

# Coming Home To My Heart

*For inner peace*

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Abuse Victim to Survivor; Inspirations for Inner Peace  
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## *Dedication*

*This book is dedicated to those who have been abused. Including victims  
and survivors of abuse, alcoholism, and mental illness.*

*For my two children Tracy and Michael, and my four grandchildren Payton,  
Amelia, Nicky, and Hannah.*



# *Contents*

Introduction	i
Sections	iii
One Child Waits	1
Tear Drops	2
“Coming Home To My Heart”	3
God Bless the Children	4
Poems	5
Beautiful Wonder	6
The World Let Me Down	7
Child Abuse the Voice Within	9
The Wrath of a Mother	11
The Unavailable Father	11
My Dad	13
We All Come Together Today to Grieve	14
Substance Abuse	15
A Heart is torn	16
Unheard Feelings	17
Waterfall of Day Dreams	18
A Childs Fantasy	19
Child Abuse	20
A Child’s Cry	20
Cinderella	21
Numb	23
Time to Move on	24
The Mistake	25
God’s Love and Light	26
A Family in Crisis	27
Gateway to Heaven	29
Healing Scars	30

The Scapegoat	31
Mother	32
Surrender to God	33
Mom When I Held Your Hand	34
Dear Dad	36
A Family Prayer	37
Phil and Susan	38
A Happy Family	39
Children from Dysfunctional Homes	40
Prayer for the World	41
Miscellaneous Poems	42
I Am A Woman	43
Time	44
Young Love	45
When I Held You In My Arms	46
Letting Go	48
The Colors of Your Love	49
In the stillness	50
My Love-My Man	51
First Love	53
When I Saw You Today	54
My Heart Will Wait Forever	55
Memories	56
You Are the One	57
A Harley Sunset	58
I Hear Your Cry	59
A Rising Singing Star	60
A Special Student	61
The Essence of Her Beauty	62
Seen Through Natures Eyes	63

Passing on Love and Light	64
The Freedom from Letting Go	65
Dancing to a Different Beat	67
Renewed	68
Reflections	69
Angel	70
Accepting Others	71
Touching Hands	72
Sharon	73
Dear Jesus	74
My heart Cares For You	75
How I Love My Children	76
A Mothers Prayer	77
A Grandmother's Prayer	78
Payton	79
Amelia	81
Nicky	82
Hannah	83
Erica	84
Birthday Wishes For Mom and Dad	85
Dedicated to the Next Generation	86
Bright Eyes	87
Emma	88
Dawn	89
For My Friends	90
Debbie A Special Strong Woman of God	91
Kenny and the Birds	92
For My Students	93
Chase Von	94
Paul	95

Al Cole	96
A Teacher's Joy	97
Paige	98
In Memory of Martin Luther King	100
Barry Manilow	101
Touched by a Soft Wind	102
Jesus is Love	103
Karen	104
TM & DS	105
April	106
Joan	107
Life	108
Spring	109
Summer	110
Autumn Leaves	111
Fall	112
I Love My Valentine	113
The Holidays	114
Dear Lord	116
What are we all Looking for?	117
You're Not Alone	118
Hear the Voice Within	119
A Teen has Dreams	120
Searching	121
If You Want Love	122
Embrace the Light	123
Rise Above and Succeed	124
Believe	125
A Poem for You	127
Dream Reachers	128



Mother Mary	129
Through His Eyes	130
Born Again Happy and Free	131
Grasping Destiny	132



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