

Dr. Zee

**The Nice
♥♥ Guy
Virus**

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As you read this book, I hope you realize just how powerful, practical and useful the information you take in is. Re-read this book once a year, or every six months if you are having trouble with dating, it will help you create a true dating mindset.

Hello, my name is Doctor Zee and I am a prescribed nice guy. As you probably have guessed, I am not really a Doctor, but will be acting as one in my next series of e-books for one particular purpose: to try and help you treat what has afflicted many of us in our lifetimes, the nice guy virus.

Why write under the pseudonym of Dr.Zee? Well just like the letter Z in the alphabet, it is very common for nice guys to finish last. What if I could show you how to still be a great guy and yet attain the results of finishing first in dating and love? I will share some of my most dreadful mistakes, in order to help you avoid similar bouts of disaster.

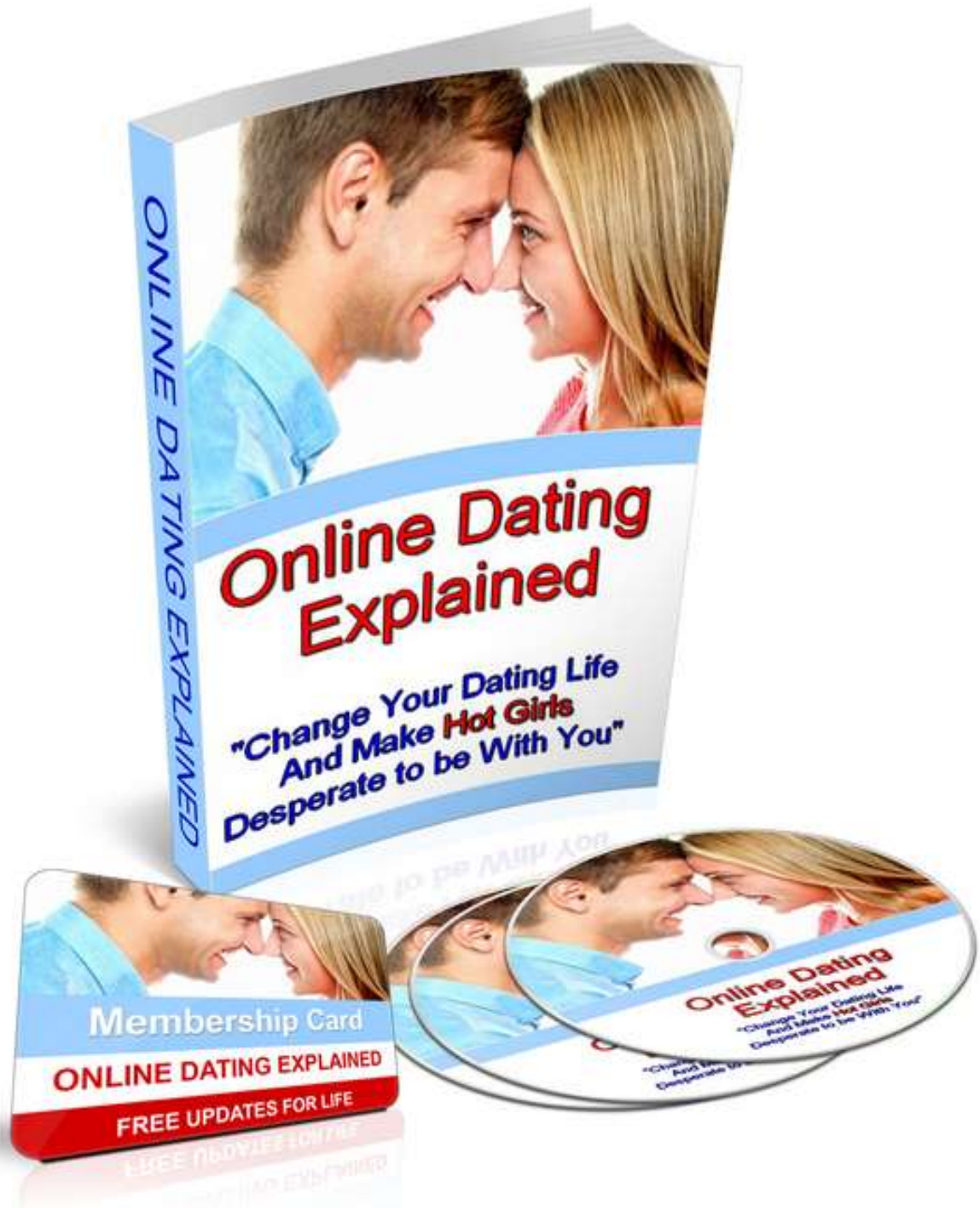
Being nice isn't a bad thing, but in the world of dating, it could end up being like a virus if not treated properly. The techniques and theories in this book have been put to practice and do work. I was able to help my friend's Chavez and Bertman turn their dating lives around using this exact system.

I want to dedicate this book to all of the guys that are sick of ending up in every girl's friend zone. It's for the guys that are tired of hearing the excuses women come up with just so they don't have to talk to you or take your relationship further. I once thought I brought about a curse of causing family deaths to the women I dated. It became a trend to have women tell me that their relatives died and they couldn't go out on a date with me.

I want you to rest assured, that this isn't just an internet dating book, you will be able to use this advice and information in this book in the real world as well as the internet.

If you are enjoying this ebook, get a more detailed look at internet dating here:

[ONLINE DATING EXPLAINED - CLICK HERE](#)



Why Internet Dating is Great!

Internet Dating and the world of mobile dating apps has made meeting beautiful women much easier than it ever was. It is now a lot easier to make a good first impression or even get enough courage to actually start talking to a beautiful girl.

So, besides the reason mentioned above why is internet dating so great?

There are obviously other, more popular ways of meeting women. You can go to bars or clubs, speed dating, singles events, placing personal ads, even walk the streets looking for women to meet. But, internet dating beats all of them (at least for the average guy). Here is why.

First of all, it is very cheap. You don't need to dress up to sit in front of your computer, you don't need to buy anything...that's cheap. A night at a club can run you on average \$150.

Internet dating is also very fast, a lot faster than planning a day out. All you have to do is to look at your mobile app and send a greeting to the girl you want to talk to.

On top of all that, it is extremely simple to use and more importantly a lot of fun!

But the most important reasons that internet dating is king of all the different ways to meet women are...

A) Women are a lot more open to your "moves" on the internet than they are in person. There is nothing intimidating, uncomfortable or even scary to a woman about a bunch of typed text that you sent her.

B) You don't have to fear being rejected face to face. That will eliminate being nervous, clumsy or scared. Basically, you can be as smooth as you want without screwing it up.

And whether you like it or not, rejection is part of the dating process...a big part. Even the best looking men on the planet get a "no" more often than they hear a "yes".

Why? Because most women look for more than just looks and money, they want comfort, fun, mystery and a whole bunch of other things most men simply don't think about.

So don't worry, even Brad Pitt was rejected.

In a lot ways dating is a numbers game. And the problem with that is most men have terrible odds when it comes to dating. The job of this book is to lower the odds for you and make you more successful with the type of women you want to date.

But even if you are a busy guy, this guide is for you and that's why internet dating is great. Put up a profile, tweak it a bit until it sounds good and away you go. It's your own automated dating machine that's up 24/7 attracting women around the clock.

And that reminds me of another great thing about online dating: not only will you be able to easily approach any woman you like, but women will approach you as well!

And don't worry, you don't have to be attractive, rich or anything like that. In fact, the guys I know who are most successful with women don't have a lot of money and they are just average looking men. Nothing special about them...except they know what women want, they behave and hold themselves in ways women find attractive.

Understanding What Women are attracted to

What most men don't realize is for women attraction isn't a choice. They either feel it for you or they don't, it's that simple. If a woman doesn't feel attraction for you from the start, they more than likely never will.

So no matter what you say or do, if a woman does not feel attracted to you, you cannot simply convince her to "change her mind"

Just because you're rich, attractive, successful, drive a nice car, take her to fancy dinners, buy her expensive things, that won't make her feel attraction for you.

Women don't choose men they are attracted to based on logic. They might say they do, but they don't.

Women choose mates by their level of attraction they have for them (unless they are gold diggers) and not for what you can give them in return.

A big mistake a lot of men make is bribing women with gifts to make them fall in love with you. But it actually has the total opposite effect. Women see this as you needing their approval because you don't think you are worthy enough to date them without having to buy them things in return.

Why do you think so many women get into relationships with bad boys who treat them terribly? Because these guys trigger an attraction inside these women, it's not logical, but it's a fact.

I'm not saying you have to treat women terribly to make them feel attraction for you, but you don't have to cater to a woman's every need either.

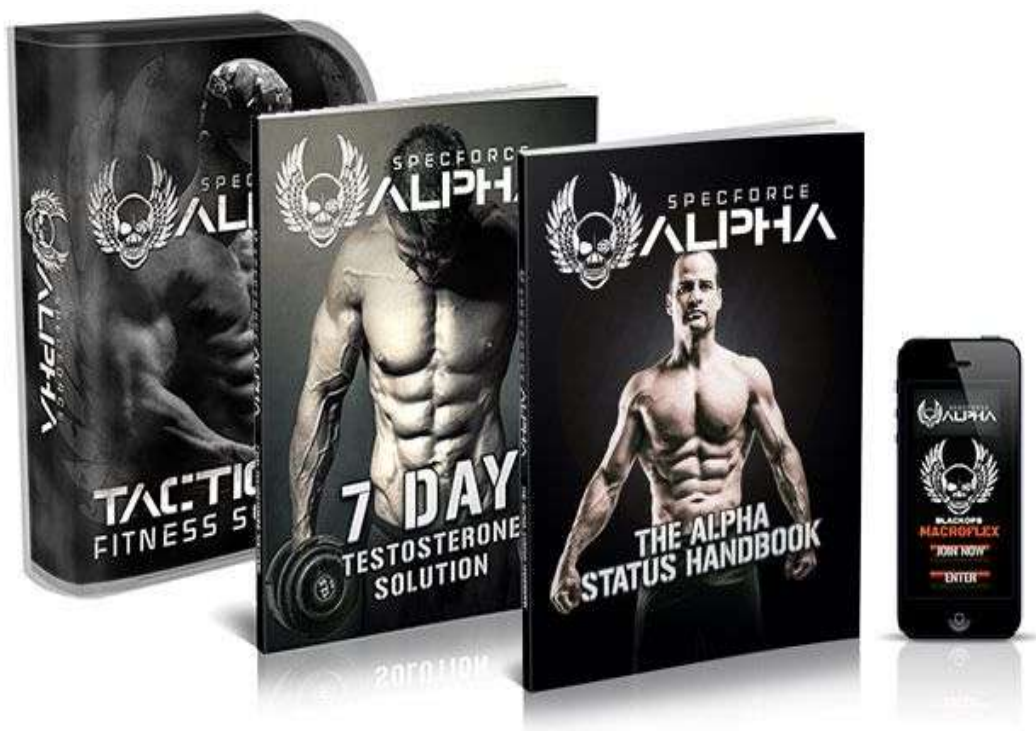
Most women would much rather date a poor guy with no money. As long as he's charming, funny and just a fun date then a guy who's rich, buys them things and is stuffy and boring.

Women want what women want and you can either be what they want or be what they don't want, it's your choice.

This book isn't about changing you to suit women, it's about showing you that you don't need to do all these things to make women attracted to you, you don't need to bribe them, you don't need to stress if one woman doesn't like you, this is your life, you choose who you date, not the other way around.

Having a Ripped Body helps doesn't hurt in the dating scene,
I recommend this system to get your dating profile pics
looking sharp.

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The Qualities Women Find Attractive In Men

When asked, most women say they want a nice sensitive guy that will buy them flowers and basically act like one of their girlfriends. They like the idea of getting flowers and having a sensitive guy to talk to about their problems.

Note: A lot of men end up becoming that guy, the guy that girls talk to about their problems. But the relationship usually doesn't get any farther than being just friends.

All women will tell you they want to date the nice guy or that they can never seem to find a nice guy to date.

The problem is, this isn't exactly correct. These women aren't lying when they say they want these things...when they think logical they do, because it makes sense. But remember, women don't choose logically what they are attracted to.

So, when they think about it consciously. Women want a guy that will buy them flowers and talk to them when they feel down. But in reality, their instinct is to like a guy who will take control and act like a man should.

So what qualities do women want in men?

What they've always wanted and always will want. Women want real men, men that are in control and don't ask for permission to do anything. They don't want to be in charge, they want someone to be in charge of them.

I know this sounds harsh, but it's true.

Here are some examples, have ever noticed that...

When you give a girl a compliment or tell her how beautiful she is she shies away from you?

This probably happens every time you try and start a conversation. But when you...

Notice a flaw about her, she will get more involved in the conversation and take you more seriously.

Also, have you noticed...

When you spoil a girl by buying her gifts, taking her to an expensive dinner, she usually thanks you the evening and goes out with another guy?

But, If you simply go for a quick drink and act like you are equals she feels attracted to you, because you're not catering to her every need.

Have you noticed when....

You call a girl often after a date and she seems distant and funny.

But, when you don't call her and you act like you're busy and could live with her or without her, she won't stop calling you.

The truth is women don't want to be catered to, spoiled or treated like princesses. This is what women want from a man...

First of all, women want you to be confident in your self. So, if you approach a girl and seem shy and awkward, that is a turn off.

Women want you to lead the way, not the other way around. They don't want to talk about what you are going to do, they just want you to lead the way and do it.

They want you to keep it cool and NOT get emotional. So if you are the kind of guy that has a

hard time keeping his emotions to himself, you are going to have to work on it.

They want you to be fun and entertaining, not boring and dull. Just because you are into collecting stamps or collecting model planes, it does not mean you have to bore the poor girl to death about your hobby.

Women want you to make them laugh. So again, you have to be entertaining and fun.

They don't want to know everything about you all at once, they want to wonder. So, no matter how tempting it may be you don't have to tell them your whole life story. Women want to keep guessing.

They want you to have more to talk about than "the game last night", they want you to be interesting.

They want you to be headed somewhere, they want you to have a life goal or something you are trying to achieve. In other words, they want you to know what you want from life.

Dating Rules You Must follow!

When your life is going to plan, you feel confident and when you feel confident, you exude a persona that naturally attracts people and makes them want to be around you. No one likes dating a sad sack.

Now, here the main dating rules you should follow...

Always be confident in yourself

There is no faking confidence, it must be real. And people who have real confidence attract others naturally. People can tell when you are confident with yourself and where you are going with your life.

Confidence can do a lot for a person. If you are not confident, what is causing you to have doubts in your self? Do you think you are a failure, unattractive, stupid?

All of this can be overcome with confidence. Honestly, girls (girls we want to date) don't care a lot about these things. Of course, if you are really over weight and you have bad teeth and you dress like a hobo, change yourself.

It's that simple. If you want to be successful with women, you can't hide behind excuses to fail.

I know a lot of men who aren't rich and are not good looking who are very successful with women. Because they act like they are good looking and they are rich, they act in ways that make men and women naturally attracted to them.

A happy go lucky guy who smiles a lot will get x10 the amount of attention as a sad sack sitting in the corner no matter how hot or rich he is.

Be happy with yourself, but if there is something holding you back from being a more outgoing person, fix it.

If you have something that bothers you, something like acne or weird mole. You can either realize that it does not bother anyone else or simply fix it. Because if you are self-conscious all the time, you will not act in an attractive way to a woman.

Those people that do fix their "flaws" notice a big difference, but not in their physical appearance...in their confidence level.

Be Calm

Especially on the first date, be cool. Don't be nervous, don't get all excited and act like a goof.

Don't act desperate around women, just be yourself and not worry about the outcome, dating should be fun!

Be Fun!

You will hear me talk about being cocky and funny a lot in this book, it's something I learnt from another dating book (which if you have a couple hundred dollars spare, you should pick up at <http://www.doubleyourdating.com>).

Being cocky to me means not being afraid to joke around with women. Men are so scared to be themselves around women that they act all uptight and nervous and are not sure what to say.

Don't worry about. Most men by nature are not big mouth arrogant SOB's, so just say what's on your mind.

Talking about sex and other taboo subjects is FINE. Teasing a girl lightly is fine, as long as it's funny and a little bit cocky.

Be the fun guy to hang around, make dating fun for you and her.

Don't Show your Emotions

This rule IS SO IMPORTANT when you start dating someone more seriously. I made this mistake a couple of times early on and the relationships ended pretty soon after.

If a woman says something to you that makes you feel nervous, angry, upset and you feel like you're going to get overly emotional and say something you will regret, FOR THE GOOD OF YOUR SANITY, Don't say anything.

It's a lot easier to say nothing than it is to take something stupid back. Think before you speak. Women will always do this. Women will blame you for things that are not your fault, things will happen in their lives that make them emotional, you're job is to stay calm.

I'll give you a personal example. I started dating a girl I REALLY liked, but a couple of weeks into the relationship, she told me she was pregnant and she wasn't sure who the father was, because before she started dating me, she was seeing two other guys.

I freaked out, and you probably think, well rightly so, and it was probably for the best things ended, but, breaking up with someone is better when you're the one breaking up with the girl

I know this sounds childish, but it's true. It's a mental thing. Being dumped is a horrible feeling and take's longer to get over.

Be a Man

Girls like a guy who will lead in the relationship. I don't mean bossy, I mean lead. It's a manly thing to do.

When a woman asks what you want to do, don't reply back, "I dunno, what do you want to do", take the bull by the horn's and make a decision. I know it's a bit of a pain to be the one who does this all the time, but it really works.

Also, when women throw things at you that you're not expecting, never over react, I touched on this just before, and I'm going to again.

If a girl says she's going out with male friends, or seeing an ex boyfriend, don't flip your lid, this is the quickest way to push her away.

Just say things like, "you do what you wanna do", "it's your life, I'm not your father, have fun". Saying things like this make you sound confident in yourself and don't really care what she does.

Begging her not to go and doing all sorts of crazy things guys do will push her away for good.

There's Plenty of Fish in the Sea

Just because you have just met a girl, does not mean your world has to revolve around her, doesn't mean that every time you have free time you must spend it with her.

Always keep busy! Never make too much time for a girl when you first start dating. All the other rules will fall into place if you just follow this one.

I know it can be hard, but just try and resist temptation by keeping yourself busy.

When you're sitting at home with nothing to do, you will be tempted to want to call any girl you're dating too much and you will become too available.

If she's says lets make plans for Tuesday, say no you're busy, how about Wednesday.

Get a hobby, play a sport, go out more with your friends and if you don't have any friends, make some!

Keep your mind busy and everything else will fall into place because you will be too busy with your life to care what she is doing. She will be just a nice little extra in your life, not your whole life!

Be mysterious

If a girl goes on one or two dates with you and already feels that she knows absolutely everything about you, you are in big trouble. Because there will be nothing else for her to look forward to, nothing else to unravel.

Again, this goes with keeping busy. Never see a girl more then twice a week for at least the first 10 to 20 dates. Seriously. I know you will want to spend all your time with someone if you think she's the one. But, you need to build the attraction, not force it.

This way is best for both of you. I feel most guys will settle for a girl because she wants a relationship, even though she might not be the girl for him.

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