

WHO IS GOD?
WHERE IS GOD?
WHAT IS GOD?

**WHO IS GOD?
WHERE IS GOD?
WHAT IS GOD?**

by
AiR

**Discover the God... You
always thought You knew!**

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In Gratitude to my Spiritual Master

My Guru, my Mentor Dada J.P. Vaswani was a catalyst in my relationship with God. He always encouraged my faith in Lord Shiva. He taught me to live in complete surrender and joyous acceptance. He helped me realize the Truth!

For him, life was meant to be spent in worship, being constantly in Union with God. How do we connect with God? The only way to connect with God is through the Guru, or Spiritual Coach. He taught me that without a Guru, reaching God is practically impossible. Of course, more important than Guru is the grace of God; but once you have a Guru and the grace of God, nothing can stop your journey of liberation.

He once taught me an equation that didn't make much sense at first. However, when I contemplated on it, it made me realize the truth about God.

Man - Self = God

God + Self = Man

This equation made me realize the Truth: "Man is nothing;

God is everything". When you look at a gold ring and say it's a ring, you don't realize that in reality, it is not a ring. It is just gold. If you remove the gold, there is no ring. So also, we are nothing. God is the cause, and we are just effects of God. Without God, we are nothing.

Today, if I am able to realize the Truth of Who is God, Where is God and What is God, all credit goes to my Master, my Guru. I bow down to him. I express my sincere gratitude for leading me inward, onward, forward, upward and Godward. He is the Master. I am nothing. Because of him I realized that I am not even a speck of dust. God is everything. God manifests as you, me and everything in this world. It is my Master's love that the grace of God has been poured upon me. I bow down to both: My God on Earth, my Guru; and to Lord Shiva, my God in the heavens to whom I prayed to all these years until I finally realized "Shivoham Shivoham" that the Lord lives in the temple of my heart.

|| Om Namah Shivaya ||

|| Shivoham ||

|| Shivoham ||

**My favourite quote about
God in my childhood:**

**When the Idea is Not right,
God says “No”.**

**When the Time is Not right,
God says “Slow”.**

**When We are Not Ready,
God says “Grow”.**

**But when Everything is Ready,
God says “Go!”**

Preface

Who is God? Where is God? What is God? These questions may seem silly! We all pray to different Gods. We have known our God ever since we were born. God is our Lord, our saviour and our Father in heaven. Suddenly, when one asks such essential questions, it seems ridiculous!

Unfortunately, we don't have enough time to ask ourselves the right questions. It is true that we human beings live and die in ignorance, that we are imprisoned by our own mind, in our own body to believe that we are "me". "I" am the mind and ego. Although we know that our life on earth will end, don't we live as if we will never die? We pray without understanding the meaning of prayer, and we never go in quest of God!

Yes, we go to Temples, Mosques and Churches. We follow scriptures as the word of God, but have we ever tried to go in quest of the truth to realize who we are? Where did we come from? Where will we go after death? Have we ever tried to realize the Truth about God?

We talk of Heaven and Hell, but where are they located? We pray to a Power that has a name and a form but where is this God? Who is this God? What is this God?

Is God male or female? We often refer to God as He or She.

God is beyond gender. God is nameless, formless, eternal, invisible. God is a Power!

For five decades, I lived and loved my God just as I had imagined him to be. I was very religious, and my life was built on a foundation of faith, hope, love, trust, belief and enthusiasm.

One day, my master, my mentor provoked me to find out the truth about God and the true purpose and meaning of life. When I went on a quest, I carried nine questions with me:

- 1 Who is God? Where is God? What is God?
- 2 Where are Heaven and Hell?
- 3 Who am I, and where did I come from?
- 4 What is death, and where will I go?
- 5 What is the purpose of life?
- 6 Does Karma - the Law of Action and Reaction - actually work?
- 7 Does reincarnation actually happen?
- 8 Does the Soul exist?
- 9 What is Enlightenment, Moksh, Nirvana, or Salvation?

After spending a few years in the mountains in silence and introspection, in retreat and meditation, scanning hundreds of books from every possible religion and belief, I finally had the “AHA” moment! I realized the truth. This book sheds light on my realization of who God is, where God is and what God is.

**We don't know
Who God is
Where God is
What God is...
But God IS!**

1

DOES GOD EXIST?

*Who made the Cosmos? Who made the Earth?
Who Created us? Who gave us Birth?
There is a Power. A Power we call
God!*

Does God Exist?

Where did this book come from? If I tell you that it just appeared in my hands and I gave it to you, you would laugh. This book has been printed after it was written, edited and designed. It cannot just appear out of thin air. If something as tiny as this book could not have simply appeared without somebody printing it, then how could this entire world just appear from nowhere? Obviously, somebody has created this earth. It is such a magnificent creation with billions of people and trillions of other wondrous creatures that it must have taken a great deal of creative effort to conceptualize and create it. It is this Creator of the universe who we refer to as God. There is no doubt that a Creator exists - God exists!

Scientists often argue that there is no scientific proof of God's existence. Many of them believe in a theory called the "Big Bang Theory". This theory suggests that the entire universe began with a big bang. "The moment of creation" or the Big Bang was created by a big cosmic hydrogen bomb and the universe was born. But if this theory is true, where did this humongous cosmic hydrogen bomb come from? Who caused the Big Bang? It is obvious that there is a source, a power that is responsible for the creation of this amazing universe. A power we call God.

Therefore, while there is no doubt that God exists, nobody really knows who is God, where is God and what is God.

Don't you agree that this universe must have a Creator or

do you believe that the sun, the moon, the stars, the birds, the animals and the flowers just appeared from nowhere? Anybody with a little intelligence can tell that a very highly intellectual power must be responsible for creating something as amazing as this universe. You and I communicate in a language; we understand each others' thoughts and feelings. There are over 8 billion of us on planet earth, which is just a dot in the universe. Can we be so ignorant to say that all this happened without a Creator? It is impossible for this entire cosmos to have come about from nothing and from nobody. There is no doubt that we have not been able to discover who the Creator is but undoubtedly there is a Creator. We don't know who the Creator is but we just refer to him as God. We don't know Who God is, Where God is or What God is..., BUT GOD IS!

Every product you own has a manufacturer. Your phone may have come from Samsung, your MacBook from Apple, your car from Toyota, your television from Sony, your shoes from Nike, and your perfume from Chanel. Everything that you see, touch and feel has a manufacturer. If that is the case, how can the universe not have a Creator, a God?

There is no doubt a power exists. The wind that blows, the water that flows and the sun that glows signify the existence of a life force. Some intelligent power has not

Does God Exist?

only created this amazing universe, but also seems to be in control of it. The earth rotates on its own axis, causing day and night, day after day. It doesn't stop for a second. Not just that, as the earth is rotating, it is revolving around the sun, causing seasons as we tick days off the calendar, creating years, decades and centuries of time. Does all this happen on its own? Can we consider that such intelligent operations of the cosmos are happening without an intelligent power controlling it? Anybody with an average intelligence will not deny the existence of an intelligent power that is controlling all the cosmic activity.

Who is this power? Because we do not know who the Creator is, for want of a better word we call the power God. If I told you to close your ears and listen to me with your eyes, would you be able to do it? No matter how much we try to lip-read, it is not possible to hear using one's eyes. It is the ears that have been given the sense perception to hear. Similarly, we human beings have not been given the sense to perceive God. We have to realize God.

All religions accept the existence of God. In fact, the word "religion" refers to a particular system of faith, belief and worship of a God or a controlling power. Unfortunately, while religions instil faith in us when we are kids, they don't help us evolve, grow, and realize God. Each religion says that the God they worship is supreme. Today

religious intolerance is causing so much stress and conflict in the world. This is contrary to the impact a religion should have on its followers. While each religion argues about the supremacy of its God and disagrees on the various methods of worship and prayer practised by other religions, all religions agree on one thing – God exists!

What about atheists and agnostics? There are certain people who do not believe in the existence of God. While these are the atheists, there are still others who are agnostics. According to them, nothing is known about the existence of God and therefore neither do they believe, nor disbelieve in the existence of God. They are the sceptics who live and die without faith, hope and enthusiasm. While it is considered that over 85% of the global population believes in God, probably less than 5% of humanity staunchly believes that a Power which created this universe actually doesn't exist. There are many who may not believe in a religion, but for sure, they accept the existence of a power that created the cosmos.

Science asks for proof of God's existence. They seek empirical evidence without which they do not want to consider the presence of a so-called God. In fact, some scientists believe that man has created God. God has not created man! They believe that God is a figment of man's imagination and he is just a myth. Today, however, scientists know that everything cannot be scientifically

Does God Exist?

proven, but needs to be accepted through inference. The Law of Gravity cannot be proven. However, if we throw a ball up in the air, why does it not continue to move upwards into the sky? We infer that a force called gravity pulls it back to earth. Thus, science accepts the Law of Gravity by inference.

Man lives and dies. He produces the next generation and this causes the cosmos to continue its existence. Along with man, the entire cosmos follows suit. A butterfly may live for 2 weeks, and we human beings live up to 75 years. Birds fly in the skies, as colourful fish swarm the underwater world. Bees cause pollination in flowers as shoots and fruits fill our gardens. If we look around us, everything that we see is a miracle. We cannot even create a tiny ant that crawls or produce a single strawberry on our own. Everything in this magnificent universe is controlled by a magnificent power - a power with intelligence that it is beyond our comprehension. It is strange that we human beings question the existence of God. Rather, should we not admire in awe the cascading waterfalls, beautiful rainbows and stunning sunsets that baffle our creative imagination every now and then as creations of God?

We humans are mortals. We have to die. The body that we live in will not last forever. We come to this cosmic globe called earth and we depart from the world at a time and a

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