

# Little Zen Masters



## Poems & Rhymes

**By Jonathan Joseph**

# Preface

My name is Jonathan Joseph I live with my two children in Cheshire, England. One day I was reminiscing upon my younger days thinking about my school days in particular, and I remembered my teacher telling me she thought I was good at poetry. Some twenty years later I thought what the hell I will try and write some Poems and Rhymes. Maybe it has taken me twenty years to find my voice again. Thanks to my family and friends for their support especially the three gems Paul, Branka and Bryan.

My aim for this eBook is humble; I have no expectations. I just hope that one of my poems or rhymes touches you in some way, maybe making you smile, promoting deeper thinking within you, or helping you or someone in any small way.

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# FUN



**In the life of my daughter  
Time is for fun  
Trying out hobbies  
Never one by one**

**Watching the Television  
A cartoon or show  
A fairy called Tinkerbelle  
Or her chosen hero**

**Painting and drawing  
Factors high on her list  
Unless it's her Homework  
On which I insist**

**Hide and seeks her favourite  
On a swing, down a slide  
Shush she has nearly found me  
She's standing close by my side**

**Imagining Fairies  
The places they go  
The fun of catching one  
Then letting her go**

**Disappointment is temporary  
There's always much to do  
Feeding the Birds  
Playing with friends, me or you**

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# Coldplay A Musical

## Journey



**When in trouble  
I turn to this band  
Lyrics and music  
Masterful and grand**

**A rush of blood to the head  
Got put a smile upon you face  
I tell myself don't panic  
I'm safe in my place**

**As the album continues  
A yellow brick road appears  
Laid out before me  
I will fix you I hear**

**At the speed of sound  
Like a shiver down my spine  
The clocks of time are turning  
I begin to feel fine**

**Using parachutes with friends  
Landing on violet hill  
What if I ignored the warning sign?  
Would we fall or become ill**

***Please Turn Over...***

Yes we've arrived  
Starting at square one  
We talk for a while  
Could this be paradise we're starting from?

The night time encroaches  
White shadows disappear  
Is that an alien with green eyes?  
Or their UFO ship we can hear?

Postcards from far away  
Sleeping sun on a rainy day  
Feeling lost here now  
I think it's time I ran away

The gravity of our situation  
A message from above  
Up with the birds  
We're off like a Dove

The scientist among us  
Says our journeys, only superstition  
Right I say I am moving to mars  
A hopeful transmission

And now the hardest part  
A glass of water please  
The ending of our music  
It's now us against the world  
Mosses and Charlie Brown leave

# The Boy Within



When with my son  
It's like looking at me  
When I was young  
Adventurous, care free

It was all about fun  
And having a laugh  
Going Chester Zoo  
Watching a Giraffe

Smiling and running  
Questions were plenty  
Adults were giants  
Grown-ups were twenty

Life's become serious  
Maybe it should be a toy  
Maybe I will return  
To being a little boy

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# I Have A Dream



**I have a dream  
Everyone's kind  
Gentle like birds  
Selfish thoughts left behind**

**I have a dream  
Anger no longer exists  
Love penetrates everywhere  
Like the sun through the mist**

**I have a dream  
We all help each other  
Creed, colour and labels  
Causing no bother**

**I have a dream  
Everyone's my friend  
Peace be with you  
This sermon ends**

# The Money Tree



Daddy daddy, can I have some money?  
Of course you can  
And I'll tell you a story  
Which is really quite funny?

Money grows on trees  
It's a secret you know  
It's how the banks started  
Long Long Ago

They planted a penny  
They soon had a pound  
Which then became an Orchard  
This investment was sound

Planted deep in the ground  
Out of plain sight  
Checking their progress  
Quietly at night

Then one summer's day  
When the weather was fine  
Silver coins would appear  
A few at a time

The leaves of these trees  
Twenty pound notes  
Guarding these forests  
Heavily armed moats

Money grows on trees  
Let's plant your fifty pence  
Surely you agree  
It makes perfect cents

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# One Hand Washes The Other



One hand washes the other  
Just like Yin and Yang  
Can helping each other  
Be so hard to understand

You scratch my back  
I'll scratch yours  
Karma in action  
Kindness prevents wars

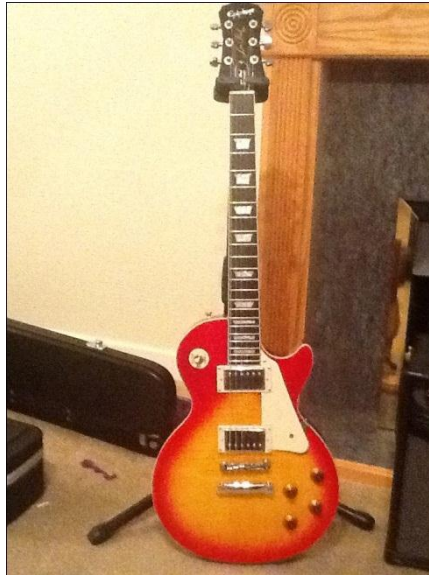
Helping a pensioner  
To cross the road  
Don't shy away  
One day you will be old

Collaborative action  
A charitable group  
The twelve apostles  
Humanitarian troops

It's really easy  
To help a friend  
Helping enemies?  
On this thought I end

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# My Instrumental Friend



**Strumming my guitar  
Stress disappears  
Lyrics of fun  
Joy and tears**

**Singing along  
To a riff or a jingle  
Poetic verses  
A favourite single**

**Sounds playing chords  
To keys deep inside  
Picking emotions  
From where they reside**

**Music and melodies  
Slide, hammer and bend  
Playing my guitar  
My instrumental friend**

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# Freda and Me



Freda and me  
Happy as can be  
Sat in the sun  
With Panda my teddy

Peace, protection and safety  
Is what you brought  
The meaning of your name  
Who would have thought?

My first lady  
Lying by my side  
Tickling her tummy  
Smiling wide

Running and playing  
Going for a walk  
I wished, hoped and imagined  
You could talk

Well there is one thing  
I think I must say  
Memories are forever  
In my heart you will stay

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# BLISS



**It's bliss, be quick  
You don't want to miss  
A beautiful moment  
On which to reminisce**

**It's bliss, this image,  
How else could you define?  
Something special  
Unique or divine**

**It's bliss, be delicate,  
It's fragile and could break  
Disturbance of stillness  
Ripples in a lake**

**It's bliss, be grateful,  
This experience is rare  
It's touched your soul  
Flown through the air**

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# Water



**A drip, a splash  
A river or lake  
Droughts in Africa  
Rain for God sake**

**A trickle, a torrent  
A stream or the sea  
Heavy rainfall and flooding  
Noah's Ark, catastrophe**

**Stagnant, Flowing  
Glaciers or rain  
Tsunamis, global warming  
Mother Natures to blame?**

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# Heaven



Is heaven a place?  
Or is it a goal?  
Does Peter guard the gates?  
What is his toll?

You reap what you sow  
Surely the Angels know  
If you inspired happiness  
Misery or sorrow

Heavens in your heart  
It's where life starts  
Would you be satisfied?  
If you were to suddenly depart?

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Thank you to James for kindly letting me use his image

<http://skaylez.deviantart.com/>

# FAB



**My son secretly works  
In an ice lolly lab  
When he comes to my house  
All he wants is a FAB**

**This ice cream  
Resides in his dreams  
All the ingredients  
In carefully aligned teams**

**He runs through my door  
Runs straight for the freezer  
If he gets there before his sister  
He doesn't half tease her**

**Undoing the wrapper  
He puts on a dance  
Overcome with joy  
The perfect romance**

**To increase his fun  
He wants me to join in  
I'm not even allowed  
To put my wrapper in the bin**

**His smile is endless  
As he quickly devours  
Having my son and daughter is FAB  
Enjoyment for hours**

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# The F1 Fan



## **The F1 Fan**

**Supporting Driver and Team  
Sharing their excitement  
Being part of a dream**

**A grain of inspiration  
Cheering from the stand  
Subliminal encouragement  
Surely the driver understands?**

**Politics and Controversy  
On and off track  
Who will set Pole Position?  
Who will start from the back?**

**Watching from Home  
Or visiting the race  
Identifying the leading pack  
Who will set the pace?**

**Meeting their driver  
Face to face  
Chatting for a while, shaking their hand  
Wouldn't that just be ace?**

**Budgets of millions  
A plethora of staff  
Without the F1 Fans  
Would this season be our last?**

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