

QUESTIONS

You Must Answer

Before You DIE!



By
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AiR
Atman in Ravi

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Atran - Travi

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AiR asserts the moral right to be identified as the author of this book.

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“

**If we live but don't know why,
We don't find out before we die,
Then this life, that was a gift,
Won't fulfil the purpose,
but will just drift.**

”

PREFACE

Most of us live and die but we don't ask the question - Why? We just exist! We don't want to invest time in asking essential questions which are actually needed to lead a fulfilling and blissful life.

There are so many critical questions that we must answer before our journey of life is over.

- What will happen to us after we die?
- Who created this universe?
- How can we be happy all the time?
- Why do bad things happen to good people?
- What is the ultimate goal of life?
- Who is God, where is God, what is God?

There are so many questions which we are ignorant about and somehow, we believe that ignorance is bliss. We blissfully live in ignorance till we die.

Isn't it time to stop and ask questions? We may not find answers to all the questions, but if we sincerely investigate,

there are chances that we will realize the Truth.

Surely, there is no way to realize the Truth without asking questions. Years pass by and we fail to go on a quest, a search for the Truth. The time is now. We should make a list of questions that we must answer before we die and we have to be at it. We shouldn't stop!

Sometimes, when I seek something and don't get the answer, I just think of a stone cutter hammering at his rock, one time, ten times, one hundred times and it seems like nothing is going to happen. But he doesn't stop. He gives it another blow and another, until as if by magic, the stone cracks into two. Then I wonder, was it that last blow that did it or all that went before?

We should keep on trying over and over again. We must never quit. When we ask questions, investigate, read, research, discuss, and introspect, we will ultimately realize the Truth.

Let's start our quest, now!



If our life must reach its crest,

Then we must go on a search and quest.

We have to pass many a test,

But we must start...

Get out of our nest!





CHAPTER 1

WHAT IS LIFE?

*Shouldn't we be thinking about
our most important treasure?*

1. We are alive, but what is the life inside us?

Have you ever wondered - what is this life inside us that keeps us breathing even when we sleep? We wake up after a few hours and the body which seemed unconscious starts walking and talking and we feel that we are alive. This state is different from death where we don't wake up. What is this energy, this power, this life, that keeps us alive? We can see that there is a life inside us, just as we can observe that there is no life in the table or the chair that lies in front of us. But what is this life that is inside our physical body? When we look at our mobile phone, we see that there is a battery inside it which needs to be charged when it is dead. But there is no battery inside us. The hair dryer has a power cord that fits into a socket to get power, but we notice that there is no wire from our body that fits into any socket. We then look at our car and it zooms, but after some time, it stops because there is no fuel. As soon as we fill gas, our car resumes its journey but we don't even have a petrol tank to put fuel to make our body move. What is it that keeps this body alive? What makes the heart, beat? What causes circulation, digestion, and excretion? The power inside the body makes it function like the most amazing human machine that one could ever imagine. Have you ever stopped to wonder what keeps you alive? Where did this life come from? Till when will it last? There is no doubt that there is a power inside us but the question is, 'What is this power that keeps us alive?'

2. Are we just a fusion of two biological cells?

Ignorant are those who think that life happens when a sperm fertilizes an ovum. A zygote is formed which develops into an embryo and finally takes birth as a human body after about nine months. While this is the biological explanation of how life starts, the questions that are left unanswered would be, 'Are we just a fusion of two human cells?' and 'Are we just the result of a chemical equation?' If that is the case, then life could be manufactured in a laboratory just like a machine is produced in a factory. But we know this cannot be done. We still have not been able to decode the mystery called - life. Unlike an operation in any factory where a product is manufactured, the creation of life seems to be controlled by a factor unknown to man. That is why every time a man and a woman attempt to copulate, there is no guaranteed conception of a child.

It is said that millions of sperms attempt to fuse with the ovum and this is beyond human comprehension. This is not the end, rather the beginning of a magic show inside the womb. The zygote is barely visible to the human eye but life seems to have already commenced in that tiny cell structure. Nobody has been able to exactly pinpoint when life actually enters a newborn baby. Is it at the time of birth when the child arrives out of her mother's womb into the world? If that is the case, then who was kicking inside the

womb? Medical science has progressed significantly and can monitor several critical parameters of a child that is alive within, but the question that still remains unanswered is, 'When did that life enter?' Obviously, we are not just a bundle of cells, rather we have a life. For instance, if unfortunately, the child is stillborn, the doctors declare the child as dead. There is no life, in fact, there is no child. What actually makes the child, is that magical life which energized the body to grow within the womb.

3. When was life actually created in us?

There is a lot of controversy about the exact time when life actually enters us. Various scientific studies and experiments show that the embryo shows some signs of life after four months of conception and therefore, scientists believe that it is at this point, life actually enters the embryo. Others, like Mother Teresa, strongly advocated that the moment a successful fusion happens, a life is created. Thus, she strongly objected to the idea of aborting a child even at an early stage where the child doesn't seem to be alive.

There is no doubt that life enters a child at some point in time but there is no clarity as to when this actually happens. Nobody has been able to prove this and the question still remains unanswered. We celebrate our birthday but that is only our entry into the world. It may

What Is Life?

not be our true date of birth as we do not know the exact date and time when life truly commences its journey inside us.

4. Who created life in us?

When we use a Samsung mobile, we know that it was manufactured by a Korean company, just as we know the American iPhone was manufactured by Apple, but who creates life? Is it possible for such a complicated creation like a human being, not to have a Creator? We are not just a physical body but also a mind, memory, and intellect put together by the energy that makes it come alive. But who makes this? There are many theories like the Big Bang which propagate that everything happened due to a big bang. But who caused the big bang? Some people believe that life evolved from apes as advocated by Darwin, but then how did life come into an ape?

Obviously, there is a Creator of life, but who is this Creator? The world refers to the Creator as God and gives Him names and forms. But the question that remains unanswered is - Who created life in us?

5. How long will I be alive?

The life expectancy currently is supposed to be between seventy to eighty years. This means that an average human is alive between seventy to eighty years on this

earth. Everybody is not blessed to have the same life expectancy as the Japanese are said to be blessed with. They live for over ninety years, unlike some Africans who are not lucky enough to cross even fifty.

This often depends on the health standards and the well-being of the human body and mind but even in these countries, some human beings die when they are just one day old while some live for over a hundred years. Who controls this decision as to how long a human being should be alive on earth? This is unknown to man. There is no guarantee of our life span on earth. There is also no clarity regarding the circumstances that will become the cause of our death, when and how this life inside us will depart - all this is unknown to us and it is beyond our control. Of course, there is no doubt that every human being has to die one day and the life inside us is definitely going to leave us some day, but who controls all this, is still a mystery.

6. Where exactly is this life?

The human body is a creation that is marvellous and amazing to the extent that it baffles humanity. It is said that a human body has about 37 trillion cells and what amazes us is that there is life in each of these cells. If we remove these cells from the body and keep them on a table, they will lose life and become dead cells. What causes life to flow into these trillions of cells? There are over 200 different

What Is Life?

types of cells but the Life Energy flows in all.

The Life Energy continues to flow through 100 billion neurons that run through the brain and nervous system. It is the same energy that creates the thoughts in our mind and we are said to think over fifty thoughts per minute, which can be over 50,000 thoughts per day. Just take the Life Energy out and the mind stops thinking. The Life Energy also gives power to the millions of retinal cells that create eyesight, just as it empowers skin cells to feel and sense what we touch. It is the same Life Power inside us that creates a magical 576 megapixels camera called the eye. While it is so very powerful, we don't realize that it is absolutely useless without the Life Energy. The Life Energy in our body facilitates us to smell over one trillion different types of smells. It is the same Life Power that pumps six litres of blood through sixty thousand miles of blood vessels.

Without the Life Power, we would not be able to take the 23,000 breaths we do every day that keep us alive. There would not be those one lakh heartbeats that it causes every day. The energy our brain produces when we are awake is powerful enough to light a small electric bulb, but we don't realize this. There is so much power in us that with the energy that the heart produces every day, one can drive a truck for over 30 kilometres. It is the same power that pumps over one and a half million barrels of blood in a

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