lord your God, and do what is right in His sight, and give air to His commandments and keep His statutes, I'll put none of the diseases on you, which I put on the Egyptians, for I am the Lord which heals you.

So the first thing to see, life is a mixture of experiences - some sweet and some bitter. These people had just seen one of the most amazing miracles of God. They were being pursued by an army, and they saw as Moses lifted his rod up, they saw a wind come up that parted the waters; and then as they crossed over those waters, the waters collapsed; and all the soldiers, who had held their life in slavery for hundreds of years, were destroyed. So they saw this tremendous - isn't that a great experience of God - and they tasted freedom, and it was sweet. Then three days later they're burned out, and drying out in the desert; there's no water, no supply, tongues sticking to the roof of their mouths.

So it's like on one hand they had this tremendous experience, and you would think hey, God has done this for me. I expect Him to treat me real well, and next thing you know they're in this very, very difficult situation. It's true in our life, we can have great experiences with God in a meeting, or great breakthrough with God in our life, but then it's followed by an unexpected disappointment, setback or difficulty, and this is pretty challenging. You ever been without anything to drink for a day? Imagine being in the sun, the blazing sun for three days, and

you've got no water, and then finally the water you get, it tastes bitter. You can see that water. They probably broke into a run. They all ran to the water. They get in the water, start slopping it up and aarrgh! spitting it out like that.

So what they had was a bitter experience, a disappointing experience. I wonder how many of you tonight have faced an experience which was quite disappointing, that was quite a bitter experience, something that happened that actually was like a setback in your life. You never expected something like that would happen. Often we find that we have these experiences, they just come into our life unexpectedly; but here's the second thing. Difficulties are always an opportunity for you to grow, so currently some of you may be facing a difficult experience, a difficult season or experience. You may be in a relationship, maybe a financial issue, it may be a personal issue, or it may be just a season you're going through, a lot of difficulty in your life. You pray, and it doesn't seem like God comes through for you. It's what's called a bitter experience.

But these kinds of experiences are an opportunity to grow. God is committed to your growth or your character, not your comfort. Now it's a help to realise that, that we may think that God is going to come through, on every need that I have, and He'll supply on time. I've observed that He doesn't always come through on time, and He definitely doesn't come through like you expect. He often comes through in a way that you don't expect at all; so when you are going through a difficult time, or difficult season in your life, it is an opportunity for you to grow. The Bible says: He tested them; or gave them an opportunity to grow and to shift. If you're going to come into the things God has for you, you have to grow. You have to grow. God has planned many things for you, but it's like a father having a motorbike he wants to give to the child, but the child's only about six. He's not going to get the motorbike; not until they're grown up.

You've actually got to cooperate with God in His preparation process, or you can't experience the things He's planned for you; so the best things that God has for you are yet ahead for you. I don't know how many, but I guess when we get to heaven we'll have a look, and God will show us these are all the things that I intended for you, but when the going got tough, oh my, why did you respond that way? Why did you sulk? Why did you quit? Why did you give up? Why did you draw back? I had so much I was planning for you, and you quit on me, right at the key point when I was trying to prepare you; so you'd know what to do, and have the courage to handle it.

So difficulties are an opportunity for us to grow, because they reveal our heart condition. So you notice here, that when they came to Marah, it says they couldn't drink; and it says: they complained. They complained. Now one of the things to understand, is that people that have been in bondage, and people that have been in a life of slavery, often they have what's called a victim mentality. A victim mentality is: I'm powerless; life's not fair, and someone's to blame. So whenever you face a difficult situation in life, whatever's in your heart will come

out through your mouth; and what they did was, they began to complain. They began to speak, and always when people complain, they're trying to find someone to blame, someone to put responsibility for the situation on.

So they complained against Moses. They complained against God's visible representative. They complained against God Himself. Basically they were blaming them for the situation, saying: it's your fault. You brought us here, you got us here. How come you put us in such a situation?

I wonder when you face difficult situations, how much you complain, how much you become negative and sour, because what's in your heart is sour. This week I encourage you, just to have a listen around the community, wherever you are; whether it's at school or work, wherever it is. Listen to how often, and how frequently, you find people complaining. You will be amazed, and when people are complaining, it tells us they have bitterness in their heart; the bitterness of being defeated, of being hurt, of injustice, of some kind of problem in their life they've never resolved. So when they face a challenge which is difficult, up comes the bitterness, out comes the flow, and out comes this complaining and negativity and all kinds of things.

Now listen. God wants you to be free of that, wants to get it out of your heart, so He allows you to go into some difficult situations; and you notice they had just had amazing deliverance, they're out of Egypt, but they forgot yesterday's blessings. They're caught up in the problems of today. I wonder how many of us have forgotten what God did in the past, forgotten the way He's helped you, forgotten the things He's done for you. You're just caught up in the injustice and unfairness of what's there right now - very easy to do that.

So the next thing that we see here, is that God is aware of your needs. God actually knows exactly what your needs are. You don't actually have to tell Him what your needs are. He already knows. He's completely aware of your needs, and He's planned the journey. Interesting thing was, God knew exactly after three days, they're going to be dried out. He knew after three days, when they're right at their driest, and they got to the water, the water would be bitter. God knew all about that. He could foresee. It's like He looked at the book of your life, and He can see what you're going to face tomorrow. He can see what you're going to face next week. He can see what you're going to face in six months time. He knows exactly what you're going to face - He's planned your journey. He's planned your journey.

Now if there's faith in your heart, you can actually have confidence God has planned my journey. I can rest on the promise in Romans 8, which talks about the love of God; I can rest on this promise. All things work together for my good, because I'm called by God, and I'm walking with Him. Everything works together for my good. Even the bad things will develop some good thing in your life. No matter what you're going through, no matter what situation you find, faith tells me

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