



Top 10 Pick Up Tips ***The Secret Pick Up Method***

Brought To You By:

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How Successful Are You At Picking Up Women?

How many times have you been burned, turned down or outright ignored by women that you've tried to hook up with?

Hell, striking up a conversation alone isn't always easy if you don't know what to say, when to say it, or how to respond to her questions.

And then there are the guys who think a drink is her price of admission! Do you want to be her "bar tab", or do **you really want a fair shot at leaving with her for the night?**

Every time I go out I see the same guys, struggling to get attention, looking awkward, nervous and outright ridiculous as they resort to all sorts of drastic measures just to "get the girl".

Guess what? Those old fashioned, washed-up strategies **NEVER** work, and if you get caught doing them, you'll lose any chance you ever had of being successful with women.

But what if there was a way for **you to capture the attention of ANY woman you desired**, while **making HER do all of the work in striking up conversation**, while **she strategizes how to get your phone number** from you before you move onto someone else?

Don't ever let shyness or lack of confidence control your game, again!

Top 10 Pick Up Tips

You spot her across the room. She's absolutely gorgeous and you can't take your eyes off of her. Your heart is racing, your pulse is at a frenzy pace and then it happens.

You freeze up.

One of the hardest things when involved in the dating scene comes from that very first opening line.

How do you start a conversation?

How can you keep a conversation going?

How can you retain her interest after you've introduced yourself?

That first line, that first sentence means everything. If it gets stuck in the back of your throat, you'll instantly bomb out. If you say too much at once, you'll quickly turn her away as you come across as a pushy, aggressive and even a little creepy.

So, what can you do to create a positive first impression, and increase your chances at hitting a home run with the woman that you approach?

Here are the top 10 pick up tips to set you in the right direction!

Tip #1: Speak With Confidence

Women love men who are confident, and who know what they want. You might need to brush up on your social skills before confidence starts to feel natural to you, but eventually, with a bit of experience it will be second nature.

Consider reading self improvement guides (Tony Robbins is a great choice), and grab a couple of positive thinking books to help you better understand yourself and what you are really looking for.

The more frequently you speak with women, the more confident you will become, so get out there and practice!

Tip #2: Encourage Them To Talk About Themselves

Women love to talk about themselves, and if you let her, she'll go on and on and on until you inject yourself into the conversation. But at the same time, the majority of women who chatter endlessly about themselves are doing so for one reason and one reason only - **VALIDATION.**

Tip #3: Be Genuine

If you are genuine and personable, you can get away with saying pretty much anything and you will still be able to attract quality women. Not everyone is born naturally charming, and for many, they struggle with coming across as being smooth and in control.

You'll want to polish up your social skills so that every time you approach a woman, you feel less timid and allow your confidence to shine through.

You do this with practice!

There's nothing wrong with telling a woman that you find her attractive, or that you like her hair, her eyes or her smile. You just need to be careful with not coming across too strong, or desperate.

You do this by weaving your compliments into your conversation rather than using them as an opening line.

The more sincere you are, the more responsive she will be. Women can detect insincerity from a mile away, so you don't want to make up stories or bait her into conversation with ego-fueled pick up lines.

Tip #4: Be Specific With Compliments

Don't compliment her just for the sake of complimenting her, as you'll likely strike out by saying something that doesn't even apply to her. ("I love your hair color", only to find out she struggles to dye her hair and ended up screwing it up on the last attempt).

One strategy that works well is to keep your compliments specific rather than general.

For example, rather than say "You look gorgeous", consider saying "*You have beautiful eyes*".

Avoid blanket statements when complimenting women, because they will see right through it and odds are, you'll come away looking like an insincere idiot.

Tip #5: Make Her Laugh

Women love to laugh and they love men who can make them laugh, it's as simple as that.

Be witty, entertaining, and comical and don't be afraid to tease her once you've got a connection going.

Don't insult her, or make fun of her (especially around her friends), but inject your personality whenever you can, and make her laugh. If you do this, you'll not only score a ton of points with her, but you'll essentially lower her guard, allowing yourself to get all that closer to her.

Tip #6: Be A Dynamic Listener

Women want you to really listen to what they're saying but more importantly, they want a response. They want to see physical signs that you really are paying attention.

Women are the catharsis of emotion and self expression, and you better be on your game and prepared to respond to the things she is saying, otherwise you'll lose any chance of it going any further.

So, don't just nod your head in agreement, or "uh huh" everything she says. Take a personal interest in the conversation, and in her.

Tip #7: Demonstrate Positive Body Language

Make sure that your body language is giving her the validation she's looking for. Look her directly in the eyes when she's talking to you.

Don't cross your arms in front of you when she's talking, or when you are answering. Crossing your arms is a sign that you aren't comfortable, and can make her feel as though you are judging her.

Turn your shoulders towards her, lean in closer when she is talking about something sensitive or personal, and remember to make intermittent eye contact throughout the conversation.

Tip #8: Be Charming

Being charming means being warm, personable and sincere. You don't use charm to get sex, you are charming and get sex.

Being charming means being confident. You exude strength, self-awareness and control at all times.

Tip #9: Give Her Your Full Attention

You need to give a woman your complete attention when you are trying to hook up. You want her to think that out of all the women around you, you chose her, and that she captured your attention quickly.

You never want her to feel as though she is your second choice, or that you are waiting for a better quality woman to walk through the door.

This means that you need to concentrate on her, making eye contact, using the power of body language to persuade her that you're serious about getting to know her and that regardless who comes around, you're focus is on her alone.

Tip #10: Don't Fight For Her Attention

One of the greatest mistakes that guys make is in pushing too hard. You won't convince her that you're worth a shot by doing this, in fact, you'll bomb out faster the harder you push.

You want her to think of you as a confident guy who has it all together, who isn't desperately seeking out women, and who has other options.

So, approach her with confidence, engage her in conversation but if you feel that it isn't going in the direction you're looking for, you need to know when to call it quits.

Fear Of Rejection...

Everyone is afraid of rejection. From childhood where we craved the attention of our parents, straight through high school where we fantasized about catching the eye of the head cheerleader, but being too afraid to even ask the class “wall flower” out to the prom.

Being told “no” isn’t fun, and we make it even harder on ourselves by **EXPECTING** rejection, which ultimately sets ourselves up for failure.

You need to take a different approach when involved in the dating scene. You need to approach women with the mindset that you’re already successful, and that each woman you meet is going to be interested in you.

With this confidence, your chances of being rejected will be minimal because not only will you exude confidence and appeal, but you will come across as optimistic and a positive thinker, both very attractive qualities to women.

Everyone is rejected at one point or another. Yes, even that guy you see picking up ladies every time he goes out. He’s rejected too, but the difference between him and the majority of guys on the dating scene is that he doesn’t let it affect him. He moves on, he knows it’s part of the game and that regardless how experienced, confident or successful you may be, there are bound to be women that you simply can’t connect with.

Don't take it personally. There are women out there that will be interested in you, and better yet, they'll be a better **MATCH** for you.

Why waste your time on women who can't see your real value? Who aren't willing to give you a fair chance?

Rejection is unavoidable. You can allow it to destroy you, consume you and hinder your chances at finding a quality woman, or you can use it to re-fuel your attempts, and chalk it up to a learning experience that is part of the process.

Dynamic Listening...

You need to learn to be a dynamic listener when hooking up with women.

Women want you to really listen to what they're saying but more importantly, they want a response. They want to see physical signs that you really are paying attention.

Women are the catharsis of emotion and self expression, and you better be on your game and prepared to respond to the things she is saying, otherwise you'll lose any chance of it going any further.

So, don't just nod your head in agreement, or "uh huh" everything she says.

Take a personal interest in the conversation because it's likely that she'll quiz you on what she said through the many ways women do. "What do you think about what I said?".. "So, do you agree?".

You also want to make sure that your body language is giving her the validation she's looking for. Look her directly in the eyes when she's talking to you.

Don't cross your arms in front of you when she's talking, or when you are answering. Crossing your arms is a sign that you aren't comfortable, and can make her feel as though you are judging her.

Turn your shoulders towards her, lean in closer when she is talking about something sensitive or personal, and remember to make intermittent eye contact throughout the conversation.

And then, encourage her to share more with you. Yes, more. You open up the floodgate by giving her permission to vent, to talk, to share, to connect and to confide in you, and she will quickly let you in.

Don't become the friend, but let her know it's okay for her to talk about herself. Just make sure to pay attention.

Make Sure That You Really Connect...

Before you spend precious time (and money) with women you want to make sure that you really connect. You need to test the waters, to strike up a conversation that will give you all of the information you need.

The last thing you want to do is spend \$200 on drinks only to find out that her boyfriend is picking her up at the end of the night (instant strike out).

If you are only interested in making friends then maybe qualifying isn't as important to you but if you are interested in late night company, you need to make sure that she's available before you waste any time.

So ask:

"Who are you here with?"

This will get to the bottom of things quickly. You'll know whether she's single, dating, married as well as if she's there with any friends.

Keep in mind as well that a woman hanging out with girlfriends is often a bit of a challenge, especially if she feels obligated to stick with her friends for the entire night.

You also want to check out what her friends are like. Are they rigid straight shooters or do they look like they're there to have fun?

You can find out a lot about potential hook ups by gauging the personality and behavior of the girls they're hanging with.

If you're interested in someone and you find that she's with a group of girls, you need to get her phone number before she's pulled away by her gal pals.

Buy her a drink, strike up conversation and casually ask for her number.

If you meet her friends and they seem cool, you're in good shape but if her friends appear to be a bit possessive, you might want to get that number before she's hauled away. Stick to the high road, and don't waste time trying to convince her that you're better to hang with than her friends. Just give her your number, get her number, and move on.

Confidence Is Key...

Let's face it, it's not easy being a single guy in the dating scene. You have to suffer through countless rejections, feel awkward and uncomfortable and always worry about what to say, how to say it and whether you are coming across too strong, or if you're actually making progress.

Then, there are the other guys to worry about.

Not only do you have to summon up the confidence to speak with women, you have to deal with countless "blockers" who will do everything in their power to add difficulty to your pick up, to throw a wrench in your plans and to possibly steal the girl.

Women are difficult to impress these days. They expect more from us, they are immune to the old pick up lines, and if we even say one thing wrong, we risk the chances of her walking away or moving onto the next guy.

So, what can we do to increase our chances at hitting it out of the park and going home with a quality woman?

Be Confident

Confidence is key when it comes to being successful in the dating scene. The more confident you are, the most women you will attract – it's as simple as that.

But don't confuse confidence with cockiness. Women love men who know who they are, and what they want but they despise guys who are cocky, arrogant and self involved.

You need to keep your focus on her by encouraging her to talk about herself, taking a genuine interest in getting to know her better, while engaging her every step of the way.

Don't just nod your head in agreement but instead, ask her questions.. "Is that right?", "Why did that happen?". The more genuine you appear to be, the easier it will be to get closer to her.

Confidence comes with experience, and you'll quickly discover that the more you speak with women, and the more successful you are, the **more believable you'll be.**

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