

*MIND  
OVER  
MATTER*



# ***MIND OVER MATTER***

A BOOK OF POEMS

By John Dullaghan



Dedicated to  
My wife, Frances  
and  
my children  
Katie Marie  
and John Robert



# *Poetry Sections*

|   |                |
|---|----------------|
| <b>Best (Of The Rest)</b>                   | <b>pg. 9</b>   |
| <b>Family</b>                               | <b>pg. 59</b>  |
| <b>Football</b>                             | <b>pg. 81</b>  |
| <br>  |                |
| <b>Politics</b>                             | <b>pg. 91</b>  |
| <b>Misc.</b>                                | <b>pg. 99</b>  |
| <b>Group Home</b>                           | <b>pg. 123</b> |
| <br>  |                |
| <b>Early Poems 1992 - 1993</b>              | <b>pg. 143</b> |
| <b>Early Poems 1994</b>                     | <b>pg. 168</b> |
| <b>Early Poems 1995</b>                     | <b>pg.189</b>  |
| <b>Early Poems 1996</b>                     | <b>pg. 199</b> |
| <b>Early Poems 1991 – 1<sup>st</sup> yr</b> | <b>pg.207</b>  |





***Best***  
**(Of The Rest)**



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