TO MY GRANDSON MATTHEW MARTINEZ THE START OF A NEW JOURNEY... PUBLISHED BY NUBIAN VOICES COPYRIGHT 2009 BY ALBERTO O. CAPPAS

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DEDICATION

TO ALL THE YOUNG PEOPLE STRUGGLING TO GET OUT OF THE BOX, HOPING TO SEE A STOP TO THE VIOLENCE AND VIOLATIONS FACED AT HOME OR IN "HOOD" SETTINGS, LOOKING FOR THE LIGHT TO BRING MEANING TO ONE'S LIFE.

THIS BOOK WILL PROVIDE YOU THE ANSWERS AND TOOLS TO BECOME STRONGER AND DEVELOP INTO THE PERSON YOU WERE DESTINED TO BECOME.

> THIS BOOK WAS WRITTEN SPECIFICALLY FOR YOU!

ABOUT THIS BOOK

THE AUTHOR "DID" TIME IN JUVENILE CORRECTIONS, AND DROPPED OUT OF SCHOOL SEVERAL TIMES BEFORE GRADUATING FROM HIGH SCHOOL WITH A GENERAL DIPLOMA.

THIS BOOK IS BASED ON THE AUTHOR'S DISCOVERY OF SPIRIT AND HIS ABILITY TO OVERCOME ADVERSITY AND CHALLENGES, AND ENJOYING EVERY MINUTE OF IT; AND HE WANTS TO SHARE THE MAGIC WITH YOU.

THIS BOOK GIVES YOU THE KEYS YOU NEED TO OPEN EACH DOOR TO MAKING IT IN LIFE, AND MOVING ON WITH YOUR REASON AND PURPOSE FOR BEING BORN.

THERE IS NO LESSON PLAN TO WRITE DOWN, OR METHODOLOGY TO MEMORIZE OR TO FOLLOW. THAT IS BETWEEN YOU AND YOUR TEACHERS!

THE ONLY PURPOSE OF THIS BOOK IS TO GET YOU OUT OF THE BOX, AND MAKE SURE THAT YOU STAY OUT OF THE BOX, UNLESS IT IS YOUR OWN CREATED BOX. IT IS NOT THE AUTHOR'S INTENTION TO GET YOU OUT OF A BOX TO PUT YOU IN HIS BOX.

THE INTENTION IS CLEAR! BY READING THIS BOOK YOU SHOULD BE ABLE TO COME TO YOUR OWN REALIZATION FOR BEING HERE, RECOGNIZING YOUR PURPOSE. LIFE IS A SERIES OF STEPS, KNOWN AS CHOICES AND DECISIONS THAT WE TAKE TO NAVIGATE OUR JOURNEY ON THIS PLANET. WITH PROPER STEPS, WE CAN HAVE A LIFE FULL OF ENJOYMENT AND EXCITEMENT.

THE CHOICE AND DECISION ARE YOURS TO MAKE! START BY READING THIS BOOK – THIS IS YOUR FIRST KEY TO UNDERSTANDING YOU!

YOU DO NOT HAVE TO ACCEPT THE DISAPPOINTMENTS! YOU HAVE THE POWER IN YOUR HANDS TO MAKE THE DIFFERENCE!

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LESSONS FOR MYSELF

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