

# PARENTS' GUIDE

TO

# TEACHING VALUES TO KIDS



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# Table of Contents

Foreword

## *Chapter 1:*

Morality Basics

## *Chapter 2:*

Be the Best Example

## *Chapter 3:*

Begin Teaching Young

## *Chapter 4:*

Pay Attention to What Your Child Is Bombarded With Daily

## *Chapter 5:*

Keep the Lines of Communication Open

## *Chapter 6:*

Look For Opportunities to Point Out Good Values and Choices

# Foreword

There are numerous things in today's society that can be very damaging to a child's moral values. That is why it is important as a parent to take every opportunity that presents itself to teach your children about the importance of having strong moral values. Having a strong moral base can make a huge impact on the ability of your child to make correct decisions in the future. Without good moral values they will likely make many bad decisions that will be bad for their future and not allow them to live to their full potential.

It is important that you begin working on your child's moral values at a very early age. The earlier they learnt the easier it will be for them to stick to these values. Some people may have missed out on their lessons from their parents so they do not know how to teach values to their children while others were taught and are still unsure of how to pass these values to their child. If you are one of these people, do not worry, this book is full of information that will surely be helpful for you while trying to instill positive morals and values into your child. You may feel discouraged and may feel as if you will not be able to do your job as a parent and teach your child positive morals and values. Do not feel this way! It is possible and you can do it!

# **Parents' Guide to Teaching Values to Kids**

# Chapter 1:

## *Morality Basics*

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### **Synopsis**

As stated before, it is vital that you instill a positive set of morals and values into your child if you want them to be successful and happy in the future. There are many things in life that will be much more difficult to accomplish without proper values, if they can be done at all. Positive relationships will be much easier to build with proper moral values because your child will be more inclined to act in certain ways that are positive. Success will also be achieved much easier for a person with strong values compared to one who doesn't. This is because the child with values will likely have a much better set of tools to use when making important decisions.

As you can see, moral values are very important for the development of your child. That is why it should be very high on your list of priorities and you should begin teaching them these values immediately. Before you can begin teaching your child about morals and their importance, you must first understand the basics.

The following chapter will touch base on the basics on morals and their importance for your child and the positive outcomes that teaching these values to your child will surely bring in the future.

## **The Basics**

Morals and values can be taught in many different ways. In most cases, what works for one parent and child will most likely not produce the same results for a different parent and child. You have to explore and try different approaches.

If something does not work it is time to try something else. There will be a lot of trial and error when it comes to raising your child. You must keep in mind that nobody is perfect and this includes parents. It may be difficult to continue looking for answers to help you get through to your child, but it is very important.

Your child depends on you for guidance in life. There are things you must do in order to make sure that they are able to live up to their full potential in the future. There are many benefits to instilling a positive set of morals and values into your child.

The following are some examples of the positive benefits that your child can receive from having good morals and values:

### **Self-Respect:**

If your child is brought up with a positive set of morals and values they will surely grow up to have healthy levels of self-respect and self-worth. This is because a child who has positive morals will make much more positive decisions than a child who does not. All of these positive decisions add up

and the child will know that they make good decisions and that they are a good person. Self-respect contributes a great deal to the success of a child.

### **Experience in School:**

Your child will most definitely have a better experience while attending school if they have good morals. They will be more responsible for their actions and not try to blame others for the things they do wrong. Their teachers will trust them more and will be more willing to work with them. You will notice that a lot of kids with good morals actually like going to school because they understand the importance of it.

### **Relationships:**

When your child reaches the age that it is time for them to start forming relationships, it will be much easier for them to function if they have a good set of morals. People will be much more inclined to be around a person that has a good set of morals and values than a person who does not. This is because people find it difficult to trust a person with poor values and morals and trust is needed in any relationship, whether personal or professional.

Fitting in with the other employees will be very difficult and the only people they will find who accept them will likely be other people with poor morals. Finding more people with poor morals will just lower their morals even more and reinforce their way of thinking. On the other hand, if you instill positive morals and values into your child they will attract others into their

life who have the same set of beliefs. They will find much healthier relationships and will have many doors of opportunity open up for them. Good brings good and bad brings bad so it is important to help your child be the best person they can be.

### **Accountability:**

Children who have good morals are usually much more accountable than those who do not. That is why those who were brought up with good morals end up having much better relationships and opportunities in life. They do not pass blame, instead they accept when they have done something wrong and try to do something to change it. This will also lead to much more trust between a parent and a child which is always healthy for a family relationship. This will make it easier for your child to talk to you, no matter what is on their mind, even if it means that they have to confess to something they have done.

Finally, Sleep for your Baby



# **Chapter 2:**

## *Be the Best Example*

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### **Synopsis**

Your child's mind can be thought of as a sponge. Everything around it gets absorbed. That is why it is important to make sure that your child has positive influences in their life. There should be one main role model however and that is your job as a parent. It is important to understand that your child develops a lot of their behaviors from what they see you do. It's as the saying goes, "monkey see monkey do".

You need to make sure that you are constantly setting a positive example for your child. Your child thinks that you are a super hero and that you know the right way to do everything, which is why you must act like a super hero and always be positive.

The following chapter will shed some light on the importance of being a good example as a parent and ways in which you can do so.

## **Be a Super Hero**

As mentioned above, it is important that you act like a super hero around your child. I do not mean that you need to go out at night in a mask and cape and go out and fight armed criminals. I mean that you need to always do the right thing in every situation, no matter how difficult it may be or what rewards a negative decision may offer you. By doing this you will show your child that it is important to always do the right thing.

It is important that you lead by example. It is much more likely that your child will pick up on the lessons being provided when they are by example and not just from things that you say. This is especially true when parents try to tell their children not to do something because it is bad. You must understand that it is difficult for a child to wrap their mind around this concept. For example, many parents tell their children not to smoke cigarettes because they are unhealthy and can kill you, while the entire time they have a lit cigarette hanging out of their mouth, This message will surely not be retained as the child will think nothing of it after watching their parents do exactly what they were telling them not to. The same goes for teaching your child morals; you must practice what you preach!

You need to determine what morals you need to teach your child and find ways that you can demonstrate these morals by example. For example, if you want your child to learn to be kind, you may help an elder neighbor carry in their groceries or help them trim their lawn at no charge. Another way you can show this moral value is to give to a charity or provide a meal to someone in need. If you want to teach your child about being accountable it is important that you take responsibility for everything that

is your fault, no matter how small you may think the issue is or how bad the outcome may be. This will teach your child to not fear the consequences of being honest and to be more accountable for their decisions in life. If you want your child to learn responsibility you may want to try taking them to work with you for a day so they can see all the responsibilities that you have on daily basis. You may also want to have a talk with them about the responsibilities in life of paying the bills and making sure that there is always food on the table. This will help them understand that life is not one big game and will prepare them for the day that they must become responsible for their own life.

Basically, what you need to do is determine which moral values your child may be lacking or which morals you would like to change about your child and create a game plan. Your efforts may not work and first and may take some time to show progress but you will surely be successful in your efforts if you try hard enough. One of the most important things you need to do is analyze your own morals and values and make sure you are exhibiting positive lessons as a parent.

# **Chapter 3:**

## *Begin Teaching Young*

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### **Synopsis**

It is very important that you do not wait until the later stages of a child's life to begin teaching them positive morals and values and how important they are to life. This is something that must be done as soon as possible. You may think that your child is too young to understand lessons about morals and values, this is not true. Children understand much more than many people think they do and begin retaining information from a very early age.

Begin teaching your child the importance of morals and values at a very early age. Your efforts will be much more beneficial if you do so.

The following chapter will go over the importance of beginning to teach your child about morals young and some ways in which to do so.

## **The Sooner the Better**

Many parents make the mistake of waiting until a child's later stages in the development process before they take action on the moral standards of their child. This is a big mistake and I will tell you why.

By the time a child is in the later stages of their development they already have a mind of their own. It is much harder to shape a child's mentality when they are older.

The more they grow the more free will they acquire. They will eventually get to the point that they do not want to listen to what you have to say and would rather make their own decisions and learn their own lessons in life.

This can have very negative consequences because the child will not want to listen to someone who knows things from experience and will likely make foolish decisions. If you start at a very early age your child's brain is like a sponge, as mentioned previously.

Scientific studies have shown that a large amount of your child's development begins in the first five years of their life. Now do you see why it is so important to begin teaching your child at a young age.

There are many ways that you can teach your child positive morals and values at an early age. A few examples are provided below:

### **Give Them Responsibilities:**

Provide your child with some responsibilities around the house. Sitting around watching TV or playing video games all day will have no positive influence on their morals.

It is important that your child has duties that they need to do every day, even if they are small responsibilities. A couple examples may be cleaning up their own messes or making their bed in the morning. You will likely be surprised by how much difference these little responsibilities make in your child's morals.

### **Hold Them Accountable:**

You must hold your child accountable for their actions. You also need to understand that kids will be kids. It is important to find a healthy balance between leniency and being strict. Some parents let their children get away with entirely too much without any sort of discipline.

They try to be the child's friend and not their parent which leads to the child thinking that there are no real consequences for any of their actions in life. This will have very negative consequences for them and will likely lead to them not reaching their full potential in life.

On the other hand, if you are too strict you will not make a positive impact on your child either. They will likely begin to ignore you because they do not feel close to you and will hide things from you and lie to you because of fear of punishment.

### **Honesty is the Best Policy:**

It is important that your child understands, even from a very early age, that lying is never ok under any circumstances. If your child lies to you there needs to be some sort of discipline. Be careful when selecting your method of discipline though because you do not want to be too stern on your child. Another thing that you may want to avoid is entertaining made up stories. Imagination is one thing but if a child is making stories up to get out of something there is a problem that needs to be addressed.

### **Volunteer Work:**

Volunteer work is a great way for a child to learn very important morals for life. Even at a very early age, some volunteer associations will allow children to help them with their volunteer work. An example that you may want to consider would be your child making sandwiches in a food drive for the needy. Another example might be to serve food in a food kitchen on a holiday. This will teach your child to appreciate what they have and to not be greedy with things in life. It will also teach your child to be kind and compassionate in life and provide them with the capability of loving others than their self.

# Chapter 4:

## *Pay Attention to What Your Child Is Bombarded With Daily*

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### Synopsis

In today's society, there are many negative things all around that can negatively impact your child and their set of morals and values. Everywhere you look there is something negative or violent going on. The streets are filled with chaos and the media is filled with violence. Music is full of hate and video games are full of drug use. What can you do to protect your child from all the external factors that you do not want influencing your child? The answer is simple, you have to spend time with them and pay attention to what is going on in their life.

The following chapter will provide you with some examples of what you should avoid and what you should look out for with your child while trying to instill good morals and values into their life.

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