

**I WILL NEVER**

**DIE**

**DEATH IS NOT**

**"THE END"**

by

**AiR**

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*Please don't cry  
when I Die.  
My body will Die,  
but I will Never Die!*

# PREFACE

Anything that is alive has to die. We know that you and I will not live forever. Death is certain. But what is death? Has anyone understood the true meaning of death? What happens at death?

A person was with us yesterday, but today, the person is no more. The dead body of the person lies in front of us, but we believe that the person has passed away or departed and we are told to pray for the departed soul.

What actually happened? It is a mystery because we are absolutely sure that the one who died is no longer with us. We have no clue as to where the person went. Death has occurred, but how and why did it happen? We are unable to comprehend death!

“I will Never Die” is a simple analysis of life and death, which reassures us that death is not “The End”. Of course, the physical body will die, but I will never die. There is

something beyond death. What lies beyond death may not be clearly visible, but definitely, death is not the end.

We all fear death because we don't truly understand the phenomenon of "Death". Once we do, we will face death courageously and celebrate life because we will realize the simple truth of life and death.

When somebody dies, we know that the person who was alive is no more. That person has departed, and the mortal remains that lie in front of us are not the person who was alive. This simple truth will inspire us to realize that we are not the body that will die. We continue to live. We will discover what lies beyond death. We will realize that death is just a completion of a natural phenomenon called life. "Death is not 'The End'; it is just a bend to transcend" - to discover what lies beyond! Instead of living with fear about death, we will live and celebrate a life of immortality.

This book will help you discover the truth.

*Death is not  
“ie End”;  
it is a Bend  
to Transcend.*

1

What is

**DEATH?**

What is DEATH? From time immemorial, DEATH has been a mystery. Yet Death is so real! It happens every day. People who are alive suddenly die. But people have not been able to understand the meaning of death.

What is death? What causes death? What happens after death? There are questions – so many of them! And we remain in a state of helplessness, unable to comprehend what death is. We see it happening in front of our eyes. We understand that somebody who was alive is now dead – that death is the end. Everything is over. Still we are unable to give a meaning or a definition to death.

We all experience death around us. Sometimes we go to a hospital where somebody is seriously ill, and we pray for that person's life. And then, the doctor suddenly says, "He is dead". What happened? The doctors were monitoring the person's life, but suddenly, they realize that there is no heartbeat or no pulse, there is no blood circulation, and there is no breathing. This leads to the cessation of all the vital functions of the body. Even the brain is dead. It is then that the doctors declare a person "Dead".

But what is death in reality? Is it the end of life? Somebody was alive, and now the person is dead. It was our father, mother, husband, wife or child. But now that somebody is

## What is Death?

no more. What lies in front of us is the dead body of the one we loved. What happened to the person who was alive – that life, that energy, or that soul? A moment before we called that person by name. The next moment, after we acknowledge death, we don't consider the person to be around us anymore. All we know is that the person is dead. What changed in a moment? We often say the person passed away or the person left the body. Can we see it happening? No, we can't. But because we know death has occurred, we accept the fact and we believe that the person is no more here with us. The person is "no more" means that the person "was" alive. But the person is not alive anymore. That person has passed away and moved on to an unknown destination.

Is death the end of life? What happens after death? Will the person be reborn? Does that person go to heaven or hell? There are various beliefs and theories regarding death, but for certain, we know that death is the end of "this" life.

Death is not like sleep. When a person is asleep, the person is not dead. We know that the person will wake up in the morning. Even when a person is in coma after an accident or illness, we believe that the person will recover and come back to life. Why? Because the person's heart is beating, lungs are functioning, and probably, the brain is alive as

well. Therefore, death is something beyond sleep. Death is “the End” of the body that was alive. It is irreversible. Nobody can do anything to put life back into a dead body.

It’s interesting to understand whether death is the end of life or rather the completion of it. Therefore, to understand death, one needs to understand life. What is life? What creates life? How are we born? Is it just the biological fusion of a sperm and an ovum that creates a zygote that further develops into an embryo till it is fully formed and delivered at birth? Or is life beyond this biological process in the body? Of course, there is more to life! Life itself has been a mystery, and death, a bigger mystery. We human beings haven’t been given the ability to comprehend life and death. But we know that there is a connection between the two. Only somebody who is alive can die. Something that is not alive, such as a table or a chair, cannot die. It wasn’t alive; so there is no question of its death. Therefore, we understand that death is, in reality, the end of life.

All the religions of this world accept death and acknowledge it. Do they have a choice? Of course not! Death is a reality. We all see it happening, and on this Earth, life and death are two parts of one phenomenon. Both life and death are a part of this journey on Earth – something like a river that flows; it keeps flowing, flowing,

and flowing until it merges with the ocean. But we are still flabbergasted when we face death. On the death of someone near and dear, we are unable to accept and digest it. We break down, we cry, and we become saddened at the departure of a near and dear one. Death is always related to something ugly, sad, and dark. And the question is “Is it truly so?”

A philosopher divided the “death experience” into three categories. The ordinary man who just lives an ordinary life needs food for the body and desires material possessions and pleasures. This primitive man, so to say, resists death and fears it. Death is an enemy that is dark, devilish, miserable and ugly. He imagines that the God of death comes on an ugly buffalo to carry him away from Earth. To him, death is “The End” - the loss of all that he had, including possessions and people.

There is a second category of people like the poets, philosophers, and creative artists. They go one step further. They don't think that death is bad. They accept death and they know it is an exit from this world. It is complete rest and eternal sleep. They are not people who live just for food and material possessions. They pay a lot of attention to the mind, the memory, the intellect, and the creative faculty, and they look at death philosophically.

They believe that death is “Not the End” and there is life after death. They will be reborn as per their karma, their previous actions.

However, there is a third category of people: those who realize the truth that they are part of the universal power we call God. They believe that at death, God welcomes us. “We are going into the embrace of God”, they say. These people are the believers – the ones who have a gut feeling that death is not something bad or ugly. Death is not the end of life, but the completion of our journey on Earth until finally we merge with God. Beyond death is God – the One who gave us life and the One who loves us.

Thus, death remains a mystery. It haunts us. There are so many myths that go with it. What is death? We live and die with death around us, but we don’t understand the meaning of death.

Instead of living joyously, and accepting death gracefully whenever it comes, most of humanity lives in the constant fear of death.

*Death happens when the Life inside us departs....  
en there is Death because there is no Breath.*

# 2

Why Do We  
Fear DEATH?

People across the globe fear death mostly because they are ignorant about what death is. Death is associated with pain, misery and loss. People consider death to be something ugly and unfortunate, and they dread it. The fear of the unknown, or the loss of the known at death, terrorizes most of humanity.

When a person dies, we see a person who was alive is suddenly no more. Life has escaped that person, and that person's dead body lies in front of us. We start wondering - what happened to that person? Where did that person go? Now the dead body will either be cremated or buried. The aura created by death fills the atmosphere with negative emotions of worry, fear and sadness.

While there are various beliefs and theories about what death is and what life beyond death is, it is quite natural for the fear of "beyond-death experience" to haunt and trouble us. However, very few people stop to analyze death, to look deeper at what this phenomenon is. Rather, we continue to fear this inevitable and uncontrollable natural cessation of life.

Doctors describe death anxiety as "thanatophobia" - the fear of death. Although it may not be commonly

## Why do We Fear Death?

discussed, the fear of death greatly troubles people. What makes human beings so concerned about death? In fact, sometimes the phobia is so great that people literally stop living. Old people are close to their graves dreading possible death, and the young ones not far behind. Is it because of the fear of the unknown? We don't know what will happen to us after death, where we will go and whether we will be happy. Or rather, is it because of the loss of the known? Death will make us lose all our possessions and people that we love so much.

We human beings live with desires and cravings and our ego creates fear. Fear itself stands for **False Expectations Appearing Real (F-E-A-R)**! The expectation is that death will destroy one's life completely. In fact, the fear of death makes us live with so much worry about tomorrow that often we forget to live today.

Several rituals and customs around the globe only emphasize the fear of death and all that follows. Because of our gross ignorance about death, people all over the globe perform different kinds of rituals and believe in many superstitions that further complicates death. Different tribes with their own unique traditions – across different villages in different countries – and beliefs in different religions and customs, have mysterious ways of dealing with death.

There are some people in Indonesia who do not consider a dead person as dead but as a sick person. They keep that person in their home and symbolically feed them, take care of them and do all kinds of things that may seem ridiculous to others. But to them, that is their custom. They believe that those who are dead are still a part of them. They don't accept the reality that life has come to an end. They even clothe them, take pictures with them and sometimes do things that other people can't understand. Is this new? Of course not! If we go back to the ancient Egyptians, they used to mummify the dead in pyramids. Often kings who died would have food served to them and servants to take care of them for a long, long time. They didn't accept the reality of death; they didn't believe that the person was not alive anymore and had completed this life journey on Earth.

Deep ignorance about death mystifies and complicates it. We need to study and understand what death is, and go beyond to realize the truth. By realizing what death is, we would be able to accept death gracefully.

No doubt that death is the loss of everything: We can see that whatever belongs to people who die is left behind. Death is a loss of wealth, relationships, family, and near and dear ones. Everything that somebody possesses is lost

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