

Eliza's Prayer Book



*A selection of uplifting Spirit-filled prayers
by Eliza Wilson*

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Introduction

When I pray in silence, my soul is like a white dove stretching its wings and flying beyond the horizon, across unknown spaces, towards the sun.

There's so much freedom in praying. It's like giving birth. You go through a lot of pain and struggle, but the peace and joy that follow are infinitely greater.

You start with a tormented and doubtful heart. You don't know where the prayer is going to take you... sometimes you're not even sure whether anybody listens to it or not.

Then, as you pour your heart and soul into it in truth and honesty, the words start to flow like an enchanted stream across the rocks.

And they keep flowing and flowing. There are no more boundaries. No more obstacles. Then the tears come. Tears of joy. Tears of hope. Tears of gratefulness.

You can feel your prayer opening doors, breaking locks, knocking down walls, crossing time and space in its way to the One it is addressed to.

You receive feedback. You can actually feel the heavens open and your prayer touching the throne of Glory. It is

an indescribable experience for someone who has never had it.

You don't need to wait for your prayers to be answered. You already know they have been answered. You can feel the answer inside you, in the ocean of pure light flooding your whole being, in the sweet touch caressing your soul.

That infinite peace, that soft breeze of divine love that reconciles all contradictions is the Holy Spirit whispering gently in your ear.

The moment you are touched and enkindled by it, you no longer need *to believe*... You *know* God is real and he loves you with a love more beautiful than all the love songs of this world.

A Prayer of Thanks

Father God, we have so many things to be thankful for...

...for keeping the fire of faith alive through all the storms of doubts and uncertainty;

...for giving us something to cling to when everything seems to crumble around us;

...for giving us a meaning in a world constantly searching for a meaning;

...for being our candle on the dark path of what we still don't understand;

...for giving us true freedom in a world that has turned freedom into a cheap word;

...for being patient with us when we refuse to learn;

...for lifting us when we fall;

...for bringing us home when we go astray;

...for showing us we have a home, that we are not orphans in this world;

...for giving us courage and strength in our trials;

...for teaching us the true love that casts out all fear;

...for being our friend, our comforter and our guide;

...for carrying our burdens and being with us in our suffering;

...for helping us become the best of what we can be;

...for quenching our thirst with living water;

...for showing us the way to your Kingdom;

And above all, we thank you for the One through whom all these things and many more were made possible - for your son Jesus Christ, our loving, self-sacrificing Lord, who taught us to call you "Father" and in whose name we dare come before you today and always.

Amen

Prayer For A Life Lived With God

Father God, you are the Alpha and the Omega, the beginning and the end. It is safe to place my heart in your hands.

In a restless and troubled world, you are a realm of peace and comfort. In a sea of doubts, you are the certainty. In an ocean of darkness, you are the light.

Guide us through the night. Your mercy is endless. Your grace is eternal. Your love has no boundaries.

Without you, we would be lost and alone. With you, we are saved and loved, we have a purpose and a meaning.

Teach us to love and to forgive, as you love and forgive us every day.

Teach us to find our joy in you and our strength in your name.

Make us a candle for others' steps, so that they can see where they are going and do not stumble on their way.

Make us a light for the blind, a song for the deaf, a hope for the lost and the lonely.

Guide us to say the right word at the right time and to choose wisely every time we have to make a choice.

Give us the passion and the courage of the early Christians, the power and commitment of the apostles, and the perfect love of Jesus Christ.

For you have the power to build up hearts and minds, to restore and to heal. Glorified be your name forever and ever.

Amen

Prayer for Faith, Hope and Strength

Lord, teach me to pray again. I have drifted away from you. Bring me back as the good shepherd brings his lost sheep. Teach me to trust in you completely and to surrender my life to you.

Never let me worry about anything, for you are the answer to all my worries and my refuge in times of trouble.

You brought me to where I am in spite of my many weaknesses and mistakes. You gave my life a meaning and you set my steps on this path of love and devotion.

Help me be strong and face whatever challenges the future might bring. When I'm too tired, give me strength to carry on.

When hope is gone, bring it back with your power. Keep the candle burning for me, so that I may never get lost on the way.

Amen

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