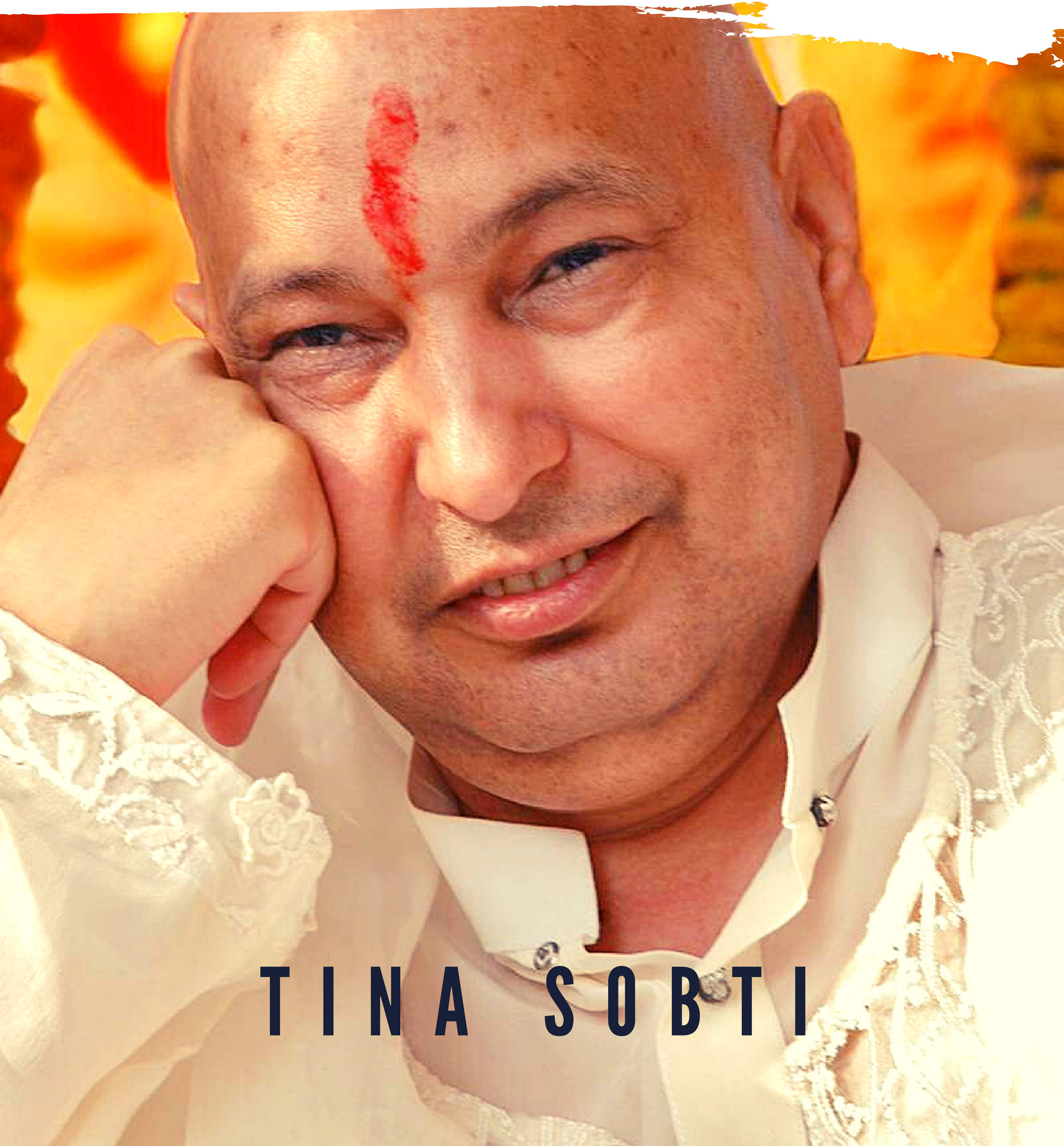


**D I V I N E**

**C O N N E C T**



**T I N A S O B T I**

**D I V I N E C O N N E C T . . . ! !**

**( A T T A I N I N G T H E B L E S S I N G S O F  
G U R U J I . ! ! )**

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This is the first edition of this book and is self published in 2020

The Edition is typeset and designed by PEP, an imprint of Project Education, an initiative by Tina Sobti. To know more about project Education, visit <http://projecteducation.co>

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# P R E F A C E

**When you choose a Guru you become a follower. When your Guru chooses you, you become a disciple.  
Guruji Naushir**

My journey with Guruji began five years ago when I was going through a stormy phase in my life. He came as a light in the darkness and showed me the path towards bliss and serenity.

Long back, I used to see 'Jai Guruji', 'Blessings Always Guruji' written behind myriad vehicles which made me wonder who this person could really be that people were going crazy for? With time I realised that where on one hand there were people who have been following Guruji since an enormous number of years, on the other there were people like me who weren't even aware of him for a good amount of time and refrained from his grace and blessings, which changed my life drastically once I attained them by believing in him with my heart and soul..

Talking about family, my mother was the first one who started following Guruji and helped me develop an extraordinary connection with him which with time got stronger as my belief in him kept on growing immensely, let me share with you how in fact I would love to share my journey with all the loving 'sangats' of Guruji.

It all started with my first visit to 'Bade Mandir' along with my husband, words can't really express the calm and pleasure we felt in our heart the moment we stepped into this holy place. The most wonderful thing that happened there was my husband, who is highly allergic to tea, consuming the 'chai prasad', I was worried that he would soon get an allergic reaction but was pleased to see that nothing happened to him obviously with the divine blessings of Guruji.

This first instance of experiencing Guruji's grace and blessings could not stop me from getting closer to him and more than me it was my husband who developed an instant connection with him there.

Not only this, but it has also good number of times wherein I have felt Guruji taking care of me and my family in an astounding way, we have overcome a lot of raging situations in our lives with his blessings and therefore feel really connected with him.

I very passionately believe that it is the 'Guru' who chooses you and not you who choose a 'Guru' and I am really thankful to Guruji from the bottom of my heart for choosing me as his beloved child and holding my hand all the time in order to make my journey blissful.

One of the foremost reasons behind me writing this book is to show my gratefulness towards Guruji for always being there for me and I'd love to help and encourage people through this book to create and strengthen an indestructible relationship with this astounding being of light who's always eager to bless his 'sangats' with all the contentment in the world.

Hope that you'll cherish reading this book and will love being familiarised with the magic of being attached with my dear 'Guruji'.

The only thing that I would like to request you before you begin reading further and start an astounding journey with his blessings is, believe in the divine timing as Guruji knows what needs to be given to his children and at what time. I've heard people losing faith in him just because they felt that he wasn't blessing them with their desires, this should definitely be avoided if you really want him to listen to you, surrender your life in his hands and stop worrying about it as he'll take care of it in a way you wouldn't have ever imagined.

Follow his lead and you will never be alone, believe in him with all your heart and your sufferings will be gone.

**Jai Guruji!!**

# CHAPTER - ONE

## AN EXTRAORDINARY BEING OF LIGHT

The search for divinity begins here.

- Anonymous

Guruji is known to be a wonderful being of light, in fact, he is the Divine Light himself who chose to walk on this planet to shower his blessings on humanity and enlighten people enormously. He was born on the 7th of July 1954 in Dugri village at Malerkotla, Punjab (India).

Despite being a Divine soul, he led a normal life and went to school, college and completed his master's degree in Economics in Dugri itself. People who got an opportunity to know him personally say that he had a glimmer of spirituality since childhood and always contributed to the glory of people's lives by helping, healing, and blessing them. The purpose of his life was to end the sufferings of others and he actually changed the lives of thousands of people by showering his grace on them.

Even though he does not exist in the physical form today but continues to bless his 'sangats' in all the possible ways and fulfill their wishes.

Guruji used to sit at various places, some of them were Delhi, Jalandhar, Chandigarh, Panchkula and many more, people from all over India used to visit him in order to be blessed by him.

It is said that people who used to be a part of his 'Satsangs' were able to cure many of their ailments and were also blessed with a healthy and prosperous life. Even today it is believed by the devotees of Guruji that the one who will consume the 'chai prasad' and 'langar' in the Bade Mandir or any of his 'satsangs' will be consecrated by his choicest blessings. People suffering physically, mentally, emotionally, financially have always been fortunate enough after being blessed by Guruji as he always put an end to their sufferings and of those who believe in him with their heart. There was, and there is nothing that is impossible for Guruji, all you need to do is have faith in him and surrender, it is then you'll see your life becoming absolutely wonderful in every way.

Guruji never believed in discrimination and for him, all his devotees, be it rich or poor had been the same, the doors of his grace had always been open for everybody, in fact, they still are and will always be. Anybody from any caste or religion is more than welcome to be connected to Guruji and can attend his 'satsangs' in Bade Mandir or elsewhere.

The only thing Guruji expects from his devotees is to surrender and feel unconditional love and faith towards him, you need to believe in him no matter how life is treating you, hold on to the thought that he is watching over you and is well aware of all your sufferings. He can never see his children in pain or distress and always blesses them in different ways, there can be defer sometimes but that too happens for a reason.

Guruji once explained that his blessings are not for this life only but will exist forever, from one life to another. He never believed in any rituals nor encouraged anybody to bring offerings for him and this is the reason why nobody can take any sort of offering to Bade Mandir or any of his 'satsangs'.

He took mahasamadhi on 31st May 2007 and has left no successor as he believed that there can't be one for the divine light.

Many people wonder how to develop a connection with him, well, you can do that with the help of meditation or by listening to his 'shabads'. These are a couple of ways that have been useful for me however you are the best one to decide how to build your connection with him.

As you might have got acquainted with Guruji by now, I would like you to know a bit about Bade Mandir where his divine presence still exists and is felt by myriads of people, it's a temple which is located in Bhatti Mines in South Delhi, this is one place which is away from the daily hustle-bustle of the city, the air over there is so fresh and pure, and the entire white marble structure looks absolutely stunning. The 'linga' present over there showcases that this place belongs to Lord Shiva who seems to be seated there to bless everyone.

It is strongly believed that Guruji is still there, in fact, some people have been fortunate enough to be blessed with his 'Divine Darshan'.

Personally, this is one place that I feel can take anyone away from the miseries and worries, so please do visit there and experience the bliss yourself. When you visit there don't forget to consume the 'chai and langar prasad' as they are the most virtuous ways of attaining Guruji's blessings. People who have consumed them have always been blessed in the most magnificent ways.

In the next chapter, I am going to share with you a few guidelines which you must keep in mind before visiting Bade Mandir.

# CHAPTER - TWO

## VISIT TO BADE MANDIR

**Your sacred space is where you can find yourself again and again.  
Joseph Campbell**

Bade Mandir is one of the most gorgeous places wherein people feel calm and blessed in the divine presence of Guruji. Most of his devotees pay a visit there whenever they feel low or lose the direction in their lives as they strongly believe that they'll get all the answers to the questions which have remained unanswered for long.

If I talk about myself, my mind goes absolutely blank whenever I visit this holy place, all I usually think about while sitting and listening to the 'shabads' being played there is, how can I become a better person? This is the question which I hold in my mind forgetting about the rest of my uncertainties, I prefer to talk to Guruji and trust me, if you really want to feel the beauty of connecting with him then I'd suggest start talking to him and make him your best friend, for me he's not only a Guru but also an amazing comrade with whom I can share anything every time I feel distressed. You can do that too, be friends with Guruji, whenever you are there in Bade Mandir try and talk to him with the power of your thoughts and heart and you'll be mesmerized to see how incredibly he'll communicate with you. Nobody has ever returned without feeling gratified and blessed from there, all thanks to the charm of my dear Guruji who loves his 'sangats' unconditionally.

There are certain rules which you must keep in mind in order to develop a virtuous connection and obtain blessings of this wonderful being of light while being in Bade Mandir:

- Your mobile must be switched off or preferably in silent mode while you are there as Guruji never appreciated his 'sangats' using it in his presence or while being around him. Also, there is a possibility of the rest of the 'sangats' being disturbed by you communicating on the mobile.
- You must maintain silence and concentrate on the 'shabads' being played there, listen to them carefully and if possible, meditate on them as this will help you in developing a direct connection with Guruji which he always expects from his 'sangats'. When he existed in his physical form, he always encouraged people to form a direct connection with him without the following mediator.
- You must maintain silence and concentrate on the 'shabads' being played there, listen to them carefully and if possible, meditate on them as this will help you in developing a direct connection with Guruji which he always expects from his 'sangats'. When he existed in his physical form, he always encouraged people to form a direct connection with him without following mediator.
- The 'sangats' accompanied by kids is always requested to be seated outside the main hall.
- You must listen to the instructions of 'sewadars' there and follow them undeniably.
- You must keep in mind that it might take a little while for you to reach for the langar or darshan of Guruji. Hence it is vital to remain patient and wait for your turn without being irritated.
- You're not supposed to touch the 'Akhand Jyot' or any of the photographs of Guruji.
- You must finish the 'Chai Prasad', 'Jal Prasad', and 'Langar Prasad' properly without leaving even a pinch of it.
- Guruji never appreciated aged or sick 'sangats' travelling afar just to see him for his 'divine darshan' and always said that they can easily obtain his blessings while being at home, any one member of the family is sufficient enough for everyone to receive his blessings.
- It is advisable not to take small children to Bade Mandir, even if you have to then please make sure that they don't run around or make noise as that would disturb the other 'sangats' present there.

I have tried and covered maximum guidelines here however there can be a few more which you might get to know once you visit Bade Mandir. Now that you are aware of this astounding and serene holy place, it's time to be acquainted with the teachings of Guruji in the next few chapters, so be with me on this delightful celestial journey which will help you transform your life beautifully.



# CHAPTER - THREE

## ATTITUDE OF GRATITUDE

**Tip for a happy and prosperous life:  
Har Pal Usda Shukrana, Har Pal Usda Simran  
Har Pal Usdi Seva, Har Pal Us Aage Ardass  
Anonymous**

Guruji always asks us to be grateful for everything that we have instead of squawking about the lack. He always used to tell his 'sangats' "Shukrana Kar" and the purpose of him telling this was to encourage people to be appreciative of the Supreme Being for all that he has blessed them with.

Many of us always get connected with Guruji in the difficult or turbulent phases, however, we need to believe that it is equally significant to be appreciative towards him every time he sends his love and blessings to us, he showers his consecrations on his 'sangats' every day and therefore we need to show gratitude to him for all his love and benedictions each day.

The more you'll be grateful towards Guruji the healthier doors of opportunities and prospects will be opened by him for you and your loved ones. You'll start feeling more sanguine, passionate, and experience all the affection and brilliance in your life as sincere prayers to Guruji can protect us from myriad negative emotions like envy, greed, bitterness, hatred, etc. He has the power to change the worst into the best, all you need to do is have faith in him and be thankful for all that he does for you as he blesses his 'sangats' with his worthiest blessings and does whatever is good for them.

When you'll start showing sincere gratitude to Guruji you'll realise the power of his blessings and attract more of congruent experiences in your life. Trust me, the magical power of Gratitude can change your journey on this plane completely.

Long ago when I wasn't connected with Guruji, I never knew how amazing it could be to be grateful in life. I used to be extremely ungracious until he held my hand and took me on the path of gratification. When I started experiencing magnificent changes taking places in my life after believing in Guruji it was then I couldn't stop myself from being thankful to him for taking care of me and my family so beautifully, and since then my day starts and ends with one sentence and that is "Thank you for everything Guruji, har pal shukrana". Not only me, but all the 'sangats' of Guruji is always immensely grateful to him for his presence in their lives in the good as well as bad times.

People who are grateful for the blessings showered by him are always close to his heart, they are the ones who always cherish the everlasting bond of amazing relationships and enjoy virtuous health as well as wealth. You'll never find these people in a gloomy state because it's their faith in Guruji that always steers them towards the path of graciousness and glory. Guruji always ensures that his 'sangats' lives in a joyful state and remain healthy, I have seen people recovering from the worst phase of their health and getting absolutely normal just because they remained grateful to him despite going through the most horrible time of their life. Gratitude has an astounding power that can transform distress into pleasure and make one experience the most noteworthy time in life.

Once you'll start your journey with Guruji and be thankful for all his blessings with your heart, you'll realise that there's no one else who can make you happier in this world other than my dear Guruji. Being grateful will not only help you attract more of his blessings but will also make you be aware of all the virtuous things you already have. You'll be able to connect not only with him but even with your innate divine being which is usually ignored and left unheard by you.

Life is not about focussing on the lack and squawking about the undesired things but it is to be lived fully and that can only happen when you'll connect to something larger and that only happens when one starts living in the present, appreciate the good and hope for the best. That's the charm of the teachings of Guruji which always encourages his 'sangats' to live in gratefulness and be ready to experience the bliss by attaining his divine blessings.

Thank you, Guruji for every breath.  
Thank you, Guruji for holding my hand.  
Thank you, Guruji for all your blessings and  
Thank you, Guruji for taking care of me so beautifully.  
Har Pal Shukrana Guruji..!!

# CHAPTER - FOUR

## HAVE FAITH IN YOURSELF

Let your smile change the world but never let the world change your smile.

Sri Sri Ravi Shankar

The loving 'sangat' of Guruji has always been incredibly special to him in fact they will always be, he always used to encourage his devotees to believe in themselves instead of dwelling upon other people. Guruji conveyed through his teachings that if anyone gets affected by the opinion of someone else then that person is in control of the other one and this is something which must be avoided in order to live a happy and contented life.

Many times, we get affected by what others, especially our loved ones think of us and try to adjust ourselves as per their wish, let me tell you, Guruji never appreciated this kind of an attitude and I'm sure that he would not approve of it at present as well. He loves us unconditionally, no matter how affluent or impoverished we are, how decent or awful we look and accepts us the way we are as for him all his 'sangat' is the same, he never favours anybody on the basis of their religion, caste, colour or creed.

Guruji would be very happy if you'll show faith in yourself and live with pride instead of being dependent on other people as this is one of the imperative teachings of this divine soul.

By believing in the self-Guruji means that one must have confidence in his abilities and not consider himself less than anyone. You must believe that you possess the potential to accomplish anything and everything as you are his beloved child and he will never leave you alone under any circumstance.

Some people feel that it isn't easy to have confidence in the self, well, let me tell you that it isn't that difficult either. You need to start living in the present and celebrate your uniqueness as not everybody can be the same. Guruji has blessed every individual with different qualities and you need to be grateful and appreciative towards yours as you own them, there is something he has blessed you with which makes you stand out from the crowd, recognise that quality and feel proud of it.

I'm grateful to my dear Guruji for blessing me with the ability to write as not everybody can write books, and this makes me different from other people, although there are many authors and some of the proficient ones, who have written books on Guruji but what makes us all different from each other is the storyline that he wants us to work upon. Not all the books written by writers are the same and I'm extremely thankful to dear Guruji for enabling me to convey his teachings to all you wonderful 'sangat' with the help of this book, I totally realise and feel immensely grateful for this unique excellence he has blessed me with.

Now coming back to believing in the self, Guruji always expects his 'sangat' to leave the past failures behind as they will never let them grow. Learn your lesson from the past mistakes and move on as you'll never be able to change something that has already happened so there is no point living in those memories forever.

You must talk to yourself and by talking to the self-Guruji means being involved in a constructive conversation. Do not demean or judge yourself as there is nobody in this world who is perfect, no matter how dreadful things are remember Guruji is with you and will always help you overcome any sort of hardship provided you have faith in him and yourself.

Once you'll hold his hand, you'll find yourself drifting away from all the stress and fears, but you must be tolerant and relentless. I've seen a few people who choose to walk on the divine path shown by Guruji but don't really surrender to him utterly because of their innate suspicions and anxieties.

Guruji always asks you to have faith in him and surrender everything that you feel is beyond your control. When you'll start believing in him, your faith in your own self will increase and with that immense self-confidence, you'll gain all the abilities that are required to make this journey simply astounding.

I'd also suggest, don't let any fear stop you to build a connection with Guruji as he's the one who can take you away from your difficulties once you start believing in him with your heart, mind, and soul.

There might be times when you'll feel that this is the end of the road and your faith in Guruji might shake and trust me that is actually the time when you'd really need to surrender to Guruji and stop worrying about things. Trust me, you'll be simply astonished to see how beautifully he'll take care of you.

# CHAPTER - FIVE

**YOUR WORDS HAVE POWER, CHOOSE THEM JUDICIOUSLY!**

**A lot of problems in the world will end if we'll talk to each other  
instead of talking about each other.**

**Anonymous**

The words which you utter in your daily lives can either make or break your relations depending upon what you choose and how you use them. Guruji asks us to be careful of what we speak and also encourages us to stay away from gossiping about other people. You must avoid speaking adversely about others because if you'll do that then you'll attract their pessimism and instead help that person in being blessed with the consecration which was to be showered upon you, this is what Guruji shared with his 'sangat' and which till date is being practiced by many of them in order to attain his divine blessings.

You must ensure that you stay away from people who are too much into gossiping as most of the information or views they share about other things and people aren't always genuine. More than that, you must keep in mind while gossiping about others that by doing this you are amassing bad or negative karmas which will come back to you in some way or the other.

Guruji was very well aware that talking behind people's back could be a reason of separation and despair as once things come back in the form of confrontation could make one suffer up to a great extent and I guess this could be the reason behind him being straight forward instead of being indirect throughout his existence on this plane.

Many people have lost wonderful connections with their friends and loved ones because of the reason that they never talked to the person they had issues with but the rest of the world. There's no point in asking Guruji to help you reconnect with people you have lost touch with unless you figure out your own way to heal your relationships. There's no doubt that he's there with everybody, however, it is also imperative to understand that he can only show us the way, it's our job to comprehend his messages and walk on the path shown by him, the teachings of Guruji clearly states that one must avoid talking to others about someone he has issues with as this will create more differences instead of love and closeness. If you have a problem with someone, talk to that person, share your feelings, sort things out and choose an appropriate outcome of your discussion, you must do what is best for yourself and the other person as your words and actions generate karmas which bring congruent outcomes in the future so be very careful of what you say and how you act.

You must avoid whispering to someone while being in a group, hold on to what you have to share and do it once you are alone with him/her. If you ever find yourself being stuck around people who are habitual of gossiping the best thing you could do in order to get rid of them is to leave, just leave that room or place and divert your mind elsewhere. I'm sure that Guruji will be very pleased when we all will start being optimistic not only in our thoughts but actions as well, just make sure that your words and deeds should not hurt anyone in any way. Try and be supportive and help those who are in need, you must use the power of your words to enhance cheerfulness and positivity in lives of other people, the more lives you'll touch with love the more blessings will be bestowed upon you by Guruji.

So, take a pledge right this moment that you'll be honest, grateful, and speak the language of love and warmth. We as a 'sangat' of Guruji must spread love and light wherever we go and to whom so ever we communicate with as this will bring us closer to our divine father.

**Jai Guruji!!**

# CHAPTER - SIX

## GOD NEEDS TO BE LOVED!

If you try to love God, you'll gradually realize how much he loves you.

Srila Prabhupada

Several people tend to worship God or Guruji out of fear and create myriad rituals with a belief that if these rituals will not be pursued then they will have to bear the consequences. Well, let me tell you that Guruji doesn't only shower love but he loves himself hence there should be no reason for being scared of him. You must follow his teachings and feel fortunate enough for being blessed with an opportunity of being connected with him as he's an astonishing divine soul who seeks nothing else apart from love and faith from his 'sangat'.

There's a very common question usually thought by numerous people and could have struck your mind too, "Does God ever get angry?", throughout my spiritual journey I have understood one thing, if you're walking down a virtuous path of life then there is nothing to be scared of, not even God. This belief of mine was strengthened when I got connected with Guruji as I always used to feel his presence around me whenever I did something upright like feeding stray dogs or animals, helping someone in need, being deferential towards my work and colleagues and so on, he has always existed in the feeling of gratification which filled my heart with immense peace every time I performed such acts of compassion. When you know that you aren't doing anything inappropriate and your actions don't really hurt anybody then there's no chance of Guruji being displeased with you in fact I don't think he'd ever be furious with anybody because he's way above all these pessimistic feelings.

I have one piece of advice to all those who are connected or willing to connect with Guruji, don't be afraid of him instead of love him truly and deeply, it is then you'll feel the magic of his charisma in your life.

Guruji very strongly believed that all religions are one and need to be loved and respected, you as a human being need to watch your karma, and rest will be taken care of by him. If you really wish him to know that you love him then try and find out more about him and read as much as you can, this will help you in developing a deep relationship with him and once you are well aware of Guruji the next step is to be aware of his teachings and follow them.

It is prudent to overcome your worldly desires however when we are living here in this physical form then we need to meet certain needs of ours without which our existence would be difficult and there is nothing wrong about this, by detaching yourself from the materialistic desires I mean that don't be too fanatical about them. Guruji always expects his 'sangat' to be grateful for whatever they have been blessed with and not grumble about the dearth.

You'll always be blessed with the finest by Guruji and if at any point feel that there's something missing in your life then talk to him and share your concerns. Also, please understand that if he doesn't bless you with what you are asking for then understand that it has happened for a reason and he's going to give you something much better than what you are asking for, provided you are persistent with your faith in him.

Your belief in Guruji will always make him feel adored and ecstatic and your fears will take you away from his companionship and your immense love towards him will always induce him to be with you all the time and lead you to an amazing life.

# CHAPTER - SEVEN

## GURUJI'S DIRECTIVES

**Guruji is the most powerful weapon against all our troubles, the most powerful medicine in our illness and the most valuable gift in our lives.**

**Anonymous**

Guruji has been a brilliant teacher to enormous people and his divine presence in the lives of his 'sanghat' has always helped them in discovering some of the ultimate lessons of their lives. There are a lot of things we usually anticipate from God and his divine beings but in this chapter I am going to talk about Guruji's expectations from his loving 'sanghat' and I'm sure this will enlighten you in an utmost manner and help you get bonded with him magnificently.

The divine presence of this astounding soul has always urged his 'sanghat' to build a direct connection with him and therefore let no third person come in between you and your love towards Guruji for there is no enabler who can help you build a remarkable and astonishing connection with him other than your own self. You need to find out your way and figure out what kind of relationship you'd like to have with him and once you are certain about it, go ahead and work towards forming that association with him.

Guruji always inspires his 'sanghat' to understand the lessons that are mentioned in myriad scriptures read by them frequently and with admiration, according to him it is necessary to extract the learnings and inculcate them in your lives instead of just reading the spiritual texts. Following spiritual teachings will bring you closer to Guruji and enable you to gain his blessings while being at home. Always remember that praying to him in front of his 'swaroop' is as equivalent as praying at Bade Mandir, the only thing that matters is the way you connect with him.

Serving other people which is also known as 'sewa' has been always appreciated by Guruji be it when he was in his physical form and even now as it is an imperative part of his teachings. However, you must remember that serving others with a selfish motive is not virtuous and will never do any good to you, if you really wish to serve the humanity generously then please make sure that your actions are selfless, it's only then you'll be able to enjoy his blessings. You must follow his teachings without fail and consider them as the path which you must always choose to walk on with pride, love Guruji with a pure heart, he should be in your mind all the time and you must keep thanking him for all his love and blessings every now and then.

If you really wish to enjoy your journey with this wonderful divine being then you must direct all the people whom you feel are lost in the helter-skelter of their lives to Guruji, talk to them about him and the best thing that would help them feel connected to him is your experience so never ever lose an opportunity to share your 'satsang' with others as you never know what good you might do them by sharing it with them. Also, do encourage your friends and family to surrender their lives to Guruji and believe that he'll always do the best for them, I always choose to follow this whenever I fail to understand where my life is heading which happens in a turbulent phase usually, there are things which we sometimes feel are beyond our control and that is the time when we actually need to do nothing else but surrender instead of trying to fight with our circumstances. We don't have the power to control all the situations in our lives, but we do have a choice of not facing them alone, and that only happens when we allow Guruji to help us with all that is possible for us to surmount the hardship and despair.

Once you choose to hold his hand, leave your concerns aside, and stay delighted, you must have belief in him, and trust that whatever happens will be terrific and for your best. There's a lot of power in prayers so do keep praying to Guruji and surrender to him completely and trust me, he'll never let you down once you'll hand over the reins of your life to him hoping that he'll always steer it in a much-desired direction. You must stay sanguine and maintain a decent personality, for people with a bad character can never gain divine forgiveness without problems and may suffer for many lives hence, it is essential for you to maintain your dignity without losing the truthfulness..

Keeping your family ecstatic is one of the best things you can do to make Guruji happy, as a couple you must have faith in each other and try to keep the friendship alive amongst you. Have fun, take care of each other and your kids, and cherish the quality time of being together. Also, please ensure that under

no circumstance you should stop taking care of your parents or elders of the family as their blessings will always help you in attracting cheerfulness and wonder in your life. Be very cautious with the kind of words you use with your loved ones especially the elders and ensure that you don't them, or any member of your family with severity. The more you'll keep your family and elders happy the better your life will get. Guruji always used to tell his 'sanghat' that health is the real wealth so please take very good care of yourself and your family and follow a healthy lifestyle.

Stress is a very common problem these days and almost every second person is suffering from numerous health problems which are usually caused by it. Try meditating for a minimum of fifteen minutes each day as this will help you destress and relax, apart from this, there are myriad other benefits of doing meditation as it leaves a positive impact on your mind and health. Not only this, but meditation can also enhance your spiritual side and bring you closer to Guruji and divine power of the universe so please make sure that you start practicing meditation right from today and encourage your friends and family to do the same.

Guruji will be immensely pleased if you'll remember and follow his commandments in your daily life, he always blesses his 'sanghat' who remain close to him all the time and chose to walk in his footsteps, and he'll continue to do so in the future as well.

***Jai Guruji!!***



# CHAPTER - EIGHT

## DIVINE SATSANGS

People who follow Guruji are always eager to share their experiences which are known as 'satsangs', with others, when Guruji was in the physical form he always used to ask his beloved 'sangat' to share their 'satsangs' with a maximum number of people as that would enable them to get connected with him and cherish his choicest blessings. Therefore, you will always find such people sharing their experiences in every possible way and can't even imagine how wonderful it is to share these astounding experiences as they bring immense peace and make one feel absolutely glorious within.

So, without any delay let me begin sharing myriad 'satsangs' of people who have been blessed by Guruji in the most magnificent ways, hope you'd enjoy reading them, many of them were not willing to share their name and hence it has not been mentioned here :

### **A child was enchanted by divine darshan of Guruji - Anonymous:**

Once an aunty went to 'Chote Mandir' along with her 6-year-old son who from birth was devoted to 'Lord Shiva', he always used to worship and take blessings of him in all the temples he used to visit with his family. One day when his mother took him to Guruji and asked him to take his blessings he denied and ran away from there saying that he would bow down in front of Lord Shiva only, the mother was really shocked and got worried but Guruji asked her to remain calm. He said that the boy would come back on his own and he actually did, he turned around, came back and touched Guruji's feet. Everybody was stunned, especially the mother, she asked her son how come he came back and touched Guruji's feet? The boy replied that he always like taking the blessings of Lord Shiva and did the same by touching the lotus feet of Guruji. He was blessed by the divine darshan wherein he could see Guruji as lord Shiva and hence couldn't stop himself from coming back and taking his blessings.

### **Guruji fed the divine souls with Langar Prasad - Anonymous:**

Long time back when Guruji was in his physical form and sitting with his 'Sangat' in 'Chote Mandir' three surds (sardars) who were very tall and wearing white clothes walked into the 'mandir', took blessings of Guruji and sat there. Guruji asked his 'sewadars' to quickly bring the 'langar prasad' for them and once it was brought, he himself fed them with it. After consuming the 'langar prasad' the surds got up, took the blessings of Guruji, and started moving out of the 'mandir'. The entire 'Sangat' present there was stunned and wondered why Guruji fed those surds with the 'langar prasad' separately and not with them? There was one uncle (sewadar) who couldn't stop himself and quickly ran after those men but what he saw after stepping out of the temple was very shocking, he saw the surds (sardars) being vanished in front of his eyes after sitting on a peacock. When the 'sewadar' returned back to the 'mandir' Guruji laughed and asked him if he could find those uncles(sardars), he replied that he couldn't find them and told him whatever he saw outside. Guruji told him that they were the divine souls who came to meet him and asked the 'sewadar' to carry on with his 'Sewa'.

### **She was blessed after consuming Langar Prasad - Anonymous:**

Once an aunty went to visit Guruji after listening about his divine abilities when she went in front of him, Guruji asked her "Shalini Aunty, how are you?", she started crying and told him that she was suffering from severe health issues and is not keeping well. Guruji asked her not to worry and consume langar prasad, he also asked her to keep coming to the 'mandir'. Shalini Aunty kept visiting the 'mandir' and consumed the 'langar prasad' every day, slow and gradually her health started improving. Then one day she was asked by Guruji to come after thirteen days, this confused her but she agreed to follow whatever was asked by him. When she went back to the 'mandir' after thirteen days Guruji asked her "Have you brought some sweets?", she was stunned and answered that she hasn't, Guruji asked her to go back home and check what was written in her diary and this reminded Shalini Aunty that one of the renowned astrologers had written in her diary that she's going to die on a particular date which was mentioned by him, she realised that the date had passed five days back and nothing happened to her, in fact, her health had become much better than before. Guruji blessed her and said "Ja aish kar", tears started rolling down her cheeks, she took the blessings of Guruji and thanked him for everything. The person who narrated this 'Satsang' also shared that he has visited Shalini Aunty personally and have seen that diary in which that date was mentioned by the astrologer.

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