

Safronov A.G.

Psycho-practices in Mystical Traditions from the Antiquity to the Present

In the book a complex, retrospective research of a phenomenon of psycho-practices is made: their purposes, methods, philosophical substantiations, evolution, and interaction with other forms of spiritual life. For the first time distinctions in religious, occult and esoteric psycho-practices are considered in this work. It is shown that psycho-practices are the integral cultural phenomenon inherent in mankind at all stages of its development. The special attention is given to the psycho-practices presented in the modern world. In work such questions, as a place of the changed conditions of consciousness in culture and religion, a religion role in formation and social type maintenance, cultural value of the esoteric psycho-practices are considered. Philosophical and religious roots of modern psychotherapy, and also religious processes proceeding in it are revealed. The book can be interesting as for theorists — experts-culturologists, theologians, psychologists, and for the experts in corresponding sphere, and also for all who is interested in esoteric and nonconventional psychology.





А. Г. САФРОНОВ

ПСИХОЛОГИЧЕСКИЕ ПРАКТИКИ

В МИСТИЧЕСКИХ ТРАДИЦИЯХ:
ОТ АРХАИКИ ДО НАШИХ ДНЕЙ



Харьков
2011

ANDREY G. SAFRONOV

PSYCHOLOGICAL PRACTICES

IN MYSTIC TRADITIONS:
FROM ARCHAIC TO OUR DAYS



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- S 21** Psychological practices in mystic traditions: from archaic to our days. — Kharkov: PPB Kovalenko A.V., 2011. — 320 pgs.
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The book represents a complex retrospective study of psychological practices phenomenon: their targets, methods, philosophical groundings, evolution and interaction with other forms of spiritual life. It gives the first ever explanation of differences between religious, occult and esoteric psychopractices. Psychological practices are shown as an integral cultural phenomenon inherent in mankind at every stage of its evolution. Particular consideration is drawn to psychological practices employed in our days. The work contemplates such issues as the role of altered state of consciousness in culture and religion, the role of religion in sociotype formation and maintenance, cultural value of esoteric psychological practices. Here the philosophic and religious origins of modern psychotherapy are revealed, as well as religious processes that take course in it.

The book can be of interest to both theorists — culture, religion studies and psychology experts, and corresponding sphere practitioners, as well as all those interested in esotericism and non-traditional psychology.

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