

Biblical Truths About...

INVISIBLE

SPIRITUAL FORCES

The Roles They Play in Our Everyday Lives and How the Holy Scriptures Instructs Us to 'Deal' With Them



Are They Here to Harm Us or Help Us?

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The Roles They Play in Our Everyday Lives and How the Holy Scriptures Instructs Us to '<u>Deal</u>' With Them

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Author's Note

In order to be as accurate as possible in my interpretation of the **Holy Scriptures** I will include plenty scriptures that support the statements being presented here. Also, because there is so much controversy and confusion associated with the name <u>Jesus</u>, I prefer instead to use His <u>'original Hebrew name'</u>, which according to Historical References is actually <u>Yehoshua</u>, the long version of His Jewish name: **Yeshua**.

These Historical References include the 'Jewish Talmud', the 'Septuagint', 'Strong's Concordance', other writings and commentaries that in fact, show that Yehoshua was Our Lord's birth name and is the name He was called when He walked on this Earth. Though other sources suggest that these variations are His true name: Yahoshua, Yahushua and Yahosha to name some, but all of these have been shown to be inaccurate, per historical data.

In essence, by calling Him by His true name **Yehoshua** instead of **Yeshua** or **Jesus**, we are restoring to Him <u>His Hebrew identity</u>. So, throughout this book I will be using the <u>'original Hebrew name'</u> of our Lord and Savior **Yehoshua**. This is my personal preference, so please feel free to refer to Him by His **'English name'** <u>Jesus</u>, or Yeshua if you prefer.

Disclaimer

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We do however encourage you to learn from the information in this guide, along with the Holy Scriptures and other sources to become more informed about the possible existence of the spiritual entities as taught in the Holy bible, and how they can affect your lifestyle, your health and even your choices in health care. We also encourage you to choose a health care practitioner that you can have trust in and can have dialogue with as your partner in health care.

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Most scripture references used are from the King James version of the Holy Bible unless otherwise noted.

Dedication

To All Who Desire a 'Deeper Understanding' of the 'Invisible Spiritual World', the 'Supernatural Beings' that Come From There and the Role They Play in Our Everyday Lives...

...and especially to All Who Are Striving to Achieve Victory in Their Own Spiritual Battles...

*... the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds."

(2 Corinthians 10:4)

For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."

(Ephesians 6:12)

"...ye shall know the truth, and the truth shall make you free"

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Introduction

Have you ever had a feeling that someone or something else was influencing your thoughts, causing you to say or do things that you normally would not say or do? Or. like a lot of people, have you ever felt as though you or someone you know was living under a curse when it seems like you are being blocked at every turn, or you constantly fail in your dreams and aspirations? Or, maybe you have wondered why seemingly ordinary people are doing all the 'bad', even 'shocking things' that they are doing? So, what can explain the many 'bad deeds', happening in the world today, both major and minor, that we see or hear about almost daily, either in person or in the media? Well, if any of this sounds familiar, then read on... You are about to discover the 'truth' about what is 'really' behind all the HATE and VIOLENCE that's going on in this world today. You see, the Holy Scriptures sheds a lot of light on this subject... It accurately identifies key reasons why people act in ways that they know to be bad as you will discover in the following chapters. The scriptures reveal how at times some people can feel driven by unseen forces or circumstance to do what they otherwise would not do. This is because, whether we know it or not, according to scripture, all of us humans are being influenced by either GOOD or BAD 'Invisible Spiritual Forces', making us susceptible to either right or wrong thinking that leads us to say the things that we say, or do the things that we do? Most of understand that our thoughts are actually 'energy' and every single thought we think can either 'negatively' or 'positively' impact our lives. In fact, according to the Holy Scriptures the thoughts we think everyday can be, and possibly are influenced by REAL 'Invisible Spiritual Forces' (God, Angels, the Devil and **Demons)**, to name the main ones. Moreover, the Holy Scriptures teach us that every day, we are bombarded with countless suggestions and temptations to do wrong from the **BAD** spiritual forces that are trying to do us harm and block what God is trying to do in our lives (Spiritual Warfare). Yep, whether you believe it or not, spiritual warfare is a true fact... You see, the scriptures teach us that it is a battle that is primarily a matter of the mind; a battle fought in our minds for control of our mind or (thoughts).

In effect, what is happening is, this 'invisible spiritual battle' is being waged by Satan and his demon forces to, as stated before; hinder our progress, do us harm and interfere with what God is trying to do in our lives (John 10:10). This is why we all need to understand the operation of these forces that move people to do terrible things. For example, *Ephesians 6:12* in the Holy Scriptures describe our interactions with these 'bad' spiritual entities, as you will discover in this guide. As a matter of fact, the reason these demon forces want to control your mind is because your thoughts determines your emotions, the words you speak, the actions you take and can even affect your health. To be sure, these bad 'invisible spiritual forces' can have a tremendous impact and even 'wreck havoc' in our lives, because everything we say and do, does comes from what we are thinking or moreover, (what we are influenced to think). As a result, the main reason most believers in Christ struggle in their walk with the Lord is a lack of knowledge of the spiritual battles that's going on in the minds of believers everyday. Not only that, but these bad 'Invisible Spiritual Forces' can even use the people you come into contact with everyday; ie friends, love ones, strangers, etc., as their base of operation against you, as you will discover when you read this book.

Therefore, my intentions in writing this bible study guide is to show you exactly what the Holy Scriptures teach about these 'spiritual forces', their 'base of operations', and how we are instructed to interact with the 'good' ones and 'deal' with the 'bad' ones (get rid of them). With the hope that you will come to understand the importance of removing 'Demonic Activity' from your life and keeping your mind renewed and free from 'demonic influence' by using the tools (weapons) that the Lord has given to us in the Holy Scriptures. In essence, by making you aware of these 'Invisible Spiritual Forces' that are operating in and around a person's life, and the God given 'authority' that you have to 'deal' with the 'bad' ones, I pray, will open your eyes to scripture truths that enable you to better see in a more spiritual way and how your life has been and can be 'influenced personally' by these supernatural beings. Now, prepare to be informed and amazed as we look deeper into these 'Invisible Spiritual Forces'...

Chapter 1 – The Invisible Spiritual World

"So we fix our eyes not on what is <u>seen</u>, but on what is <u>unseen</u>. For what is seen is temporary, but what is unseen is eternal."

(2 Corinthians 4:18)

Now, let's begin by this study by first examining the 'Invisible Spiritual World' or (spirit realm), the place where these beings are said to live or come from... That place we cannot reach as humans, or sense with our five senses. Ok, I know at one time or another, a lot of people have wondered if there really are such things as invisible spiritual forces... If so, then where are they coming from? 2). Is there actually an invisible spirit world? 3). Maybe you are someone who is really convinced in your heart or through personal experience of the existence of a spirit world? Well, I can answer that by saying that nearly 9 out of 10 people in the United States alone say they believe in Heaven, according to a recent news poll... And in addition to this, most also believe that 'Heaven' is the place where God's 'Throne' is located. It is also the place where 'Angelic Beings' reside, to serve and worship God (Psalm 103:20; Revelation 4:8). Moreover, the Holy Scriptures tell us that 'Heaven' is a place where people who have obeyed the Gospel message and developed a relationship with God through His Son Yehoshua/Jesus, are eternally rewarded.

Now, that being said, on the other side of coin, the Holy Scriptures also tells us there is another part of the spirit realm known as 'Hell'. You see, just like 'Heaven', Hell is a 'literal place' and not a figment of our imagination as some would have us to believe (Jude 1:7. 23; Matt 5:22, 10:28, 24:51; Mark 9:43, 48, 49; Luke 16:23). In fact, according to recent polls, 58% of U.S. adults say they also believe in 'Hell'. Moreover, the scriptures tell us that 'Hell' is the place where those who have led bad lives, rejected the 'Gospel message' and 'God's Son' Yehoshua/Jesus; and 'die' without 'repenting' and being 'born-again' are eternally punished (Romans 5:8-10; Revelation 21:8). But, in spite of this, other than what we read in the scriptures, little is actually known about this spiritual dimension of reality.

This is due in part, because of the mystery of the spiritual realm itself, and the fact that it is a realm intangible to the five senses of the Human body, and beyond the reach of scientific instruments. So lacking any scientific methods, most of modern science limits its scientific investigation to the physical world only, and pays little heed to anything that exists in the spiritual realm. Well, whether you want to believe it or not, I can assure you that according to the Holy Scriptures, there really exists a spiritual world and spirit beings (Col 1:16) as you are about to discover in this guide. As a matter of fact, throughout history all religions have preached about the existence of a 'spirit world' (Ephesians 3:10), with their doctrine and goal being to secure eternal life there (Revelation 21:4). Additionally, the scriptures tell us that the 'Throne of Grace' is located there (Revelation 22:1). And, because of Christ, believers now have free access to God's throne and His favour. Incidentally, the Holy Scriptures does recognize the visible reality of the physical world and invisible reality of the spiritual world, as

shown in the messages of the following scriptures (Col 1: 15 - 17; Ro 1: 20; I Tim 1:17; 2 Cor 4:18).

Moreover, the scriptures also teach that physical world, which is known to human beings through their five physical senses, is complemented by this invisible spiritual world, or simply spirit world. Not only that, but we also learn from the scriptures that the 'visible universe' is actually being held together by a reality that is invisible: That invisible reality as we are told in the Holy Scriptures is also 'Heaven' or the 'Kingdom of God', and is the parent and governing world of the physical world. Consequently, in both the physical and the spiritual realms, the principle forces acting in these realities are invisible... With the Father, the Son, and the Holy Spirit as being the 'invisible fundamental beings' in the spiritual world and they are the ones who 'sustain' the eternal spiritual reality (Is 45:7; La 3:37, 38). In addition to this, God (Yahweh) is the governing power of the universe.

You see, uniquely from within the spiritual realm the invisible God interacts with His visible people through His Son Yehoshua, who for the most part is not visible, but we are taught in the scriptures how He was visible in human form for a short time that we might see Him, and in Him see part of the nature of God (Col. 1:15). So, as the Holy Scriptures also teaches us, because the physical world is filled with sin, it is through this 'supernatural' exchange that Holy God interacts with us; and likewise, through Him (Yehoshua/Jesus) we can interact with God. For it is 'only' in the name of God's Son, 'Yehoshua' that we can communicate to God (1 Timothy 2:5). Or you can use the name 'Yeshua' or 'Jesus' if you prefer to. In other words, the Christian's spiritual life is 'held together' by our Lord and Saviour Yehoshua. Moreover, the Scriptures clearly declares that which a lot of Christians have failed to see; all energy, power and life come into the physical world from the unseen spiritual world through Yehoshua Christ, with God as the source (John 1:3, 14:6; Php 4:19). For instance, the ways in which God operates invisibly but discernibly in human beings are described in the Holy Scriptures.

By the same token, and as shown above, there is another 'Invisible Spiritual Realm' called 'Hell', which for the most part, is said to be the place where 'bad' spiritual entities (Devils and Demons) reside and come from; though this theory is not 'specifically' mentioned in the bible... But, the scriptures do make it clear that 'Devils' and 'Demons' do exist and their 'base of operation' is actually here 'on earth' in the lives of people everyday (1 Peter 5:8)... Did you know that there are other studies that show that 59 percent of Americans believe in 'hell' while 68 percent believe 'demons' are active in the world today? Now, with all that being said, next we'll see how the scriptures tells us to keep our mind and heart free from the influences of all these 'bad' invisible spiritual forces that are not so friendly, and do not have our best interest in mind...

So now, you can see the importance of learning about the spiritual world, it's spiritual beings and as you are about to discover next, the Invisible Spiritual Battles that's going on in the lives of people everyday...

Chapter 2 – Invisible Spiritual Battles

1. Spiritual Warfare

Although it's not preached or taught much in churches these days, a subject that you probably don't hear or know a lot about until now is 'Spiritual Warfare' (the spiritual battles that goes on in a person's mind) Ephesians 6:12. As a matter of fact, the bible tells us that this Spiritual Warfare is the unseen and overwhelming battles that rage within and around each of us everyday. As a result of this, the main reason most Christians struggle in their walk with the Lord is a 'lack of knowledge' of the spiritual battles that's going on in the minds of believers' everyday (Hosea 4:6). Even though there are many books and seminars being offered today on 'spiritual warfare', some of them are based on experience rather than the clear teaching of Scripture.

Therefore, our focus as believers in Christ must be <u>only on what the Scriptures plainly says</u>. So, in this chapter you will be shown how, according to the Holy Scriptures, spiritual warfare really does exist, with the hope that you will understand the importance of **removing 'demonic activity'** from your life and keeping your mind **free** from **'demonic influence'** by using the tools (**weapons**) that the Lord has given to us in the Holy Scriptures, as you will discover farther on in this book. In essence, it is crucial that we stick to what the Holy Scriptures clearly says about spiritual warfare. Because, basically, whatever we need to know about how Satan and his forces work against us is contained in the Scriptures. You see, it is important to understand that the message of the Holy Scriptures is not only telling us the **'good news of the gospel'**, but is also showing us that our real **'battle'** is not with **NATURAL FOECES**, but with **INVISIBLE SPIRITUAL FORCES** (**Ephesians 6:11-12**) that tries to influence our thoughts and actions, block the answers to our prayers, and keep us in bondage. For example, when a prayer seems unanswered, it's not because God sometimes answers no or tells us to wait. But, biblically, it means **angels and demons are fighting over it**.

As evidenced by scripture in the book of Daniel chapter 10... "Then he said to me, 'Do not fear, Daniel, for from the first day that you set your heart to understand, and to humble yourself before your God, your words were heard; and I have come because of your words. But the prince of the kingdom of Persia withstood me twenty-one days; and behold, Michael, one of the chief princes, came to help me, for I had been left alone there with the kings of Persia." In addition, Spiritual Battles are usually invisible and kept out of sight for most of us. Only those who pay attention know what forces hide in the shadows and reside in the light of heaven. It is a battle that is primarily a matter of the mind; a battle fought in our minds for control of our mind or (thoughts).

As a result, the most important battlefield of your life is your mind. Why? Because as you will discover, the thoughts you think everyday can be, and possibly are influenced by 'Invisible Spiritual Forces' (demons). These demon forces want to control your mind, because your thoughts determines your emotions, the words you speak, the actions you take and can even affect your health (*Prov 23:7*). Moreover, Satan, who is

the leader of these 'Invisible Spiritual Forces', in his attack, uses three primary weapons against the believer:

#1 <u>Deceptions</u> (Mark 13:22; Rev 20:7) - To deceive somebody means to make another person believe a lie or something that is not true. So, do not underestimate Satan and his powers to deceive. Just as he deceived Eve in the Garden of Eden (1 Timothy 2:14;), you can be sure he still deceives people today in the same way (2 Corinthians 11:3)... Some examples are, he deceives some people that are on the road to hell into believing there is no hope for them. He also deceives others that are going to hell into believing they are really going to heaven. And for those that are saved, Satan often tries to deceive them into thinking they are not. As it is written in the Holy Scriptures: "BE SOBER, BE VIGILANT (be on your guard, be alert); BECAUSE YOUR ADVERSARY THE DEVIL, AS A ROARING LION, WALKETH ABOUT, SEEKING WHOM HE MAY DEVOUR" - (1 Pe 5:8).

#2 <u>Temptations</u> - Temptation often follows deception (*Matthew 6:13*). For example, in Genesis, first the enemy tells Eve, "You won't surely die!", and then he makes the fruit on the forbidden tree look good to her (*Genesis 3:6*). For instance, from the Holy Scriptures we learn that all temptations follow the same pattern and is a four-step process that starts in the 'mind' and leads to 'disobedience'... That's why Paul said, "We are very familiar with Satan's evil schemes" (*2 Corinthians 2:11*).

Step one is the <u>mind</u>: Temptation always starts with your mind... Satan identifies a desire inside of you. In *Mark 7:21-23*, Yehoshua said, "For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness: All these evil things come from within, and defile the man". Moreover, according to *James 4:1* "There is a whole *army* of evil desires within you."

Step two is doubt: Satan tries to get you to doubt what God has said about sin.

"Take heed, brethren, lest there be in any of you an evil heart of unbelief, in departing from the living God (*Hebrews 3:12*). So, watch out! Don't let evil thoughts or doubts make any of you turn from the living God!

Step three is <u>destruction</u>: Satan is incapable of telling the truth. He offers his lie to replace what God has already said in his Word.

Yehoshua said in **John 8:44**, "Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it".

Step four is <u>disobedience</u>. You finally act on the thought you've been toying with in your mind.

"But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death. Do not err, my beloved brethren" *James 1:14-16.*

#3 Accusations - The devil is known as the accuser of the brethren (Rev 12:9-10; 20:3)... When someone comes to God in prayer, in a sense it can be likened to going before a 'Judge' (God) in a courtroom, with Satan as your accuser or (prosecutor) and and the Lord Yehoshua (Jesus) as your only defense attorney. You see, my friend, Satan accuses us before God everyday, trying to block our efforts and gain a 'legal right' to wreck havoc in our lives. This is why as Christians we need to be vigil; keeping our minds renewed with the Word of God (Eph 6:11; 2 Thess 3:3).

In addition to all of this, Satan's attacks against us also come in various other forms, such as: 1) He uses the ungodly world (which he controls (1 John 5:19) to stir up fleshly lusts within us that tempt us to sin. 2) He uses the unbelieving world to attempt to deceive us with worldly "wisdom" opposed to God's truth. 3) He uses false Christians to try to mislead us into a false gospel centered on a false image and teaching of Christ (Matthew 7:15, 24:24; 2 Peter 2:1-3). 4) He sometimes physically afflicts us or our loved ones with sickness, crime, tragedy, or persecution. His ability to put obstacles in your path is great. By the same token, if you are a newly saved Christian, be on your guard, because one method of these invisible demon forces is to attack a newly saved person (someone who has recently accepted Christ as their Lord and Saviour)... The main reason he does this is to cause you to doubt your faith in the Lord, hinder and block your spiritual growth and development (kill your spirit, steal your joy and destroy your life)...

So you see, once you are saved, there is a battle to be fought. Satan and his demon forces can be expected to attack a new Christian in ways that the person cannot imagine. Read this example from the Holy Scriptures: As it is written, BELOVED, THINK IT NOT STRANGE (do not be surprised) CONCERNING THE FIERY (or painful) TRIAL WHICH IS TO TRY (or test) YOU, AS THOUGH SOME STRANGE THING HAPPENED UNTO YOU: BUT REJOICE, INASMUCH AS YE ARE PARTAKERS OF CHRIST'S SUFFERINGS; THAT, WHEN HIS GLORY SHALL BE REVEALED, YE MAY BE GLAD ALSO WITH EXCEEDING JOY. IF YE BE REPROACHED (or insulted)... FOR THE NAME OF CHRIST, HAPPY ARE YE; FOR THE SPIRIT OF GLORY AND OF GOD RESTETH UPON YOU: ON THEIR PART HE IS EVIL SPOKEN OF, BUT ON YOUR PART HE IS GLORIFIED-(1 Pe 4:12-14). So, if you are a newly saved Christian, be aware because the enemy will try to defeat you before you can grow spiritually strong enough to defeat him.

To understand the battle, we need to begin by recognizing and acknowledging that we are in a war. As it has been shown, as Christians, we are in a spiritual battle of some sort on a daily basis. Some examples to help you recognize when someone is in a 'spiritual battle' are as follows: For instance, a loss of spiritual desire, or pulling away from Godly relationships, there can be a war going on inside. Or when a person is struggling to overcome their evil and sinful desires or addictions; old habits and lifestyles resurface and old iniquities start tempting you, is a sure sign of spiritual attack. Or whenever you have thoughts that are conflicting with the word of God, you can have a spiritual battle going on in your mind. Someone who is struggling in their prayer life can be going through a spiritual battle. When weird things are happening to you that test your patience and faith, you are most likely in a 'spiritual battle'. Not only that, but

certain physical problems; anything from physical fatigue, to feeling out of sorts, can be due to possible demonic activity.

For example, there may be times when you feel like people are harassing you, or you are hearing voices. Or you get upset at the least little thing, and you just don't feel yourself. Likewise, when feeling overwhelmed and helpless because of your circumstances; this too could be a sign that you are under 'spiritual attack'. In essence, if you are feeling a lot of pressure, confusion, stress and anxiety, there is a real possibility that there may be a spiritual battle going on inside of you. But not to worry, in the following pages you will discover that, as stated before, God has already given us the weapons we need to stand against the tactics of the devil (2 Cor 10:4; Eph 6:10-20) and how to use them! Thank God Satan and his demon forces cannot do all that they wish to do to us; the Holy Scriptures teach that God only allows Satan a certain amount of freedom; see (Job 1:12) and that freedom is always limited. So, as believers in Christ, when we experience the attacks of Satan, we can trust the truth of the Holy Scriptures. Romans 8:28 declares - "We know that all things work together for good to those who love God..."

Therefore, by this passage of scripture we can assume that as we go through life we will experience "good" things and also "bad" things (though 'bad' things do not come directly from God - James 1:17), but "all" of these things can be made to contribute toward "good" ends as God works them out. You see, even the attacks of Satan, although evil, can and will ultimately have a "good" result, as God uses them to conform us to Christ, His Son see (Romans 8:29). By the same token, Romans 8:28 is telling us that "all things" mean that 'all' of our 'spiritual weapons' when we use them are 'working together for our good'. So, with this in mind, attacks from Satan and his minions, along with all other 'trials' and 'tribulations', can actually cause believers to love God more, resist Satanic attacks more, practice patience, and grow stronger in our faith in many other ways. Praise God for His sovereign protection. Thank Him for His plan to make everything; even Satan's attacks, "work together for good" for you! Bottom line is, we are either victors or victims. So take control of your life...

To be sure, our victory in spiritual warfare is when we are covered with the blood of Yehoshua, standing firm; resisting, overcoming and defeating the enemy's lies that he sends our way, in the form of deception, temptations and accusations. Remember, first and foremost, our only hope is in the Lord Yehoshua... The bible declares that: "The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly" (Romans 10:10) KJV...

So, as you can see, Christ has come and conquered. And in the first place, the war is already won in heaven. Because, Yehoshua told us in *Matthew 28:18* that, "All authority has been given to Me in heaven and on earth." And by the same token, Yehoshua give us power over all devils and demons – "Behold, I give you the authority to trample on serpents (devils) and scorpions (demons), and over all the power of the enemy, and nothing shall by any means hurt you" (Luke 10:19). In other words, It is only with Him that we can have victory in our spiritual battles. So you see, it's not on our strength that we succeed in battle... Oh no, we fight and succeed by

calling on the greatest warrior in all eternity... The **HOLY SPIRIT**; our sword and companion. Call on the strength of the Lord, and you will be strong enough to stand strong against the wiles of the devil and his demon forces...

"No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord." (Isaiah 54:17) KJV

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