

Are Men
the
Weaker
Sex?



By Josette Sona

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*To my parents - for your love and support*

*To my husband - who's a real man*

*To my little Neuma - for your inspiration and laughter*

*To women everywhere: may your journey through life be filled with  
understanding, love, and contentment*

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INTRODUCTION

Are women the stronger sex?

The answer (in a nutshell) is YES!

Now, you can put the book down and go on your merry way, content with the realization that you have this tidbit of information tucked neatly away under your belt.

Or you're welcome to read on - where I've listed examples of how women are generally stronger than men (and men are generally weaker) and an explanation as to why this is so. If you suspected this all along and were afraid you were the only person who felt this way, you have lots of company.

You are not alone.

If you read on, you just might recognize;

thoughts you've had yourself, especially when you were treated unfairly (especially by the not-so-fair sex - guys),

thoughts/feelings you might have been told, directly or indirectly,

weren't real - but you knew they were!!, etc.

Even if some women don't believe what's written in this book to be true, if they ever experience it themselves, hopefully they'll remember what they read and it can be a confirmation for them.

I will always provide this book for free as it's not my intention to make a profit from it but rather to point out some of life's realities. The way I fig-

ure it, none of us are born knowing this stuff and we can use all the help we can get - sometimes it's not easy having a man in your life.

I know a lot of women feel bad because they don't have a man in their life but even if you succeed in having a "significant other", there's no guarantee he'll stay "for the long haul". A woman will often give a guy the best years of her life, only to be replaced by a "newer model" when she's not as young anymore. (Let's face it, he's no spring chicken, either!) I'm sure you've heard the joke: when a wife turns 40, her husband replaces her with two 20's. It would be funny if it wasn't often so true.

You will notice, in this book, I often refer to members of the male persuasion as guys instead of men. In my opinion, males who act like real men are strong mentally, psychologically, emotionally, etc. and it shows in how they treat others; with dignity and respect.

Guys, on the other hand, are men but they don't necessarily treat others with respect, consideration, etc. They are often in relationships for "what they can get out of it" - whether the other person is male or female.

They will often be nice to the person until they get what they want, but they won't be sincere. Gay men (who are often sensitive, in touch with their emotions, etc.) are often on the receiving end of another man's abuse.

One of the reasons there is sexism/misogyny is because women (generally speaking) are the stronger sex - even though we've been told repeatedly, throughout history, that women are the weaker sex. And a lot of men are often jealous of, threatened by, and even have a hatred for women because of this. {This creates a potentially dangerous situation which can be likened to someone walking around with a bomb, an infectious disease, etc. - having the ability to cause harm to any innocent person at any given moment.} The only area that men are stronger (again, generally speaking) is in physical upper body strength. And guys will often use this to

intimidate, bully, and control women because guys are often threatened by someone who is overall stronger than they are. Guys may be intimidated/threatened by other guys who are mentally stronger than they are but they usually don't do anything about it. Women are easier to intimidate and push around (physically) and guys often take every opportunity they can to do this (as a way of making up for when they can't bully/control other guys or those who have power over them).

In case you may think this book (years in the making) is about male-bashing, please be assured there are many women who have similar characteristics that are listed in this book, especially women in Commonwealth countries such as; Australia, Canada, the UK, etc. - from my personal observation. It's just I've noticed (even as a child and especially as an adult) that the characteristics listed seem to apply, generally, to the male population. And, as always, the personality traits mentioned in this book are generalizations - there are always exceptions to the rule and ultimately everyone is an individual. I'm not mentioning anything that most women haven't probably already come to the conclusion themselves, on some level.

This is just a confirmation of what you've suspected all along.

People who have the characteristics listed in this book were usually abused as children; always emotionally/psychologically/mentally and sometimes physically. The difference between men and women (generally speaking) is;

when boys are abused, they often grow up to be abusers while

when girls are abused, they often grow up to be abused themselves.



WOMEN ARE STRONGER INTELLECTUALLY

Women are stronger intellectually:

- women generally listen and pay attention when someone is speaking, etc.;

it is often said that men have the attention of a tzetze fly. (My money's on the tzetze fly.) :) Men often do have short attention spans and tend to "zone out" or let their thoughts wander to other things, especially if they're distracted by - you guessed it - a woman crossing their line of vision.

I recommend generally talking to guys in short sentences, allowing a sufficient amount of time to let what you said sink into his cranium. :) Men have used the excuse that a woman's voice has a higher pitch and is therefore harder to concentrate on. But it's a well-known fact that a man often doesn't listen or pay attention to a man any more than he does to a woman.

But rest assured, if it's something he's interested in or if it's in his best interest to listen, he'll give his complete attention. It is said you can tell which couples in a restaurant have had sex or not by the way a man interacts with his date. If he;

gives her his undivided attention,

listens to her every word,

maintains eye-contact, etc., it's a safe bet they haven't had sex yet.

- women generally have better memories;

I know. I can hear the guys, too: "Yeah, that's right. Women remember everything. And they never let ya forget it, either!" First of all; "...women..."? - generalizing! Second of all; it's not so much that women remember every bad thing a guy has ever done. It's that a guy often repeats his negative behavior, therefore reminding a woman of his past sins. There's nothing wrong with having a good memory. (You won't hear a guy complaining when a woman remembers something that helps him out.) It's just a lot of guys wished their past mistakes, bad habits, etc. were forgotten.

Men often have good memories for things that are important to them;

sports statistics,

sports players names,

sports players positions on the field (you get the picture!);)

And if a woman has done something negative to him, you can be guaranteed he probably won't forget in a hurry, either. A woman will often "let stuff slide" or ignore/not comment on something negative a man does but a guy (generally speaking) rarely lets a woman "get away with anything". He'll often not hesitate to point out when a woman does something wrong.

Many women feel bad when her husband/boyfriend doesn't remember her birthday, anniversary, etc. She knows he can remember things that are important to him so she can't help but wonder: "How much does he care about me?"



WOMEN ARE STRONGER PHYSICALLY

Women are stronger physically {shocker, I know!}:

- women generally have stronger thighs;

which is a good thing because we use our thighs when lifting (or at least we should) and even though men traditionally have physically demanding jobs (or at least they did before everything-and-his-dog became automated :-))), women have always had (and still have) their fair share of having to push against gravity - the true definition of lifting - whilst fulfilling their many duties/daily responsibilities.

When guys say: "You girls" {...girls...? More on that later} "have it easy. Us guys do all the heavy lifting", I calmly suggest they try lifting a toddler/small child umpteen times a day - children who have the uncanny ability to portray the scientific definition of dead weight in two seconds flat!! :-))

We often use our legs in sports and most importantly of all, in defense against those who wish us harm. Now I'm in favor of live-and-let-live, do onto others as you would have them do onto you, etc., but not everyone lives by this philosophy. When you encounter someone who doesn't live by this philosophy, you have the option of;

talking (in the hopes of reaching some humane part of them - which, unfortunately, often doesn't work),

running away (which always isn't an option) or

fighting back. One way of fighting back is connecting your knee with his groin. {I hear it's very effective!} And this is where strong thighs come in handy (along with running away from the individual after you've

arranged for his wife/girlfriend to possibly never have to worry about taking birth control ever again). ;)

- women generally have a higher pain threshold;

women often endure repeated physical beatings by their (usually male) partners only to have to act like nothing happened.

Who amongst us hasn't heard: "If men had to go through childbirth, they'd get their tubes tied after the first baby"? Men often complain about a slight injury as if it requires an ambulance to the nearest trauma center - stat! :-))

- premature newborn girls have a higher survival rate than premature newborn boys,

- women have proven themselves to be strong, resilient, etc. in the military, in physically demanding jobs, etc.;

even if military personnel have non-physically demanding duties, they still need to complete basic training, obstacle courses, etc.

- women usually take care of relatives who are elderly, have illnesses, special needs, etc. (which is often physically demanding), while taking care of their own immediate family,

- women often work outside of the home as well as primarily taking care of the house, children, (their husbands!), cooking, etc., all the while having to function on little sleep;

traditionally, women would stay at home (full time) after getting married and especially after having children. As she became older, her husband would often leave her for someone (usually) younger, prettier, etc. This put the wife/mother in an awkward situation as she often had great difficulty finding employment outside the home.

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