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Born As **Human**, Is Only A **Potential**...  
**Beasthood** Is, Otherwise, Embossed And Stamped On **Consciousness**...

Potential of **Human Intellect** Is Infinite. Tragically, only a handful even thinks of the journey of the '**Infinite**'. Less embark on it; lesser trek a distance of definitiveness! Localized, partial and instinctive *Consciousness* prohibits and restricts journeys of mind. The *specific* purpose and pursuits of life-living may be diverse; the singular *generic* attainment however, is **Optimization of Potential** of every single human being born and alive. Cultures that do not ensure mass 'Optimization' of People-Potential through **Knowledge-Actualization** are **DEAD**. The question is – *Are contemporary cultures graveyards of Dead Intellect...?* Are most people moving their bodies but mind is **rooted** like trees? Do mass majority of men and women even know what their 'True Potential' is? Do we need **Change**? Probably; complete **Reconstruction**! Of what? ... Of **REALITY**; the contemporary, populist 'Intellect' is so trigger-happily '**Illusioned**' to accept; since ages. If only; it could be possible for 'self-validated' egoistic 'I' to accept 'Reality' beyond its culturally installed Cognitive Empire! Can happen; happens; very rarely.

**Optimism** alone is **Immortal**...!





## Humility, Success & Reality...

**Humility** is no virtue. However, it is Singular Existential **Reality** for Humanity; only a few realize. This fragile, ephemeral, conflicted and inconsequential human body-mind; standing under the infinite cosmic expanse, diversity and its **Causalities**, can have no other REALITY. This reality of humility engenders **Compassion**, which is one single qualifying element of Consciousness, making humans eligible to survive together. However, ‘**Success**’ for most individuals comes with single ‘available-to-all’ instinctive **Eligibility** – ***Be Shameless***. The 99.9 percent go with this easy-availability than bothering a second for Reality. Successive successes empower and embolden **The Beast** every human is born as and erodes *Collective Survival*. This shameless **Illusion** of **Success** is the preferred **REALITY** for mass majority of horrid Humanity. We all dig our collective grave. Can this ever change? Probably! **Knowledge** alone can. It reconstructs **Consciousness** back to Humility. Can it happen? Happens; very rarely. **Optimism** alone is **Immortal**; it has to be...!





## At The Very Outset...



Incessantly, unrelentingly, in many possibly different ways, ‘I’ attempt to convince myself that the moon, sun, earth, stars, galaxies and even the cosmos itself shall die one day – It is not that ‘I’ alone shall die. It is not my ***Personal Destiny***; it is the design of ***Cosmic Causality***. With all intellectual and emotional resources at my behest, ‘I’ insist to myself that time; years, centuries, millennia, are useless; just a mythically mystical idea; a ***Cognitive Conflation***, having no reality, as the mind conceives. When ‘I’ die, everything is simply a ***Moment***; probably the infinity of it but nothing else. In pragmatic actuality, even 14.5 billion years, when the universe came to be, before my birth, was just a *moment* for me and billions of years after my death, shall be the same – just a *moment*. The colossal ***Nothingness*** that was before my birth, had no meaning for me and the infinite nothingness that shall follow my death too shall have no meaning for me as, the very ‘**Media of All Meanings**’ – the **Self** or ‘**I**’, itself shall become assimilated in ***Nothingness***. The very Contextuality of Self, which creates the Consciousness that in turn bubbles up the **Illusion** of ‘I’, as some subject or protagonist, is emergent, transient and definitively holographic and hence mythically mystical culturalism. Etc.

**Still, the Grief, the Suffocation of Option-less-ness, the excruciating Emptiness of the Nothingness and the resultant numbness of Non-Beingness of Consciousness does not go away...**

This media, of body-mind cooperative; this consciousness, the cognition of the million causalities this *Media* processes; fails miserably. This media of consciousness cannot be persuaded; it cannot be made to stand in *perpetuity of peaceful and poised* acceptance of this whole idea and its cognition; let alone be in happy situation... **Such Scammed is our existence; so structurally Insufficient and functionally Incapacitated are the faculties of the Media of Consciousness we are so remorselessly proud of; so much colossally Powerful and massively multidimensional is the content and intent of REALITY; so Haplessly Helpless is 'I'...!**

... Intellectually, may be, in peripheral probability, **I am Ready to Die**. Intellectually, feebly though, I may lend emotional credence to my resolve that I can **Face Up** to the **Reality** in its Entirety. The fabric of this reality of '*Moment*' and *Mortality* is probably not impossible to weave. Even, I can say, with humility but definitive certainty of honesty that at most times, I do feel the *Strength* and *Satisfaction* of this mesmerizing bewilderment of un-put-down-able *Emptiness, Nothingness*, as it fills me up with prized possession of *Compassion*, my immense and deep sense of **Grief** leads me to. Also, this barrenness of nothingness proves to me as *Huge Asset* to remain rooted with unadulterated objectivity. In emptiness of nothingness survives and prospers the abundance of objectivity...

But then; intellect is also just a small part of this insufficient media of consciousness. This intellectual fabric of 'reality' still has to get internalized in

and by all seven layers of my consciousness. Even intellectual understanding and acceptance is not easy but it is somehow and somewhat possible; at least peripherally. **Internalization** of the knowledge of the **Reality** is hugely tough; if not impossible. Without internalization; nothing stays, everything withers away.

This media of consciousness, which is assigned to successfully complete this humungous enterprise, is a very patchy and poor design of evolution. This immensely restrictive and somewhat '**Scammed**' body-mind plexus, especially the precariously presumptuous Brain States, which ensembles and makes emerge this media of consciousness, probably is not designed to handle such a vastly tough task. Or, probably, the objective, holistic knowledge of reality is too colossal and its true cognition is too massively unsettling for the genius of consciousness to handle successfully. At least; to present a brave and resolved façade to Reality, one needs the strength of evolved Consciousness and **Non-Intuitive Cognition** to lead the Intellect for a semblance of a battle with Reality. This comes only through painful **Internalization of Reality**. Given; the milieus, both internal and external, are not only non-facilitative; rather, always presenting the unscrupulous occasions to unsettle and unseat a somewhat undeserving enterprise to hit the poise...

Reality is unraveled in layers and in dimensions. The scientific knowledge and evolved objectivity, which this knowledge installs in consciousness, leads me far beyond my own restrictive cultural mind consciousness. It unravels the Reality about **One Life** and lays bare the futility and hypocrisy of old-archaic-obsolete cultural ideas about human life and divinity et al. This sure is empowering and helps a lot in optimizing the potential of mind consciousness in understanding holism of reality in its mesmerizing diversity. But, this reality then journeys into a domain where new cognitions of unsettling reality confront

the consciousness, for which it is not trained. The untrained mind consciousness has no wherewithal to handle such self-negating and cataclysmic cognitions about the brute objectivity of reality as well as the nothingness of beingness. Years of education and bravery of so-called confidence of worldly attainments and successes fall flat. The mind consciousness needs **Knowledge** of completely different dimension to facilitate the mind consciousness a chance to stand tall. This *knowledge* is the ‘personal internalization’ of ‘Information’, through the dialectical process of *unlearning-learning-unlearning*, powered by the energy of skepticism and self-negation, into all layers of Consciousness. This novel and alternative mind training is purely individual enterprise; nobody helps; nobody can; only **Knowledge** helps; it alone can...

It is like; when I am stupidly happy and intellectually at peace with my intuitive acceptances; like earth is all that is and the Sun revolves around it, et al; I am in the animalistic domain, where my ‘joys’ as well as ‘pains’ are *contexted* and sourced from this **Primary Cognition**. However, when I accept a non-intuitive thinking and start to accept and internalize the objective scientific realities of our planetary system, the galaxies, the black holes, the threshold of universe that is around 90 billion light years apart, et al; the cultural core of my animalistic and intuitive consciousness gets cracked up and begins to melt. The novel cognitions that the new realities begin to install in my now melted old and archaic consciousness creates a new Self or ‘I’ in me. This is unsettling as it shatters the convenience and comfort of my ‘settled’ consciousness and *status quoist* cognition. But, this is just the beginning.

The progression of new objective scientific knowledge and its mesmerizing journey is orgasmic and addictive. Then comes the catalytic and cathartic

realities of quantum world, super string theories, ontology and epistemology of forces, dimensions, energy, sub-particles, et al. More cultural and cognitive walls of my old and archaic consciousness crumble and the nothingness begins to fill in; the vacuum begins to orchestrate the song and dance of its scary oscillations. The journey is infinite... There is no stopping, no short sojourn to rest. The path-breaking knowledge pool of consciousness, through the prism of quantum physics-biology, informatics, neuro-science, microbiology, et al, beckons me and everything that was 'Me' or 'I', for last many decades, collapses and falls flat. This nothingness, which storms and blows up the old and archaic consciousness and cognition, is hugely vast and tough to handle.

It is humungous enterprise to put this huge and diversified knowledge into a linear and 'Causal' perspective for optimum internalization. This internalization, when it happens, is definitively magical and hugely satisfying. But then, it leaves the new Self or 'I' in a state of complete non-beingness, for which the brain states and its faculties are not trained beforehand. This mind training to strike peace and poise with the new reality and cognition is hugely challenging. Just when you think, 'I' have arrived, new pathways are created and novel journeys shatter your 'arrived' pride and possession...

As is known to everyone; **Knowledge** has similar trajectory of journey and arriving. The first stage of knowledge is hugely **Unsettling**. When you first know and realize how it is what it is, the primary accrual is consternation and destabilization. Knowledge begins by exposition of problems and troubles in all its dimensions and shades. This is like opening the door and getting blown up by gush of trapped energy of realism. This is unsettling also in the sense that most people get **Stuck** in the magnitude and **Complexities** of the first stage of

trouble-exposition and begin to look for solace and support from spiritualism, psychology or philosophy to ‘escape’ from the acceptance of the reality. It is another dimension of ‘**Ignorance Is Bliss**’. Some also develop sense of egoism and pride that they now know the reality and therefore they are **Free-Willed** to lead their ‘**Post-Reality Life**’ not bothered by other shades and aspects of reality that others have.

The true journey begins only after this stage. The next stage is unraveling the elements that constitute the vastness and complexities of troubles. This stage of knowledge is the doorstep for arriving at true wisdom. When we persist and keep journeying the knowledge trajectory with innocence and compassion, not allowing ego and escapism to divert the journey ahead, we move onto this next stage of deciphering the genetics of the problems and troubles and *Reality* in its *Entirety*. This is the domain of **Non-Intuitiveness**. As we do this, we come to understand and accept that what we intuitively construed as **Problems** themselves have elements of **Solutions**, when perceived with a non-intuitive cognition. The Realities of all shades are linked in cyclicity. The causalities of cosmic realities are all cooperatively connecting and linked. The knowledge of Holism of Reality unravels this ‘**Magic**’ to a non-intuitive mind consciousness. Rather, in the final stage of the trajectory of knowledge, we clearly see that problems and solutions have the same constituting elements and only difference is cognitive – that is how we observe and accept them arranged and situationed in our life and living. This then facilitates all solutions, all sanities, order, poise and then begins our infinite journey to bliss and wellness...

... It is for sure, it is not something, which happens to me only. My brain states and mind consciousness are not unique. It is what 7.5 billion people on earth have. This has also not been beginning to happen only now. It is described in ancient Buddhist literary traditions that around 2500 years back, when Buddha attained enlightenment, the first lines he said was – ‘*The walls of the house I lived in are now shattered and collapsed.*’ What Buddha actually said or didn’t say cannot be verified but what the traditions accept him saying, clearly means that even thousands of years back, there was this consciousness, which accepted that Reality, when unraveled and deciphered in its holism and when true and objective knowledge of Reality dawns upon the surface of intellect, the walls of existing intuitive Reality, which stands as the ‘**House of Illusion**’ collapses and falls flat. What Buddha did after his enlightenment is known to all. He chose not to speak as probably what he understood was exclusively personal and not amenable to language. The consciousness is a massively potent window but language as the media of expression of consciousness is very restrictive and susceptible to misunderstanding. Buddha definitely understood – Words are most probable design to carry the culpability of unintended and un-conscientious violence. However, he was urged by his followers to speak and as he spoke, five of his closest disciples left him. Even today, when Buddhism is popular, most followers have failed him and what they do in the name of Buddha is definitively not what Buddha believed and preached. It is primarily because for an average untrained mind, it is impossible to understand what Buddha meant and what enlightenment seeks. The intuitiveness can never ever be the tool and technique to unravel and decipher the elements of reality in non-intuitive domain. The untrained mind therefore corrupts and mystifies a reality as it has the perpetual love for **Illusion**, which is **Reality** for average mind consciousnesses...

It sure raises a critical question – is humanity ready for knowledge of reality in its entirety and holism, which is now available to humanity but still not popular and restricted to a very small minority of scientists and aware people. It sure shall reach gradually; though vitiated and ritualized, and average human mind is so untrained to handle it. Already, half the humanity is finding it tough to handle the new conflicts and chaos the modern contemporary life-living has exposed people to. In the new millennium, we live in a very complex world with contemporary milieus filled with conflicting and competing shades of memes of realities. Mental disorders and mind debilitations are already posing as mounting challenge for wellness and poise of larger humanity. An average untrained mind is not poised to handle such complexities and diversity of illusions of reality. What shall happen when finally, the mass majority of people will have to confront the brute reality about existence, life-living and human body-mind realities? The new knowledge shall drastically alter the contemporary cultures, as it already has started to do, and then, the contemporary human mind with all its mediocrity and depravity shall be in for disaster. The early pink hue of the inevitable dawn of impending disaster is already on the horizon. A discerning mind, armed with non-intuitive cognition can see it coming...

This enterprise, this eBook, very compassionately and affectionately invites you to venture into a ‘journey’ of this tough terrain of ‘Internalization’ domain and processes. We accept that our intellect and the consciousness, which engenders it, are powerful media yet very insufficient because the REALITY is so colossal, diverse and the **Internalization of Knowledge** for lasting peace

and poise is hugely tough. This humility makes our journey possible. This fills us with compassion, which alone qualifies us as humans. This humility makes us accept the cosmic duty that evolution bestowed on us by assigning humans the mesmerizing marvel of mind consciousness...

Together, in equal partnership and equal investment of all faculties that are available to our media of consciousnesses, we intend to traverse those issues, ideas, questions and probable answers, which humanity has not yet bothered to deal with. The Intellect shall delve into holism of available scientific and objective knowledge but we shall have to accept that intellect has to be evolved and matured to a level of conscious positioning and cognition, which opens up and makes possible a rather critical element of '**Non-Intuitive Thinking**' and perceptual acceptances. We are intentionally dropping the use of the term '*Counterintuitive*' and using the word *Non-Intuitive*, because, the former necessarily means opposite of Intuitiveness, whereas, the later is not necessarily one but a holism of both. Intuitiveness also has utility and we surely cannot label it as something always detrimental to consciousness. We must never miss the magic and marvel of **Holism**; non-intuitiveness is about this assimilation...

Much of the contemporary objective and holistic knowledge of humanity has come primarily through this core and cardinal tool of non-intuitive thinking.

Sadly, average person is never trained to acquire this tool. More tragic is the fact that most of us even do not ever think, mind training is required to unravel and decipher big part of the holism of Reality. We are not even told, it is some eligibility for good life-living. Reality in its holism is available for deciphering and unraveling only through these cognitive processes. Thankfully, contemporary science has empowered us with this required knowledge for larger and deeper wellness. This eBook primarily pertains to the realm of **Non-Intuitiveness of 3Cs – Consciousness, Cognition and Causalities**...

Give me your hand; do kindly feel the warmth of trust and genuine objectivity and scientific sincerity. We are beginning a *journey*, not with the avowed purpose of *arriving* as we most humbly accept; arriving probably is beyond the genius of our restrictive and scammed consciousness and the journey itself is infinite. The journey traverses through landscapes filled with alternative and novel ideas, realities, awareness, purposes, utilities et al. Journeying itself is incredible invite to the feel of worthiness of Holism. Together, we shall travel, together we shall doubt, witness and experiment; together we test the validity of an alternative possibility, together we arrive; wherever possible...



Existentialism is a happy Slave of Presentness. Consciousness and Cognition do not even realize, they need Freedom from the Cage of Contemporaneity. Intuitive life-living is blissful Celebration of intellectual slavery. Those who liberate themselves from the incarceration of 'Moment' are rewarded with the wealth of Non-Intuitive Thinking and Cognition. The cyclicity or continuity of linearity of past and future are unraveled to them. Only a FREE Human being can decipher Reality in its Holism. The slaves cannot have a Free Will. Slaves cannot even realize, there is a possibility called Liberation...





## Ontology of Art...

In classical musical tradition; may be also in all other forms of Art and expression of human thoughts, there is a stage of finality of rendering, where the grammar and **Syntactic Discipline** of artfulness and exposition loses its primary and cardinal relevance. What remains of singular and lasting utility and worth is the **Innocence** of the artist and **Honesty** of art. The only weight that is felt by listeners and audience is that of the uniqueness of **Melted Individuality**, which the performer transports to the consciousnesses of the audience. This is **Emergence** – the Physics entering a Dimension where probably its structural plexus remains hidden as ‘roots under soil’ and the feel of functionality blossoms above as *fruit-laden tree*.

I, for sure, can never reach to such a stage of finality in my journey as a confabulator. However, this is what I cherish and seek. With all humility and compassionate honesty at my behest, I wish to assure you; I have been a sincere student of ‘**The Art**’, since last 54 years and shall keep my persevered learning and unlearning processes, till death, on this avowed journey of artfulness of life-living in general and writing in particular. Nobody can be greater than the Art but, the audience, in their compassionate acceptance, sure can encourage the artist for the sake of art itself. I write, because you are; a magnanimous consciousness. **Thanks...**





## ‘Happy’ Preferentiality & Neutral Reality...

Billions of men and women in the past, billions ahead; infinite years in the past and may be, infinite times ahead... The awesomeness of this ‘infinite’ however, is ‘**Zero**’, sans the advent of consciousness of ‘**I**’ – Mine and yours. This messy, incredibly fragile, amazingly conflicted and dreadfully ephemeral ‘bubble’ of Consciousness is, however, the brilliantly mesmerizing probabilistic ‘**Window**’ of endless **Realities**. The media of consciousness, which engenders the perceptual plexus of Cognition, knows deep down that most of these ‘Realities’ are brilliant but only a handful of them are ‘**Happy**’ ones.

The legendary poet, *Meer* mentioned about ephemeral existence and its flamboyantly illusionist positioning in a very famous poetry centuries back –

***Hasti Apni Habab Ki Si Hai...***

***Ye Numaish Sharab Ki Si Hai...***

*(My existence and beingness is like a bubble, the exhibition of individuality however, is like the liquor...)*

The innate and instinctive consciousness and its generic cognition is stupidly designed to understand and accept many a realities as hugely useful and empowering, as they always feel like the ‘happy ones’, but actually and eventually are calamitous for life-living wellness. In Indian philosophical traditions, ‘intuitive utility’ has been equated with an **Itch**, which all of us are ‘**Happy**’ scratching; though being fully aware that it shall always end in painfulness, bruised skin and

blood stained hands. This ‘happy’ **Predilection** and innate **Bias** towards most realities the media of consciousness accepts, is painfully restrictive one. Realities need never be understood and accepted through the prism of ‘**Happy Preferentiality**’. Rather, most realities, as they present themselves to the *intuitiveness* of the media of consciousness, are essentially **Value-Neutral** – neither good nor bad; neither happy nor sad. They are objective causalities or the cognitive effects of causalities, which the vast and variegated milieus, ambient to us or otherwise expansive, present to us.

Consciousness, as a probabilistic ‘Window’, as a media to unravel realities, is a huge gift. A rather disastrously scammed yet mesmerizing media or window! This media is **Innately Scammed**; assigned to painfulness and conflicted conflations by very design. The media of consciousness has to be understood, accepted with scientifically objective and holistic parameters of contemporary knowledge. This media needs to be trained to **Unlearn** archaic, instinctive and obsolete auto-alignment to culturally installed and perpetuated ideas of good, bad, right, wrong and happy and sad. Once unlearning happens, the window throws up the brilliantly empowering shades of realities and their utility-worth in life-living wellness and excellence.

Rather, contrary to the ‘happy preferentiality’ about life-living realities, the consciousness must accept the universality and transcendence of **Grief**. Grief is the most potent energy of Creation. It is the primeval Causality of eternal Evolution. All Marvels of world are deep and embedded expressions of Grief and Pain. Grief is the portal of the singular element as eligibility to being human – **Compassion**. Sadly, only a handful can truly realize and internalize Grief to miraculous Revelation. The innate and intuitive *Happy Preferentiality* of untrained and un-evolved mind consciousness restricts ‘Grief-Acceptance’. Most people have the upfront and ever-ready ‘Bouncers’ of **Denial** and **Deception** to prevent

the entry of grief-aligned compassion. Tragically; Marvels become tools to deny Grief itself. When Grief is denied; Compassion gets eclipsed and Reality stands mystified. Humanity is genius in Enterprise of Denial and Deception of Reality. This is biggest ‘Unlearning’. Together, we do it, together we partner in this enterprise here and right now...



## ‘I’ And Context Of Externalities

The very sense or feel of ‘**Self**’ or what we know as ‘**I**’, the mystical ‘**Me**’ is largely, if not exclusively, in relation to the milieus outside, not within. Our constant yet ever-changing interactions with our ambient external milieus largely define our **Generic Consciousness** – this very feel of ‘**I**’. There are vast **Mechanismic** interactional processes within our body and mind but they are almost largely not in the **Conscious Domain**. We are simply unaware of it. Innumerable neural and chemical processes are taking place within the body and mind every second but we never feel it; though they surely have their role and impact on shaping our subconscious, even conscious. Most of these

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