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#### Excerpts from the Professional Press on the work of DR. WM. STEKEL

We have lacked thus far a systematic clinical application of Freudian analysis. Stekel's work fills this need. Jung, in MEDIZ. KLINIK.

. . A standard work; a milestone in the psychiatric and psychotherapeutic literature.

Geh. Sanitatsrat Dr. Gerster, in DIE NEUE GENERATION.

It would be regrettable if the work did not attract fully the attention of the scientific world; its deep sobriety and the fulness of its details render it a treasury of information, primarily for the physician, but, in large measure, of interest also to the educationist, the minister, 

These case histories will be read with great interest by everyone, including those who are inclined to maintain a sceptical attitude towards psychoanalysis. Eulenburg, in MEDIZINISCHE KLINIK.

Stekel's work teaches practitioners a great many things they did not know before, particularly about the significance of psychology and sexual science in the practice of medicine.

Hitschmann, in Internat. Zeitschrift f. Psychoanalyse.

It is Stekel's extraordinary merit that he compels us to take into account a pressing mass of data which he brings to light with a scientific zeal which is unfortunately still rare,—facts and observations so penetrating, so true to life that these often render unnecessary any formal statement of the obvious deductions which flow from them. DIE NEUE GENERATION.

The most modern problems are considered, new viewpoints are brought out, while the excesses in the technique and interpretation of the earlier stages of psychoanalysis are avoided.

\*Kermauner\*, in Wiener Klinische Wochenschrift.

All in all, Stekel's is a work for which I bespeak the widest interest not only among physicians, but also among jurists, educationists, sociologists and ministers. Only an understanding of the mental life of the individual will yield a proper view of our social life, Liepmann, in Zeitschrift f. Sexualwissensch.

The work is a treasury for all who have occasion to probe the depths of human life and should be a source of considerable information and stimulus to every jurist who takes in earnest his professional duties. Geh. Justizrat Dr. Horch, in ARCHIV F. KRIMINALOGIE.

It does not matter from what angle the work of Stekel is approached. Any consideration of it reveals rich material. Stekel is a writer who handles his subjects in a lavish manner; lavish, but with that restraint which bends all to the urgency of his themes. He evidently approaches his clinical work with the same exuberant interest. There he reaps through psychoanalysis a rich harvest of results. He has collected these results and presented them for the dissemination of such knowledge of the sexual disturbances as he thus obtained. Facts are there in great number. They cannot be gainsaid. Stekel's own evaluation of such facts and his earnest plea for their consideration, both by the medical profession and by the society of men and women where these facts exist, can speak only for themselves to the truly conscientious reader. There is not much in these books that the psychotherapeutist can afford to pass over.

# THE HOMOSEXUAL NEUROSIS

BY

DR. WILLIAM STEKEL

(VIENNA)

Authorized translation by

JAMES S. VAN TESLAAR, M.D.

(For sale only to Members of the Medical Profession.)



BOSTON RICHARD G. BADGER

THE GORHAM PRESS

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Made in the United States of America

The Gorham Press, Boston, U. S. A.

WM 610 5823 =

#### TRANSLATOR'S PREFACE

The present volume completes my English version of the Homosexualität portion of the author's Onanie und Homosexualität. The first portion has been issued a few months ago, under the title Bisexual Love, and it is very gratifying that the publication of the present volume was made possible so soon after the appearance of the first. The translation of the part dealing with Autoerotism is also completed, and will appear shortly. One of the most important works of clinical psychopathology will thus be available, for the English reading professional ranks, in unabridged form.

These three volumes, though available separately, in some respects form an instructive continuity. At any rate those interested in any of the fundamental problems discussed therein will find most helpful an acquaintance with all three volumes.

Furthermore the student or physician interested in mental problems will find the implications of the principles set forth herein of the utmost practical significance, aside from their specific bearing on the problems of Homosexuality and Autoerotism. These clinical studies stand forth, in the first place, as lessons in analysis and therapy; but incidentally they reveal certain fundamental aspects of human nature more clearly than such a revelation was possible without the aid of the psychoanalytic method of research. The knowledge thus gained for therapeutic purposes is also applicable to many other practical problems of life. One approaching the study of a work like the present, with the intention of improving one's therapeutic efficiency and of thus increasing one's professional usefulness, is quite likely to discover before long that his whole outlook, as a professional man, and, above all, as a social being, has undergone a wholesome transformation.

Indeed, all fundamental knowledge has this quality of spreading, fan-like, clearing up with its helpful implications more than appears obvious at the beginning. It is not surprising, therefore, that Psychoanalysis, at the present stage primarily a therapeutic method, but reaching into the inner recesses of the human soul more penetratingly than any other method of inquiry, should also prove the most helpful method of interpreting all other problems generated by the functions of the human instincts and emotions.

VAN TESLAAR.

September 30, 1922 Brookline, Mass.

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THE RELATIONS OF THE HOMOSEXUAL TO THE OTHER SEX—FEAR, DISGUST, HATE, AND ANGER—HOMOSEXUALITY AND EPILEPSY—SADGER'S RESEARCHES—HIRSCHFELD'S THESES—FEAR OF THE SEXUAL PARTNER—DISGUST FOR WOMAN—SADISTIC ATTITUDE—EPILEPSY AND HOMOSEXUALITY—OTHER REACTIONS INDICATING REVULSION—MY FIRST EABLY EXPERIENCES—SADGER'S INVESTIGATIONS.

Jedermann trägt ein Bild des Weibes von der Mutter her in sich: davon wird er bestimmt, die Weiber überhaupt zu verehren oder sie geringzuschätzten oder gegen sie in allgemeinen gleichgültig zu sein.

—Nietzsche.

# THE HOMOSEXUAL NEUROSIS

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Everyone carries within himself a pattern of womanhood derived from his mother: that determines whether he should respect or depreciate woman; or whether his attitude towards woman in general should be one of indifference.

-Nietzsche.

Our investigations thus far have repeatedly shown us that in the case of homosexuals the heterosexual path is merely blocked, but that it would be incorrect to hold that the pathway is altogether absent. I have proven that the individual, as representative of our modern culture, finds it impossible to maintain his bisexuality; therefore he represses either his homosexuality or his heterosexuality. We also convinced ourselves that organic bisexuality has nothing to do with psychic bisexuality. Hirschfeld expressly emphasizes that he has met with homosexuality among strongly virile men and among

persons typically female. The organic theory of homosexuality has broken down completely. One would suppose that the investigators would necessarily turn to the psychologic concept. No. The psychic forces are still underestimated and the heterosexual period of homosexuals is still overlooked. Although *Hirschfeld* emphasizes that to psychoanalysis belongs the merit of having pointed out first the heterosexual component, why does he not draw the natural deductions from this acknowledged fact? He arrives at the following conclusions:

- 1. Genuine homosexuality is always an inborn condition.
- 2. This inborn state is conditioned by a specific homosexual constitution of the brain.
- 3. That specific brain structure is brought about through a peculiar mixed condition of male and female hereditary plasm.
- 4. That ambisexual state is found frequently associated with pronounced instability of the nervous system.
- 5. Between the specific and the nervous constitution there exists an intimate relationship.
- 6. All external causes are operative only in the presence of the inner homosexual constitution.
- 7. External causes—provocative—are so common that in 99 per cent, of cases the innate homo-

sexual disposition breaks forth sooner or later and becomes clearly manifest in consciousness.

8. Homosexuality is neither a morbidity nor a degeneration; it is neither a taint nor a criminal trait, representing merely an aspect of natural development, a sexual variant, like many analogous sexual modifications in the animal and vegetal world. (Hirschfeld, Homosexualität, p. 394.)

Our data do not uphold these contentions. How can *Hirschfeld* speak of an innate homosexual constitution when elsewhere in his work he admits the constant presence of heterosexual instincts? How can he maintain that homosexuality is a trait reaching back to the very roots of individuality when every careful investigation proves the contrary?

The following statements show his contradictions on the subject:

"Here too it has been contended that all these deviations from the sexual type during childhood and puberty do not conclusively lead to the diagnosis of homosexuality, that the earlier periods of life are undifferentiated with respect to sex, that boys as well as girls, young men as well as young women, often become eventually fully heterosexual in spite of pronounced androgyny and sexual incongruities; even the transvestites of both sexes show early traits inharmonious with their respective sex, and certainly many passivists, succubists, or masochists show

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