

LANIAKEA

MILKY WAY

THE REASON FOR IT ALL

FREEMAN GEORGE





THE REASON FOR IT ALL

An explanation for Life, the Universe and Everything –

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Synopsis -

The law of entropy states that no matter what we do, we cause more chaos, and end in freezing darkness. The reason for it all starts with knowing that no manifestation can exist without a distinction between self and other. If there is no self and other, there is no universe. Here we see what Spirit is really doing. As Matter descends into Chaos, so Spirit moves or develops upwards and evolves into greater beings. Why we reincarnate when it is often such a challenging experience, and the delay before achieving another Earth incarnation. Improvement and development happens as none of the original experience and individuality is ever lost - it simply becomes unimportant as growth continues, and all of our stories have happy endings. Spirit gains order for its return home by the increase in the disorder of matter, while enjoying wonderful entertainment all along. We are Immortal beings, surrounded by Infinity, and we have Eternity in which to explore it.

The frontispiece or book cover image is a digital rendering of our immediate area in the universe, called Laniakea. The strings are composed of lines and rows of countless galaxies. Our galaxy, the Milky Way, is marked at top right, and it has between 100 and 400 billion stars. Some are much larger. Stellar clusters around galaxies have thousands and tens of thousands of stars. Another galactic cluster nearby is called Perseus-Pisces, which has a similar structure of lines of galaxies (image [Galactic Clusters](#)).

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About the author -

Freeman George, AKA Giles Tomkin (he/him) has lived in different places, including, in reverse order: New Jersey, Manhattan, Scotland, Switzerland, Holland, Spain, London, Ireland, Tasmania, England. He has visited many others, learning French and Spanish. He was not in the military; the travel happened by accident after meeting people in bars and being impressed by their stories.

He currently lives in North Carolina, in a backwater 'township' that is of no interest to anyone. He no longer drinks alcohol, which limits his travel but this area has good drinking water to make up for it. He is married and looking at growing grandchildren, who will learn more than he ever knows, in this wonderful world.

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(Have you not always wanted to write that somewhere? But they never say why.
I am doing it to be annoying – that's why.)

Legal Warnings -

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Reviews -

It is to my mind a tongue in cheek, entertaining, but very factual take on existence. Cynical sometimes but a valued opinion of what the "Self2" has gleaned from many sources of Spiritual and scientific knowledge tempered by valuable personal experiences that complement the overall content. - WR, UK

I really love your book. It is humorous, profound, mind expanding, quirky, with the most enlightening set of references.

You have made a wonderful logical case for the grand adventure and the inevitability of a happy ending and indeed more happy beginnings.

My worldview is enriched.

- WZ, AU.

Giles has the most serious, complete & correct understanding of the universe than anyone I have ever met. This writing of yours is fairly impressive; entertaining, light comedy; profound understanding of creation; and very well explained. Stay humble, kind sir.

- MS, USA

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Introduction –

Many ideas expressed here have been taken from other authors in their directly revealed automatic writing or from those believed to be realized masters. To my chagrin, I have lost the references for much of the source material as I read much of it many years ago. However, thanks to the internet, I can (and do) provide multiple references to many, many lovely ideas presented here.

Once I lived at Amberden House, Widdington, UK. I was too young to notice the rotten English weather, but where I live today is much more clement - unless a hurricane comes through. Somewhere, somehow, I lost the concept of 'home' - changing houses, languages and countries will do that to a person. Most do not have these experiences. Those that do, are later thankful for the widened perspective forced upon them. However, while loosing a material 'home', I have been steadily gaining understanding of my/our spiritual home – Much better!

As I am in general agreement with everything presented in Rob Cimperman's video, you could watch this with great pleasure (ref. [Rob Cimperman](#)). This picture makes logical sense to me, and I hope it does to the readers, as it answers many questions; and no, the answer is not "42" (ref. [Douglas Adams](#)). All of the references to scientific principles are readily available on the internet, actually, as is much of this material.

I have lately discovered the work of the Danish author Martinus Thomsen (1890 – 1981) who largely confirms the views presented here of our future development – but I shall not re-write this because the astronomical discoveries have moved on beyond his lifetime (ref. [Martinus](#)).

The late great Dave Allen describes the beginning of it all to near perfection in one of his wonderful sessions; truly heartening stuff, as he is so kind and gentle (ref. [Dave Allen](#)).

For Chapter headings, there's a famous and lovely haiku by a Japanese master. I am not sure how relevant they are to the material, but they are just delicious.

Giles Tomkin May 2024

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CHAPTER ONE

A world of Dew - And within every dewdrop - A world of struggle
Kobayashi Issa (1763 – 1828)

Where to begin?

It all began at the beginning, as one person has said, so he must have been Irish. While I was mainly raised in Ireland, that's not really how I would start this. Perhaps it was sterling fate that Billy Banks was available to pull me out of quicksand in southern Tasmania, many moons ago. Aged about five, I had gone for yet another long stroll on our extensive sheep farm, this time without my elder brother, aged seven. I had seen a cleft in the field, perhaps a mile from home, and headed over to it. At the edge, I saw a lovely patch of golden sand ten or twenty yards wide at the bottom. Being fearless and careless, I ran down and jumped into the middle of it. Only to find myself sinking. Struggles only buried me deeper. Waist deep I cried and screamed for help, as I continued to sink.

Lo and behold, Billy Banks, a school-friend of my elder brother, appeared over the edge of the cleft, saw immediately the problem and found a branch to reach out to me. Unlike the movies, it was strong enough, and I was strong enough to hold onto it while he pulled me out.

I had no idea he was there, nor did he ever tell me why. Neither do I remember whether I told my mother or not. She had enough on her plate with her unpleasant husband, my father.

So, at first, I thought I should begin at the beginning; but now I think it is better to start at the end. Where we came from is somehow still in dispute, mainly by non-readers. Where we are going is a frightful story, according to the second law of physics, the law of entropy. The first law of physics is very cute, stating that energy cannot be destroyed. It also says that energy cannot be created, but recent astrophysical knowledge shows that it is being created all over the universe via 'dark energy', causing its expansion. How little we know – as yet!

The law of entropy states that no matter what we do, we cause more chaos, and end in freezing darkness (ref. [Entropy](#)).

The best we know at present is that the universe will run down. It will become colder and quieter, as the suns burn their energy, pass their lifetimes and extinguish themselves. Curiously, the small stars will burn much longer than the larger stars (ref. [Red Dwarfs](#)). When they are all gone, along with their planets, black holes will slowly unravel to their composite materials, as Stephen Hawking was at pains to explain, which in turn will unwind to their particles. And finally run down to, what? Nothingness. Not a promising outlook (ref. [Stephen Hawking](#)).

But I have a serious addition to that negative knowledge, which makes it totally reasonable – simply put, as Matter unwinds, losing cohesion, this causes Spirit to wind up, gaining in cohesion and group development. Nothing is wasted.

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CHAPTER TWO

An old silent pond - A frog jumps into the pond - Splash! Silence again.
Matsuo Bashō (1644 –1694)

How it all started -

Once upon a No-Time and No-Place there was a giant No-Limits Thingy (NLT). Now read this next bit slowly, please, because we are in a “place” that has no “Time”; no “Space” and therefore no “direction”. So nothing happens because nothing can happen – “happening” always means individual items moving from one place to another, along with some time scale – the tectonic plate moves, the winning lottery ticket must be redeemed, the drink that slides across the bar to your hand – But now (!) we have no space and no individual items and no time. You cannot do anything. Nothing can happen. Quote the *Rig Veda* by ancient Indian Rishis - ***No manifestation can exist without a distinction between self and other. If there is no self and other, there is no universe.*** That is a very powerful statement, so let that sink in for a while before we move on because it answers a lot of questions about “one-ness”, in fact, all of the questions.

Naturally, boredom sets in sooner (ahem) or later (ahem), as the NLT could/can do nothing - go nowhere, see nothing, never check the e-mail, no doomscrolling, never dress up and swagger downtown to see a Las Vegas show or take a nature walk and a dump in the woods or watch decent movies or have ‘civil’ wars. All such activities need space, time and separation into separate things and beings – thee and me, self and other. At the instant of this aggravating realization of boredom, the NLT did the one thing possible for it to do – in fact the **only** thing the No-Limits-Thingy could do – which is what, exactly?

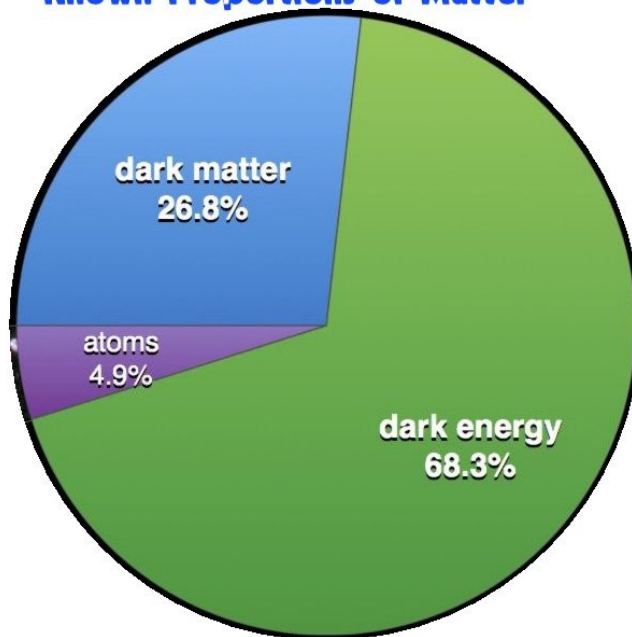
Here we need pause for rational thinking, which humans are allowed to do – What can a giant (tiny) No-Limits Thingy actually do? And what would be the motivation? It seems a little trite to say that boredom is the reason for it all. Yes, you are welcome to provide a more lucid suggestion, but I bet you cannot. After considerable thought, the early great eastern masters realized there was only one thing this giant tiny massless NLT could do, and it was this – ***the NLT***

could/can separate bits of itself by surrounding each with clouds and layers of forgetfulness, which prevents the bits from seeing the whole of the NLT and the other bits, which creates self and other. Self-administered partial anesthesia. You may have trouble thinking that this is the only thing the NLT can do – but with no time and no space, just consider this carefully and you'll see it's true. Take your time, as we now have plenty of it. And that's why everything is part of the NLT.

When a (the?) No-Limits Thingy does that, there's an almighty blast of creation of matter and space we call the Big Bang, which was the Great Creation. We (scientists, not me) can back-track this event with logical steps to about the first billionth of a billionth of a second after the actual moment, when all matter in the universe was contained in an impossibly tiny space, which suddenly expanded as the Big Bang, and all else follows from this up to the present, and also a reasonable estimate for the future.

Now, some readers might take exception at this point, thinking this is just some crazy drug-addled stuff, here. Which probably means they have not read about the Big Bang and/or quantum physics in the last few decades. Perhaps we might pause here while they catch up (refs. [Big Bang](#) & [Rig Veda](#)). And, just in case you are getting carried away about how smart we all are, there's this - roughly 68% of the atomic 'matter' is dark energy, while dark matter makes up about 27%. Both of which have been deduced from their effect(s) and affect(s) on the matter we can perceive directly. The rest - everything on Earth, everything ever observed with all of our instruments, all normal matter - adds up to less than 5% of the universe. Now we are faced with the fact that the atoms that make up stars, planets and us are in the huge minority, while the vast bulk of the universe is 'other'. So, can we really say with certainty that the purpose of

Known Proportions of Matter

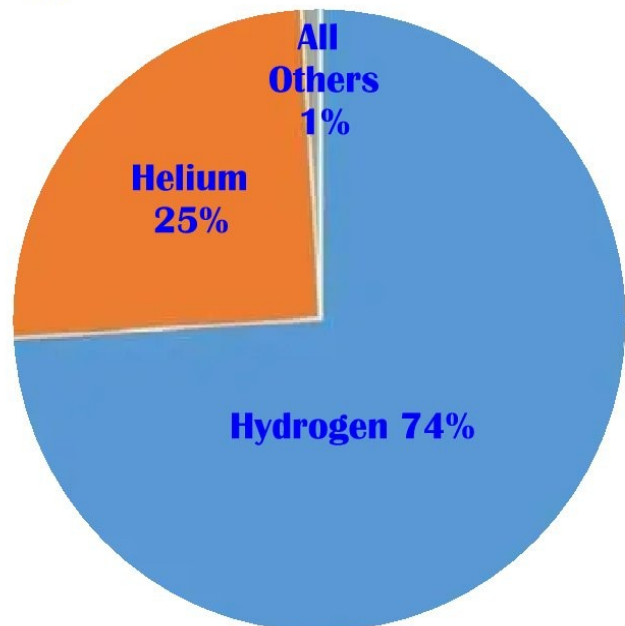


the universe is this 4.9% of atoms – or would it be more likely the other 95%? For the purposes of this discussion, we will assume the former (ref. [Dark Energy](#)).

Pretty astonishing stuff, eh? Well, now we can get to the good bits – especially about the bits of the NLT, the forgetful droplets - the whole point of the exercise. Because the droplets struggle about, knowing something's missing, go bumping into one another, thereby scraping away at their shells of forgetfulness – experience, we call it. Also, this is the reason that everything is made of consciousness, everything is “God”; there is nothing outside of the NLT. So Matter was created and is maintained by Spirit – not the other way around. You might think this comes from my crazed imagination, but it was the ancient Indian Rishis that formulated all this, not me (ref. [Rig Veda](#)).

Before we go on, we might consider the percentages, or proportions, of actual atoms in our universe. Above we saw regular matter, made of atoms, as far as we understand it, comprises less than 5% of everything. Now here we go again, looking at that 5%, only to discover that hydrogen gas comprises the vast bulk, at 74%, while helium gas makes up 25%. All other types make up just one percent. So what exactly is the purpose of the universe? Once we get past dark matter and dark energy, and the tiny proportion of ‘real’ matter, we find again that the bit that makes us, is once again, just a tiny proportion. This is not speculation or guesswork: these are realities, which make it very arrogant for us to assume we are the purpose for the whole thing (ref. [Abundance](#)). How little we know.

Types of Atom in the Universe



The Reason For It All -

For each very tiny droplet, a little scraping ('experience') results in seeing a bit farther, and soon further development means a grouping or coalescing of droplets can happen, in fits and starts, but non-stop all over, each time resulting in more perception and a change in outlook; and thereby a larger chunk of Spirit forming that "individual". Each droplet at first simply accepting its individuality and bit-by-bit seeing it is not alone, working partly through its own amnesia, seeing there are other individuals around. When this grouping of droplets happens, at first the simple atomic elements appear, group and form gases which ultimately form stars; which form heavy elements and compounds, and at last planets around suns that have 'heavy' elements like Earth; which have minerals and permit plants and fungi, all having experiences. Further grouping becomes animals, which can become more "advanced" beings, as we humans like to call ourselves – enough to have at least some conscience on how badly we treat animals. These divisions between group-types are not entirely arbitrary, as the grouping of spirit droplets makes for considerable advances in abilities and responsibilities in these emerging entities.

There is one clear overriding aim in all this apparent material chaos, which is ultimate return to the great now-very-much-something Great Spirit, the NLT. And so, ***The Reason For It All is quite simply - Entertainment***. Life with Hollywood and sunny beaches vs life of cold silent nothingness in the freezing darkness of a dungeon, we might say. The boredom choice here is not a real choice, since it means an absolute absence of any activity and, no, you cannot die and start again. Actually, very different from a dungeon, but totally boring notwithstanding. But now we have our dividing lines, our divisions, thanks to our Clouds-Of-ForgetFulness and amnesia, the game is on Big Time – Us vs Them, the Game of Eons, the Game of Thrones (which I refuse to watch because they did not use real history – maybe because real history is too depressing, as Selfishness and Greed overcome Greed and Selfishness, ready for another round once again) (ref. [Game of Thrones](#)), until total merging into the Oneness at last. Long, long, very long, immensely long last!

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CHAPTER THREE

I write, erase, rewrite - Erase again, and then - A poppy blooms.
Katsushika Hokusai (1760 –1849)

Development -

It's worth describing development and its purpose at this point. Once the NLT droplets reach a cooler point after the Big Bang, and have coalesced (grouped) into gases, the formation of suns happens. Suns have a distinct types with different lifetimes and development. All heavy elements are created by suns ending their lives. In fact, a cosmic orgasm – how else to describe such events?. Those materials become gas clouds which go towards the formation of new suns, like ours, whose planets can then have these heavy elements in their makeup, like Earth, with its molten iron core, and five percent of its surface also being iron, and plentiful carbon and oxygen (ref. [Iron](#)). Yes, we are all made of stardust, to get fancy, from at least a second generation sun. Orgasmic results, no less.

My own development continued after my surprised relief from death by quicksand. The next surprise event (among lots of others, mostly forgotten) was traveling by car in Ireland with my parents and brother, when I was ten. We stopped on a mountain road to admire the scenery, which was a long fall off to our right hand side, and rocky mountain cliff to our left. Being a busy active kid not the least bit interested in the view, I immediately climbed over an inside fence, and made my way to a mountain stream, skinny and tricky as it went under a bridge on that road. To a long fall the other side. My brother came too, not to be outdone by his younger sibling. I walked sideways, carefully, across the trickling stream – why, I have no idea. Suddenly I slipped on the bacterial growth on the rock face over which the stream ran.

I have no idea if I made a noise or not, as I slid down, headed for the little bridge with a precipitous drop the other side. But, here comes my luck again, there was a bush growing right in my path, well-attached by its roots which halted my slide and caught me, so I could recover and make my way, carefully, to the bank I had just left. I think that bush saved my life. My parents were not

amused, but their punishment left no lasting effect on me, as I do not remember any such.

Onwards! - We may therefore see that early development of the droplets of NLT is necessarily “simple” – at first formation of quantum bits, or quarks which group to make atomic particles, matter and anti-matter – a whole equation showing how positive matter somehow overcame anti-matter, which must have been created in equal proportions, and so should have immediately annihilated all matter; which it did not, for unknown reasons – but I digress - then forming elements, which then further group to make compounds – note the “grouping” here, as it appears in the next section too.

A second generation of suns live out their lives, then perhaps a third generation comes around, and at last these compounds can start getting clever in their corresponding planets, like our own sun. We have plenty of matter to be going on with, having billions upon trillions of suns and planets to play with.

Now we come to the seven levels as mentioned by the greatest realized master teachers. I say ‘mentioned’ because no-one describes them in detail that I know of. They are -

Gas & Mineral – Basic atomic particles with a huge range of ‘beings’

Plant – Grouping of Spirit forms plant life in many ways, with many levels.

Animal – Grouping of Plant Spirits form animal life, to include Sprites, Divas, *et al.*

Human – Grouping of Animal Spirits form Humans (as we like to call ourselves), but really the highest Animal level.

Superhuman – Grouping of Human Spirits forms these elevated beings, probably incarnating inside Suns – the realm of pure flame (Where else could they go?). This group includes Lunar, Planetary and Solar spirits.

Divine – Further grouping of Superhumans goes beyond any human understanding, as it must include Globular Clusters (of stars), Galactic arms and at last, whole galaxies.

Absolute – In our observable universe there are also three levels beyond individual galaxies – Local Group(s); Galactic Clusters, and at last Galactic Superclusters. These enormous Spirit bodies defy any human understanding. Then reunion with the NLT, and what a party that must be!

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