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Table Of Contents

Foreword

Chapter 1:

Christ Consciousness Basics

Chapter 2:

The History Of Christ Consciousness

Chapter 3:

Understanding Oneness

Chapter 4:

Using Prayer For Christ Consciousness

Chapter 5:

Using Meditation For Christ Consciousness

Chapter 6:

Using Manifestation For Christ Consciousness

Chapter 7:

Using Love For Christ Consciousness

Chapter 8:

Tools Used In Christ Consciousness

Chapter 9:

Variations Per Region

Chapter 10:

What The Critics And Proponents Have To Say

Foreword

Who is Christ? What is Christ Consciousness? These questions are always in the mind of those people who want to enter the world of spirituality. Jesus Christ is considered as the historic figure that is known to the aspects of Christianity religion. Christ is an English term of Khritos, a Greek word that means the anointed one. In Hebrew, it is known as the Messiah. Christ Consciousness or Christ doesn't belong to any particular religious orientation or sect. It is because Christ Consciousness may be defined as the state of consciousness. Through this, the universal awareness is being transformed to a higher consciousness. Get all the info you need here. **Discovering Jesus Christ**

Chapter 1:

Christ Consciousness Basics

Synopsis

What is Christ Consciousness?

Christ Consciousness is the term for the state of being in which the soul is transformed and awakened to the Highest Consciousness, which is a human being may achieve on Earth.

But, before having the state of mind, awakening and transformation is a long process. The key to transform is to learn and grow by being aware or by keeping in mind awareness. Awareness begins in an inspired mind that is always open for new wisdom and knowledge.

Christ Consciousness does not have any relation to the personality of Jesus Christ. As mentioned earlier, it is a state of mind, connecting with the highest power, and understanding omnipresent and universal force does exist everywhere.

The Basics

How Christ Consciousness Linked to Religious Beliefs?

The term Christ Consciousness does not necessarily affiliated to various religious beliefs. It was only called Christ Consciousness because of the spiritual elevation of Jesus Christ while He was still alive. Anyone can be Christ Conscious if they are willing to know about the concept of it.

Majority of religious masters have already walked the path of light, love, harmony, bliss, and peace, which is generally followed by a suffering period. As results, they become enlightened after their journey. This is not new or different in any religions. In fact, it is a common concept in several belief groups. All people can be enlightened and awakened if they will open their mind to the possibilities. That is why Christ Consciousness was born.

How People Can Become Christ Conscious?

All people are born with consciousness. It flows into a human being, and if there is will, it can be developed and achieved by anyone. The only key to keep in mind is by looking for the spiritual way. Whether you consider the assistance of mentors or any religious beliefs, the main goal is for you to become more compassionate, loving, patient, understanding, tolerant, content, forgiving, and by following a new path of conscious thinking. Spiritual growth is achieved by aligning with inner feelings and thoughts. One must be aware and understand that he or she is a unique creation. The people's mind acknowledges Divine Mind, which awakens Christ Consciousness to be more enlightened.

What Difficulties or Hindrances You May Face?

Many people encounter conflicts during the process of awakening. Conflicts or issues are normal as your mind is just starting to adjust in a new way of thinking.

The mind of every human being was conditioned from birth in order for people to think in a logical way and rational way. It was also conditioned to look at the commercial value. The spirit of human being is not considered as a material. In order for you to understand the meaning of spirit, you must clear your mind of everything. This may be difficult to start with, but this can be the key to be successful when becoming a Christ Conscious.

Are There Ways to Overcome Hindrances to Become Christ Conscious?

Meditation is one of the tools that can help anyone for removing thoughts that are based on the way of thinking these modern days and for getting peace of mind. Through this, inner reflection will take place. Meditation can also be the best way of becoming one with the universal spirit and forces of nature. It also helps people receive inspiration and energy.

What People Feel When They Become Christ Conscious

Majority of people who become Christ Conscious is seen with full of joy. Being awaken and Christ Conscious can be a fulfilling and joyful experience. Confidence grows and fear ends. People make their own destiny and become one of the persons with higher vibrations.

Chapter 2:

The History of Christ Consciousness

Synopsis

The teaching or message of Christ Consciousness existed a very long time ago. The very 1st civilization on the planet Earth to know and nurture Christ Consciousness is the Lemurians. They are the people who once lived in the Pacific Ocean's lost continent.

History of Christ Consciousness Unveiled

It was in that city of Lemurians in which Goddesses, with the help of celestial Arcturian contacts, served as the guides of the human race. Then, after the appearance of Atlantis, Akanaton, Isis, Hermes, and Ra Ta were born and called as the Light's new messengers.

These people used sacred teachings and powerful temples to kick off new masters into the so called "The Children of the Law of One. The main goal of these messengers is to anchor the God's Light into the grids of Earth as well as into the consciousness of the inhabitants in Earth.

This dedication and tradition morphed into the Israelites message and carried those teachings in the ancient mystics, Essenes, and Gnostics. Essenes is the known author of the scrolls of Dead Sea and taught everyone about the souls of John the Baptist, Jesus, and Mother Mary.

Thousand years ago, it was made clear to everyone that a person must be born in accordance to Christ embodiment. The said person was the known Jesus of Nazareth. Jesus does not only live a life with Christ Consciousness, but also he initiated Mary Magdalene and his apostles to master the level. Upon the crucifixion, resurrection, and ascension of Jesus, the teachings of Christ were transmitted to Early Christians. These are the persons who embraced Jesus teachings and dedicate their selves in carrying the message of Jesus. Due to the sacredness, acceptability, and power of those teachings, they kept most in underground areas and disseminate the teachings to highest initiates. But, as a part of Divine Plan, teachings that are meant to awaken the humanity have also brought through nice and loving actions and words like healing and teaching.

Later, after the ascension of Jesus, His teachings or the transmissions of the Christ Consciousness were taken to the South part of France by the known Mary Magdalene together with her brother and sister – Lazarus and Martha. Mother Mary also brought teachings to Glastonbury or England with the help of Joseph. The teachings gave birth to Arthurian Knights. Their job is to nurture and protect the teachings of Christ and other sacred relics that are related to Jesus like spear and chalice.

From there, the Light of Christ was kept aflame by Rosicrucians, which is a secret organization that later became invisible. Hundred years later, the Christ Light's message was passed to the Southern France's Cathars and to the Knights Templar. Soon, the Christ teachings went deeper underground and didn't surface for about hundreds of years.

But, through Edgar Cayce's teachings, the frequency of Christ came back to world again. Currently, the Christ Light is under the process of rediscovery. Because of this, many people are considering the path of Christ Consciousness.

Chapter 3:

Understanding Oneness

Synopsis

According to Eckhart Tolle, one may feel his own timeless and formless reality. He may also feel the same life that lies deep within other people, which will lead him to look beyond the concept of separation and form. Due to this, one realizes oneness and experience love.

Oneness Defined

Beyond the other thoughts about yourself, beyond those ideas or concepts that shape your personality, there exist who you really are. It is defined as oneness of a person. The timeless and formless reality is in the soul of every creature or every human being. But, how will you know if it is really oneness? When your mind is still, you will feel a certain energy that moves through you. This realization is called the source energy's awareness. But, not all people are aware of it.

Generally speaking, the reason why some people are not aware of it is because they tend to concentrate solely on the mind. Due to this, this blocks the awareness of person on the existence of their being. Thus, when you start to focus only on your thoughts, you reduce your ability to function properly. If you want to see your whole being and your path, you need awareness that will be able to transcend you the delimitations of your repetitive thinking.

Relative Self

The thoughts that you often identify makes the relative self, which only comes to understand and know itself through judgment and comparison with some things and people. This is also used as the basis of one's duality. Everyone is differentiated through their talents, specific strengths and weaknesses, and unique physical characteristics. However, when you identify relative existence, you will only get conflicts in the long run.

Because of the different things that one's mind is focusing, many people tend to lose sight of the timeless and formless reality, which holds the life altogether. If you have successfully filtered awareness solely with the concepts and abstractions of your mind, you will be able to set a connection with your life. You have to take note that life is life. It is not a form of abstraction. Therefore, the sense of oneness is the same as the nature.

The Restless Mind

The restless mind together with the constant analysis, judgment, and comparison, keeps your focus on the relative world. That is the human suffering's core because when isolating yourself, you seek for salvation through judging yourself as the superior to another person. There are also cases that some people mask their inferiority, which is the result of self-damaging and addictive behavior. But, this does not mean that you won't undergo the process of transformation because in order for you to achieve enlightenment, you need self-forgiveness.

How to Achieve Oneness?

There are various things that you can do to achieve oneness. Some of these things include meditation, manifestation, prayer, living with peace and love, maintaining a healthy body, mind, and soul. All these things are important and they are required especially for those who want to achieve results. Through these things, you will be able to understand more about oneness and you can become a Christ Conscious person in no time.

Chapter 4:

Using Prayer For Christ Consciousness

Synopsis

Prayers are like fuel for Christians and anyone who believes in it. Without these, one can't make any progress in his journey to Christianity. That is the reason why prayers are vital for Christ Consciousness. So, how can you use prayers for Christ Consciousness? Do you need to make your own prayer just to become a Christ Conscious?

What is Praying?

Praying is essentially the time when people spend being aware of the presence of God. It is also a way to know and love God more every time. Ideally, the purpose of prayer is to establish connection with God. If you can see praying as a priority and responsibility like you do when you're working your daily activities, then you will be on your way to Christ Consciousness in no time. With this, becoming a Christ Conscious will not be difficult as others think.

Best Time to Pray

There is no best or perfect time when praying. You can pray anytime of the day. However, although you can pray any time, there are things that you need to keep in mind when becoming a Christ Conscious person. One of those things is awakening. You should praise God for providing care and for teaching and showing you His will and grace. Thanking God is also essential when praying. Another thing that you need to keep in mind when praying is to confess your sins and failures. Asking for forgiveness from Him is the next thing you need to consider.

Importance of Prayers in Christ Consciousness

Prayers can be odd for some people. They think that they don't need prayers just to be Christ Conscious as you already have knowledge about Christ and what He has taught everyone especially when it

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