

**By Santosh Jha**

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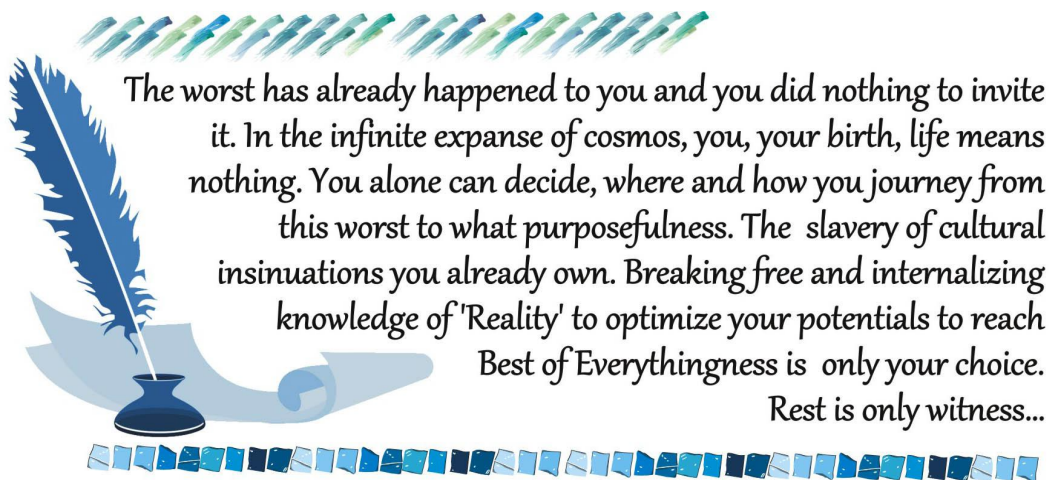
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Exquisite, You Are,  
Fabulous, You Can Be,  
Purely, As You Are  
*A Media, A Landscape...*  
Field Of Information,  
You Blossom Into,  
To Journey Potentials,  
Lending You Poise,  
Purpose, Wisdom...  
You Invite Experiences,  
Add Dimensions Of,  
Personalized Expressions,  
You Imbibe Grammar,  
Become Poetry, Itself...  
Optimize, The Self...!

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The worst has already happened to you and you did nothing to invite it. In the infinite expanse of cosmos, you, your birth, life means nothing. You alone can decide, where and how you journey from this worst to what purposefulness. The slavery of cultural insinuations you already own. Breaking free and internalizing knowledge of 'Reality' to optimize your potentials to reach Best of Everythingness is only your choice. Rest is only witness...

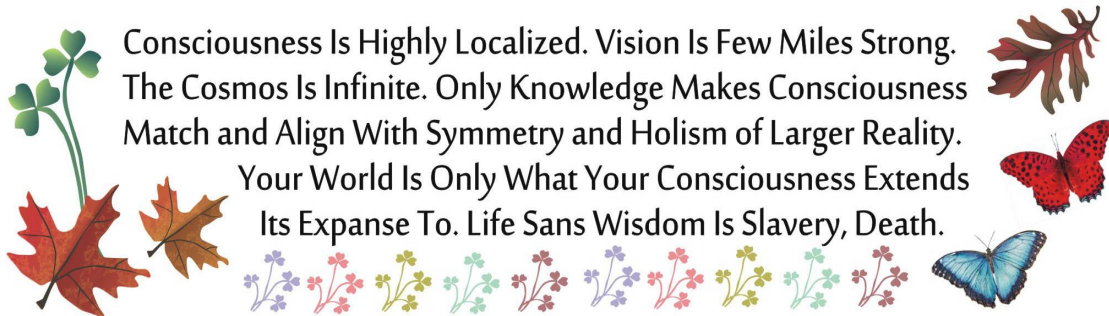
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Grief Is Primary Causality. Compassion Follows. Connect Is  
Occasioned. Expression Becomes Inevitable...

**Grief Is Information, Of Random-Entropic-Ephemeral Reality.  
Information Creates Media. Reality Has Its Own Will...**

This eBook; Its Reality, Auto-Stamps the Cosmic Causality...  
... There Is No **Writer**, No **Reader**. Only Information & Media

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Consciousness Is Highly Localized. Vision Is Few Miles Strong.  
The Cosmos Is Infinite. Only Knowledge Makes Consciousness  
Match and Align With Symmetry and Holism of Larger Reality.  
Your World Is Only What Your Consciousness Extends  
Its Expanse To. Life Sans Wisdom Is Slavery, Death.

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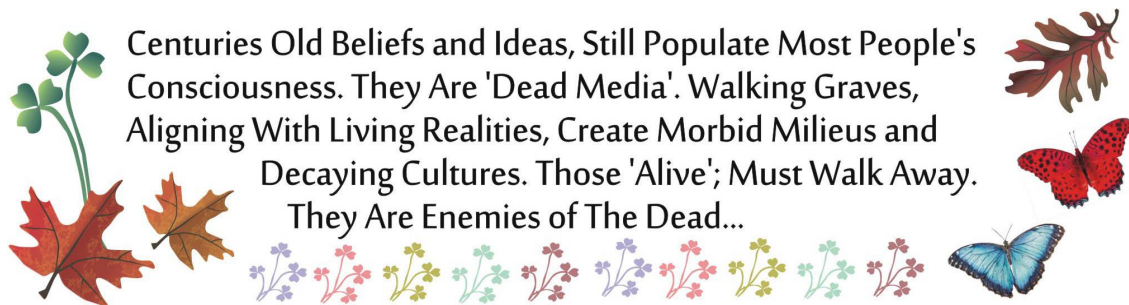
No Treasure, No Success, No Reality Matters; If You; The 'Media',  
Do Not Happen...! You Are The Sole 'Context' Of Everythingness.

You Must Therefore, Know; *Ontology* of This *Context* In Holism.

**You Must Accept; What It Takes, To Be True You...**

Reality Is Too Colossal To Acknowledge You. You Are Only A  
Potential; To Unravel And Align With Reality. If Not; Then You Are  
Not Even Truly Alive. Life-Living Is Awareness of Relationship  
Between You And Realities; In Multidimensionality Of Causalities...

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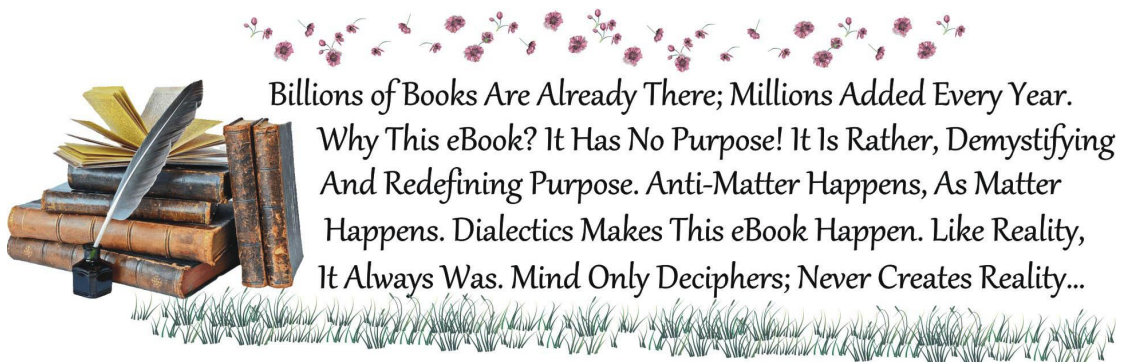


Centuries Old Beliefs and Ideas, Still Populate Most People's  
Consciousness. They Are 'Dead Media'. Walking Graves,  
Aligning With Living Realities, Create Morbid Milieus and  
Decaying Cultures. Those 'Alive'; Must Walk Away.  
They Are Enemies of The Dead...

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**A top scientist, a few years back said; if humans had not wasted  
over 2000 years on stupidities and hypocrisies of religion,  
philosophies and politics to install 'Reality', suiting personal  
selfish agenda and instead; invested wholly on science of life-  
living; we would not be destined to die and helplessly wait for  
inevitable mortality. Tragically, 98 percent humans and all  
human systems are shamelessly refusing to accept 'Reality', still,  
happily living out primeval golden stupidities and hypocrisies;  
standing in denial of all inevitabilities.**

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Billions of Books Are Already There; Millions Added Every Year.  
Why This eBook? It Has No Purpose! It Is Rather, Demystifying  
And Redefining Purpose. Anti-Matter Happens, As Matter  
Happens. Dialectics Makes This eBook Happen. Like Reality,  
It Always Was. Mind Only Deciphers; Never Creates Reality...

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**Predation is the core Consciousness, all billions of living creatures are wired against. Only humans remain oblivious of predators, with a culturally induced sense of fake superiority. Humans are the only species of animals, whose worst predators are those, they themselves create; that too in plenty. This is not wired in their brain states but culturally learnt. Shamelessness, Cunningness, Deception and above all, the basis-less Pride of ‘Knowing All’; brazenly defending it with the might of Hypocrisy is learnt ‘Success’. Cultures, once primarily evolved to prevent this ‘Self-Predation’ susceptibility, are now instead, facilitating this human destiny by its unabashed benchmarks of successes and righteousness-appropriates.**

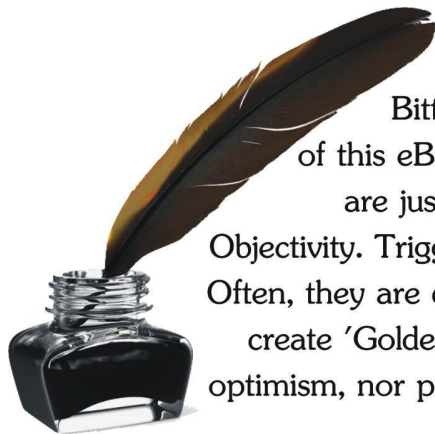
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**If the ‘Hypothesis’ is wrong, hypocritical, conflated, preposterous, or, convoluted to abstractions; the ‘Theory’ is bound to be anything but right. Reality, as modern humanity has understood now, is only probabilistic. Therefore, the innate and entrenched propensity and desire of humans for hypocritically abstracted hypotheses must always be subjected to rigorous and objective standards of Holism. As Reality is probabilistic, only the ‘Test of Holism’ can save humanity from constant conflicts and chaos. Sadly enough; instinctively, humans are designed to be geniuses of ‘Parts’; content to be foolish at Holism of Reality.**

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Human 'Superiority' manifests itself in many ways – but almost always like tip of a unique iceberg. Only humans among millions of species has this 'mental eligibility' to present its 'Adverts' as Tip of the iceberg and hide beneath ocean of deception, the 90 percent of 'Reality', which has no symmetry and connect with the tip of advert. All humans say, *I Love You*, but mostly as 'Advertisement' of a probable Reality. It is human design – the makeup of Consciousness. All gold standards of virtuosity and appropriates remain mostly as adverts. Human consciousnesses in contemporary cultures are vivid landscapes with huge and shining billboards. Consciousness is the mega con artist of all deceptions for success of geniuses of adverts.

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Bitterness and Pessimism is not the theme of this eBook. They are not even a Reality. They are just 'Tools' to test Reality on the rigors of Objectivity. Trigger Happy Optimism is also no Reality. Often, they are design of stupidity-hypocrisy Empire to create 'Golden Adverts'. This eBook is neither about optimism, nor pessimism. It is about objective, scientific and practical Realities...



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Utility Must Knock All Doors... Hope Should Never Discount  
Probability... Randomness Itself Fuels Causality... Reality May, Mayn't  
Happen; Joyfulness Happens! It Has Already; You Have Happened...  
Utility-Hope-Reality; The Journey Begins...



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This mode of communication; sharing of ideas and intent or even simple exchange of greetings is so bizarre. You do not know me; nor can I in any ways be familiar with anything about you. It is out of the ordinary yet, wonderful togetherness of two unknown and unfamiliar people. There is perfect strangeness yet; this ever-present, celebrated purpose of 'sharing' between two definite 'minds', is presenting a **Magnificent Occasion**; a propitious probability.

How brilliant it is that body-mind realities of two people are indefinite, still; there is *definite* probability of a meaningful and palpable exchange of intent. You and I meet here and talk, as two *Minds*, with singular and certain desire of taking away something novel, beneficial and refreshing, through the short journey of our togetherness. *Books make this magic*



*possible*. Possibilities energize enterprise of all potentials. Somehow, this is close to idealism. Two people should always talk as pure, open and objective 'Minds', irrespective of subjectivities and specificities of age, gender, ethnicity, belief 'labels' of Body and baggage of culturally-induced 'fabled' perceptions.

However, there is one aspect, which is missing in this idealism. My communication; as you are going through right now, has already happened in the dimension of 'Past'. You, however, are happening now; in the 'Presentness' of the moment. As you read my words, the past is unconsciously being **Re-Dimensioned** into present for you. Ideally, two minds must have communication in a two-way exchange and that too in absolute presentness of time and space. Why?

As you know; most good things happen as *emergence*, which becomes possible during processes of mutuality, in a looped and evolving ways. It is very much like; different ingredients coming together and fusing in proportioned mutuality to process the emergence of *tastefulness*; in the presentness of time and space. Togetherness, in a complex and often autonomous positioned processes of assimilation and integration; in harmonious-rhythmic cyclical loop of sharing, creates the magic of *emergence* of a novel, distinctive and fruitful dimension of Reality.

Love happens as emergence. Wisdom and intelligence happens as emergence; life-living bliss and satisfaction; or purposes, if any; happen as emergence. You already know that. What made the universe begin and what was before it came to be; nobody knows with certitude. However, everything afterwards; the colossal realities of matter, stars, galaxies, life, et al happened in various states and stages of Emergence. This scientific idea



of Emergence, in its holism and multidimensionality is part of the **Grammar of Life**, which in turn paves pathways for **Poetry of Living**.

If we wish to unravel the grammar of life, we need to understand and internalize the holism of the scientific idea and processes of Emergence. Broadly, Emergence engenders some reality and experiences of reality, which is majorly different from what its constituent 'parts' innately have and manifest. Emergence adds novel and alternative dimensions to realities and their experiences. When we talk about the scientific idea of Emergence, as core element of grammar of life, we are essentially pointing to the mechanisms and processes of body and brain, as modern science has deciphered. We are talking about the complex cosmos of Information, which this mechanism of body-brain processes to create 3Cs – Consciousness, Cognition and Causality, as realities and their experiences. Grammar of Life is primarily about this mechanism and processes of Emergence. How and what this emergence engenders, as varied novel and alternative experiences, is what we are referring to as Poetry of Living.

That is probably why there is this crucial element of collectivities; in the forms of society, culture, family and elements in external milieus. As individuals, we can have our peace and bliss but idealism of accruals of 'emergence' happens when individual syncs and aligns with collectivity – the theatre of larger and wider perspectives and processes. This emergence adds a novel world of beautifully satiating dimensions of bliss and wellness. You already know, how it feels, when you have a good, meaningful and amiably sincere interaction with a genuinely evolved and empowered person. This happens as latent and embedded elements and potentials of individuality enter the processes of mutuality and exchanges with wider and deeper pool of experiences and knowledge of collective domains and dimensions of society-culture in looped interactions. Unfortunately,

collective spaces of external milieus, in contemporary human world, have become too depraved, disoriented, distrustful and massively complex to have their avowed role in individual lives. They still help; but they, at the same time, corrupt, disrupt and disorient more. It may sound unpleasantly hypothetical but it seems like a mushrooming reality that most things and aspects of contemporary Human Systems have become farce, fake and fudged. Most people feel the pretentious and dramatized simulation of reality, in social-cultural milieus; hugely contrasted to ‘advertised’ actuality.

The reason is simple – As you know; melody and harmony happen, as patterns and discipline are consciously occasioned, within a group of musicians and musical instruments, in a philharmonic orchestra. However, if there are hundreds of times too many musicians and instruments and their discipline-synchronization goes missing, cacophony takes over and in time, this kills sanity, bliss and wellness. The process of emergence is killed; melody simply cannot happen! Emergence is a tender process; even a small element of disharmony cancels out every potential of probability.

No doubt, the magic of this ‘emergence’ is missing here and now. You however have the power and wherewithal to step in and provide with this missing element. If this enterprise of words can ever have the worth and utility; it is only you, who can orchestrate it. You happen to be in actual presentness of time and only you can re-dimension me and my communication with you in same domain of presentness. Do kindly take a few seconds to acquaint yourself with ‘My Mind’ and then accept mentally that I am here; with you. How do you do this? It is simple!

As a ‘Mind’, I am known and familiar to you because, you have always been surrounded by and utilized what my mind-consciousness is presenting here – a **Meaningful Communication**. You just have to accept me,

mentally, as ‘extension’ of your ‘**Familiarity Landscape**’. I am truly, a ‘Part’ of you. I am Information; a media. You Too! You and I are parts of holism of singular Information. I shall gradually appear in your ‘Trust-Landscape’ too, as you proceed and continue with this journey of words. You and I are only **Fields** or **Landscapes** of Information. All Informations are one cosmic field or landscape. We all are one Reality. That is probably why **Entanglement** happens. That is also probably why **Morphic Resonance** happens; which some agree, most not! But; we are ‘related’. This contemporary scientific idea or objective hypothesis of Field or Landscape is central to grammar of life and poetry of living. We shall come back to it and detail it in this eBook.

Also, I humbly request you to kindly write to me after reading this eBook and ask me anything, you feel about or need to know better or more. This shall optimize the sharing process, which a book epitomizes. The emergence process shall happen as I shall try my best to revert to you, with my inputs on your queries or requests. This is the process of **Personalization**, which shall help a great deal in **Internalization** of the Ideas we are sharing here.

This eBook, I very humbly intend to be unique and probably first of its kind in the sense that what you are currently reading is only half the book. The other half of the eBook shall be completed when you write to me with your questions, doubts, thoughts etc and also probably acquaint me with your life-living details so that I could input the **personalized** other half of the eBook, especially oriented to your specific requirements, to the best of my abilities.

As I always very humbly say, the purposed success of a book is not in how many copies it sells and how much money it earns. It is in how many

different ways it can excite the potentials of a reader to help optimize her or his innate and acquired potentials. This ‘success’ depends only on you. That is why I insist; here, as you sail through the words; there is no writer, no reader; only Information and potential. You however, are the ‘Media’ of all Successes.

As we talk about Grammar of Life and Poetry of Living in this eBook, it is important that we accept the hypothesis that essentially, grammar of life pertains to infinite ‘ingredients’, which nature, society-culture and our own body-mind make available for us. We need to be masters of the grammar and therefore, must understand in details about ‘ingredients’. The ingredients come from the holistic Field or Landscape of wider external milieus, Sub-Fields of your individuality, localized ecosystems of ambient physical and ideational milieus. These ingredients are what we know as attributes or properties of a Field. Then, there is this processing of information by the two and between the two media of individual and collective consciousnesses, in emergent and cyclically evolving looped interactions. I sum them up as dynamics of the dimensions of **3Cs – Consciousness, Cognition, Causality.**

It is a huge tragedy that our consciousness is designed to be very localized. Our consciousness is also value neutral. Means, it does differentiate between good-bad, right-wrong or real-fake. It is simply designed to process whatever Information it gets from whatever sources in whichever milieus. Mass majority of people grow and evolve in hugely restrictive milieus. Their ambient milieus, from which they receive most of their Information since early childhood, automatically shape up their consciousness. Growing up and maturing essentially means – First, we consciously expand our Information landscapes as we know, reality is vast and infinite. As we have talked earlier, ‘ingredients’ of life-living are

essentially Information, which must come and get processed by the media of consciousness, from the widest possible domain of the cosmic expanse. Most people have localized consciousness, which processes information or ‘ingredients’ only from ambient milieus of family, society, ethnic group, nationality, etc. Very naturally, their consciousness has very limited cognition and they remain enslaved to unreal-restrictive-fake ideas and idealisms of caste, creed, color, faith, nationalism, et al. As most information an average person gets are usually ‘part’ perspectives or beliefs, they are as bad as fake and unreal information. The greats of humanity have been telling us since thousands of years that this is true and actual poverty of a person. We shall talk about it later.

As we expand our information landscape by consciously acquiring novel and alternative knowledge about the realities, we grew up with, we develop this crucial ability to prune and weed out wrong, half-baked and fake Information from our consciousness. We gradually arrive at holism of information. That is why it is said that it takes the whole village to grow, evolve and mature a child. Society-cultures were designed to supply relevant, right, diverse and even contrasting information to a child to grow him or her truly rich and right. Secondly, we consciously learn to develop this ability to assign our personal and individualistic judgments about which information is good-right-real; as against the prevalent, populist and culturally approved ideas about realities. If we develop this way, our consciousness acquires a novel system of cognition. We can then clearly see and realize, how most of the populist ideas about identities, ethnicities, religion, politics, society, culture, nationalism, gender etc are bad-wrong-fake and a product of restrictively localized consciousness and cognition. We can clearly feel and realize, we are also only Information and Fields and the only identity, with which we must align and identify with is cosmic

information and universal reality. Rest of all identities and labels on individuality are unreal, fake, misleading and restrictive. This hypothesis is not new. It is almost 3000 years old as ancient Indian philosophy has described in details about it. Modern science has cleared whatever mist was there.

Human life and living is part and parcel of only singular reality of infinite universe. Everything is Information and all constituents and parts, forming this infinite plexus and system of Information, including humans, have only one identity – We are Fields, Landscapes, Information; within the colossal reality of infinite cosmos. This awareness is maturity. The practice of this reality is actually being alive. Only alive can understand grammar of life and poetry of living. Thousands of years back, Indian philosophy coined the reality as – ‘*Vasudhaiv Kutumbakam*’. This Sanskrit term means; the whole world is one family and all living beings are relatives.

When we become aware of and internalize the reality of life-living, aligning it not only with local-ambient Information but cosmic and holistic Information, which is beyond everything that we have known and accepted so far; then only we can have the consciousness that shall lead us to novel and alternative cognitions and experiences. These novel experiences shall enrich our lives and make us truly successful and wealthy. These novelties of experiences become possible only when we know and accept that our consciousness; this sense of ‘I’ or subjective me, is like a mirror. It is a media, which is neutral like a mirror. The mirror shall show us what we put in front of it. It cannot show an apple, if we place a mango in front of it. Our consciousness also shows us the reality, which our milieus feed it with. Our consciousness has the potential to show us the realities of the cosmos and even beyond. We only kill its true potentials by restricting information to it only from a very small and localized milieu. Knowledge and its

internalization open up and expand the milieu and it aligns us with the vastness of Information in the wider landscape of the cosmos. Larger and wider the Information landscape, better and greater is the potential of consciousness to create realities of novel and alternative experiences to us. This alone is growing up and getting mature. It saves us from the definitive slavery of localized ambient milieu and their restrictive worthiness. This alone is true and real richness and wealth. It truly is being alive.

More important is the fact that all these information as 'ingredients' are processed by our brain plexuses to create different shades of probable realities for us. There are huge and complex plexus of neurochemical and neuroelectrical mechanisms and processes, which participate in processing of information. When we talk of consciousness, the idea of self, 'I' or subjective sense of me; we need to understand and accept that it is a collective-cooperative-emergent entity of these massive mechanisms and processes. Therefore, each of these mechanism and process is also 'I' or at least very much a part of self or Consciousness. When we accept our consciousness as media of everythingness; we need to accept this holism of emergent consciousness and 'parts' of 'I' or self, which we referred to as mechanisms and process within our body-brain systems. We need to 'own' and accept cognizance of all 'parts'; leave nothing to be mishandled by our unconscious-subconscious self and always consciously work towards assimilating and integrating all part selves into holism of singular consciousness of 'I'.

That is why understanding the structure and functions of brain as well as our body, in its holism is core knowledge to unravel the magic of ingredients. It is important not only for unraveling and deciphering of consciousness but also for larger health, vitality and wellness. You already know how growing awareness about our body-mind realities has improved



the life-expectancy and overall health of people. Fortunately, modern science has achieved great insights and knowledge into the brain-realities as neuroscience, in collaboration with Artificial Intelligence (AI), evolutionary and molecular biology breakthroughs has unraveled huge lots of body-brain functioning. The breakthroughs in the field of molecular biology have made even average person better aware about his or her bodies and diseases. Unfortunately, however, mass majority of common women and men have not been exposed to the contemporary scientific knowledge. Tragically enough, mass majority of humanity still remain slaves of old, archaic and now obsolete faith-based and populist perceptual realities of self, consciousness and cognition.

Moreover, the ingredients themselves are not the end attainments as, the poetry of living comes as ‘emergence’; made possible in processes of togetherness, assimilation and integration of the ingredients. The trouble is that much of the Grammar of Life can be easily known and understood as the contemporary knowledge about neuroscience and other fields like artificial intelligence, molecular biology et al are easily and freely available. However, the Poetry of Living involves this very critical but exclusively personal ingredient of Awareness, its internalization and holistic usage to process out integration and assimilation of myriads of elements (information) in internal and external milieus. Many people have the knowledge of Grammar but very few can create Poetry. This happens as they are good at ingredients but not as good and successful at processes. Therefore, we also need to be geniuses of the ‘processes’.

At the very outset, we need to understand and accept what is the true Reality of the humanly designed ideas of **Success** and **Richness**. We all want to be rich and successful but almost always ‘ape’ the populist and dominant available ‘benchmarks’ of societal and cultural appropriateness.

Mass majority of people subconsciously follow ‘Perceptions’ and seldom care to test their validity, veracity and holistic utility in actuality of reality. In life-living; we always face with this classical dualism of two dimensions of Reality – *Perceived* and *Actual*. Since many thousand years, all ancient philosophies of all shades from all corners of human civilizations and cultures have been telling us that true success and richness of life-living is not in money, power, fame and consumption. **It is in quantitative and qualitative abundance of probabilistic experiences of myriad shades and hues of Realities.** Our brain creates a mind consciousness for us, which is genius of information processing. Information is infinite and therefore, there are infinite shades and hues of emergence of experiences of realities, which emanate and evolve out of the melodious and harmonious processing of information in Field or Landscape of Consciousness. There are gold and diamond mines, which everyone would love to own but very few of us are interested in owning and quarrying the mines of experiences, available for all, full of real gold and diamonds of cognitive brilliances.

This richness of diversities of experiences, our consciousness has the potential to create for us, is true success as it keeps growing and nobody can take it away from us. Money, power, fame and consumption are not only ephemeral, temporary, corrupting and susceptible to pilferage and loot; they also do the worst harm by blocking the journey of richness of experiences. With money, power, fame and consumption; we actually stop the journeys of our potentials. We stop journeying and obsessively and singularly focus on protecting and sustaining them. We actually hoard solitary experience of consumptive luxurious joyfulness by obsessively and singularly pursuing money, power and fame and in turn, kill the prospects of true richness of acquiring different shades and hues of other **Beautiful Experiences**. We become slaves to the *Singular Causality* of only one

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